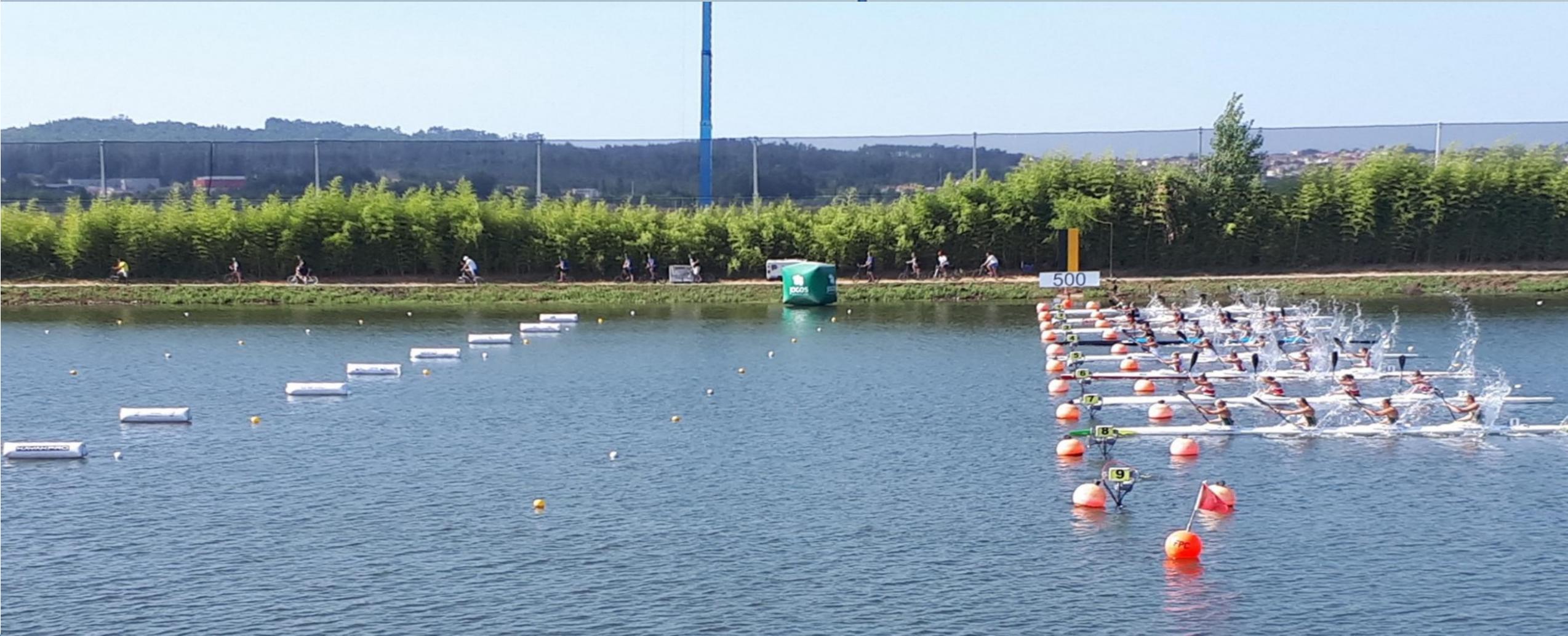


INTERNATIONAL TECHNICAL OFFICIAL SEMINAR CANOE SPRINT

international
canoe
federation



#PlanetCanoe

ONLINE 2022

ABBREVIATIONS

ICF	International Canoe Federation
NF	National Federation
SUPC	Stand Up Paddle Commission
CR	Sport Governance Rules
PR	Principle Rules
SR	Sport Rules
HOC	Host Organising Committee
ITO	International Technical Official
NTO	National Technical Official
WRP	World Ranking Points
DNS	Did Not Start
DSQ	Disqualified
DNF	Did Not Finish
DQB	Disqualified for unsportsmanlike behaviour

