



ICF CANOE SPRINT TIP 2021



R E P O R T

OVERVIEW :

Location: Montemor-o-Velho, CENTRAL NAUTICO, PORTUGAL

Date: 22.08.2021 – 06.09.2021

Participants: 36x athletes, 11x coaches, 13x National Federations

ICF TIP coach: 2x coach

Program: training and preparation / participating in ICF JUNIORS & U23 CANOE SPRINT WORLD CHAMPIONSHIPS, 2021.

TIP SUPPORTED COACHES

	NF	Name	Gender
1	CRO	Drazen Funkak	M
2	GUA	Anser Jordani Tuc Salazar	M
3	URU	Jorge Ferrier	M
4	GEO	Kakhaber Lomishvili	M
5	CHI	Juan Andres Ñonquepan Ñonquepan	M
6	MDA	Reneisky Viktor	M
7	VEN	Robinson Raul Roman Gonzalez	M
8	CYP	Djordje Pavlovic	M
9	MAS	Adam Aris	M
10	IRI	Iman Pourazizmoghri	M
11	UGA	Baker Nsamba	M

Always moving forward

TIP SUPPORTED ATHLETES

MEN'S KAYAK

No	NF	NAME	AGE	GENDER	CATEGORY
1	CRO	Domagoj Babic	U18	M	kayak
2	GRE	Christos Matsas	U18	M	kayak
3	GRE	Konstantinos Benetos	U18	M	kayak
4	URU	Felipe Agüero Fernandez	U18	M	kayak
5	URU	Martin Gorriti Monterroso	U18	M	kayak
6	URU	Tabare Arca Perdomo	U18	M	kayak
7	URU	Jorge Garcia	U18	M	kayak
8	VEN	Daniel Alejandro Roman Rodríguez	U18	M	kayak
9	MAS	Ahmad Ariff Bin Rasydan	U18	M	kayak
10	MAS	Montoya Raw AK Michael	U18	M	kayak
11	GUA	Jeffrey Rubén González Peralta	U23	M	kayak
12	URU	Luis Santiago Melo Duarte	U23	M	kayak
13	URU	Matias Valentin Otero Ezcurra	U23	M	kayak
14	RSA	Callam Davis	U23	M	kayak
15	CYP	Stefan Kleanthous	U23	M	kayak
16	MAS	Muhammad Fakhrullah	U23	M	kayak
17	MAS	Khairul Naim Zainal	U23	M	kayak

WOMEN'S KAYAK

No	NF	NAME	AGE	GENDER	CATEGORY
1	VEN	Milencal del Valle Hernandez Calcurian	U18	W	kayak
2	MAS	Nur Aina Iylia Binti Rahimi	U18	W	kayak
3	MAS	Nur Syahirah Binti Fuad	U18	W	kayak
4	CYP	Kyriaki Konstantinidou	U23	W	kayak
5	MAS	Nur Atasha Nabila Binti Saring	U23	W	kayak
6	MAS	Aimi Ayuni Binti Azwan	U23	W	kayak

Always moving forward



MEN'S CANOE

No	NF	NAME	AGE	GENDER	CATEGORY
1	CHI	Matias Felipe Jimenez Cabrera	U18	M	canoe
2	CHI	Michael Antonio Martinez Sobarzo	U18	M	canoe
3	MDA	Mihai Culcac	U18	M	canoe
4	MDA	Mihai Chihaiia	U18	M	canoe
5	GEO	Murman Malania	U23	M	canoe
6	UGA	Kenneth Kagirwa	U23	M	canoe
7	UGA	Musa Lubega	U23	M	canoe
8	IRI	Mohammad Nabi Rezaei	U23	M	canoe

WOMEN'S CANOE

No	NF	NAME	AGE	GENDER	CATEGORY
1	CRO	Ana Funtak	U18	W	canoe
2	GEO	Lidia Sulaberidze	U18	W	canoe
3	GEO	Mariam Kerdikashvili	U23	W	canoe
4	MDA	Maria Olarasu	U23	W	canoe
5	MDA	Daniela Cociu	U23	W	canoe

PROGRAM SUMMARY

The ICF canoe sprint TIP training camp for ICF JUNIORS & U23 CANOE SPRINT WORLD CHAMPIONSHIPS, 2021 was designed and managed to support TIP athlete's preparations before competition & participation in the World Championships and to guarantee the competition validations.

