

MK1 1000m

H6

Race 9

27 MAY 2016

## RACE DATA

Dist. [m]	SVK		NOR		ITA		HUN		SIN		TUR		GER					
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990	3.6	112	3.6	120	3.4	116	3.4	117	3.4	115	3.4	105	3.5	107				
980	4.8	117	4.8	127	4.7	123	4.8	123	4.5	120	4.6	114	4.8	113				
970	5.2	118	5.2	135	5.0	124	5.2	126	4.9	123	5.1	118	5.3	119				
960	5.2	121	5.2	141	5.1	129	5.4	131	5.0	129	5.3	123	5.5	133				
950	5.3	120	5.2	142	5.0	125	5.4	132	5.0	130	5.4	125	5.5	135				
940	5.1	116	5.1	132	5.0	119	5.4	131	5.0	129	5.4	126	5.5	134				
930	5.0	114	5.1	127	4.9	116	5.3	129	5.0	128	5.3	124	5.4	131				
920	5.0	111	5.0	123	4.8	113	5.2	127	4.9	126	5.2	123	5.4	128				
910	4.9	109	4.9	120	4.8	111	5.2	125	4.8	124	5.2	121	5.3	124				
900	4.9	108	4.8	119	4.7	110	5.1	124	4.7	122	5.0	118	5.2	122				
890	4.8	108	4.8	118	4.7	108	5.0	122	4.6	118	4.9	117	5.2	122				
880	4.7	106	4.7	116	4.6	106	4.9	120	4.5	113	4.8	115	5.2	121				
870	4.7	105	4.7	115	4.6	106	4.8	117	4.4	110	4.8	114	5.1	119				
860	4.6	104	4.7	115	4.5	105	4.7	116	4.3	109	4.8	112	5.0	118				
850	4.5	103	4.6	114	4.5	105	4.7	114	4.3	110	4.7	112	5.0	116				
840	4.5	103	4.5	113	4.4	103	4.7	112	4.3	110	4.6	110	4.9	115				
830	4.5	102	4.5	113	4.4	103	4.6	112	4.2	108	4.6	107	4.9	115				
820	4.4	102	4.5	112	4.5	101	4.6	110	4.3	106	4.5	106	4.9	114				
810	4.4	102	4.4	112	4.4	100	4.6	110	4.2	106	4.6	106	4.8	116				
800	4.4	101	4.4	110	4.4	100	4.5	110	4.2	105	4.6	105	4.8	116				
790	4.3	101	4.4	111	4.4	100	4.6	109	4.2	103	4.6	104	4.8	115				
780	4.3	100	4.4	111	4.5	100	4.5	107	4.2	104	4.5	104	4.8	114				
770	4.4	100	4.4	111	4.5	100	4.5	104	4.1	105	4.5	105	4.7	112				
760	4.4	100	4.4	109	4.5	99	4.5	102	4.1	106	4.6	106	4.7	113				
750	4.4	100	4.4	108	4.5	99	4.4	102	4.0	105	4.5	106	4.7	113				
740	4.4	100	4.5	108	4.5	98	4.5	102	4.0	103	4.5	105	4.7	112				
730	4.4	101	4.4	107	4.5	98	4.4	103	4.0	104	4.5	104	4.6	111				
720	4.5	100	4.4	107	4.5	98	4.4	103	4.0	104	4.4	102	4.7	112				
710	4.4	100	4.4	107	4.6	99	4.4	103	4.1	104	4.5	102	4.7	111				
700	4.4	100	4.4	107	4.6	100	4.4	102	4.1	104	4.4	101	4.7	111				
690	4.4	101	4.4	105	4.6	100	4.4	103	4.1	106	4.4	102	4.6	109				
680	4.4	100	4.4	104	4.6	100	4.4	104	4.0	107	4.3	102	4.6	109				
670	4.3	100	4.4	105	4.5	100	4.3	104	4.0	106	4.3	101	4.5	108				
660	4.3	100	4.3	105	4.4	99	4.4	104	3.8	105	4.2	100	4.5	107				
650	4.2	100	4.3	105	4.5	99	4.3	104	3.8	105	4.1	100	4.5	106				
640	4.2	99	4.3	104	4.4	98	4.3	103	3.9	104	4.1	99	4.4	104				
630	4.2	99	4.3	105	4.5	98	4.3	102	3.9	103	4.1	98	4.5	105				
620	4.2	99	4.3	104	4.4	97	4.3	103	3.8	102	4.0	98	4.5	104				
610	4.2	98	4.3	105	4.4	97	4.3	103	3.8	101	4.1	97	4.5	103				
600	4.2	98	4.2	103	4.4	96	4.3	102	3.7	103	4.1	97	4.4	104				
590	4.3	98	4.2	102	4.4	96	4.3	102	3.7	103	4.1	98	4.4	104				
580	4.2	98	4.2	102	4.4	96	4.3	102	3.6	103	4.2	98	4.4	104				
570	4.2	98	4.2	103	4.4	96	4.3	102	3.9	103	4.2	98	4.4	103				
560	4.3	98	4.3	102	4.4	96	4.2	102	3.8	104	4.2	98	4.3	102				