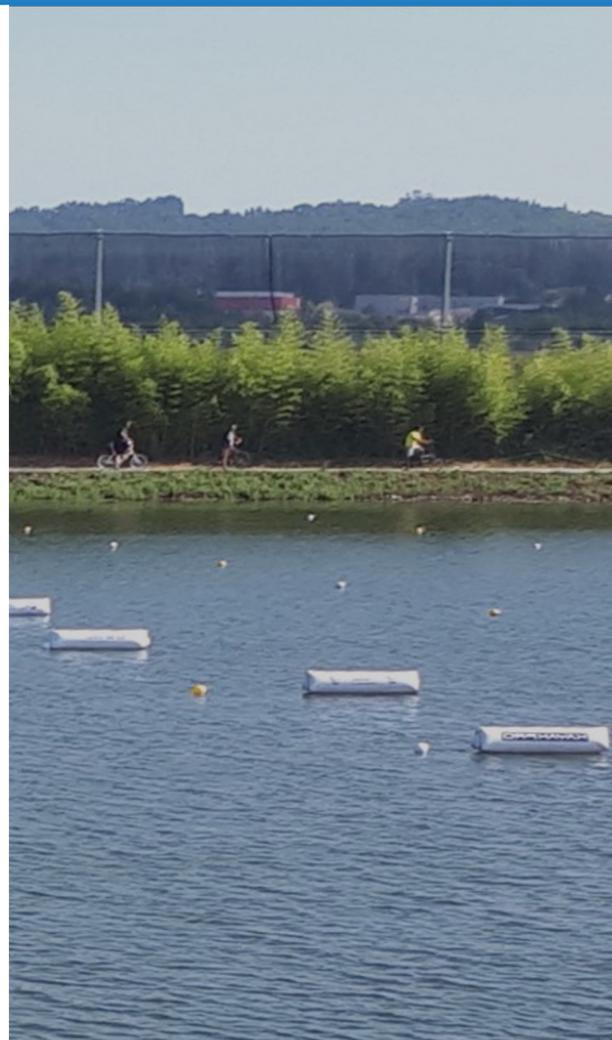


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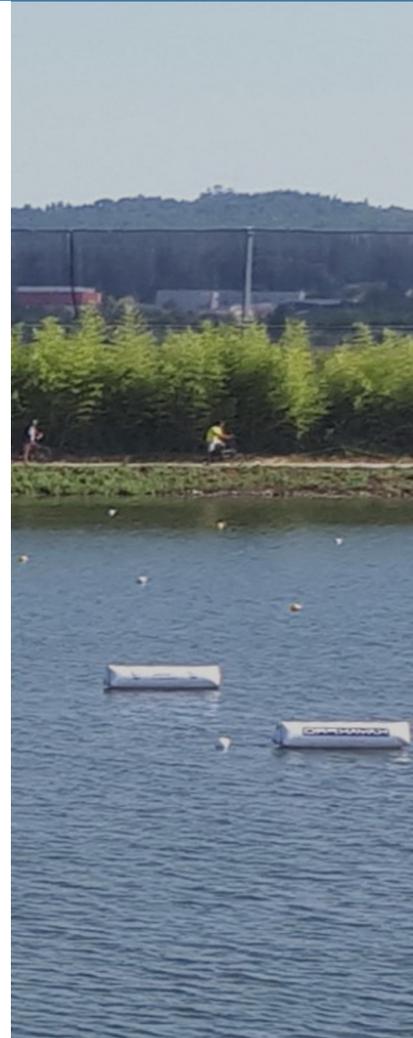
Competition Programme / Format

Field of Play

Pre-Competition

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Vision: Inspire people to pursue a lifelong passion for paddling.

Mission: The ICF provides global leadership to enable, inspire and activate people in the pursuit of participation and excellence in paddling activities.

Core Values:

- ❖ **Leadership**
To take responsibility of the collective ownership of the sport and show initiative by utilising best practices.
- ❖ **Excellence**
To pursue high standards for all the ICF's activities.
- ❖ **Integrity**
To consistently act in accordance with high ethical values and demonstrate mutual respect and honesty.
- ❖ **Equity**
To act with fairness, impartiality, justice and inclusiveness with regard to race, gender, religion, ability, age, national or ethnic origin.
- ❖ **Inspiration**
To act with enthusiasm, passion and pride with the desire to excel in our activities.

INTERNATIONAL COMPETITIONS

	Type of competition	Competition
Level 1	ICF competition	ICF World Championships
Level 2		ICF World Cups
Level 3		ICF World Ranking competitions
Level 4	<ul style="list-style-type: none">▪ International competitions▪ Masters or open competitions▪ Invitational competitions	



ELIGIBILITY FOR ICF COMPETITIONS (LEVEL 1 TO 3)

- ❖ Only athletes who are members of clubs or associations affiliated with a National Federation have the right to participate in an ICF competition.
- ❖ The first year an athlete can compete in an ICF or international competition is the year of their 15th birthday.
- ❖ The last year an athlete can compete in the junior age group is the year of their 18th birthday.
- ❖ The last year an athlete can compete in the U23 age group is the year of their 23rd birthday.
- ❖ An athlete can compete in a masters event in the year that they reach the lower limit of the age group. The masters' age groups are defined by each discipline with a minimum age of 35 years.



