

# Report of the ICF Coach Clinic and ICF Training Camp Panamerican Championship, Mexico, Huauchinango 5<sup>th</sup> to 10<sup>th</sup> July 2014

## 1. PARTICIPANTS

Some participants were sponsored by ODEPA (6p) and some under their own budget (3p)

- 9 participants attended with a rate of 33% of ladies
- 1 instructor from France: Didier Baylacq

The coach clinic started on Monday the 6th of June. It should start on 5th but all participants could not be on site on time.

The diversity of participating countries, presence of NF leaders and current stakeholders in Slalom canoeing are major positive out-comes

The presence of all participants for all sessions (sponsored or not) is fully required and is a must. There is no point to get sustainability and good learning process through a random participation at the teaching sessions.

The good will of the participants and the motivation they shown will be a key-factor for the next editions.

All the participants were involved in the organisation of the Slalom competition at different levels: judging, scoring, gates setting.

1	CHI	ICF	Oscar Enrique OLGUIN VELIS	M
2	COL	ICF	Cesar ORLANDO	M
3	CRC	ICF	Eliecer CESPEDES	M
4	CRC	NO ICF	Adrian SALAZAR CASTILLA	M
5	ECU	ICF	Alfredo MENESES	M
6	PAR	ICF	Adriano SIANO	M
7	VEN	ICF	Lorena PAREDES	F
8	MEX	NO ICF	Andrea MIER MALAGON	F
9	MEX	NO ICF	Mariana TORROELLA TORRES	F

## 2. GLOBAL MANAGEMENT

### Accommodation

All participants of the coach clinic were accommodated at the Guerrero Hotel. That was fine until.

The program of the clinic was to have theoretical times and practical observation of the ICF-ODEPA group. Therefore, it would be better and more efficient to stay all at the same accommodation (logistic, video session, technical feedbacks and discussions with the ICF coaches)

## **Transport**

This point has to be drastically improved. As participants of the coach clinic had to overview and get some knowledge from the ICF-ODEPA training sessions, it was not accurate to be late.

### **3. SCHEDULE**

	<b>Monday 6<sup>th</sup></b>	<b>Tuesday 7<sup>th</sup></b>	<b>Wednesday 8<sup>th</sup></b>	<b>Thursday 9<sup>th</sup></b>
<b>Morning</b>	<u>ICF-ODEPA camp:</u> Observation technic session. Body position and strokes	To organize a Slalom competition To plan off-season and season	Training routines for global physical preparation	<u>ICF-ODEPA camp:</u> Technic session of basic moves
<b>Remark</b>	Not all participants			No MEX participants
<b>Afternoon</b>	Technic theory Stretching session	<u>ICF-ODEPA camp:</u> Organizing and coaching a loops aerobic session	<u>ICF-ODEPA race organisation:</u> Times, judges, results, course designer	<u>ICF-ODEPA camp:</u> Video analyse session of the training race.
<b>Remark</b>	No MEX participants			No MEX participants

Didier Baylacq