

2016 ICF Canoe Sprint World Cup, Montemor

MK2 1000m

S2

03 JUN 2016

Race 29

RACE DATA

Dist. [m]	INA		ESP		KOR		CAN		CZE		POR		POR		POL			
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990																		
980	0.9	105	0.9	104	0.9	110	0.9	103	1.0	108	0.9	103	0.8	106	0.8	83		
970	1.6	105	1.7	104	1.6	110	1.7	103	1.8	108	1.7	103	1.6	106	1.5	83		
960	2.2	105	2.2	104	2.1	110	2.3	103	2.3	108	2.3	103	2.1	106	2.0	83		
950	2.6	105	2.7	104	2.6	110	2.8	103	2.9	108	2.7	103	2.5	106	2.4	83		
940	3.0	104	3.1	104	3.0	110	3.2	103	3.2	108	3.1	103	2.9	106	2.8	83		
930	3.3	104	3.4	103	3.3	110	3.5	103	3.5	107	3.4	103	3.2	106	3.0	83		
920	3.5	104	3.6	103	3.5	110	3.7	103	3.8	107	3.6	103	3.4	106	3.2	83		
910	3.7	104	3.8	103	3.7	110	3.9	103	4.0	108	3.8	103	3.6	106	3.4	83		
900	3.9	104	4.0	103	3.8	110	4.0	103	4.1	108	4.0	103	3.7	106	3.6	83		
890	4.0	104	4.1	103	4.0	110	4.2	103	4.3	107	4.1	103	3.8	106	3.6	83		
880	4.1	104	4.2	103	4.1	110	4.3	103	4.3	107	4.2	103	3.9	106	3.7	83		
870	4.2	104	4.2	103	4.1	110	4.3	103	4.4	107	4.3	103	4.0	106	3.8	83		
860	4.2	104	4.4	103	4.2	110	4.4	103	4.5	107	4.3	103	4.0	106	3.8	83		
850	4.3	104	4.4	103	4.2	109	4.4	102	4.5	107	4.4	103	4.1	106	3.8	83		
840	4.3	104	4.4	103	4.3	109	4.4	102	4.6	107	4.4	103	4.1	106	3.9	83		
830	4.3	104	4.5	103	4.3	109	4.5	102	4.6	107	4.5	103	4.2	106	3.9	83		
820	4.4	104	4.4	103	4.3	109	4.5	102	4.6	106	4.5	103	4.2	106	3.9	83		
810	4.4	104	4.5	103	4.4	109	4.5	102	4.7	107	4.5	103	4.2	106	4.0	82		
800	4.4	104	4.5	103	4.4	108	4.5	102	4.7	107	4.5	103	4.2	106	3.8	81		
790	4.4	103	4.5	103	4.5	108	4.5	101	4.7	107	4.5	103	4.3	106	3.7	80		
780	4.4	103	4.6	103	4.5	107	4.5	100	4.8	106	4.6	102	4.3	106	3.8	79		
770	4.4	102	4.6	102	4.5	106	4.5	99	4.7	106	4.6	102	4.3	106	3.9	79		
760	4.4	101	4.5	102	4.5	104	4.5	99	4.7	105	4.6	102	4.4	106	4.0	79		
750	4.4	101	4.5	101	4.5	104	4.5	99	4.6	104	4.5	101	4.4	106	3.9	80		
740	4.4	100	4.5	101	4.5	104	4.5	99	4.5	103	4.5	100	4.4	106	3.9	81		
730	4.3	99	4.4	101	4.5	104	4.5	99	4.6	102	4.6	100	4.4	106	3.9	81		
720	4.3	98	4.5	100	4.5	104	4.4	99	4.6	102	4.7	100	4.4	106	3.8	81		
710	4.3	98	4.5	100	4.5	103	4.5	99	4.6	103	4.6	101	4.4	106	3.9	79		
700	4.3	98	4.5	99	4.4	102	4.4	99	4.5	102	4.6	102	4.3	106	3.8	80		
690	4.3	98	4.4	99	4.5	103	4.4	98	4.5	101	4.5	102	4.3	105	3.7	80		
680	4.3	98	4.4	100	4.3	102	4.4	99	4.5	102	4.5	102	4.2	105	3.7	79		
670	4.3	98	4.5	99	4.3	102	4.5	99	4.5	101	4.5	102	4.0	104	3.7	79		
660	4.3	98	4.4	99	4.3	101	4.5	99	4.5	101	4.5	101	4.0	103	3.8	80		
650	4.3	97	4.4	99	4.3	101	4.5	99	4.5	101	4.5	101	4.0	103	3.7	80		
640	4.2	97	4.4	99	4.3	101	4.5	99	4.5	101	4.5	101	4.0	105	3.5	79		
630	4.2	97	4.3	99	4.3	101	4.5	99	4.5	101	4.5	101	4.2	105	3.6	79		
620	4.2	97	4.3	99	4.3	101	4.4	99	4.5	101	4.5	101	4.4	107	3.6	79		
610	4.3	97	4.3	99	4.2	101	4.5	98	4.5	101	4.5	101	4.5	109	3.6	79		
600	4.3	97	4.3	99	4.3	101	4.4	98	4.5	100	4.5	101	4.5	111	3.7	79		
590	4.3	97	4.4	98	4.3	102	4.4	98	4.5	100	4.5	100	4.6	112	3.8	79		
580	4.4	97	4.4	98	4.3	102	4.4	97	4.4	100	4.5	100	4.6	112	3.8	81		
570	4.4	97	4.4	98	4.3	102	4.4	97	4.5	100	4.5	99	4.6	111	3.8	82		
560	4.3	96	4.3	98	4.4	102	4.4	97	4.5	100	4.4	98	4.6	111	3.7	80		