ATHLETE SPORTING NATIONALITY CHANGE

- ❖ An athlete who has competed internationally at any level in the last three years requires authorisation from the ICF with the approval of the two National Federations involved in order to change sporting nationality.
- ❖ For an athlete to be eligible he/she must have lived in that country for the last two years or hold the nationality of the new country.
- ❖ The request must be made to the ICF by the new National Federation no later than 30 November the year before the athlete wants to compete.
- ❖ An athlete cannot compete for more than one National Federation in any calendar year (applies across all ICF disciplines).



UN REFUGEE ATHLETE

- ❖ An athlete that has no recognised country of sporting nationality and has official UN Refugee status can compete in ICF competitions. The request must be sent to the ICF Headquarters who will decide if the entry can be accepted in conjunction with the Technical Chair of the discipline.
- ❖ The Refugee athlete will hold the same status as a national team member from other countries and abide by ICF Statutes and Competition Rules.
- ❖ The Refugee must be allowed to compete in the National Championships in the country where he/she obtained UN Refugee status.
- ❖ Changes to the athletes UN Refugee status or the athlete obtains a sporting nationality will activate the ICF rules for sporting nationality.



APPEAL TO THE ICF BOARD OF DIRECTORS

- ❖ A participating National Federation can appeal to the ICF Board of Directors if, after the end of the competition, new facts become known that would substantially affect a decision made at the competition.
- ❖ Matters of fact during the competition cannot be contested in an appeal.
- ❖ An appeal to the ICF Board of Directors must be submitted within 30 days following the end of the competition accompanied by a fee of 75 Euros. The fee will be refunded if the appeal is upheld.
- ❖ The ICF Board of Directors makes its decision and addresses it in writing to the National Federation.



DISQUALIFICATION FOR UNSPORTSMANLIKE BEHAVIOUR

- ❖ An athlete who attempts to win a competition by irregular means, willfully breaks the rules, or who contests their validity, as deemed by the officials, may be disqualified for the competition (DQB)
- ❖ For disqualification after competition caused by doping or ineligibility the following must be completed:
 - ❖ Deletion of all achieved results and rankings of boat(s) (DQB);
 - ❖ Re-calculation of all results accordingly;
 - ❖ Production of the revised version of all affected outputs (results, summaries, medals.



ANTI-DOPING

- ❖ Doping is strictly forbidden.
- ❖ The anti-doping programme must be conducted in accordance with the ICF anti-doping control regulations under the supervision of the ICF medical and anti-doping committee.
- ❖ Athletes and support personnel entered in any ICF competition or continental championships must complete the ICF's anti-doping education programme or equivalent before competing or risk being denied entry to the competition.

TRADEMARKS AND ADVERTISING

- ❖ The advertising of tobacco smoking and strong spirit drinks is not permitted.
- ❖ Boats, accessories, and clothing may carry trademarks, advertising symbols and written text.
- ❖ Images, symbols, slogans, and written text unrelated to sport funding or any political messages are not permitted.
- ❖ All advertising materials used should be placed in such a way that they do not interfere with athletes' identification and do not affect the outcome of the race.



ITO EXAMINATION

- ❖ Only National Federations are entitled to nominate candidates for examination at least 30 days before the examination.
- ❖ The examination will be carried out in English and will be based on their knowledge of the ICF statutes and the ICF rules.
- ❖ After completion of the examination the officials' cards for those who passed the exam are issued and sent to the National Federations.
- ❖ The officials' cards expire after four years.

ITO NOMINATION FOR ICF COMPETITIONS

- ❖ Only National Federations are entitled to nominate ITOs for ICF competitions level 1 and 2.
- ❖ The deadline for submitting ITO proposals for each discipline is the 31st of December the year prior to the competition.
- ❖ The Technical Chair will present a list of Officials to the ICF Board of Directors for their approval at the latest by (1st) March.



QUESTIONS?



PRINCIPAL RULE (PR) ATHLETE EQUIPMENT

BOAT SPECIFICATIONS

BOATS	K1	K2	K4	C1	C2	C4
MAX LENGTH (cm)	520	650	1100	520	651	900
MAX WEIGHT (kg)	12	18	30	14	20	30

CONSTRUCTION

- ❖ The length of a kayak or a canoe must be measured between the extremes of the bow and the stern.
- ❖ The hull must not be concave (horizontally and vertically respectively).
- ❖ The deck construction must not be higher than the highest point of the front edge of the first cockpit.
- ❖ No foreign substance may be added to the surface of the boats which can give the athlete an unfair advantage.
- ❖ No part of the boat (including the seat and the footrest) may have moving parts which can be used to help propel the boat in a way which would give athletes an unfair advantage.



