

NEW ICF PARACANOE
PHYSICAL ASSESSMENT CHART FOR THE LEGS
VA'A

Athlete ID Number

Federation

REMINDER: Only the Muscle Strength scores (shaded in orange) will be used for the ICF Paralympic Classification System.

If an athlete scores 2 for Muscle Strength they will automatically score 2 for ROM. Passive ROM is only tested if the athlete scores 0 or 1 on strength.

Functional Assessment	Muscle Strength through sports specific ROM (0 – 2 Scale)		Passive ROM (0 – 2 Scale)	
	RIGHT	LEFT	RIGHT	LEFT
LOWER LIMBS				
HIPS				
Flexion 80° - 130°				
Extension 130° - 80°				
KNEE				
Flexion 25° - 60°				
Extension 60° - 25°				
ANKLE				
Plantarflexion 10° - 40°				
Dorsiflexion 40° - 10°				
Leg Press				
TOTAL LOWER	/14	/14	/12	/12
DIFFERENTIAL (-)				

Total number of points scored = /28

Does athlete meet minimal eligibility criteria?
 (loss of 4 points on one limb)
 If NO athlete is classed as Not Eligible (NE)

YES

NO

Which cluster does this score fit into?

(tick one box)

Cluster 1
(0-2 points)

Cluster 2
(3-17 points)

Cluster 3
(18-24 points)

NOTE :This cluster number needs to be added to the cluster numbers for the Trunk Assessment and the On water Observation, to give the athletes overall score.