

Report of the **EEWC** Training Camp World Championships in PAU (FRA) September 11th – October 1st 2017



A. Accommodation, venue and participants

The ICF EEWC training camp took place in Pau, France. Accommodation, breakfast, lunch and dinner were made in the centre of holidays at Narcastet village, 7km of the venue. During the races the lunch and dinner were made in the venue, at the volunteers tent. The organisation made everything for athletes to be in the best conditions.

The group was made of 5 female athletes from 5 different countries and 3 continents.

The participants:

- Sara SEPRENYI (HUN)
- Kristina PETROVIC (SER)
- Wei-Han CHEN (TPE)
- Roxana RAZEGHIAN (IRI)
- Sandra UGARTE (PER)

Three of the athletes, Sara SEPRENYI (HUN), Kristina PETROVIC (SER) and Wei-Han CHEN (TPE) participated in White Water Sprint championship. Sara SEPRENYI (HUN) participated to the Extreme Slalom too.

Athletes were able to paddle once a day, every day, on the course, except 3 days, which we

went to Saint Pé and Orthez natural courses.

The organisation had partnership with Caliseo (spa and swimming pool centre) and we went twice for relaxing and resting time in a warm sauna and Hamam.



Photo in our accommodation with Richard FOX

B. Coaching and equipment

Equipment was made of personal boats for almost all the paddlers, except for Sandra UGARTE (PER) who borrowed a boat, Rotomod. Life jacket and helmet has given to her from the coaches.

The EWWC coaches were Nelly TORNARE (FRA) and Maria FEREKIDOU (GRE).

C. Results of the Senior Canoe Slalom World Championships 2017

HUN	SEPRENYI	Sara	K1W: 67
IRI	RAZEGHIAN	Roxana	K1W: 65
PER	UGARTE	Sandra	K1W: 70
SER	PETROVIC	Kristina	K1M: 55
TPE	CHEN	Wei-Han	C1W: 38

D. Results of the Senior Canoe Wildwater World Championships 2017

HUN	SEPRENYI	Sara	K1W: 22
SER	PETROVIC	Kristina	K1W: 21
TPE	CHEN	Wei-Han	K1W: 28

E. Results of the Extreme Cross World Championships 2017

HUN	SEPRENYI	Sara	1/8 final
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F. Meetings with some important persons

We had the chance to meet, discussed and take pictures with Tony ESTANGUET, three

times Olympic champion and member of IOC. We organised few more meetings which the athletes prepared questions to Richard FOX (GBR) multiple world champion in canoe kayak slalom, Nejc ZNIDARCIC (SLO), Paul GRATON (FRA) and Martina JANCOVA (CZE) multiples world champions in down river. The invited persons shared their experiences and spoke about them self and the performance. We met also Celia FARIAS (ARG), vice president of ICF, who did a very nice discussion and thanked all the athletes for coming and participate to this big event.



Photo with Tony ESTANGUET

The last day we met Mr Tomislav CRNKOVIC world champion in down river and wildwater technical delegate, who thanked and gave presents to the athletes with the best performance during the wildwater championship. Kristina PETROVIC had the best female performance from our group.

G. Conclusion

We are sure that the athletes learned some new things and they will continue to train and share their knowledge in their home club. Thanks to the International Canoe Federation, athletes, coaches and all of the other people involved to this project since 3 years.