

MC1 200m

S1

Race 107

28 MAY 2016

## RACE DATA

Dist. [m]	MDA		INA		UKR		CHN		CAN		KAZ		CHN		ITA		GEO	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
190	3.2	69	3.6	85	3.7	80	3.8	85	3.4	91	3.7	83	3.4	91	3.4	82	3.4	84
180	4.5	68	4.2	87	4.7	79	4.9	84	4.6	91	4.8	84	4.3	91	4.4	83	4.3	85
170	4.5	68	4.6	88	5.3	79	4.9	82	4.8	89	5.0	85	4.7	88	4.6	86	4.5	86
160	4.9	70	4.6	86	5.0	79	5.2	81	4.6	87	4.8	85	4.7	86	4.6	86	4.6	85
150	4.5	72	4.6	86	5.0	77	5.0	79	4.7	84	4.8	85	4.6	84	4.7	85	4.6	85
140	4.9	72	4.8	90	5.2	75	5.2	78	4.6	82	5.0	84	4.8	84	5.0	83	4.6	82
130	4.5	72	4.7	90	4.8	73	4.8	78	4.6	81	5.1	83	4.7	85	5.0	82	4.6	81
120	4.4	69	4.8	88	5.1	72	5.1	76	4.8	82	4.9	83	4.5	86	4.8	83	4.7	79
110	4.7	65	4.6	82	5.0	71	4.8	75	4.8	81	4.8	83	4.4	83	4.8	82	4.6	79
100	4.2	63	4.6	81	4.7	71	5.1	74	4.7	81	4.6	82	4.3	78	4.8	81	4.3	76
90	4.1	61	4.6	78	4.9	70	4.9	73	4.2	78	4.6	81	4.4	78	4.7	79	4.4	74
80	4.4	59	4.6	75	4.6	69	4.8	72	4.0	77	4.6	80	4.3	76	4.7	79	4.2	72
70	4.4	59	4.6	77	4.7	69	4.6	70	3.9	74	4.7	79	4.1	73	4.4	78	4.2	71
60	3.9	58	4.2	75	4.5	68	4.5	69	4.0	74	4.6	78	3.9	68	4.4	78	4.5	71
50	3.9	54	4.3	74	4.6	68	4.8	67	4.0	74	4.3	77	4.1	64	4.4	78	4.4	71
40	3.8	52	4.4	74	4.5	68	4.7	67	4.1	73	4.3	76	3.7	62	4.5	77	4.1	70
30	3.6	52	4.5	74	4.6	68	4.4	67	4.3	70	4.5	76	4.0	60	4.4	76	4.3	70
20	3.6	48	4.4	74	4.7	67	4.7	66	4.1	69	4.5	75	3.7	57	4.2	75	4.3	70
10	3.6	47	4.2	73	4.3	66	4.3	67	3.9	69	4.2	74	3.7	57	4.1	73	4.0	69
0	3.2	45	4.1	73	4.7	66	4.7	67	3.3	70	3.6	73	3.1	54	4.5	71	4.3	67