PRINCIPAL RULE (PR) ATHLETE EQUIPMENT

KAYAK

- ❖ Boats may have maximum of one rudder and must be placed under the hull of the boat.
- ❖ The boat must be designed for athletes to sit-in (Kayak type) not a sit-on top (Surf Ski type).
- ❖ Kayaks will be allowed weed deflectors in front of the rudder.
- ❖ Kayaks must be propelled solely by means of a double-bladed paddle.

CANOE

- ❖ Steering rudders or any guiding apparatus directing the course of the canoe are not allowed.
- ❖ Permanent knee rests attached in a definitive way to the floorboard are allowed. .
- ❖ The C1 and C2 boats may be entirely open. The (min) length of the opening must be 280cm, (max) of three strengthening bars (max) width of 7cm each.
- ❖ The C4 canoe may be entirely open, the (min) length of the opening must be 390cm, (max) of four strengthening bars (max) width of 7cm each.
- ❖ Canoes must be propelled solely by means of a single-bladed paddle.



OFFICIAL BOATS RECOGNIZED BY ICF

K1	Kayak single
K2	Kayak double
K4	Kayak four
C1	Canoe single
C2	Canoe double
C4	Canoe four
SUP	Stand up paddling board

DISTANCES

- ❖ The official distances recognised by the ICF are: 200m, 500m, 1000m and 5000m.



HEATS AND FINALS

- ❖ At least three kayaks or canoes must be entered before the race can be held. If the number of entries in races is higher than the number of lanes, heats are necessary.
- ❖ The division of the the boats into heats should be determined by drawing lots or by ICF World Ranking.
- ❖ When making the draw, the heats should have the same number of athletes or a maximum of one additional athlete in a heat (e.g. heat 1 – 8 athletes, heat 2 – 7 athletes).

LONG DISTANCE

- ❖ Heats should not be held, and all athletes taking part should start simultaneously.
- ❖ Should the width of water or other conditions not permit a simultaneous start, a Grid Start or starts at regular intervals should be permitted.



COURSE

- ❖ The standard ICF course for International Competitions is nine lanes. For Continental Olympic Qualification and Olympic Games is eight lanes. The course must provide fair and equal racing conditions for all crews racing in separate, parallel lanes over the distances.
- ❖ For Olympic Games, Olympic Qualification, World Championships and World Cups, the standard course must be provided with technical installations and equipment as defined in the “ICF Technical Manual for Canoe Sprint Championships”.

LAYOUT

- ❖ Both the start and finish lines must be marked with red flags and red buoys at the points where lines intersect the outer limits of the course. The start and the finish lines must be at right angles to the course.
- ❖ The standard course consists of up to nine lanes. Each lane must be at least nine meters. The depth of the water in the entire course must be at least two meters.
- ❖ The last buoys must be marked from one to nine and zero. The numbering goes from the left to the right. When there is television coverage the lane numbering may be in the opposite direction - from right to left.



COURSES (LONGER THAN 1000M)

- ❖ The start position numbering will be decided by the Chief Official. It will be announced at the TLs meeting.
- ❖ The turning points are to be marked by at least six flags. The flags must be diagonally divided, with one half in red and the other half in yellow.
- ❖ The red flags on the finish line should be placed as far to the outside as possible in order to get the widest feasible finish line.
- ❖ All starting pontoons are to be removed if necessary.



INSTRUCTIONS FOR TEAM LEADERS AND ATHLETES

The preliminary draw should be available at the competition venue, at the latest 48 hours before the first race of the competition.

- ❖ The following information should be available for each Team Leader at least five hours before the beginning of the competition:
- ❖ Detailed information on the course(s) and their markings;
- ❖ Detailed competition schedule;
- ❖ Type of boat control;
- ❖ Time and place of the awards ceremony.



TEAM LEADERS MEETING

- ❖ At least 12 hours before the first race of the competition, the Team Leaders Meeting is to be held.
- ❖ The organisers will describe the racing course and all other arrangements which should be adhered to for the duration of the competition.
- ❖ The Chief Official will describe the competition schedule.

