2019 ICF CANOE SPRINT AND PARACANOE WORLD CUP

23-26.05.2019
POZNAN, POLAND

Bulletin No.1
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INVITATION

Dear athletes, coaches and guests...

We are very happy that the City of Poznan and the “Malta” Regatta Course are coming back, step by step, to the elite club of organizers of important international canoe competitions.

We would like to thank the ICF and ECA for their trust and awarding to the Polish Canoe Federation the organization of the 2019 ICF Canoe Sprint & Paracanoe World Cup together with the 2019 ECA Paracanoe Championships.

This World Cup for many athletes will be an important test before the World Championships in Szeged and we will do our best to organize it at the highest sports level.

Poznan is a place where tradition and modernity meet. It is also a beautiful city, which has a rich offer for tourism and business.

We are convinced that all of you – athletes, coaches, guests and spectators will have an unforgettable and enjoyable stay in Poznan.

We wish you an exciting competition!

Tadeusz Wroblewski
President of Polish Canoe Federation

Ireneusz Pracharczyk
President of Greater Poland Canoe Federation
THE CITY OF POZNAN

Poznan is one of the oldest and largest cities in Poland, situated on the Warta River in west-central Poland, in the Greater Poland region.

Poznan is a modern metropolis, a city offering high standards, open and dynamic. It is a centre of trade, sports, education, technology and tourism. It is also an important academic site with about 130,000 students and many renowned institutions of higher education. It has often topped rankings as a city with very high quality of education, standard of living, safety and healthcare quality. It has also won many times a prize awarded by "Superbrands" for a very high quality city brand.

The climate of Poznan is within the transition zone between a humid continental and oceanic climate and with relatively cold winters and warm summers. Annual rainfall is more than 500 mm. The rainiest month is July. The number of hours of sunshine are among the highest in the country. Climate in this area has mild differences between highs and lows, and there is adequate rainfall year-round.

The city offers a multitude of sport venues - tennis courts, swimming pools, bowling centres, weight rooms, gyms, recreational centres, horse-riding clubs, two golf courses and an archery range. The flagship of the City of Poznan is the Malta Regatta Course, considered one of the best and the prettiest in the world.

How to get to Poznan

**BY PLANE**

Lawica Airport is located 7 km from the city centre, in the vicinity of the route leading directly to the major city points and next to the road out of Poznan to Berlin and Warsaw.
PKS Station (Bus Transport Company) is located in ul. Towarowa 17/19. It provides both domestic and international transport services. Apart from ticket offices, kiosks, bar and PKS information point also travel agencies selling tickets for international routes are located in the bus station hall. Next to the station there are fast food restaurants, ATM, a bookshop and a cake shop.

**BY CAR**

You can get to Poznan driving A2 motorway, national routes no. 92, 5 (east - west direction) and no. 11 (north - south). The city centre is covered by the Parking Zone. Fare is collected for each vehicle parked within the zone. Drivers pay the parking fee in parking meters located along streets in the city centre. The Parking Zone borders are marked with B-39 road sign. Drivers coming to the city are recommended to leave their cars in guarded car parks and specially prepared buffer car parking lots placed around the Parking Zone.

**BY TRAIN**

All trains coming to Poznan stop at Poznan Main Railway Station (Poznan Glowny) with three level construction covering 7 thousand m². On the ground floor there is a transport centre, which will also include the PKS coach terminal and a tram stop for the upcoming fast-tram track. [http://rozklad-pkp.pl/en](http://rozklad-pkp.pl/en)
VENUE OF THE COMPETITION

Malta Regatta Course

The regatta course along with its technical infrastructure is one of the better-known facilities of this kind in the world. Since the World Canoe Championships held here in 1990, Malta has been known as a water sports centre with full infrastructure including, among other things: the start zone, stands, start and finish referee towers and intermediate towers, boat hangars, award ceremony zone, several administration buildings and complete sanitary facilities.

Every year the regatta course is recognised by international federations granting Poznań the organisation of the largest and most prestigious events in the world, such as World Championships, European Championships, in Rowing and Canoeing.

