

MC2 1000m

H2

Race 89

28 MAY 2016

RACE DATA

Dist. [m]	CZE						MDA				INA		CAN		UKR			
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
990	3.4	79					3.8	87			3.5	94	3.7	80	3.6	79		
980	4.5	80					4.8	86			4.4	98	4.7	81	4.7	79		
970	5.1	80					5.1	85			4.9	96	5.0	82	5.0	77		
960	5.0	79					5.4	83			4.9	90	5.4	82	5.2	76		
950	5.4	77					5.6	80			5.1	80	5.1	81	5.4	72		
940	5.3	76					5.4	78			4.7	76	5.4	79	5.4	70		
930	5.0	73					5.1	75			5.0	73	5.1	76	5.3	70		
920	5.1	72					5.0	71			4.7	73	5.1	74	5.0	68		
910	5.2	71					5.1	69			4.9	72	4.9	72	5.0	68		
900	5.0	69					5.2	67			4.6	72	5.1	70	4.9	67		
890	4.8	68					5.2	66			4.7	71	5.0	68	5.0	66		
880	4.9	67					5.1	65			4.5	69	4.8	67	5.0	64		
870	5.0	66					5.0	64			4.7	69	4.6	66	5.0	63		
860	4.9	66					4.8	63			4.8	67	4.7	65	5.1	63		
850	4.7	66					4.7	62			4.4	67	4.8	63	5.0	62		
840	4.6	64					4.7	62			4.6	66	4.8	63	4.9	62		
830	4.8	64					4.6	61			4.6	65	4.5	63	4.9	60		
820	4.8	63					4.5	60			4.3	65	4.4	63	4.7	59		
810	4.7	63					4.7	60			4.7	65	4.6	62	4.6	59		
800	4.6	62					4.8	60			4.6	65	4.7	62	4.5	60		
790	4.4	62					4.7	60			4.3	63	4.7	62	4.5	60		
780	4.6	62					4.7	60			4.5	62	4.5	62	4.5	59		
770	4.7	62					4.6	60			4.6	62	4.4	60	4.6	59		
760	4.6	61					4.5	60			4.3	63	4.4	60	4.5	58		
750	4.3	61					4.4	59			4.5	63	4.6	60	4.5	58		
740	4.4	61					4.4	58			4.5	62	4.8	60	4.6	57		
730	4.6	61					4.3	58			4.2	62	4.7	60	4.8	57		
720	4.6	61					4.4	58			4.4	62	4.3	60	4.7	57		
710	4.4	60					4.6	58			4.5	61	4.3	60	4.8	57		
700	4.3	60					4.5	59			4.1	61	4.4	60	4.8	57		
690	4.4	60					4.4	59			4.1	60	4.6	60	4.7	57		
680	4.6	60					4.3	59			4.4	60	4.7	60	4.7	57		
670	4.4	60					4.3	59			4.0	60	4.3	60	4.6	55		
660	4.3	60					4.6	59			4.2	60	4.4	60	4.5	55		
650	4.5	60					4.6	59			4.0	60	4.6	60	4.5	55		
640	4.6	60					4.7	59			4.0	60	4.6	60	4.6	55		
630	4.6	60					4.6	59			4.0	60	4.5	59	4.6	56		
620	4.4	60					4.5	58			3.9	59	4.4	59	4.6	56		
610	4.3	60					4.3	58			4.1	59	4.2	59	4.5	56		
600	4.3	60					4.3	58			3.9	59	4.3	59	4.4	55		
590	4.5	60					4.4	58			4.2	59	4.4	59	4.3	54		
580	4.5	60					4.6	58			4.4	58	4.6	59	4.1	54		
570	4.3	60					4.6	59			4.1	58	4.4	59	4.2	54		
560	4.2	60					4.6	59			4.0	58	4.2	59	4.2	54		