ALTERATION OF ENTRIES AND WITHDRAWS

- ❖ Any athlete named in the final entry of his/her country may substitute in any other event.
- ❖ Notification of alterations of the entries must be given in written form to the Chief Official up to the Team Leaders meeting.
- ❖ The Chief Official may in exceptional circumstances accept late alterations. Late alterations must be given in a written form to the Chief Official at least one hour before the first race of the morning or afternoon session.
- ❖ The withdraw of an entry is final.
- ❖ If an athlete is unable or prevented to compete (e.g., proven illness or injury) in a crew boat the Competition Committee may allow the other eligible athlete(s) from that boat to be entered in other events.



BOAT AND PERSONAL NUMBERS

- ❖ All boats should carry a boat number. A vertical plate, made of non-transparent material, marked with black numbers on a white background.
- ❖ The size of the number plate should be 18x20cm. The numbers on the plate must be on each side and must measure 15cm in height and 25mm in thickness.
- ❖ The personal (bib) numbers will be provided by the HOC and must be placed on the back and/or on the front of the athlete as required by the HOC. The title or main sponsors name may be shown on the front side with the personal numbers.



START

- ❖ The start line must be marked by two red flags and two red buoys.
- ❖ Athletes must be on the water at the starting area, not less than three minutes prior to the specified start time of their race.
- ❖ Two minutes before the defined starting time the competing boats must be in their allocated race lane.
- ❖ The start must commence without reference to any absentees.
- ❖ When all boats are properly aligned the Aligner/Course Umpire will raise a white flag.
- ❖ The starter will start the race when he/she is satisfied.



START PROCEDURE

- ❖ The starting command will be “Ready – Set – Go” (or signal)
- ❖ At the “Ready” command the athletes begin their preparation to paddle.
- ❖ At the “Set” command the athletes must not paddle forward, or this action will be deemed to be a false start.
- ❖ The Starter when satisfied with the athletes positioning and attention will say “Go” (or signal).
- ❖ The athletes must only react to the start signal/ “Go” and are not permitted to anticipate the start.



FALSE START

- ❖ In the case of a false start, the Starter must immediately give a loud buzzer sound signal.
- ❖ Before the new start, the Starter must identify the offending athlete(s) and give them a warning.
- ❖ In the case of a second false start by the same athlete/crew, they will be disqualified (DSQ) from the race and must leave the starting area and the course immediately.

DID NOT START

- ❖ If an athlete/crew does not start, and has no valid reason approved by the Competition Committee, they will be disqualified for the remaining races of the competition (DNS).
- ❖ An athlete/crew, who arrives too late at the start, should be considered to have voluntarily withdrawn and will be disqualified for the remaining races of the competition (DNS).

