

WK2 500m

H2

Race 14

27 MAY 2016

RACE DATA

Dist. [m]	CHN				SRB		UKR		HUN		CZE		KAZ		TUR		SWE	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
490	3.1	119					3.5	117	3.4	115							3.1	108
480	4.4	125			0.9	123	4.8	128	4.6	125							4.3	121
470	5.0	130			1.6	123	5.4	132	5.1	130							4.9	130
460	5.4	139			2.2	123	5.6	141	5.3	138							5.1	136
450	5.4	142			2.6	123	5.6	145	5.4	139							5.0	138
440	5.5	143			3.0	123	5.6	144	5.3	138							5.0	136
430	5.5	141			3.3	123	5.6	141	5.2	135							5.0	133
420	5.5	140			3.6	123	5.5	138	5.2	133							4.9	132
410	5.3	139			3.8	122	5.5	137	5.1	132							4.8	130
400	5.2	136			3.9	122	5.5	136	5.1	131							4.8	128
390	5.2	134			4.1	122	5.4	136	5.1	129							4.7	126
380	5.1	131			4.1	122	5.4	134	5.0	129							4.7	124
370	5.1	130			4.2	123	5.3	133	4.9	127							4.6	123
360	5.0	127			4.3	123	5.3	132	4.9	125							4.6	122
350	5.0	126			4.3	123	5.3	132	4.8	124							4.6	122
340	4.9	124			4.4	123	5.2	131	4.8	124							4.5	121
330	4.9	121			4.4	123	5.2	130	4.8	124							4.6	121
320	4.9	120			4.5	123	5.1	128	4.7	123							4.5	122
310	4.8	120			4.5	123	5.1	127	4.7	122							4.5	122
300	4.8	120			4.5	123	5.1	126	4.7	122							4.5	121
290	4.8	119			4.5	123	5.1	125	4.7	121							4.5	120
280	4.7	120			4.5	123	5.1	124	4.7	121							4.4	119
270	4.7	120			4.5	123	5.0	124	4.7	121							4.4	118
260	4.6	120			4.5	123	5.0	125	4.6	120							4.4	118
250	4.6	118			4.6	123	4.9	125	4.6	120							4.4	118
240	4.5	116			4.6	123	4.9	125	4.5	118							4.4	118
230	4.5	116			4.6	123	4.9	125	4.5	118							4.3	117
220	4.4	114			4.6	123	4.8	125	4.4	117							4.3	116
210	4.4	114			4.6	123	4.8	124	4.3	115							4.2	115
200	4.4	114			4.6	123	4.7	124	4.3	115							4.2	115
190	4.3	113			4.6	123	4.7	124	4.3	115							4.1	114
180	4.3	113			4.6	123	4.6	123	4.2	115							4.1	114
170	4.4	112			4.6	123	4.6	122	4.3	114							4.1	113
160	4.4	113			4.6	123	4.6	120	4.3	114							4.1	113
150	4.4	114			4.7	123	4.6	118	4.4	113							4.2	113
140	4.5	114			4.7	123	4.5	117	4.5	113							4.2	114
130	4.5	115			4.7	123	4.5	115	4.5	114							4.2	115
120	4.4	115			4.7	124	4.5	113	4.5	114							4.2	116
110	4.4	115			4.6	124	4.5	113	4.5	113							4.3	116
100	4.4	114			4.6	124	4.5	115	4.4	112							4.2	117
90	4.3	114			4.6	124	4.4	115	4.4	112							4.3	117
80	4.3	114			4.7	124	4.5	115	4.5	112							4.3	116
70	4.3	115			4.7	125	4.5	116	4.6	113							4.4	117
60	4.3	115			4.6	125	4.4	115	4.5	112							4.3	118

2016 ICF Canoe Sprint World Cup, Racice

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
50	4.2	114			4.6	125	4.4	114	4.4	111							4.3	119
40	4.3	113			4.6	124	4.4	114	4.4	111							4.2	118
30	4.3	112			4.6	123	4.4	114	4.4	111							4.2	118
20	4.4	111			4.6	123	4.4	114	4.4	111							4.2	118
10	4.3	111			4.5	123	4.4	114	4.3	110							4.1	118
0	4.3	110			4.4	122	4.4	114	4.3	109							4.1	117