

Report of Continental TIP CSL
Asian Games 2014 Preparation Camp
Malaysia: Sungkai (Perak), Titiwangsa Lake (Kuala Lumpur)
12nd to 23rd December 2013



A. Training camp overview

1. Organization

The camp was held on 3 periods:

Part 1: Sungkai, Perak, White-Water training camp

Sungkai is a natural river with a very satisfying flow and the setting of gates was made to get to different venues. It was then possible to teach from very beginners (KGZ) to advanced paddlers (THA, MAS, SIN).

This place fits perfectly with the requirements of continental level of Slalom paddling.

Accommodation and catering is done on site thanks to a camping on the right bank of the river.

This place is recommended for next future camps and competitions on National and Continental regional level to be held in South East Asia



White-Water venue



Flat-water venue



Both venues.... Same location: most handy ever

Part 2: Titiwangsa Lake, Kuala Lumpur

As this camp was agreed to be a preparation for the upcoming Asian Games in Korea, it was the opportunity for paddlers of the continent to improve by challenging themselves during trainings and competitions on this special format

The out-fitting used by technical of Slalom Committee to set buoys is noteworthy.

It was clear that the designs were symmetric and the race fair though.

It is to be a hint and an inspiration for the upcoming Slalom competition under this format.

Mr Sakchai, ACC CSL Chairman, was here and could testify this.

Part 3: the race

MASCA Slalom committee organized on this lake the yearly national obstacle canoe Slalom National Championships.

It was decided to include eskimo-roll between buoy 4 and 5 for the final round and for seniors only. As we noticed in Taiwan, this is a precious value for the show we delivered to the audience.



Malaysian K1 Woman Under 18 in the start on the ramp for the semi-final run

Remark

New countries stepped successfully into this format and we can expect to see them at Asian Games 2014:

- for the training camp: Kyrgyzstan and Brunei
- for the race: Kyrgyzstan, Brunei and Iran

Athlete	BRU	ROSAINI	MD ASRI
Athlete	BRU	KAHAIRUL	ABDULLAH
Coach	BRU	HASSAN	HJ ZAINAL
Athlete	KGZ	BONDAR	KIRILL
Athlete	KGZ	MAKSUTOV	AL-MADZHID
Athlete	KGZ	SNOPKOV	IVAN
Coach	KGZ	SEMIKINA	TATIANA
Athlete	MAS	AZREMEL	AZZIM
Athlete	MAS	SABU	FADZLI
Coach	MAS	AZIZUL	HAQ
Athlete	SIN	AZHAR BIN HAZMAN	FAIZ
Athlete	SIN	KLINSMANN	ANG TECK AN
Athlete	SIN	PHANG DEMEI	SYABIQAH
Athlete	SIN	GWEE	JESSICA
Athlete	HKG	Ho	Yin Ngai
Athlete	THA	SIRIPONG	CHUMCHUEN
Athlete	THA	RATTANAJET	CHOOAMPAI
Athlete	THA	ASSADAWUT	SILACHOT
Athlete	THA	KORAWIT	SUKJAENG
Coach	THA	ADIREK	TUNTIYAWONGSA
Coach	ICF	Raut	Maxime
Coach	ACC	yamanaka	shuji
Coach	ICF	gosselin	pierrick

- The average age is 17,5 years old
- For the first year over the last 3 years, we notice a decrease in women participation: male: 84%, female 16%.
- A positive point is that all ladies athletes at the camp paddled in C1 for the obstacle Slalom format race (HKG and SIN)

2. Coaching

For this camp, the frame of levels was really wide. Then, it was a precious value to be so many coaches. We could split the big group in small groups and the done work was more efficient.

ICF coaches: Maxime Raux (already in Nepal for Expand & Extend), Pierrick Gosselin

ACC coach: Shuji Yamanaka

National coaches: Adirek Tuntiyawongsa National coach for Thailand, Azzizul Haq National coach and local coordinator for Malaysia.

3. Results of the participants of the camp

K1M U18	Rattanajet Chooampai	THA	1
	Assadawut Silachot	THA	2
	Korawit Sukjaeng	THA	3
	Sabu Fadzli	MAS	5
	Maksutov Al-Madzhid	KGZ	7
	Azremel Azzim	MAS	9
	Siripong Chumchuen	THA	10
	Ang Teck An Klinsmann	SIN	14
	Bondar Kirill	KGZ	16
C1M U18	Rattanajet Chooampai	THA	1
	Siripong Chumchuen	THA	2
	Assadawut Silachot	THA	3
	Korawit Sukjaeng	THA	4
	Azremel Azzim	MAS	5
C1M SENIOR	Azhar Bin Hazman Faiz	SIN	2
K1W SENIOR	Ho Yin Ngai	HKG	1
	Gwee Jessica	SIN	3
	Phang Demei Syabiqah	SIN	6
K1M SENIOR	Snopkov Ivan	KGZ	9
	Rosaini Md Asri	BRU	14
	Hj Tassim Syahirah	BRU	15
C1W SENIOR	Ho Yin Ngai	HKG	1
	Gwee Jessica	SIN	2
	Phang Demei Syabiqah	SIN	3

B. Camp synopsis

Here below the main figures for the camp

About the location					
Dates	From	13/12/12	To	23/12/12	10
Continent	Asia				
Country	Malaysia				
Place	Sungkai, Perak (white-water) - Titiwangsa Lake, Kuala Lumpur (flat-water)				
TIP continental	Yes				
Continental camp	Yes				
Competition preparation	Yes				
Type of competition	Malaysia National Obstacle Slalom Championships 2013				
Venue					
Number of venues	Sungkai: 2 white-water venues		Kuala Lumpur: 1 flat-water venue		
Kind of venues	Grad 1/2/3		Grad 1		
Coaching					
ICF coach	Maxime Raux		Pierrick Gosselin		
Continental coach	Shuji Yamanaka (JAP)				
National coach	Azzizul Haq (MAS)		Adirek Tuntiyawongsa (THA)		
Participants					
Participating countries	BRU, HKG, KGZ, MAS, SIN, THA for the camp + IRI for the competition				
Number of participants	20				
Number of boys	16		80%		
Number of girls	4		20%		
Coaches sent by NF	1 BRU (male), 1 KGZ (female), 1 THA (male)				
Number of working groups	4				
Level of the working groups	Beginners to advanced				
Equipment					
Number of K1	10	Provided by	MASCA Slalom Committee		
Number of C1	3	Provided by	MASCA Slalom Committee		
Number of C2	1	Provided by	MASCA Slalom Committee		
Accommodation					
Location from the venue	Walking distance both case				
Full catering	Yes				

C. Remarks

- The mixed camp (white-water and flat-water) is to be developed. Training on flat-water is a must for any Slalom paddler, even on the highest level. It allows the beginners to step into the activity and to improve drastically and quickly.
- The support from Slalom Committee of MASCA was a must and remarkable, on the logistic part and **financially as well the Slalom Committee supported 37% of the required funds.**

Terimakasih banyak to Haq, Jaffry, Don, Pak Uda and their great team !