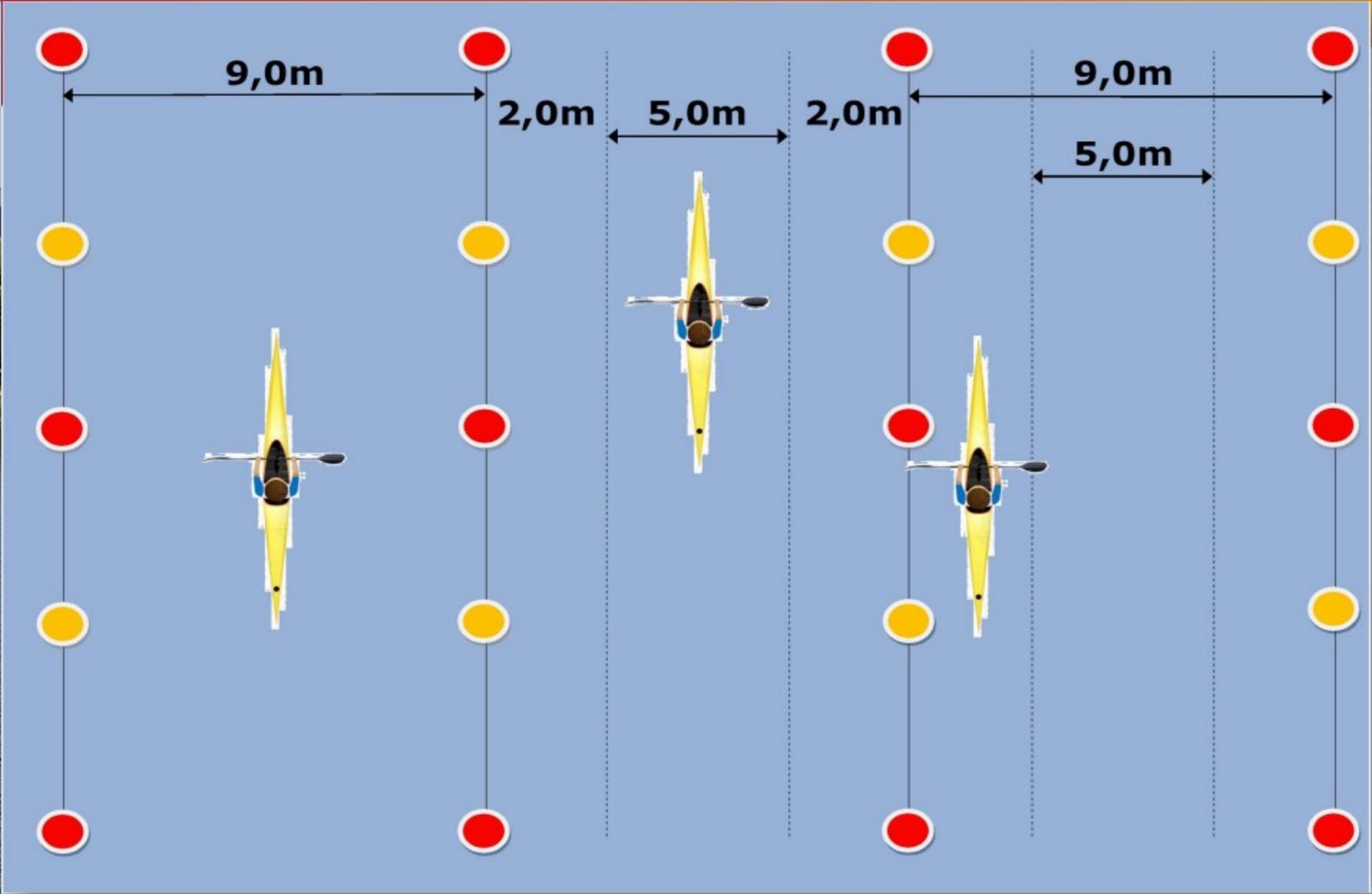


PADDLING ON THE COURSE

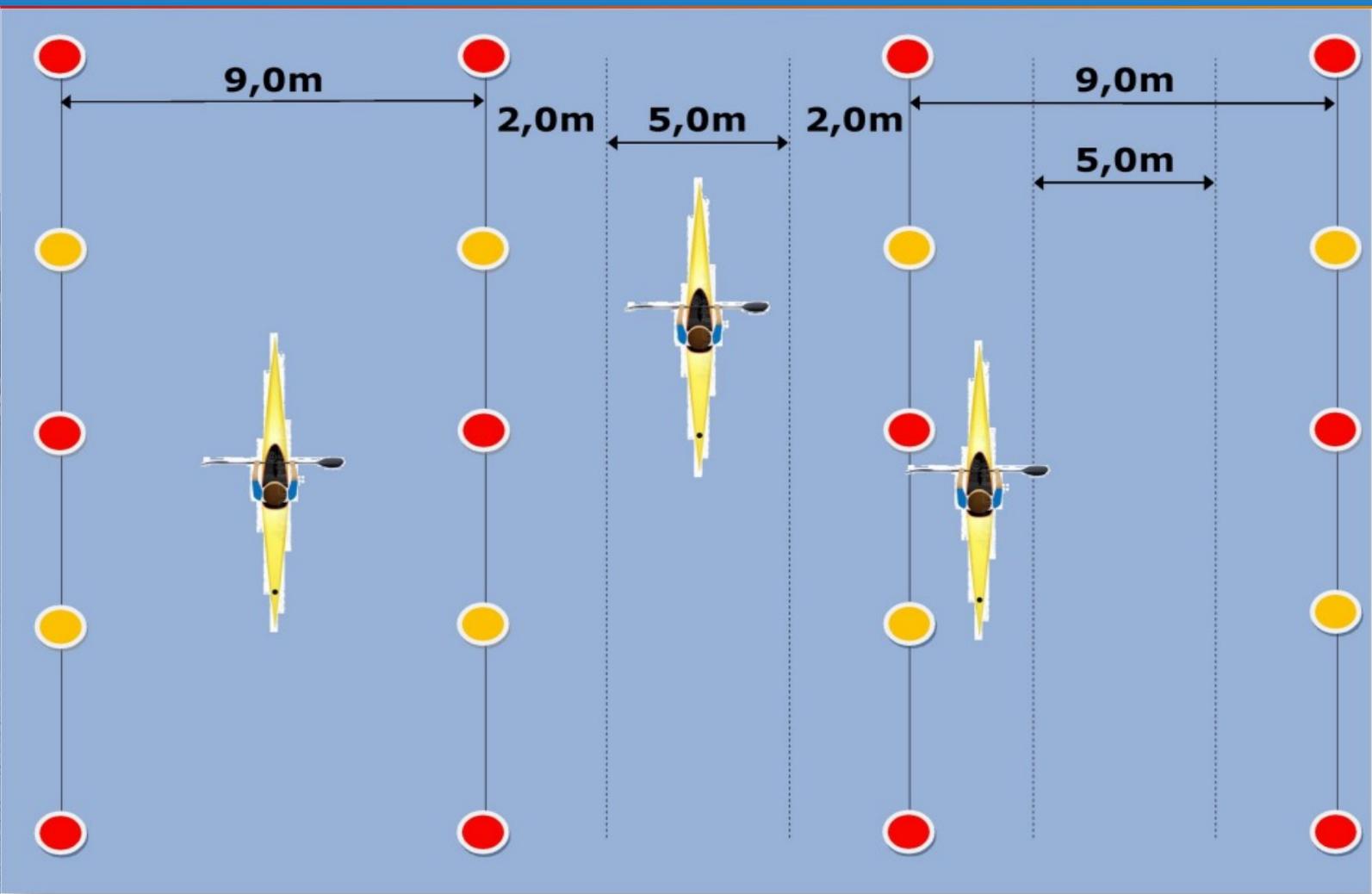
- ❖ In races up to 1000 meters, athletes must keep the whole of their boat within the 5mtr wide central area of their lane from the start to the finish. Upon any deviation, the boat must immediately go back to this central area of the lane.
- ❖ If a boat fails to actively return and/or gains an advantage in the race, the boat may be disqualified from the event (DSQ).
- ❖ A boat which leaves its allocated lane, must be disqualified (DSQ) from the event.
- ❖ If there is a capsize the athlete/crew is eliminated (DNF) from the race.
- ❖ If a paddle is broken, the athlete cannot be provided with a new one.
- ❖ The Course Umpire can interrupt a race if unforeseen hindrances arise.
- ❖ No external assistance accepted.