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
550	4.3	96	4.3	98	4.4	102	4.3	97	4.5	100	4.4	98	4.5	111	3.6	79		
540	4.2	95	4.3	98	4.4	102	4.3	97	4.4	100	4.4	98	4.5	110	3.6	80		
530	4.2	95	4.3	98	4.3	103	4.3	97	4.3	100	4.4	98	4.4	110	3.6	81		
520	4.1	95	4.2	98	4.3	102	4.3	97	4.3	99	4.3	98	4.4	109	3.7	79		
510	4.0	95	4.3	98	4.2	101	4.3	97	4.3	99	4.3	98	4.4	108	3.6	79		
500	4.0	95	4.3	98	4.2	101	4.2	97	4.2	99	4.3	98	4.3	108	3.7	79		
490	4.0	95	4.4	99	4.3	104	4.3	97	4.3	99	4.3	98	4.2	108	3.7	79		
480	4.0	95	4.4	99	4.3	105	4.3	97	4.3	99	4.2	99	4.2	106	3.7	80		
470	4.0	95	4.3	99	4.4	105	4.3	97	4.3	99	4.2	99	4.2	105	3.8	80		
460	4.0	95	4.4	98	4.4	104	4.3	97	4.3	99	4.2	98	4.3	105	3.8	80		
450	4.0	95	4.4	97	4.4	104	4.3	97	4.2	98	4.3	97	4.4	105	4.0	81		
440	4.0	95	4.4	97	4.4	104	4.4	97	4.3	97	4.3	97	4.3	106	4.0	82		
430	3.9	95	4.4	97	4.4	104	4.4	97	4.3	97	4.2	97	4.3	106	3.8	82		
420	4.0	95	4.4	97	4.4	104	4.4	97	4.4	96	4.2	96	4.3	106	3.6	80		
410	4.0	95	4.4	97	4.3	103	4.4	98	4.4	96	4.3	96	4.3	106	3.6	80		
400	4.2	95	4.4	98	4.4	103	4.3	98	4.4	97	4.3	96	4.3	106	3.6	79		
390	4.2	97	4.4	98	4.4	103	4.3	98	4.3	97	4.4	96	4.3	106	3.7	79		
380	4.2	97	4.3	98	4.3	103	4.2	97	4.3	96	4.3	96	4.3	106	3.8	80		
370	4.2	97	4.3	98	4.4	103	4.3	97	4.3	96	4.3	96	4.3	106	3.7	81		
360	4.2	97	4.3	99	4.3	103	4.3	96	4.2	96	4.2	96	4.2	106	3.7	80		
350	4.1	97	4.3	98	4.3	104	4.5	96	4.2	96	4.2	95	4.2	106	3.7	80		
340	4.1	96	4.4	98	4.3	104	4.4	97	4.3	96	4.2	95	4.3	106	3.7	80		
330	4.1	95	4.5	98	4.4	104	4.5	98	4.3	96	4.3	93	4.3	106	3.7	79		
320	3.9	94	4.5	99	4.4	104	4.5	99	4.3	96	4.3	93	4.2	106	3.6	79		
310	3.8	93	4.5	99	4.4	104	4.4	99	4.3	95	4.3	93	4.2	106	3.6	79		
300	3.8	94	4.4	99	4.3	104	4.4	99	4.3	95	4.3	93	4.3	106	3.7	79		
290	3.9	96	4.5	99	4.3	103	4.4	99	4.3	95	4.3	93	4.2	106	3.7	79		
280	4.2	98	4.5	99	4.3	103	4.4	99	4.4	95	4.4	94	4.2	106	3.6	79		
270	4.3	98	4.4	98	4.3	104	4.4	99	4.3	95	4.3	96	4.3	107	3.7	79		
260	4.2	98	4.4	98	4.3	104	4.4	100	4.3	96	4.2	96	4.3	108	3.8	79		
250	4.3	98	4.4	98	4.3	103	4.4	101	4.3	96	4.3	96	4.3	109	3.9	80		
240	4.2	99	4.4	99	4.2	103	4.3	101	4.3	96	4.4	96	4.3	109	3.9	81		
230	4.3	100	4.3	99	4.3	102	4.3	99	4.3	96	4.3	96	4.3	108	3.8	80		
220	4.4	100	4.4	99	4.2	102	4.4	99	4.4	96	4.3	96	4.4	108	3.6	78		
210	4.3	100	4.4	99	4.2	102	4.4	101	4.3	96	4.4	96	4.4	108	3.5	78		
200	4.1	100	4.5	101	4.3	103	4.5	103	4.3	96	4.4	96	4.3	107	3.7	78		
190	4.0	99	4.6	103	4.2	104	4.5	105	4.5	98	4.5	97	4.3	107	3.8	79		
180	3.9	98	4.7	106	4.2	104	4.5	106	4.6	101	4.5	99	4.3	107	3.9	79		
170	4.0	97	4.8	107	4.2	105	4.5	107	4.6	102	4.6	100	4.4	106	4.0	80		
160	4.1	97	4.8	107	4.2	105	4.5	107	4.6	102	4.6	101	4.5	107	4.3	84		
150	3.9	97	4.8	108	4.1	106	4.5	108	4.5	102	4.5	100	4.5	108	4.4	87		
140	3.9	96	4.8	109	4.2	105	4.4	108	4.4	101	4.5	101	4.5	110	4.5	89		
130	3.9	95	4.7	110	4.3	104	4.4	108	4.4	100	4.6	103	4.5	111	4.5	89		
120	3.9	95	4.7	110	4.4	104	4.4	107	4.4	100	4.8	105	4.5	112	4.6	89		

