

Report of Canoe Slalom Development Program
 TIP Continental America, Rio de Janeiro - Brazil
 October 9th to 17th 2016
 Pan Am and South American Championships.



Darko, Julian, Anjelo, Guto, Antonio, Sofia, Marianna, Ana Paula, Alejandro, Maritza, Adriano!

Accommodation, venue and participants

ICF development training camp took place in Rio de Janeiro, Brazil at the same venue of the recent Olympics.

Accommodation, breakfast and dinner were at Quality Hotel, located about 30 minutes by van from the venue. The lunch (snacks) was at the venue.

1	ICF	Merkle	Guto	M	
2	ICF	Bragança	Adriano	M	
3	MEX	Reinoso	Sofia	F	K1
4	MEX	Reinoso	Antonio	M	K1
5	MEX	Tames	Alejandro	M	K1
6	VEN	Torres	Marianna	F	K1-C1
7	VEN	Sosa	Angelo	M	C1-K1
8	PAR	Castro	Ana Paula	F	C1-K1
9	CHI	Gajardo	Maritza	F	K1
10	CHI	Sandoval	Darko	M	K1
11	ARG	Ercoli	Julian	M	K1

The communication with the group was easy and smooth as all athletes speak Spanish.

Some athletes have a good experience, others are beginners.

The channel is not an easy one for beginners, but all of them were capable to train and race

safely at it.

We had one section of 90 minutes a day on the course. On most of the days we made another workout out of the water.

Coaching and equipment

Coaching was daily made by Guto Merkle and Adriano Bragança, both from Brazil.

Some athletes brought their own equipment, some were provided by Brazilian Federation (good quality glass/carbon boats).

Results

C1W sr

PAR	Castro	Ana Paula	4 ^o
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K1W jr

VEN	Torres	Marianna	4 ^o
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K1W sr

MEX	Reinoso	Sofia	5 ^o
PAR	Castro	Ana Paula	6 ^o
CHI	Gajardo	Maritza	7 ^o

C1M jr

VEN	Sosa	Angelo	3 ^o
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K1M jr

ARG	Ercoli	Julian	5 ^o
CHI	Sandoval	Darko	7 ^o
VEN	Sosa	Angelo	8 ^o
MEX	Reinoso	Antonio	9 ^o
MEX	Tames	Alejandro	10 ^o

Development

Almost all athletes have participated in previous camps before, like CHI, Fóz and Pau/2015. For sure, they all had a good and visible improvement since then.

To be noticed that the three younger paddlers (sixteen), have showed a fast adaptation to the course, even with the stress of the race and a short period of training.

Special thanks to Pierrick Gosselin and Erick Lokken. Also to all in ICF, COPAC and CBCa whose efforts have made this camp possible.

Luiz Merkle (Guto)
TIP coach