

**c) All Athletes – Application procedure for a Declaration of Use (DOU)**

**For:** Inhaled beta2-agonists Salbutamol and Salmeterol & glucocorticosteroids by non-systemic routes

**1. a) Either:**

fill in the ICF Declaration of Use (DOU) **Form** which can be downloaded from the ICF website

**b) Or:**

fill in the Declaration of Use online via **ADAMS system**

**if a)** send the request via fax or email, as well as the original request also via mail to the ICF Headquarters

**2. Declare** Inhaled beta2-agonists Salbutamol and Salmeterol & glucocorticosteroids by non-systemic routes **on Doping Control Form**

**Please note:** this declaration is **mandatory**