

MK1 1000m

H2

Race 5

27 MAY 2016

## RACE DATA

Dist. [m]	TUN		NED		CZE		TUR		DEN		SUI		KAZ		BRA		ALG	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990	3.6	119	3.3	116	3.5	119	3.4	113			3.5	111	3.6	126			3.5	116
980	4.8	125	4.7	127	4.8	126	4.7	125			4.6	116	4.8	130			4.7	120
970	5.1	127	5.2	130	5.3	130	5.1	131			5.0	118	5.4	133			5.1	122
960	5.2	135	5.3	136	5.5	138	5.2	139			5.2	122	5.5	137			5.2	129
950	5.3	135	5.2	130	5.5	139	5.2	140			5.2	123	5.5	137			5.2	131
940	5.2	131	5.1	116	5.4	134	5.1	136			5.3	123	5.5	134			5.2	130
930	5.1	128	5.1	110	5.2	125	5.1	133			5.2	121	5.4	127			5.2	128
920	5.0	124	5.0	110	5.2	119	5.0	130			5.2	119	5.2	121			5.1	126
910	4.9	121	5.0	114	5.1	116	4.9	126			5.1	116	5.1	115			5.0	123
900	4.9	119	5.0	114	4.9	113	4.8	123			5.0	114	4.9	109			4.8	118
890	4.9	117	4.8	108	4.9	111	4.7	120			4.9	112	4.9	105			4.8	115
880	4.8	116	4.8	102	4.9	110	4.7	120			4.9	110	4.8	102			4.7	110
870	4.7	115	4.6	101	4.8	108	4.7	118			4.9	109	4.7	100			4.6	109
860	4.7	114	4.6	102	4.8	106	4.6	117			4.7	106	4.6	100			4.6	108
850	4.6	112	4.6	99	4.7	105	4.5	116			4.8	105	4.6	99			4.5	107
840	4.6	110	4.6	95	4.8	104	4.6	116			4.7	104	4.5	97			4.5	106
830	4.6	108	4.5	93	4.7	103	4.5	114			4.7	103	4.5	95			4.4	104
820	4.6	107	4.4	96	4.6	102	4.5	113			4.7	102	4.4	95			4.4	104
810	4.5	107	4.4	98	4.6	102	4.5	112			4.7	101	4.4	95			4.4	104
800	4.6	106	4.4	99	4.6	101	4.4	110			4.7	100	4.4	95			4.5	104
790	4.6	107	4.5	102	4.6	100	4.5	109			4.6	101	4.4	95			4.5	105
780	4.6	106	4.5	102	4.6	100	4.5	108			4.6	102	4.3	94			4.4	104
770	4.6	105	4.4	99	4.7	100	4.5	108			4.6	101	4.4	93			4.4	105
760	4.5	105	4.3	97	4.6	100	4.5	108			4.6	100	4.3	93			4.3	103
750	4.5	105	4.4	99	4.6	99	4.6	108			4.6	100	4.4	93			4.3	103
740	4.5	105	4.5	100	4.6	98	4.6	108			4.6	102	4.3	93			4.3	102
730	4.6	103	4.6	98	4.6	98	4.5	107			4.6	101	4.4	93			4.3	101
720	4.6	103	4.4	96	4.6	97	4.6	106			4.6	100	4.3	93			4.3	100
710	4.6	104	4.3	96	4.5	97	4.6	106			4.7	100	4.3	93			4.2	100
700	4.6	104	4.4	97	4.6	97	4.5	106			4.6	100	4.3	91			4.2	99
690	4.6	105	4.5	97	4.4	97	4.5	106			4.7	100	4.3	90			4.1	100
680	4.6	105	4.4	94	4.5	96	4.5	106			4.6	101	4.2	89			4.1	98
670	4.5	104	4.3	94	4.5	96	4.5	106			4.7	101	4.2	89			4.1	98
660	4.6	102	4.3	96	4.5	96	4.5	105			4.6	101	4.1	89			4.1	97
650	4.6	101	4.4	98	4.5	96	4.4	105			4.6	100	4.2	90			4.1	97
640	4.6	101	4.4	96	4.5	96	4.4	105			4.6	100	4.2	90			4.1	96
630	4.6	101	4.3	94	4.5	96	4.5	105			4.5	98	4.2	90			4.1	96
620	4.6	102	4.2	94	4.5	96	4.5	105			4.6	98	4.2	90			4.0	96
610	4.6	101	4.2	95	4.5	95	4.5	105			4.5	98	4.2	90			4.0	96
600	4.5	102	4.3	95	4.5	95	4.5	105			4.5	99	4.1	89			4.0	95
590	4.6	102	4.2	95	4.5	96	4.5	104			4.6	99	4.2	89			3.9	94
580	4.6	102	4.2	95	4.5	96	4.5	104			4.5	98	4.0	89			3.8	93
570	4.6	103	4.1	96	4.5	95	4.5	105			4.5	98	4.0	89			3.9	93
560	4.5	102	4.1	96	4.4	95	4.5	105			4.5	98	4.1	89			3.9	93