RACE DATA

Dist. [m]	INA		ESP		KOR		CAN		CZE		POR		POR		POL			
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
110	3.9	94	4.7	110	4.5	104	4.5	107	4.5	101	4.7	107	4.5	112	4.7	91		
100	3.9	94	4.7	110	4.5	105	4.6	108	4.7	105	4.7	107	4.5	112	4.7	92		
90	3.9	94	4.7	109	4.5	106	4.6	109	4.8	109	4.8	107	4.6	112	4.7	94		
80	3.9	96	4.6	109	4.6	107	4.5	110	4.8	112	4.8	108	4.6	112	4.7	94		
70	3.8	95	4.6	109	4.6	108	4.4	110	4.8	112	4.8	108	4.6	112	4.6	94		
60	3.8	93	4.6	109	4.6	109	4.3	109	4.8	112	4.8	109	4.6	113	4.6	93		
50	3.9	93	4.6	108	4.6	111	4.3	108	4.7	111	4.8	109	4.7	113	4.4	91		
40	3.9	93	4.6	108	4.6	111	4.2	108	4.7	111	4.7	109	4.7	114	4.4	90		
30	3.9	93	4.6	107	4.6	111	4.2	108	4.7	111	4.7	108	4.8	114	4.4	88		
20	4.0	93	4.7	108	4.6	110	4.2	106	4.7	110	4.6	109	4.7	114	4.4	88		
10	4.1	93	4.6	108	4.6	109	4.2	105	4.5	108	4.6	108	4.7	113	4.4	88		
0	4.0	94	4.5	107	4.5	108	4.1	104	3.9	106	4.0	105	4.6	113	4.1	88		