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550	4.4	60					4.3	59			4.3	58	4.3	59	4.2	54		
540	4.6	60					4.3	59			4.4	57	4.6	60	4.2	54		
530	4.3	60					4.4	59			4.0	57	4.6	60	4.2	54		
520	4.2	60					4.5	59			3.9	58	4.2	60	4.3	54		
510	4.5	60					4.6	59			4.0	58	4.5	61	4.3	54		
500	4.6	60					4.4	59			3.7	58	4.6	61	4.3	54		
490	4.3	60					4.7	63			3.9	58	4.5	61	4.5	54		
480	4.2	60					4.9	65			3.9	58	4.3	61	4.7	56		
470	4.4	60					4.7	65			4.3	58	4.3	61	4.8	57		
460	4.6	60					4.5	63			4.4	58	4.6	61	4.8	57		
450	4.5	60					4.4	60			4.4	58	4.6	61	4.8	57		
440	4.2	60					4.4	58			4.1	57	4.2	61	4.6	57		
430	4.3	60					4.5	58			4.1	58	4.5	61	4.7	57		
420	4.5	60					4.6	58			3.8	58	4.6	61	4.7	57		
410	4.5	60					4.6	58			3.8	56	4.6	61	4.6	57		
400	4.2	60					4.5	58			3.8	56	4.3	60	4.5	56		
390	4.3	60					4.2	58			3.8	57	4.3	60	4.4	55		
380	4.4	60					4.4	59			3.8	57	4.6	60	4.4	55		
370	4.4	60					4.5	59			3.6	56	4.6	60	4.4	55		
360	4.2	60					4.6	58			4.0	54	4.2	60	4.2	55		
350	4.4	60					4.6	58			4.0	54	4.4	60	4.2	55		
340	4.5	60					4.5	58			3.8	54	4.6	61	4.3	55		
330	4.5	60					4.2	59			3.9	54	4.5	61	4.4	56		
320	4.1	60					4.5	59			3.5	56	4.2	61	4.4	56		
310	4.3	59					4.6	59			3.7	56	4.5	61	4.3	55		
300	4.5	60					4.6	59			3.5	55	4.5	61	4.3	54		
290	4.3	60					4.5	59			3.7	55	4.3	61	4.2	54		
280	4.2	60					4.3	59			3.8	54	4.5	61	4.5	54		
270	4.3	60					4.5	59			3.7	55	4.6	62	4.5	54		
260	4.6	60					4.6	59			3.8	55	4.3	62	4.6	55		
250	4.4	60					4.6	60			3.6	55	4.3	62	4.6	56		
240	4.3	61					4.4	60			3.6	57	4.6	62	4.7	56		
230	4.6	61					4.3	60			3.6	56	4.5	62	4.7	57		
220	4.6	62					4.4	60			3.5	56	4.4	64	4.8	57		
210	4.3	62					4.5	60			3.6	55	4.6	65	4.6	59		
200	4.4	62					4.3	60			3.5	55	4.4	67	4.5	59		
190	4.6	62					4.2	60			3.9	56	4.6	68	4.5	59		
180	4.4	62					4.5	60			4.0	56	4.6	70	4.5	59		
170	4.3	62					4.7	63			3.8	56	4.5	70	4.5	58		
160	4.6	62					4.6	66			4.0	56	4.6	70	4.5	58		
150	4.5	63					4.9	68			4.0	56	4.5	71	4.7	58		
140	4.3	63					4.7	68			3.6	55	4.7	71	4.5	59		
130	4.6	63					4.6	68			3.8	54	4.4	71	4.6	59		
120	4.6	63					4.8	68			3.8	55	4.7	70	4.6	58		

2016 ICF Canoe Sprint World Cup, Racice

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110	4.3	63					4.6	68			3.7	55	4.4	70	4.6	58		
100	4.6	64					4.8	67			4.1	55	4.7	70	4.5	59		
90	4.5	64					4.9	67			4.1	55	4.6	70	4.4	59		
80	4.3	64					4.5	67			3.9	55	4.3	70	4.4	59		
70	4.6	64					4.8	67			3.9	54	4.5	71	4.3	59		
60	4.5	64					4.9	67			4.1	54	4.3	70	4.4	58		
50	4.5	64					4.5	67			4.0	55	4.6	69	4.6	58		
40	4.7	64					4.4	67			3.9	55	4.3	68	4.7	58		
30	4.4	64					4.3	63			4.1	55	4.6	68	4.6	58		
20	4.6	64					4.4	58			4.2	55	4.3	68	4.3	57		
10	4.6	64					4.4	56			4.3	56	4.5	68	4.3	55		
0	4.5	64					4.7	56			4.2	56	4.5	67	4.5	55		