

## **b) All Athletes – Application procedure for a Standard TUE request**

All Athletes requesting a *certificate of Therapeutic Use* must:

1. **fill in the ICF Therapeutic Use exemption form** which can be downloaded from the ICF website. The ICF Medical Committee will **not** accept requests made on other forms i.e. NADO forms, unless the information on the form is either in English or in French
2. **include an up to date medical file for all requests** WADA in its International Standards for Therapeutic Use Exemptions (Annex 1) defined the minimal requirements for the medical file to be used for the TUE process in case of Asthma (bronchial provocation testing). Those athletes who have received permission to use a beta 2 agonist in Beijing, shall attach this certificate to the request, which will exempt them from including another medical file
3. **send the request** via fax or email, as well as the original request also via mail **to the ICF Headquarters**
4. wait to see whether the ICF Medical Committee approves or disapproves your request. The ICF Medical Committee has 30 days for approval or denial from the day the ICF receives the request. The certificate for Therapeutic Use will be sent to the athlete's National Federation (NF) and shall be forwarded by the NF to the athlete
5. in case of a denial the athlete may request WADA for a review according to Article 4.4.6 and further appeal as provided in Article 13 of the ICF Anti-Doping Rules (based upon the 2009 revised WADA Code). Please be informed that a TUE will only be granted if certain conditions are fulfilled. The most important conditions are:
  - that the athlete would experience significant health problems without taking the prohibited substance or method
  - that the therapeutic use of the substances would not produce significant enhancement of performance over and above the athlete's normal condition
  - that there is no reasonable therapeutic alternative to the use of otherwise prohibited substance or method
6. the certificate will state the substances allowed to treat the medical condition and the date until the certificate is valid for
7. **carry the certificate** all the time with you **and show it to the Doping Control Officer** upon notification to provide a sample