TECHNICAL CHARACTERISTICS:

- area approx. 70 ha
- length: 2000 m
- width: 175 m
- length of straight line of track: 2 170 m
- the number of race tracks: 9
- the width of the tracks: 9 m
- overall width of the regatta course: 81 m
- overall track width: (+ bands on both sides 33 and 34 m): 175 m
- track depth: 3,7 m
- the Albano lane system
- tower at the start line: 3 levels, the level of starter 4,7 m from water level
COMPETITION INFO

Provisional list of events:

<table>
<thead>
<tr>
<th>CANOE SPRINT</th>
<th>CANOE SPRINT</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Kayak Men</strong></td>
<td><strong>Kayak Women</strong></td>
</tr>
<tr>
<td>K1 200m</td>
<td>K1 200m</td>
</tr>
<tr>
<td>K2 200m</td>
<td>K2 200m</td>
</tr>
<tr>
<td>K1 500m</td>
<td>K1 500m</td>
</tr>
<tr>
<td>K2 500m</td>
<td>K2 500m</td>
</tr>
<tr>
<td>K4 500m</td>
<td>K4 500m</td>
</tr>
<tr>
<td>K1 1000m</td>
<td>K1 1000m</td>
</tr>
<tr>
<td>K2 1000m</td>
<td>K1 5000m</td>
</tr>
<tr>
<td>K1 5000m</td>
<td></td>
</tr>
</tbody>
</table>
+ +
K2 mixed 500m
C2 mixed 500m

<table>
<thead>
<tr>
<th>PARACANOE</th>
<th>PARACANOE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Women</strong></td>
<td><strong>Men</strong></td>
</tr>
<tr>
<td>K1 200m (Paracanoe – KL1, KL2, KL3)</td>
<td>K1 200m (Paracanoe – KL1, KL2, KL3)</td>
</tr>
<tr>
<td>V1 200m (Paracanoe – VL1, VL2, VL3)</td>
<td>V1 200m (Paracanoe – VL1, VL2, VL3)</td>
</tr>
</tbody>
</table>

**Competition programme:**

- 19th – 21st May (Sunday-Tuesday) Access period starts
  - Paracanoe Classification
- 22nd May (Wednesday) Sprint and Paracanoe Team Leader’s Meeting
  - ITO meeting
- 23rd – 26th May (Thursday-Sunday) Competition days

**DEADLINES AND ENTRIES**

**Deadlines:**
- Preliminary Entry: 4th March, 2019
- Hotel Reservation: 4th March, 2019
- Numerical Entry: 3rd April, 2019
- Final Travel Info: 30th April, 2019
- Nominal Entries for Paracanoe: 9th May, 2019
- Nominal Entries for Sprint: 13th May, 2019

Numerical and nominal entries can be made only by the online entry system (SDP): [https://icf.msl.es/icf/main.jsp](https://icf.msl.es/icf/main.jsp)

For help with SDP please contact the administrator directly at: sdp@canoeicf.com

Preliminary entry, hotel reservation, boat rental, final travel forms have to be submitted using the officials forms from the Organizer. All forms are available here: [http://www.pzkaj.pl/index.php/icf-eca-events.html](http://www.pzkaj.pl/index.php/icf-eca-events.html)
Athletes entered in any ICF competition or continental championships must complete the ICF’s anti-doping education programme or equivalent before competing or risk being denied entry to the competition.

Link to the programme: [https://www.canoeicf.com/anti-doping-education](https://www.canoeicf.com/anti-doping-education)

**ACCOMMODATION PACKAGE AND PARTICIPATION FEE**

The Accommodation Package includes the following services:
- accommodation
- participation fee
- three meals per day
- shuttle bus service between the regatta course and the official hotels, according to timetable
- mineral water at the venue
- medical and security service at the venue
- access to the regatta course
- access pass and parking for one trailer

**THE ACCOMMODATION PACKAGE DOES NOT INCLUDE TRANSFER FROM THE AIRPORT TO THE OFFICIAL HOTEL.**

Transportation from/to airport Poznan Lawica – official hotels is possible with extra fee 20 Euro/person/one way