The program was 16 days long, from 22.08.2021 to 06.09.2021.

It started on 22th of August (Saturday) with welcoming first participants and teams and finished 6th of September (Monday) at the end of the World Championships competition.

Two athletes and coach from Uganda arrived to the training camp, but after an unfortunate situation the team had to travel back to their origin therefore they did not participate on the training camp and competition.

All TIP supported coaches have attended on coaching seminars, held by Mr. Csaba Szanto.

Always moving forward

The TIP supported team was divided into two groups. One group managed training sessions and preparation according to their national team coach's training program. The other group followed the ICF coach program on preparation for competition - including technical sessions, specialized competition preparation, practicing starting gates, running cross training, stretching.

The two groups were as follows:

„GROUP A”: National team coach's training program

- CRO (women's canoe)
- URU
- VEN
- CHI
- MDA
- IRI
- GEO
- RSA

„GROUP B”: ICF coach training program

- CRO (men's kayak)
- MAS
- CYP
- GRE
- GUA

All participants were following the daily schedule on time – including transfer from / to regatta course using official shuttle bus service. Daily schedule included breakfast at accommodation, morning training at competition venue, transfer back to restaurant & accommodation. Following rest for athletes and seminars for coaches. In the afternoon transfer to the regatta course, session at regatta course, transfer back to restaurant for dinner and then back to accommodation.

During competition week, lunch and dinner were served at regatta course.

Athletes were following daily routine as follows:

Always moving forward

06:30 – 07:30 breakfast at accomodation
08:00 departure from accomodation to racing venue
09:30 – 11:30 daily training routine at racing venue
12:00 departure from regatta course to restaurant
12:40 – 13:30 lunch at restaurant
14:00 – 15 :30 (16:00) recovery for athletes and seminar for coaches
15:30 (16:00) departure from accomodation to racing venue
16:30 – 18:30 daily training routine at racing venue
18:30 departure from regatta course to restaurant
19:30 – 20:00 dinner at restaurant
20:00 departure from regatta course to hotel
20:00 - recovery at accomodation

During competition (Friday to Sunday) all athlete’s followed their own daily routine and schedule due to different racing program.

By the ending of the program and competition all hired boats were returned without any reported problem.

Athletes completed the TIP program by following health and safety regulations without any injuries and health issues. All athletes had a positive and good attitude, discipline. All athletes followed ICF TIP coaches instructions and were highly cooperative.

During training camp „GROUP B” were followed ICF coaches training program, including 2x race distance time trial training session.

Results are as follows:



TIME TRIAL
 2021.08.26
 sunny, 28 °C, head wind,



K1 MEN 500m		
01:49.7	RSA	Callam Davis
01:50.5	CYP	Stefan Kleanthous
01:55.5	MAS	Khairul Naim Zainal
01:56.2	GRE	Konstantinos Benetos
01:57.0	MAS	Montoya Raw AK Michael

Always moving forward

K1 MEN 200m		
0:37.76	GRE	Christos Matsas
0:39.58	CRO	Domagoj Babic
0:42.21	MAS	Muhammad Fakhrollah
0:43.00	MAS	Ahmad Ariff Rasydan

K1 WOMEN 500m		
02:14.6	CYP	Kyriaki Konstantinidou
02:19.3	MAS	Aimi Ayuni Binti Azwan
02:26.7	MAS	Nur Aina Iylia Binti Rahimi

K1 WOMEN 200m		
0:53.53	MAS	Nur Syahirah Binti Fuad

C1 WOMEN 200m		
0:52.00	GEO	Lidia Sulaberidze

K1 MEN 1000m		
03:46.7	RSA	Callam Davis
03:53.6	URU	Martin Monterosso
03:57.3	CYP	Stefan Kleanthous
04:05.4	MAS	Montoya Raw AK Michael
04:06.7	MAS	Khairul Naim Zainal

K1 MEN 500m		
01:54.2	GRE	Konstantinos Benetos
01:55.3	GRE	Christos Matsas
01:57.8	MAS	Muhammad Fakhrollah

