

5000m races description

ICF Canoe Sprint Junior / U23 World Championships Auronzo, 5-9 July, 2023

General Rules:

- Portages are not optional!
- Only two turning points (no long lap and short lap)!
- No portage in the final lap
- Handles on boats are permitted
- Pumps are NOT permitted!
- Sprint boats (12-14kg) to be used only
- Any athlete who is considered by a Course Umpire or Chief Official to have been responsible for a collision, or who damages the boat or paddle of another athlete or unnecessarily deviates from the direct racing line or deliberately blocks or impedes the path of an athlete may be penalised or disqualified;
- Lapped boats are supposed to leave the race the next time they reach the finish line but they will keep their ranking (10.5.5.d)
- Lapped boats not leaving the race according to above rule will be disqualified, hence losing their ranking;
- No disqualification of the last athlete at the end of laps!
- Start by the means of boat holders
- Portage length is about 80 meters
- Embarkation and disembarkation are on pontoons

5000m

- 6 laps
- 5 portages
- Length of one lap: ~833m

5000m mixed relay

- 4 laps
- 3 portages
- Length of one lap: ~1250m
- A relay team consists of
1 man + 1 woman
- The compulsory sequence of athletes:
1. man; 2. woman; 3. man; 4. woman
- Each athlete completes 2 laps
- Exchanges are taking place at the end of portages by the means of incoming athlete tapping the outgoing athlete
- Woman athletes will only have one portage as there are no portages in the final lap