

ICF Canoe Sprint TIP 2021 Copenhagen

R E P O R T

OVERVIEW:

Location: Copenhagen (Denmark) at the venue of the CSP Senior World Championships

Date: 12.09.2020 – 20.09.2021

Participants: 8 NF ; 11 athletes, 4 coaches,

Organiser: Sebastian Quitrin ICF Development Manager

TIP head coach and coordinator: Csaba Szanto

Assistant coaches: Emilie Rosenkilde DEN and Frederik Jensen DEN.

The table of the participants :

IOC CODES	FULL NAME
MDA	Daniela Cociu
MDA	Maria Olarasu
MDA	Viktor Reneisky - COACH
SGP	Chiew Victoria Xi Jie
IRI	Mohammad Nabi Rezaei
IRI	Iman Pourazizmoghri - COACH
GRE	Christos Matsas
GRE	Konstantinos Benetos
SRB	Tijana Arsic
SRB	Aleksandar Petrovic - COACH
CYP	Ioannis Odysseos
TTO	Nicholas Robinson
TTO	Stephano Polo COACH
GEO	Lidia Sulaberidze
GEO	Aleksandre Tsivtsivadze



PROGRAM SUMMARY:

The participants:

In addition to the listed participants, athletes were also invited (and their participation were confirmed) from EGY, ANG, and MEX. Finally they couldn't come due to visa issues. The programme also supported the 2 MDA women Olympians and their coach for the reason of aiding the NF's financial situation.

The organisation:

On the base of the financial and logistical agreement between the ICF and the host Danish National Federation of the CSP Senior World Championships 2021 a TIP programme was organised.

This TIP organisation provided opportunities for athletes to participate in the World Championships and increased the number of the NFs entered into the Event.

Always moving forward

The full programme lasted for 1 week including the participation in the Championships. Hence, in the short period the athletes could have only 6 training sessions before the competition. However, those who couldn't progress further in the Championships did more training on the competition' days as well.

The head coach made the training programme for the athletes in accordance with their levels and the targeted events in the World Championships. In addition, technical workshops were also held.

The local assistant coaches Emilie Rosenkilde and Frederik Jensen did an excellent job for supporting the TIP with all issues.

The accommodation, local transportation and meals:

Provisions were excellent and it was the best organization ever achieved in the history of TIP! The participants were housed in the Sport Hotel of the Danish Sport Center, about 30 minutes distance from the venue. All participants stayed in good, comfortable single rooms. Internet connection was also great and they could follow the ICF Covid-19 protocols.

The athletes pick up upon arrival and the transportation back to the airport were also absolutely faultless!

A designated bus was provided for the transportation between the accommodation and the race course during the training. In the days of the championships a well-scheduled shuttle-bus service was available.

Breakfast, lunch and dinner were served in the hotel with great choices and unlimited portions. During the competition days the group could take lunch at the venue or at the Hotel.

At the venue the TIP group received a designated place to stay, eat and rest.

Boats:

Sebastian managed to receive all the required number and type of boats from NELO and PLASTEX by the due date. These supplied boats perfectly serve the needs of TIP and are essential for the programme!

Finance:

All local expenses (including the PCR tests) were covered by the host federation, while the travelling expenses were financed by the participants themselves.

The ICF paid for the transportation of the boats to Copenhagen and the expenses of the coaches.

COMPETITION SUMMARY:

During the competition TIP athletes were following their race schedules without any problems. All athletes managed to complete all events where they were entered. No problem with boat control and no false starts or disqualifications. There were no injuries nor health issues, except for **Tsivtsivadze** from GEO, who had a case of anxiety before the races and we agreed that he will not compete in C1, only in the C2 mix event. All the athletes and coaches performed negative Covid-19 tests 2 times.

Summary of the results and experiences:

The best results in the World Championships :

- Daniela Cociu / Maria Olarasu MDA C2 W 500m bronze medal
- Mohammad N. Rezaei IRI C1 1000m FA 5th place / 500m FA
- Tijana Arsic SRB FA 9th place
- Ioannis Odysseos CYP SF 7th place

- The other athletes couldn't make it to the Semi-Finals.
- Athlete from Trinidad and Tobago competed for the first time in the World Championships.

Reflections

- This time the TIP was held mainly to enable selected athletes to take part in the world championships, thanks to the support by the Danish Canoe Federation. The short duration of the programme was limited and did not particularly improve individual athletes' performances, but it definitely gave motivation for the athletes to compete in canoeing: athletes received great encouragement through discussions with TIP coaches and gained motivation and confidence through competing alongside elite athletes at the world level.

- We gave useful lectures for the athletes and coaches regarding technical and training methods.

- The athletes developed positive friendships and bonded as a team.

- The preparation process of TIP projects should start at least 3-4 months before the event, to enable sufficient time to resolve all visa issues.

- During the athlete selection process, applications should be considered carefully, based on performance and NF financial situations.

Csaba Szanto
Coordinator
Budapest, 10. 10. 2021

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