## **ICF PARACANOE**

V1	

ON-WATER TECH	VI					
Athlete ID number	Federation					
ON WATER OBSERVATION						
Observed getting into the boat: Observed paddling away from dock: Observed paddling towards the dock: Observed paddling right to left (L to R) All 6 Starts observed as per Manual:	Yes Yes Yes Yes Yes					
Adapted Equipment in boat (photo	)	Video				
Adapted equipment with paddler in boat (photo)						
Adapted paddle (photo) Athlete holds adapted paddle (photo)						
Novice paddler Ex	perienced paddlo	er				
Ama: Left side	Right side	(circle one)				
Athlete's dominant leg*: Left	Right	(circle one)				

<sup>\*</sup> Dominant leg = the leg that moves the most

Dominant hand side Leg movement*	<b>0</b> Passive or no movement	1 Partial movement	2 Full movement	
Position of legs	Dominant leg extended Dominant leg flexed			
Feet/Foot contact with footboard	Yes No Passive Active			
Trunk Flexion	<b>0</b> No trunk flexion	<b>1</b> Partial trunk flexion	<b>2</b> Full trunk flexion	
Trunk Rotation	<b>0</b> Shoulder movement only	<b>1</b> Partial trunk rotation	<b>2</b> Full trunk rotation	
Range of stroke motion	Short Normal	Long	Symmetrical Yes No	

Depth of paddle stroke	Deep	Shallow	Wide	
Stroke speed	Slow	Regular	Fast	Able to vary speed
Stroke synchronization	Basic	Regular	Good	
TOTAL POINTS				

QUICK LOOK UP TABLE FOR TRANSFORMED SCORES			
Basic score	Transformed		
	score		
1	3		
2	6		
3	9		
4	12		
5	15		
6	18		

TRANSFORMED SCORE				

Technical classifiers comments/observations					
Technical Classifier Signature					
Medical Classifier Signature					
Date					