

2016 ICF Canoe Sprint World Cup, Montemor

MC1 200m

S1

Race 66

04 JUN 2016

RACE DATA

Dist. [m]	CAN		ESP		INA		IRI		POR		KOR		LTU		GER			
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
190	3.3	93	3.6	81	3.7	90	3.4	80	3.9	91	3.6	86	3.5	91	3.6	90		
180	4.6	95	3.8	85	4.4	83	4.5	82	5.0	91	4.4	88	4.6	90	4.5	90		
170	5.1	96	4.1	85	4.6	82	5.2	82	5.3	91	4.9	88	5.1	90	4.7	90		
160	5.1	95	4.6	86	4.6	81	5.3	84	5.3	91	5.0	89	5.3	89	4.8	89		
150	5.1	93	5.0	86	4.9	81	5.2	84	5.4	88	5.2	89	5.1	88	4.8	89		
140	5.1	90	5.0	85	5.0	81	5.2	81	5.2	85	5.2	87	5.1	86	4.8	88		
130	5.2	88	5.0	83	4.9	80	4.9	80	5.3	81	4.9	85	5.3	85	4.9	88		
120	5.1	88	4.7	83	5.1	81	5.2	79	5.1	79	5.1	84	5.1	85	5.0	87		
110	4.9	86	4.8	83	4.5	82	4.9	79	5.1	77	5.0	83	4.9	84	4.8	86		
100	4.9	85	4.9	83	4.6	81	5.1	78	5.0	77	4.7	81	5.1	83	4.8	86		
90	5.0	83	4.9	81	4.8	77	4.8	77	5.1	76	4.5	80	5.0	81	4.7	85		
80	4.9	82	4.9	81	4.7	80	5.0	75	4.9	77	4.8	79	4.8	80	4.6	84		
70	4.6	80	5.0	79	4.7	80	4.5	75	5.0	78	4.8	78	4.9	79	4.5	83		
60	4.6	79	4.7	79	4.5	81	4.7	74	4.9	79	4.5	76	4.9	78	4.5	83		
50	4.6	78	4.4	77	4.5	80	4.8	73	4.7	79	4.6	76	4.6	77	4.2	83		
40	4.6	78	4.4	76	4.5	78	4.4	73	4.9	79	4.6	76	4.7	76	4.1	82		
30	4.4	78	4.5	75	4.5	79	4.8	73	4.5	77	4.4	75	4.4	75	4.1	82		
20	4.1	75	4.3	74	4.5	77	4.6	73	4.5	75	4.2	74	4.4	73	4.2	81		
10	4.0	73	4.3	73	4.2	75	4.3	73	4.6	73	4.2	74	4.5	72	4.2	80		
0	4.5	72	4.6	72	4.4	73	4.8	74	4.3	71	4.5	73	4.8	71	4.5	79		