K1 WOMEN 1000m		
04:37.2	CYP	Kyriaki Konstantinidou
04:43.5	MAS	Nur Aina Iylia Binti Rahimi
04:43.8	MAS	Nur Atasha Nabila Binti Saring

K1 WOMEN 500m		
02:12.1	MAS	Aimi Ayuni Binti Azwan

C1 WOMEN 200m		
0:50.01	GEO	Lidia Sulaberidze

K2 1000m		
03:39.4	URU	Arca Perdomo / Jorge Pereira

K1 MEN 200m		
0:37.50	URU	Luis Duarte
0:38.73	CRO	Domagoj Babic
0:39.25	URU	Felipe Fernandez
0:44.46	MAS	Ahmad Ariff Rasydan

Always moving forward



TIME TRIAL
2021.08.26 / 2



cloudy, 26 °C, slightly head wind

K1 MEN 500m		
01:48.8	URU	Martin Monterosso
01:49.2	RSA	Callam Davis
01:53.2	MAS	Khairul Naim Zainal
01:55.3	MAS	Montoya Raw AK Michael
01:56.8	GRE	Konstantinos Benetos

K1 WOMEN 500m		
02:14.3	CYP	Kyriaki Konstantinidou
02:15.8	MAS	Nur Atasha Nabila Binti Saring
02:19.3	MAS	Nur Aina Iylia Binti Rahimi

K1 WOMEN 200m		
0:48.3	MAS	Aimi Ayuni Binti Azwan
0:54.5	MAS	Nur Syahirah Binti Fuad

C1 WOMEN 200m		
0:53.3	GEO	Lidia Sulaberidze

K2 1000m		
03:41.3	URU	Arca Perdomo / Jorge Pereira

Always moving forward

K1 MEN 200m		
0:36.53	URU	Luis Duarte
0:37.95	GRE	Christos Matsas
0:38.62	URU	Felipe Fernandez
0:40.41	CYP	Stefan Kleanthous
0:41.96	MAS	Muhammad Fakhrullah
0:43.91	MAS	Ahmad Ariff Rasydan



ICF SPRINT WORLD CUP, SZEGED 2021 COMPETITION SUMMARY

During competition TIP athletes were following their own schedule on racing without any major problem. All athletes managed to complete all events.

TIP Athletes achieved the following FINALS:

- 13x FINAL 'A'
- 6x FINAL 'B'
- 3x FINAL 'C'

Always moving forward

From TIP team 5 national federations achieved FINAL 'A' (MDA, GEO, GRE, IRI, URU) and 9 athletes achieved FINAL 'A'. (4x U18, 5x U23 / 4x male athlete, 5x female athlete).

The best results achieved by Mihai Chihaiia (MDA) in men's C1 1000m FINAL 'A' event, winning World Championships GOLD MEDAL.

TIP Team achieved the following podium results at World Championships:

- U18 men's C1 1000m GOLD MEDAL (Mihai Chihaiia, MDA)
- U23 women's C1 200m SILVER MEDAL (Mariam Kerdikashvili, GEO)
- U23 women's C2 500m SILVER MEDAL (Maria Olarasu, Daniela Cociu, MDA)
- U23 women's C2 500m SILVER MEDAL (Maria Olarasu, Daniela Cociu, MDA)
- U18 men's C1 500m BRONZE MEDAL (Mihai Chihaiia, MDA)

Please find below the summary of the WORLD CHAMPIONSHIPS, 2021 results:

BEST RESULTS (FINALS)

FINAL "A"								
No	GEN	AGE	NF	Name	event	race	time	ranking
1	M	U18	MDA	Mihai Chihaiia	C1 1000m	FINAL A	04:00.018	1
2	W	U23	GEO	Mariam Kerdikashvili	C1 200m	FINAL A	00:46.739	2
3	W	U23	MDA	Maria Olarasu, Daniela Cociu	C2 500m	FINAL A	01:59.686	2
4	W	U23	MDA	Maria Olarasu, Daniela Cociu	C2 200m	FINAL A	00:44.752	2
5	M	U18	MDA	Mihai Chihaiia	C1 500m	FINAL A	01:57.150	3
6	M	U18	GRE	Christos Matsas	K1 200m	FINAL A	00:36.603	4
7	M	U18	MDA	Mihai Culceac, Mihai Chihaiia	C2 500m	FINAL A	N/A	4
8	M	U23	IRI	Mohammad Nabi Rezaei	C1 1000m	FINAL A	03:57.796	4
9	M	U23	IRI	Mohammad Nabi Rezaei	C1 500m	FINAL A	01:51.116	4
10	W	U23	GEO	Mariam Kerdikashvili	C1 500m	FINAL A	02:12.478	5
11	M	U23	URU	Matias Valentin Otero Ezcurra	K1 500m	FINAL A	N/A	6
12	W	U18	GEO	Lidia Sulaberidze	C1 200m	FINAL A	00:50.925	9
13	W	U23	MDA	Daniela Cociu	C1 500m	FINAL A	03:14.731	9

