



Lee Valley White Water Centre International Slalom Training Sessions

British Canoeing and the Lee Valley White Water Centre are working together to facilitate training for international slalom paddlers in advance of the 2022 ICF Canoe Slalom Ranking Race and the 2023 ICF Canoe Slalom World Championships.

2022 ICF Canoe Slalom Ranking Race - Official Training

On Friday 16 September one training slot will be provided for each slalom athlete entered into the Ranking Race. Extreme Slalom athletes will also have access for Extreme Slalom training for one hour at the end of the day. Slots will be communicated after the close of entries.

2022 ICF Canoe Slalom World Championships – Official Training

Official Training for the 2023 Slalom World Championships will take place on the following dates:

- Training Period 1 - Monday 22 to Friday 26 May 2023
- Training Period 2 - Wednesday 6 to Sunday 10 September 2023
- Official Training - Tuesday 12 to Monday 18 September 2023

Further details will be communicated in the World Championships bulletin later this year.

Exclusive Course Bookings

Exclusive Hire of the Olympic Channel is available for a fee of £450.00 (p/hour) GBP inclusive of all taxes.

All sessions will be required to sign a booking agreement direct with the venue and send in advance of their session the following documents:

- Public Liability Certificate
- Risk Assessment

On arrival to the venue for the first agreed water session, you will be met by a member of the venue's senior team who will take you through the code of conduct for use of the venue. All rules must be adhered to throughout the hire period for the safety of all users.

Shared Sessions

For athletes wishing to paddle on shared sessions, the venue are identifying sessions which will be prioritized for Ranking Race and World Championship athletes.

The sessions

- Have a capacity of 30 paddlers per session
- £15 per person per session
- All participants will need to have attended a Centre facilities safety orientation (assessment)
 - Non Assessed paddlers will need to attend this on their first session



- International coaches will need to attend this if they would like access to bank side
- New venue users will be issued with a unique ID number so they can be added to the new booking system once it is in place and do not have to retake the assessment
- If coaches are accessing the bank they must be identifiable as an international coach (e.g. wear team uniform) and be wearing a buoyancy aid
- International paddlers will be prioritised
- If there are spaces available within 7 days of the sessions, these will be made available to the wider slalom community

Booking process

- Until a booking system is put in place all requests will be made via email to the Programme Coordinator Siran Cetin – siran.cetin@gll.org
- She will require:
 - Name
 - Nationality and Team
 - Sessions requested
 - Contact Email
- Lee Valley White Water Centre Membership details (if available)
- Siran will confirm the request and provide details of the booking
- Payment for all sessions booked will need to be made in person at the venue reception on the day of the first session booked.
- No shows without valid reason (see T&C) will be charged for the sessions missed before they can book any others.

On Arrival

- Check in at reception
- Make payment for any outstanding sessions + any additional equipment if required
- Collect session bib from reception
- Complete activity declaration
- Changing Rooms and Lockers are available for customer use. Personal belongings must not be left unattended in changing rooms.
- Any paddlers requiring an assessment will be given a time to meet a member of the activities team to go through the process.
- Access the water and begin the session

End of session

- Sessions duration is usually 60 minutes
- Once the session ends please make your way off the course and leave your numbered bib in the tubs provided



September 2022 Session Details

The first sessions we will be available in September in two waves. The first wave will be the main set of sessions if these fill we will open up to second wave of sessions.

	Suggested First Wave		Additional Sessions if first wave of sessions fill			
	Session AM	Session PM				
Wed 7th Sept	10:15 - 11:15	16:30 - 17:30				
Thurs 8th Sept	10:15 - 11:15	18:00 - 19:00	14:15-15:15			
Fri 9th Sept	10:15 - 11:15	18:00 - 19:00				
Sat 10th Sept		18:30 - 19:30				
Sun 11th Sept		18:30-19:30	9:00 - 10:00	13:00 -14:00		
Mon 12th Sept			10:15-11:15	13:00-14:00	11:15-12:15	15:15-16:15
Tues 13th Sept	11:15-12:15	15:15-16:15				
Wed 14th Sept	10:15 - 11:15	16:30 - 17:30				
Thurs 15th Sept	10:15 - 11:15		18:00 - 19:00			
Fri 16th Sept	Ranking Race Official Training – British Canoeing will allocate sessions once entries close					

We will issue sessions for 2023 later this year.