

MC1 200m

S3

28 MAY 2016

Race 109

## RACE DATA

Dist. [m]	INA		CZE		TUN		LTU		UKR		CAN		BRA		AZE		AUS	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
190	3.5	78	3.5	90	3.4	89	3.5	91	3.6	77	3.3	81	3.7	83	3.4	94	3.5	83
180	4.4	81	4.8	91	4.5	89	4.8	91	5.0	79	4.7	86	4.7	86	4.7	98	4.1	84
170	4.6	81	4.9	91	4.9	88	4.9	90	5.1	80	4.9	89	5.2	87	4.9	98	4.3	85
160	4.6	82	5.0	91	5.1	86	5.2	89	5.4	80	5.1	91	5.4	88	5.0	97	4.4	84
150	4.9	81	5.1	91	5.1	85	5.3	86	5.5	79	5.2	92	5.1	91	5.1	94	4.5	80
140	4.7	80	5.0	91	5.0	84	5.1	85	5.4	78	5.2	91	5.0	91	5.0	90	4.6	76
130	4.5	80	5.0	91	4.9	83	5.3	83	5.3	78	5.3	90	5.1	91	5.0	88	4.5	76
120	4.7	80	4.9	90	4.9	82	4.8	81	5.0	78	4.9	87	5.1	88	4.8	87	4.2	75
110	4.6	80	4.8	87	4.7	81	5.0	80	5.1	77	4.8	85	5.0	86	4.7	85	4.1	73
100	4.5	80	4.8	86	4.5	80	4.9	78	4.9	76	4.7	84	4.9	84	4.6	83	4.1	73
90	4.6	80	4.7	85	4.7	78	4.6	77	5.0	76	5.0	83	4.8	83	4.6	82	4.4	73
80	4.6	76	4.6	86	4.6	76	4.9	77	4.7	74	4.8	81	4.9	83	4.8	82	4.4	72
70	4.3	75	4.7	86	4.5	76	5.0	77	4.9	74	4.8	80	4.9	82	4.7	81	4.2	71
60	4.5	74	4.6	86	4.6	76	4.7	77	4.8	74	4.6	80	4.8	80	4.7	80	4.0	70
50	4.5	73	4.5	87	4.8	77	4.9	78	5.0	72	4.7	80	4.6	80	4.6	80	4.3	69
40	4.3	73	4.4	86	4.6	77	4.8	77	4.6	73	4.9	79	4.7	79	4.3	79	4.2	70
30	4.2	72	4.4	85	4.4	77	4.6	76	4.8	72	4.7	79	4.6	79	4.1	77	4.0	70
20	4.4	71	4.4	83	4.4	77	4.8	75	4.7	72	4.5	79	4.6	78	4.0	75	3.9	69
10	4.2	72	4.2	81	4.5	76	4.6	75	4.7	72	4.3	78	4.3	77	4.1	73	4.1	67
0	4.3	70	4.2	79	4.7	76			4.6	71	4.7	76	4.7	74	4.2	69	3.8	67