Always moving forward

FINAL "B"								
No	GEN	AGE	NF	Name	event	race	time	ranking
1	M	U18	URU	Michael Antonio Martinez Sobarzo	C1 1000m	FINAL B	04:13.358	1
2	W	U18	CRO	Ana Funtak	C1 200m	FINAL B	00:52.271	4
3	M	U23	MDA	Matias Felipe Jimenez Cabrera	C1 500m	FINAL B	02:07.782	7
4	M	U23	MDA	Luis Santiago Melo Duarte	K1 200m	FINAL B	00:36.662	8
5	M	U18	MDA	Martin Gorriti Monterroso	K1 500m	FINAL B	01:49.975	8
6	M	U18	URU	Tabare Arca Perdomo, Jorge Garcia	K2 1000m	FINAL B	03:45.626	9

FINAL "C"								
No	GEN	AGE	NF	Name	event	race	time	ranking
1	M	U23	RSA	Callam Davis	K1 1000m	FINAL C	03:49.833	6
2	M	U23	RSA	Callam Davis	K1 500m	FINAL C	01:46.369	6
3	M	U23	CYP	Stefan Kleanthous	K1 500m	FINAL C	01:48.290	9

OVERALL SUMMARY OF INDIVIDUAL ATHLETES

MEN'S KAYAK

AGE	NF	Name	event	race	time	ranking
U18	CRO	Domagoj Babic	K1 200m	SF	00:39.404	7
			K1 500m	HEAT	02:14.837	8
U18	GRE	Christos Matsas	K1 200m	FINAL A	00:36.603	4
U18	GRE	Konstantinos Benetos	K1 500m	SF	02:13.385	9
U18	URU	Felipe Agüero Fernandez	K1 200m	SF	00:40.147	7
			K2 500m	SF	01:45.393	8
			K4 500m	SF	01:50.381	9
U18	URU	Martin Gorriti Monterroso	K1 1000m	SF	03:53.915	7
			K2 500m	SF	01:45.393	8
			K1 500m	FINAL B	01:49.975	8
			K4 500m	SF	01:50.381	9

Always moving forward

U18	URU	Tabare Arca Perdomo	K2 1000m	FINAL B	03:45.626	9
			K4 500m	SF	01:50.381	9
U18	URU	Jorge Garcia	K2 1000m	FINAL B	03:45.626	9
			K4 500m	SF	01:50.381	9
U18	VEN	Daniel Alejandro Roman Rodríguez	K1 1000m	SF	04:20.237	9
			K1 500m	SF	02:14.162	7
U18	MAS	Ahmad Ariff Bin Rasydan	K2 1000m	SF	DSQ	out
			K1 200m	HEAT	00:44.171	8
			K2 500m	SF	DSQ	out
U18	MAS	Montoya Raw AK Michael	K1 1000m	HEAT	04:24.360	9
			K2 1000m	SF	04:02.596	8
			K2 1000m	SF	DSQ	out
			K1 500m	HEAT	02:11.885	9
			K2 500m	SF	DSQ	8
U23	CYP	Stefan Kleanthous	K1 1000m	HEAT	03:53.641	8
			K1 200m	SF	00:41.543	8
			K1 500m	FINAL C	01:48.290	9
U23	GUA	Jeffrey Rubén González Peralta	K1 1000m	HEAT	04:11.513	6
			K1 200m	SF	00:41.813	8
			K1 500m	HEAT	02:06.450	6
U23	URU	Luis Santiago Melo Duarte	K1 200m	FINAL B	00:36.662	8
U23	URU	Matias Valentin Otero Ezcurra	K1 500m	FINAL A	N/A	6
U23	RSA	Callam Davis	K1 1000m	FINAL C	03:49.833	6
			K1 500m	FINAL C	01:46.369	6
U23	MAS	Muhammad Fakhrollah	K2 500m	HEAT	01:52.807	8
			K1 200m	SF	00:42.685	8
U23	MAS	Khairul Naim Zainal	K1 500m	HEAT	02:01.468	8
			K1 1000m	HEAT	04:02.851	8
			K2 1000m	SF	04:02.596	8

