

ICF PARACANOE FUNCTIONAL ASSESSMENT CHART FOR THE LEGS - VA'A

Athlete ID Number

Federation

REMINDER: Only the Muscle Strength scores are used for the ICF Paralympic Classification System.

An athlete will score 2 for Muscle Strength if they have strength against resistance, and 50% or more of the Sports specific ROM. Passive ROM, through the ranges shown on the score chart, is tested prior to strength testing, to confirm the available ROM.

Functional Assessment	Muscle Strength through sports specific ROM (0 – 2 Scale)		Medical classifier's comments and observations
LOWER LIMBS	RIGHT	LEFT	
HIPS			
Flexion 60° - 100°			
Extension 100° - 60°			
KNEE			
Flexion 20° - 60°			
Extension 60° - 20°			
ANKLE			
Plantarflexion 10° - 45°			
Dorsiflexion 45° - 10°			
Leg Press (push leg down at 60° angle from 100° hip flexion)			
TOTAL LOWER LEG SCORES	/14	/14	

Number of points **lost** on Right leg =

Number of points **lost** on Left leg =

Medical Classifier

Technical Classifier

Date: _____

Location: _____