

2016 ICF Canoe Sprint World Cup, Montemor

MK2 1000m

S1

03 JUN 2016

Race 28

RACE DATA

Dist. [m]	INA		USA		CAN		SLO		UKR		FRA		GER		NED		SIN	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990																		
980	1.1	122	1.2	139	1.1	142	1.1	125	1.2	134	1.1	131	1.1	139	1.0	130	0.9	127
970	1.9	121	2.1	139	2.0	142	2.0	125	2.0	134	1.9	130	2.0	139	1.8	129	1.8	127
960	2.5	120	2.8	139	2.6	142	2.6	125	2.7	134	2.6	130	2.7	138	2.4	128	2.4	127
950	3.2	120	3.4	139	3.3	142	3.2	125	3.3	133	3.2	130	3.2	137	2.9	128	2.8	127
940	3.5	120	3.8	139	3.7	141	3.6	125	3.7	133	3.6	130	3.7	136	3.3	127	3.3	127
930	3.9	119	4.2	139	4.1	141	4.0	125	4.1	133	3.9	130	4.0	136	4.4	125	4.0	126
920	5.0	114	5.2	138	5.0	140	5.0	124	5.0	132	5.1	128	4.9	135	4.7	120	4.7	125
910	5.2	110	5.4	135	5.3	137	5.2	122	5.3	129	5.3	126	5.2	131	4.8	117	4.7	124
900	5.2	109	5.3	132	5.2	134	5.1	120	5.2	127	5.2	125	5.2	126	4.8	117	4.6	123
890	5.1	108	5.3	130	5.2	132	5.0	117	5.2	123	5.1	123	5.1	122	4.8	117	4.6	122
880	5.0	108	5.3	127	5.2	129	5.0	114	5.2	120	5.0	121	5.1	120	4.7	117	4.5	121
870	5.0	106	5.2	125	5.0	126	4.9	112	5.0	116	5.0	119	5.0	118	4.7	117	4.4	119
860	4.8	103	5.1	125	5.0	125	4.8	109	5.0	114	4.8	117	4.9	117	4.7	115	4.4	117
850	4.8	102	5.1	123	4.9	123	4.7	107	5.0	113	4.7	116	4.8	115	4.7	114	4.3	113
840	4.7	101	5.0	122	4.9	122	4.6	105	5.0	113	4.7	115	4.8	115	4.6	113	4.2	112
830	4.7	101	4.9	120	4.8	119	4.6	104	4.8	111	4.7	115	4.7	115	4.7	112	4.2	112
820	4.5	100	4.9	118	4.8	118	4.6	104	4.7	110	4.6	113	4.7	114	4.7	110	4.2	112
810	4.5	100	4.8	118	4.7	118	4.5	103	4.7	108	4.5	112	4.6	113	4.7	110	4.3	111
800	4.5	100	4.9	117	4.7	117	4.5	101	4.7	107	4.4	111	4.6	112	4.6	109	4.3	109
790	4.4	100	4.8	117	4.7	116	4.5	101	4.6	106	4.4	110	4.6	111	4.6	109	4.2	109
780	4.4	100	4.7	115	4.7	115	4.5	100	4.6	105	4.4	110	4.6	110	4.6	109	4.2	107
770	4.5	100	4.7	115	4.6	115	4.4	100	4.6	104	4.4	109	4.5	108	4.6	108	4.2	107
760	4.3	100	4.6	113	4.6	114	4.4	99	4.6	104	4.4	108	4.5	107	4.6	106	4.2	107
750	4.4	99	4.6	113	4.6	114	4.4	100	4.5	104	4.4	107	4.4	106	4.6	105	4.2	108
740	4.5	99	4.6	112	4.6	114	4.4	99	4.6	104	4.5	106	4.5	106	4.6	105	4.1	107
730	4.5	99	4.6	112	4.6	113	4.5	98	4.5	104	4.6	107	4.5	106	4.6	105	4.2	106
720	4.5	98	4.5	111	4.6	113	4.5	97	4.5	103	4.6	108	4.5	107	4.6	104	4.2	106
710	4.5	98	4.5	110	4.6	113	4.5	97	4.5	102	4.5	108	4.5	106	4.5	104	4.2	106
700	4.5	98	4.4	110	4.6	113	4.5	97	4.6	102	4.5	107	4.5	106	4.5	103	4.2	106
690	4.5	98	4.4	108	4.6	113	4.5	97	4.5	102	4.4	107	4.5	106	4.5	103	4.1	105
680	4.4	97	4.4	107	4.5	112	4.5	97	4.4	102	4.4	105	4.5	106	4.5	102	4.1	103
670	4.3	97	4.4	107	4.4	112	4.5	97	4.4	101	4.4	106	4.5	106	4.5	101	4.1	103
660	4.3	97	4.2	107	4.5	112	4.5	98	4.4	100	4.3	105	4.5	106	4.4	101	4.0	102
650	4.3	97	4.3	107	4.4	111	4.5	99	4.4	100	4.3	104	4.5	105	4.4	101	4.1	102
640	4.3	97	4.3	106	4.5	109	4.4	98	4.4	100	4.3	103	4.5	105	4.4	100	4.0	102
630	4.3	97	4.3	106	4.4	109	4.4	97	4.4	100	4.3	103	4.5	106	4.4	99	4.0	102
620	4.2	95	4.2	106	4.4	109	4.4	97	4.5	100	4.3	103	4.5	106	4.3	98	4.0	102
610	4.2	95	4.2	106	4.4	109	4.3	97	4.5	100	4.2	102	4.5	106	4.3	98	4.0	102
600	4.2	95	4.2	105	4.4	108	4.4	97	4.5	100	4.3	102	4.5	106	4.2	98	4.0	102
590	4.2	96	4.2	105	4.4	108	4.4	98	4.5	100	4.2	102	4.4	105	4.2	98	4.0	103
580	4.2	95	4.1	104	4.4	108	4.4	98	4.5	99	4.2	101	4.5	105	4.2	98	4.1	103
570	4.1	96	4.0	104	4.3	108	4.4	98	4.4	99	4.4	101	4.4	104	4.1	98	4.3	104
560	4.2	96	4.0	102	4.3	107	4.4	98	4.4	98	4.5	105	4.4	104	4.0	98	4.5	105