Always moving forward

WOMEN'S KAYAK

AGE	NF	Name	event	race	time	ranking
U18	VEN	Milenca del Valle Hernandez Calcurian	K1 500m	HEAT	02:17.160	9
			K1 1000m	HEAT	05:06.719	9
			K1 200m	HEAT	00:52.654	9
U18	MAS	Nur Aina Iylia Binti Rahimi	K1 500m	HEAT	02:15.193	8
			K1 1000m	HEAT	04:52.221	8
			K2 200m	HEAT	00:58.452	9
			K2 500m	SF	02:27.834	8
			K4 500m	SF	02:07.654	7
U18	MAS	Nur Syahirah Binti Fuad	K2 500m	SF	02:24.837	8
			K1 200m	HEAT	00:55.423	9
			K4 500m	SF	02:07.654	7
U23	CYP	Kyriaki Konstantinidou	K1 1000m	HEAT	04:37.711	9
			K1 200m	SF	00:49.247	9
			K1 500m	HEAT	02:11.464	9
U23	MAS	Nur Atasha Nabila Binti Saring	K1 1000m	HEAT	04:55.121	8
			K2 200m	HEAT	00:58.452	9
			K2 500m	HEAT	02:16.052	8
			K4 500m	SF	02:07.654	7
U23	MAS	Aimi Ayuni Binti Azwan	K1 500m	HEAT	02:09.854	8
			K1 200m	SF	00:48.313	8
			K2 500m	HEAT	02:16.052	8
			K4 500m	SF	02:07.654	7

Always moving forward

MEN'S CANOE

AGE	NF	Name	event	race	time	ranking
U18	CHI	Matias Felipe Jimenez Cabrera	C2 500m	SF	01:53.962	4
			C1 500m	FINAL B	02:07.782	7
U18	CHI	Michael Antonio Martinez Sobarzo	C1 1000m	FINAL B	04:13.358	1
			C2 500m	SF	01:53.962	4
U18	MDA	Mihai Chihaia	C1 1000m	FINAL A	04:00.018	1
			C2 500m	FINAL A	N/A	4
			C1 500m	FINAL A	01:57.150	3
U18	MDA	Mihai Culceac	C2 500m	FINAL A	N/A	4
U23	GEO	Murman Malania	C1 500m	HEAT	DNF	DNF
U23	UGA	Kenneth Kagirwa	NO RACE			
U23	UGA	Musa Lubega	NO RACE			
U23	IRI	Mohammad Nabi Rezaei	C1 1000m	FINAL A	03:57.796	4
			C1 500m	FINAL A	01:51.116	4

WOMEN'S CANOE

AGE	NF	Name	event	race	time	ranking
U18	CRO	Ana Funtak	C1 500m	SF	02:39.135	6
			C1 200m	FINAL B	00:52.271	4
U18	GEO	Lidia Sulaberidze	C1 200m	FINAL A	00:50.925	9
			C2 MIX	SF	02:30.147	9
U23	GEO	Mariam Kerdikashvili	C1 500m	FINAL A	02:12.478	5
			C1 200m	FINAL A	00:46.739	2
U23	MDA	Maria Olarasu	C2 500m	FINAL A	01:59.686	2
			C2 200m	FINAL A	00:44.752	2
U23	MDA	Daniela Cociu	C2 500m	FINAL A	01:59.686	2
			C2 200m	FINAL A	00:44.752	2
			C1 500m	FINAL A	03:14.731	9

Always moving forward



GYERTYÁNOS GERGELY
ICF Sprint TIP Development Coach



CSABA ZSANTO
ICF Sprint TIP Development Head Coach



SEBASTIÁN CUATRIN
ICF Development Manager

Budapest, 09.09.2021

Always moving forward