

## 1. Therapeutic Use Exemptions (TUEs)

Each Athlete with a documented medical condition requiring the use of a Prohibited Substance or a Prohibited Method competing in an ICF event must obtain a TUE from the ICF regardless of whether the Athlete previously has received a TUE at the national level (Art. 4.4.2 ICF Anti-Doping Rules). This means that the ICF **does not recognise certificates for Therapeutic Use issued on a national level**. This rule is in line with Article 15.4.1 of the 2009 World Anti-Doping Code (see comment to Article 15.4.1).

Furthermore those TUEs which were issued by the ICF prior to the “Effective Date” (1 January 2009) continue to be valid after the “Effective Date” until the date of validity stated on the Certificate of Therapeutic Use.

### a) Athletes in the ICF Registered Testing Pool (RTP)

Please be informed that according to Article 4.4.2 of the ICF Anti-Doping Rules “... *The application for a TUE must be made as soon as possible (in case of an Athlete in the Registered Testing Pool, this would be when he/she is first notified of his/her inclusion in the pool) and in any event (save in emergency situations) no later than 30 days before the Athlete’s participation in the Event.*”

For athletes in the ICF RTP no retroactive TUE approval shall be permitted unless in cases outlined in Article 4.7 of the International Standard of Therapeutic Use Exemptions (emergency situations).

### b) Athletes not in the ICF Registered Testing Pool, but competing in ICF events

For those athletes who are **not** included in the ICF RTP but are taking part in an ICF events, the ICF agrees to issue **retroactive TUEs** in case of an Adverse Analytical Finding (AAF) under the condition that the criteria set forth in the revised ISTUE are fulfilled (i.e. a medical file with the minimal requirements outlined in Annex 1 of the revised ISTUE must be attached in the TUE request).

The following table, divided by categories of Prohibited Substances and categories of Athletes, shows the requests and the timing for it needed.

Prohibited Substances	Athletes in ICF RTP	Athletes not in ICF RTP, but participating in ICF competitions
Beta2 agonists	TUE in advance	Retroactive TUE in case of AAF
GCS by non systemic and inhaled routes	Declaration of Use	Declaration of Use
Other prohibited substances	TUE in advance	Retroactive TUE in case of AAF

### c) All Athletes – Application procedure for a TUE request

All Athletes requesting a certificate of Therapeutic Use (**whether in advance or retroactively**) must:

1. **fill in the ICF Therapeutic Use exemption form** which can be downloaded from the ICF website. The ICF Medical Committee will **not** accept requests made on other forms i.e. NADO forms, unless the information on the form is either in English or in French
2. **include an up to date medical file for all requests** WADA in its International Standards for Therapeutic Use Exemptions (Annex 1) defined the minimal requirements for the medical file to be used for the TUE process in case of Asthma (bronchial provocation testing). Those athletes having received a permission to use a beta 2 agonist in Beijing, shall attach this certificate to the request, which will exempt them from including another medical file
3. **send the request** via fax or email ([erika.riedl@canoecf.com](mailto:erika.riedl@canoecf.com)), as well as the original request also via mail **to the ICF Headquarters**
4. wait to see whether the ICF Medical Committee approves or disapproves your request. The ICF Medical Committee has 30 days for approval or denial from the day the ICF receives the request. The certificate for Therapeutic Use will be sent to the athlete's National Federation (NF) and shall be forwarded by the NF to the athlete
5. in case of a denial the athlete may request WADA for a review according to Article 4.4.6 and further appeal as provided in Article 13 of the ICF Anti-Doping Rules (based upon the 2009 revised WADA Code). Please be informed that a TUE will only be granted if certain conditions are fulfilled. The most important conditions are:
  - that the athlete would experience significant health problems without taking the prohibited substance or method
  - that the therapeutic use of the substances would not produce significant enhancement of performance over and above the athlete's normal condition
  - that there is no reasonable therapeutic alternative to the use of otherwise prohibited substance or method
6. the certificate will state the substances allowed to take to treat the medical condition and the date until the certificate is valid for
7. **carry the certificate** all the time with you **and show it to the Doping Control Officer** upon notification to provide a sample