

**2019 ICF PARACANOE
PHYSICAL ASSESSMENT CHART FOR THE LEGS
KAYAK**

Athlete Name **Federation**

REMINDER: When the athlete has > 50% active SSROM, muscle strength is used for ICF Paralympic classification. When active ROM is reduced to < 50% of SSROM, loss of passive range, rather than strength, may be the limiting factor to athlete performance. A combination of the reduced range and strength is then used to decide the score. Refer to the manual if unsure.

Functional Assessment	Muscle Strength through Sport specific ROM (0 – 2 Scale)		Medical classifier's comments and observations
LOWER LIMBS	RIGHT	LEFT	
HIPS			
Flexion 75° - 110°			
Extension 110° - 75°			
KNEE			
Flexion 0° - 55°			
Extension 55° - 0°			
ANKLE			
Plantarflexion 0° - 40°			
Dorsiflexion 40 - 0°			
Leg Press			
TOTAL LOWER	/14	/14	
DIFFERENTIAL (-)			

Total number of points scored = /28

Does athlete meet minimal eligibility criteria? (loss of 4 points on one limb) If NO, athlete is classed as Not Eligible (NE)	YES	NO
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Which cluster does this score fit into? (tick one box)	Cluster 1 (0-2 points)	Cluster 2 (3-17 points)	Cluster 3 (18-24 points)
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NOTE : This cluster number needs to be added to the cluster numbers for the Trunk Assessment and the On-water Observation, to give the athletes overall score.