SPORT RULE (SR) COMPETITION



SPORT RULE (SR) COMPETITION



QUESTIONS?



LONG DISTANCE RACES

Races of more than 1000 meters distance:

- ❖ Athletes may deviate from their lane, providing they do not impede other athletes.
- ❖ When a race is run on a course with turning points, these must be passed to port (e.g., in an anti-clockwise direction).
- ❖ An athlete will not be disqualified for touching a turning point buoy.
- ❖ If there is a capsize the athlete is eliminated (DNF) from the race if they are not able to get in the boat.
- ❖ If equipment is broken during the race (e.g., paddle, boat, rudder, etc) athletes can receive help safely to fix the equipment or to get a replacement.



GROUP RACING AND OVERTAKING

- ❖ When a boat is overtaking another boat, it is the duty of the overtaking boat to keep clear of other boat at all times.
- ❖ When athletes are racing in a group it is the duty of all the athletes in the group to keep clear at all times. This rule applies to any maneuvering within the group.

FAILING TO FOLLOW THE CORRECT COURSE

- ❖ Should an athlete have failed to follow the correct course of the race (for example missed a turning buoy) the athlete has broken the racing rules and will be subject to a penalty.
- ❖ If the Course Umpire believes the athlete has gained no positional advantage on other athletes: A time penalty of 10 seconds will be given to the offending athlete.
- ❖ If the athlete has gained a major advantage and obtained positional places in the race by not following the course: A disqualification (DSQ) will be imposed.
- ❖ Should a buoy be missed as a result of a collision in group racing during a turn this will be investigated and the boat that caused the collision will be penalised or disqualified (DSQ). The athlete who missed the buoy due to collision will not be penalised.



COLLISION OR DAMAGE

- ❖ A collision is when any part of an athlete's boat or paddle touches another athlete's boat or paddle and disadvantages that athlete in any way.
- ❖ Any athlete who is considered by a Course Umpire or the Chief Official to have been responsible for a collision, who damages the boat or paddle of another athlete, unnecessarily deviates from the direct racing line, deliberately blocks or impedes the path of an athlete may be penalised or disqualified.
- ❖ If it is considered that other paddlers have only had some minor disadvantage compared to other athletes as a result of the incident the responsible athlete will get a time penalty of 15 seconds.
- ❖ If it is considered that the incident has caused other paddlers a major disadvantage the penalty will be disqualification (DSQ) of the offending athlete.