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
550	4.2	98	4.3	103	4.4	96	4.3	102	3.9	105	4.2	96	4.3	102				
540	4.2	98	4.3	102	4.4	96	4.3	103	4.0	104	4.2	95	4.3	102				
530	4.1	97	4.3	101	4.4	96	4.3	101	4.0	101	4.2	95	4.4	100				
520	4.1	97	4.2	102	4.3	96	4.2	101	3.9	102	4.1	95	4.4	102				
510	4.3	98	4.2	101	4.3	96	4.2	100	3.6	103	4.1	96	4.4	100				
500	4.4	98	4.2	102	4.3	94	4.3	100	3.5	102	3.9	95	4.3	100				
490	4.3	99	4.3	104	4.3	94	4.4	102	3.6	101	3.8	95	4.3	100				
480	4.3	99	4.3	104	4.4	94	4.4	102	3.7	103	3.8	95	4.3	101				
470	4.4	99	4.2	104	4.4	95	4.3	102	3.6	101	3.8	94	4.3	99				
460	4.4	98	4.2	101	4.3	95	4.3	101	3.7	96	3.9	93	4.3	99				
450	4.3	98	4.2	101	4.3	94	4.3	101	3.8	95	4.0	93	4.4	101				
440	4.3	99	4.1	98	4.2	93	4.3	101	3.7	97	4.0	94	4.3	99				
430	4.3	99	4.1	99	4.2	93	4.3	100	3.7	99	3.9	93	4.4	99				
420	4.3	100	4.2	100	4.2	93	4.2	100	3.6	101	3.9	92	4.3	97				
410	4.4	100	4.1	101	4.2	93	4.2	100	3.7	100	3.9	92	4.3	97				
400	4.3	99	4.2	100	4.2	92	4.1	101	3.8	98	3.8	92	4.3	98				
390	4.4	99	4.2	98	4.2	92	4.1	101	3.7	99	3.8	91	4.2	95				
380	4.4	100	4.2	97	4.2	93	4.2	101	3.6	101	3.8	91	4.3	94				
370	4.4	100	4.2	98	4.3	94	4.2	101	3.7	102	3.9	92	4.3	92				
360	4.3	100	4.2	98	4.3	94	4.2	100	3.8	102	3.8	92	4.3	93				
350	4.3	99	4.2	99	4.3	95	4.3	98	3.8	102	3.8	91	4.4	91				
340	4.4	99	4.2	99	4.4	95	4.3	98	3.6	103	3.9	92	4.3	92				
330	4.4	99	4.2	98	4.4	94	4.3	99	3.7	101	3.9	92	4.3	92				
320	4.3	100	4.2	98	4.4	93	4.3	98	3.8	100	3.9	92	4.3	94				
310	4.3	101	4.3	99	4.3	93	4.4	98	3.9	100	4.0	92	4.3	92				
300	4.2	100	4.3	101	4.4	93	4.3	96	3.8	98	4.0	92	4.3	91				
290	4.2	99	4.2	100	4.3	94	4.2	96	3.7	100	3.9	92	4.4	91				
280	4.3	99	4.2	99	4.3	94	4.2	98	3.6	100	3.9	92	4.3	92				
270	4.4	100	4.2	99	4.3	94	4.2	98	3.5	100	3.9	94	4.3	92				
260	4.4	101	4.1	99	4.3	94	4.2	98	3.4	99	4.0	93	4.3	95				
250	4.4	101	4.1	99	4.3	94	4.2	98	3.5	98	3.8	93	4.3	95				
240	4.4	100	4.2	100	4.3	94	4.2	99	3.8	98	3.9	92	4.3	96				
230	4.4	99	4.2	99	4.3	94	4.3	99	3.8	100	3.9	92	4.3	95				
220	4.3	99	4.2	99	4.3	94	4.3	100	3.9	101	3.9	92	4.3	95				
210	4.4	99	4.2	97	4.3	94	4.3	99	3.8	102	3.9	93	4.4	94				
200	4.4	99	4.2	97	4.2	94	4.2	99	3.6	104	4.0	93	4.3	93				
190	4.5	100	4.2	97	4.3	94	4.3	103	3.5	101	4.0	94	4.4	93				
180	4.5	101	4.2	97	4.2	94	4.5	105	3.6	99	4.0	94	4.4	94				
170	4.5	101	4.4	100	4.2	94	4.4	105	3.7	100	4.1	94	4.4	92				
160	4.5	102	4.5	103	4.2	93	4.4	103	3.8	98	4.0	94	4.4	92				
150	4.5	102	4.6	107	4.2	94	4.3	101	3.7	97	4.2	95	4.4	91				
140	4.6	102	4.6	108	4.3	94	4.3	100	3.7	98	4.1	97	4.4	93				
130	4.6	102	4.6	108	4.2	94	4.4	100	3.8	100	4.1	97	4.3	91				
120	4.6	102	4.5	107	4.2	93	4.4	101	3.8	100	4.1	97	4.4	92				

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	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
110	4.5	102	4.5	107	4.2	92	4.4	100	3.7	101	4.1	97	4.3	90				
100	4.6	102	4.6	108	4.2	93	4.4	100	3.7	101	4.2	98	4.3	93				
90	4.6	102	4.6	110	4.3	94	4.4	101	3.6	101	4.2	99	4.3	92				
80	4.6	102	4.6	110	4.3	94	4.4	101	3.7	102	4.0	99	4.3	89				
70	4.6	104	4.6	111	4.2	94	4.4	101	3.7	102	4.0	99	4.3	89				
60	4.6	103	4.6	111	4.4	95	4.5	104	3.7	102	4.0	99	4.3	91				
50	4.5	103	4.7	113	4.4	97	4.6	107	3.7	104	4.0	100	4.3	89				
40	4.5	103	4.7	115	4.4	100	4.7	112	3.7	103	4.0	99	4.3	89				
30	4.6	104	4.7	116	4.4	101	4.6	112	3.6	102	4.0	98	4.3	90				
20	4.6	104	4.7	116	4.4	101	4.6	111	3.6	101	4.0	97	4.3	86				
10	4.5	105	4.7	116	4.6	103	4.6	111	3.5	101	3.9	96	4.3	87				
0	4.3	104	4.6	115	4.5	103	4.7	112	3.6	98	3.7	94	4.2	86				