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
550	4.2	96	4.2	104	4.3	106	4.4	97	4.4	98	4.5	105	4.4	104	4.0	98	4.6	107
540	4.1	96	4.4	106	4.3	106	4.4	97	4.4	98	4.4	107	4.4	103	4.0	98	4.6	110
530	4.1	96	4.3	107	4.3	106	4.4	97	4.3	97	4.4	106	4.4	103	4.0	98	4.6	111
520	4.0	96	4.2	108	4.3	106	4.4	97	4.2	97	4.3	106	4.4	102	4.1	97	4.6	112
510	4.0	96	4.2	106	4.3	106	4.4	97	4.3	96	4.3	106	4.3	102	4.1	97	4.5	112
500	4.1	96	4.1	105	4.2	105	4.4	97	4.4	96	4.3	105	4.4	103	4.1	97	4.3	111
490	4.2	96	4.1	104	4.3	105	4.4	97	4.5	96	4.4	105	4.4	103	4.2	98	4.2	110
480	4.1	95	4.2	102	4.4	105	4.5	98	4.5	98	4.4	104	4.4	103	4.3	99	4.2	108
470	4.1	95	4.2	103	4.4	105	4.4	98	4.5	98	4.3	104	4.4	103	4.4	100	4.2	107
460	4.0	95	4.1	103	4.4	106	4.4	97	4.5	100	4.4	103	4.5	104	4.4	100	4.1	105
450	3.9	94	4.1	102	4.3	106	4.4	97	4.6	100	4.3	102	4.5	104	4.4	101	4.0	105
440	4.0	95	4.1	101	4.4	106	4.3	96	4.5	100	4.2	101	4.5	105	4.3	101	4.0	105
430	4.0	95	4.0	101	4.4	106	4.4	97	4.5	100	4.2	100	4.4	104	4.3	100	4.0	105
420	4.0	95	4.1	100	4.3	105	4.5	97	4.6	100	4.2	100	4.5	104	4.2	97	3.9	104
410	3.9	94	4.1	99	4.3	104	4.4	98	4.5	100	4.3	100	4.5	104	4.3	97	3.9	102
400	3.9	93	4.2	100	4.2	104	4.4	98	4.5	100	4.2	100	4.5	104	4.2	97	4.0	103
390	3.9	93	4.1	100	4.3	105	4.5	97	4.5	100	4.1	99	4.5	104	4.2	97	4.1	103
380	3.9	95	4.1	100	4.3	104	4.4	97	4.5	100	4.1	98	4.4	104	4.1	97	4.3	105
370	3.9	95	4.0	100	4.2	104	4.5	97	4.5	100	4.1	98	4.4	104	4.0	97	4.4	107
360	3.9	94	3.9	99	4.2	104	4.4	97	4.5	101	4.1	99	4.4	104	3.9	96	4.5	108
350	4.0	93	3.9	98	4.3	105	4.4	97	4.5	102	4.0	98	4.4	103	3.8	95	4.5	110
340	4.0	93	3.8	98	4.2	105	4.4	97	4.4	102	4.0	96	4.4	103	3.9	96	4.4	111
330	3.9	94	3.7	97	4.3	105	4.4	97	4.5	101	4.2	98	4.4	103	4.1	97	4.2	111
320	4.1	95	3.8	98	4.3	105	4.4	97	4.5	102	4.3	99	4.3	103	4.1	98	4.1	109
310	4.1	95	3.9	97	4.3	105	4.4	97	4.5	102	4.2	101	4.4	103	4.1	98	3.9	107
300	4.0	95	4.0	98	4.3	107	4.4	97	4.5	102	4.2	101	4.4	104	4.0	97	3.8	106
290	4.0	95	4.1	98	4.3	107	4.4	97	4.5	102	4.3	102	4.4	104	4.0	96	3.8	106
280	4.0	94	4.1	98	4.4	107	4.4	97	4.6	102	4.3	102	4.3	104	4.0	95	3.9	105
270	4.0	94	4.2	97	4.4	107	4.5	97	4.6	102	4.1	102	4.3	103	3.9	95	3.9	105
260	3.9	94	4.2	99	4.3	107	4.5	97	4.5	102	3.9	100	4.3	102	3.9	94	4.0	106
250	3.9	94	4.3	100	4.3	107	4.5	97	4.5	102	3.8	98	4.3	102	4.0	94	4.2	107
240	3.9	95	4.3	101	4.3	107	4.5	97	4.4	102	3.8	96	4.3	102	4.0	95	4.2	107
230	3.9	95	4.3	101	4.4	107	4.4	98	4.4	101	4.0	96	4.3	102	4.0	95	4.1	107
220	3.9	95	4.4	101	4.4	107	4.5	99	4.3	100	4.2	97	4.3	102	3.9	94	4.1	106
210	4.0	95	4.4	100	4.4	109	4.5	99	4.4	99	4.3	98	4.4	102	3.9	94	4.0	106
200	4.1	96	4.4	101	4.4	110	4.5	99	4.3	99	4.4	100	4.4	103	4.0	94	4.0	105
190	4.2	98	4.5	104	4.4	111	4.5	99	4.3	99	4.5	101	4.4	104	4.1	96	4.0	104
180	4.1	99	4.5	105	4.3	111	4.6	101	4.4	99	4.4	102	4.4	104	4.1	99	3.9	104
170	3.9	101	4.5	107	4.3	111	4.6	102	4.5	99	4.4	102	4.5	104	4.1	100	3.9	104
160	4.1	101	4.5	106	4.2	110	4.6	102	4.5	99	4.3	101	4.4	104	4.1	100	3.9	105
150	4.3	101	4.5	107	4.2	110	4.7	104	4.4	99	4.4	100	4.6	106	4.1	99	4.0	105
140	4.2	102	4.5	107	4.2	110	4.7	105	4.5	101	4.4	100	4.8	111	4.1	99	4.1	105
130	4.3	102	4.3	107	4.2	108	4.6	105	4.6	102	4.6	101	4.7	113	4.1	99	4.3	107
120	4.3	102	4.2	106	4.2	107	4.7	106	4.6	104	4.6	103	4.8	115	4.3	100	4.4	109