In case accommodation booked NOT through the Organizing Committee you are required to pay the Participation Fee of EUR 30/person/per day from the day of your arrival which includes the following services:
- accreditation
- meal at the venue (lunch)
- mineral water at the venue
- medical and security service at the venue
- access to the course

**ACCOMMODATION OPTIONS**

<table>
<thead>
<tr>
<th>No</th>
<th>Type of hotel</th>
<th>SINGLE room Price per person/day</th>
<th>TWIN room Price per person/day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Category 1 4*Hotels</td>
<td>150 EUR</td>
<td>120 EUR</td>
</tr>
<tr>
<td>2</td>
<td>Category 2 3*Hotels</td>
<td>130 EUR</td>
<td>110 EUR</td>
</tr>
<tr>
<td>3</td>
<td>Category 3 3*Hotels</td>
<td>105 EUR</td>
<td>90 EUR</td>
</tr>
<tr>
<td>4</td>
<td>Category 4 2*Hotels</td>
<td>90 EUR</td>
<td>75 EUR</td>
</tr>
</tbody>
</table>

The Organizer does not take responsibility for any extra service at the hotel (parking, minibar, damages etc). This costs are to be paid by the responsible team directly to the hotel.
TERMS OF PAYMENT

BANK DETAILS
Beneficiary: Wielkopolski Zwiazek Kajakowy
Reymonta 35, 60-791 Poznan, Poland
Bank name: PKO BP
Bank address: Plac Wolnosci 3, 60-914 Poznan, Poland
Bank account no: 14 1020 4027 0000 1102 1479 9128
BIC Swift code: BPKOPLPW
IBAN nr: PL 14 1020 4027 0000 1102 1479 9128
Transaction info: World Cup, 23-26.05.2019, name of the team
Bank transaction fee is under participant responsibility.
All extra costs will be charged at the venue by cash.

Cancellation terms
In case of cancellation the booking, a charge will be made equivalent to any loss suffered by the Organizing Committee, as itemized below. The amount of any cancellation fee will be calculated as a percent of the participation fee according to the following period of notice given:
No forfeit if cancelled until 1st April 2019
50% forfeit if cancelled until 22nd April 2019
100% forfeit if cancelled after 22nd April 2019

BOAT RENTAL
Payment for the boat rental will be accepted only in cash at the venue.

<table>
<thead>
<tr>
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<th>Till 1st April 2019</th>
<th>After 1st April 2019</th>
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</thead>
<tbody>
<tr>
<td>Single boat</td>
<td>30 Euro /day</td>
<td>60 Euro/day</td>
</tr>
<tr>
<td>Double boat</td>
<td>40 Euro /day</td>
<td>80 Euro /day</td>
</tr>
<tr>
<td>K-4/C-4</td>
<td>50 Euro /day</td>
<td>100 Euro /day</td>
</tr>
</tbody>
</table>

If you are interested in bike rental, please let us know in advance. Bike rental fee is 25 EUR/day

INSURANCE AND MEDICAL CARE

Insurance
All participants are strongly advised to take out a medical insurance policy in their respective countries

Medical care
The following medical services will be available for all official participants of the WC: doctor on duty, hospital, clinic assistance. A medical center will operate at the regatta course with ambulance first aid. All cost above the regular care are to be covered by your medical insurance policy. The OC does not take responsibility of such expenses.
VISA

For visa requirements all participants are kindly requested to contact Polish Embassy in their home country or check: https://www.msz.gov.pl/en/travel_to_poland/visa/visa

In order to get visa supporting documents please send your request to registration@pzkaj.pl with all necessary information (date of birth, passport number, expiry date passport, performed function in the team (e.g. Coach, athlete etc.), gender.

CONTACTS

Organizer: Polish Canoe Federation
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01-248 Waszawa
+48 22 837 14 70/ +48 22 837 40 59
office@pzkaj.pl

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PARTNERS

Ministry of Sport and Tourism of the Republic of Poland

POZnan

LOTTO

*posir

IMAS Sportsystems

domtel-sport.pl

MCC Medale

Duna Parque Hotel Group

PLASTEX

Brąca-sport

damsprint

KSERO PROJEKT

drukarnia cyfrowa

MPK