LAPPED BOATS

- ❖ Athletes who have been lapped will end their race before they have completed the full race distance. The point where they will end their race is the next time they cross the finish line.
- ❖ They must not interrupt or block boats that overtake them. They are not allowed to wash ride on the boats that overtake them.
- ❖ Their current rank will be recorded and included in the results. No time will be taken.
- ❖ If a lapped athlete does not stop at the next time he/she crosses the finish line and does not leave the course after that, he/she will be disqualified (DSQ).

LAST PLACE KNOCK OUT

- ❖ In long distance races with circuit laps the lowest positioned athlete at the end of each lap will finish the race on that lap. The position of that athlete will be recorded in the results but with no time and will be listed above any lapped athletes in the race from that lap. That rule applies only for races with 10 or more boats on the start line.



FINISH

- ❖ The boat has finished the race when its bow crosses the finish line with all crew members in it.
- ❖ The Finish Line Judges will determine the result of the competition based on the order of the boats arriving.
- ❖ If two or more boats cross the finish line at the same time, they get the same classification in the final ranking.

DEAD HEAT

- ❖ If there are sufficient number of lanes available in the next phase, a drawing of lots will determine to which race these boats will advance. It is also possible to use lane number zero or 10.
- ❖ Where there are not enough lanes available there will be a re-race between the boats involved after the last race of the day, or half-day programme or drawing lots. The decision will be made by the Chief official;



ATHLETES AFTER THE RACE

- ❖ The athletes must leave the course after the finish of the race and cannot disturb the next race.
- ❖ The boats selected by the Competition Committee for a boat control must immediately go to the post-race boat control.
- ❖ If selected for doping control, the athlete must comply with the obligations stipulated in the ICF and WADA doping rules.
- ❖ Before the awards ceremony the top three athletes/crews of the final must be present at the location and time indicated.
- ❖ At the World Championships, World Cups and Olympic Games the athletes must wear their National uniform and shoes at the awards ceremony.



DISQUALIFICATIONS

- ❖ Any athlete who attempts to compete in a race by any other than honorable means or who breaks the racing rules, or who disregards the honorable nature of the racing rules will be penalised or disqualified from the race concerned (DSQ).
- ❖ Should an athlete/crew have completed a race in a boat which is shown upon inspection does not conform with the ICF rules will be disqualified (DSQ) from the race.
- ❖ It is forbidden to receive external assistance during a race.
- ❖ No athlete/crew may be accompanied along and adjacent to the racecourse by other boats while the race is in progress.
- ❖ No athlete/crew may receive assistance by using objects thrown into the course.
- ❖ All penalties or disqualifications must be confirmed by the Competition Committee in writing immediately, giving the reasons. The Team Leader of the athlete/team must acknowledge the receipt on the notice copy.
- ❖ The Competition Committee may discipline any athlete or Official whose behaviour is detrimental to the good order and conduct of the competition. The Competition Committee may disqualify him/her for that competition.



PROTEST

- ❖ A protest against the right of an athlete/crew to compete in a race must be addressed to the Chief Official and handed to the Competition Committee not later than one hour before the start of the first race of the competition.
- ❖ A protest made during a competition relating to an incident in the race must be in written form, addressed to the Chief Official and handed to the Competition Committee.
- ❖ If the protest is against a decision of the Competition Committee, the protest must be received not later than 20 minutes after the decision has been published at athlete's area notice board with exact time of publication.
- ❖ All protests must be accompanied by a fee of 75 Euros (or an equal sum in the local currency). The fee will be refunded if the protest is upheld.
- ❖ When a protest or a report is made against an athlete or a team, the Team Leader of the athlete/team in question should be presented with the protest or report to read.



APPEAL

- ❖ Team Leaders or other NF representatives have the right to appeal to the Jury against a decision of the Competition Committee on behalf of their athletes.
- ❖ The appeal must be handed to the Chair of the Jury in writing with reasons, not later than 20 minutes after the decision has been published at athlete's area notice board with exact time of publication.
- ❖ An appeal must be accompanied by a fee of 75 Euros (or an equal sum in the local currency). The fee will be refunded if the appeal is upheld.
- ❖ The appeal must be heard as soon as possible. Witnesses may be called.
- ❖ The decision of the Jury is final.



QUESTIONS?