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Dist. [m]	TUN		NED		CZE		TUR		DEN		SUI		KAZ		BRA		ALG	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
550	4.5	101	4.3	97	4.4	95	4.5	105			4.5	98	4.0	89			3.9	93
540	4.5	101	4.3	99	4.4	95	4.5	106			4.5	97	4.1	89			3.9	93
530	4.5	101	4.2	97	4.5	94	4.5	106			4.5	97	4.2	89			3.9	94
520	4.5	101	4.0	95	4.4	94	4.5	106			4.5	97	4.3	91			3.9	94
510	4.5	101	4.0	96	4.5	95	4.5	107			4.4	99	4.4	93			3.9	93
500	4.5	101	4.1	96	4.5	95	4.5	107			4.4	99	4.4	94			3.8	92
490	4.5	101	4.3	97	4.6	95	4.6	107			4.4	99	4.4	95			3.8	92
480	4.5	103	4.4	97	4.5	96	4.6	107			4.4	97	4.4	95			3.7	92
470	4.5	103	4.4	96	4.6	96	4.6	107			4.5	96	4.5	96			3.8	92
460	4.6	102	4.4	94	4.5	96	4.6	107			4.5	96	4.4	95			3.9	93
450	4.5	102	4.2	96	4.5	96	4.6	107			4.5	96	4.4	95			3.8	92
440	4.6	102	4.1	96	4.5	96	4.6	106			4.5	96	4.5	96			3.7	92
430	4.6	101	4.0	96	4.5	96	4.5	105			4.5	96	4.5	97			3.7	92
420	4.5	100	3.9	96	4.5	96	4.4	104			4.5	97	4.5	98			3.8	92
410	4.5	99	3.8	95	4.5	96	4.4	104			4.4	97	4.4	97			3.8	93
400	4.5	98	3.9	93	4.5	96	4.4	103			4.5	97	4.4	97			3.7	93
390	4.5	97	3.9	90	4.5	96	4.4	103			4.4	95	4.4	96			3.7	91
380	4.4	97	3.8	90	4.4	97	4.4	103			4.5	95	4.4	96			3.8	91
370	4.3	98	3.7	92	4.5	97	4.4	104			4.4	95	4.5	96			3.7	91
360	4.4	100	3.7	92	4.5	97	4.4	103			4.4	95	4.4	96			3.7	91
350	4.5	100	3.7	92	4.4	96	4.4	102			4.4	95	4.4	96			3.6	91
340	4.5	101	3.9	92	4.4	96	4.4	101			4.4	94	4.4	97			3.7	91
330	4.4	100	4.0	92	4.4	96	4.5	101			4.4	95	4.4	97			3.6	90
320	4.5	99	3.7	92	4.4	97	4.4	101			4.4	96	4.4	97			3.6	90
310	4.4	99	3.7	92	4.4	97	4.4	101			4.4	96	4.3	97			3.6	90
300	4.4	98	3.9	92	4.3	96	4.3	101			4.4	96	4.3	97			3.6	88
290	4.4	98	3.9	93	4.3	96	4.4	100			4.3	96	4.4	97			3.6	88
280	4.4	99	3.9	94	4.4	96	4.4	101			4.4	96	4.3	97			3.6	88
270	4.4	99	3.9	94	4.4	96	4.4	101			4.4	96	4.4	97			3.6	87
260	4.4	100	3.9	94	4.4	96	4.4	100			4.4	96	4.5	97			3.6	87
250	4.5	100	3.8	93	4.4	96	4.4	100			4.3	96	4.4	97			3.7	88
240	4.5	100	3.8	94	4.4	96	4.4	100			4.3	96	4.5	97			3.7	89
230	4.5	99	3.9	94	4.4	97	4.4	99			4.3	96	4.4	97			3.7	88
220	4.5	98	3.9	94	4.4	97	4.4	100			4.3	95	4.4	97			3.7	88
210	4.4	98	4.1	93	4.4	97	4.4	102			4.3	96	4.4	98			3.7	88
200	4.4	98	4.3	91	4.4	97	4.4	103			4.3	96	4.4	99			3.6	89
190	4.4	99	4.3	91	4.4	97	4.4	104			4.3	96	4.4	100			3.7	89
180	4.4	99	4.3	93	4.4	98	4.4	103			4.4	94	4.5	102			3.8	90
170	4.5	100	4.3	95	4.4	98	4.4	102			4.3	95	4.5	103			3.8	90
160	4.5	100	4.3	96	4.5	98	4.3	101			4.4	97	4.4	103			3.7	90
150	4.5	99	4.2	95	4.4	98	4.3	101			4.5	99	4.3	100			3.7	89
140	4.5	99	4.2	94	4.5	98	4.3	101			4.5	100	4.3	99			3.8	89
130	4.5	98	4.2	95	4.5	98	4.4	101			4.6	101	4.2	98			3.6	89
120	4.5	99	4.2	95	4.5	99	4.4	102			4.6	101	4.2	98			3.6	89

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Race 5

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Dist. [m]	TUN		NED		CZE		TUR		DEN		SUI		KAZ		BRA		ALG	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
110	4.5	99	4.1	95	4.6	101	4.4	101			4.6	102	4.3	97			3.7	89
100	4.6	102	4.1	95	4.6	102	4.4	101			4.6	102	4.3	96			3.6	89
90	4.6	105	3.9	95	4.6	103	4.4	100			4.6	102	4.2	95			3.6	89
80	4.6	105	3.9	95	4.6	104	4.4	100			4.5	102	4.2	95			3.6	89
70	4.6	106	3.9	95	4.5	104	4.4	100			4.6	102	4.1	95			3.4	88
60	4.7	107	3.9	95	4.5	103	4.3	100			4.6	102	4.0	94			3.5	87
50	4.6	108	4.1	94	4.5	102	4.3	99			4.5	104	3.9	93			3.5	87
40	4.6	106	4.2	93	4.4	101	4.3	99			4.5	104	4.0	92			3.6	86
30	4.6	106	4.1	93	4.4	101	4.2	98			4.5	104	4.0	92			3.7	87
20	4.6	105	4.0	93	4.5	104	4.1	97			4.6	107	4.0	92			3.6	88
10	4.7	108	4.0	94	4.6	108	3.9	95			4.6	110	3.7	90			3.5	88
0	4.8	111	3.8	94	4.5	110	3.3	91			4.4	110	3.3	87			3.5	88