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Dist. [m]	INA		USA		CAN		SLO		UKR		FRA		GER		NED		SIN	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
110	4.3	102	4.3	106	4.1	107	4.6	106	4.6	104	4.5	105	4.9	116	4.3	100	4.4	110
100	4.3	103	4.2	106	4.1	108	4.6	106	4.6	105	4.5	107	4.8	116	4.2	102	4.3	110
90	4.1	103	4.4	107	4.2	108	4.5	105	4.6	105	4.4	106	4.8	115	4.3	103	4.3	111
80	4.1	104	4.3	107	4.2	108	4.5	104	4.6	105	4.2	104	4.8	114	4.3	102	4.3	111
70	4.3	104	4.2	107	4.2	107	4.5	103	4.6	105	4.0	102	4.8	114	4.3	103	4.5	112
60	4.3	105	4.3	106	4.2	108	4.5	102	4.7	106	3.9	99	4.8	114	4.4	102	4.5	113
50	4.5	105	4.3	106	4.3	108	4.4	101	4.7	107	4.0	97	4.8	114	4.3	102	4.6	117
40	4.5	107	4.4	106	4.3	109	4.4	100	4.7	108	3.9	96	4.8	115	4.3	102	4.7	120
30	4.4	108	4.4	105	4.2	108	4.4	100	4.7	108	4.2	97	4.8	115	4.2	103	4.7	121
20	4.4	109	4.4	106	4.1	107	4.3	100	4.6	108	4.3	99	4.8	115	4.2	102	4.8	122
10	4.4	109	4.3	105	4.1	106	4.3	98	4.6	108	4.3	101	4.8	115	4.1	102	4.7	122
0	4.4	107	4.3	103	3.9	106	4.0	95	4.5	106	3.7	100	4.7	115	4.0	103	4.6	121