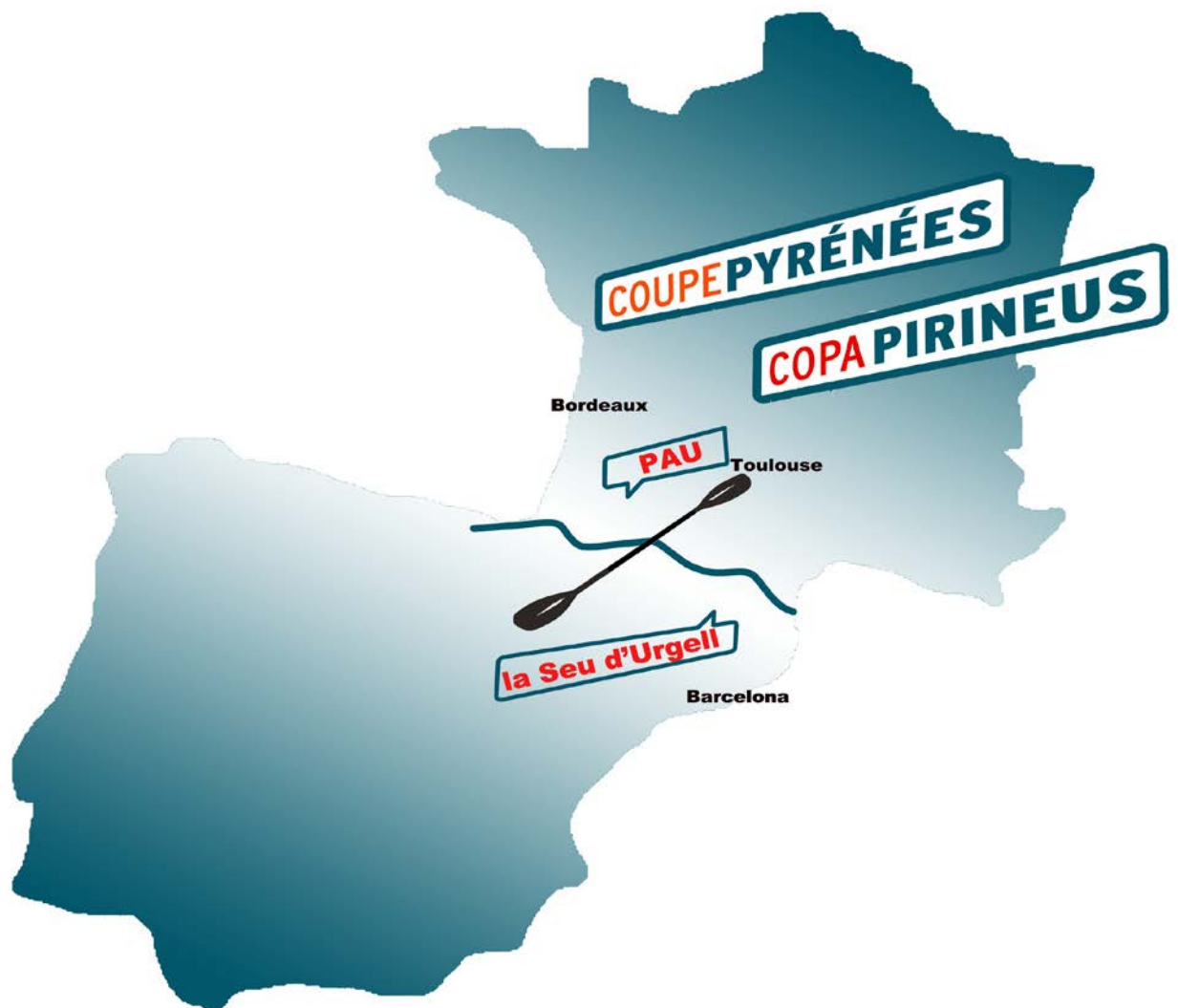


2019 PYRENEES CUP

6 – 7 April PAU, Parc Aquasports Stade d'Eaux Vives

13 – 14 April LA SEU D'URGELL, Parc Olímpic del Segre



1st NEWSLETTER

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Invitation to 2019 Canoe Slalom Pyrenees Cup



Dear President,
Dear Secretary General,

The Organizing Committee of the 10th Pyrenees Slalom Cup cordially invites you to attend the canoe slalom competitions that will be held in April of 2019.

The Pyrenees range of mountains is a tourist area, overlapping the border of France with Spain that will host the participants in a friendly atmosphere. The host cities of La Seu d'Urgell and Pau have a common tradition of cooperation starting on the Twelve Century. The bishop of Urgell, the Count of Bearn has had in the middle age a closer relationship during more than two hundred years. Now the canoe slalom, in two performance venues and an efficient organization crew, bring a new opportunity to strength the ties on both sides of the mountains. The travelling distances between the competition sites are approximately four hours. There is flexibility to combine athlete's schedules and accommodation preferences.

The competition races are sport orientated, to be useful for slalom training and improvement of technical performance. The individual inscription gives wider opportunities to participate and combine sport schedule. **La Seu and Pau competitions are included in the ICF calendar provide classification for ICF World Slalom Ranking.**

The Pyrenees Cup Organizing Committee welcomes you to join our 2019 events.

Provisional program



Parc Olímpic del Segre



Thursday, April 4 th	15:30-19:30h	Free Training in groups in Parc Aquasports Stade d'Eaux Vives – PAU
Friday, April 5 th	14 - 19:00h 19:15h h	Free Training in groups in Parc Aquasports Stade d'Eaux Vives – PAU Team Leaders meeting
Saturday, April 6 th	9:00 h 10:00 h 14:30 h 17:30 h	ICF World Ranking Competition: Demonstration Heats run Heats: 1 st run MXC2, WK1, MK1, WC1 and MC1 Heats: 2 nd run (<i>if you need it</i>) for all categories Finals course demo and approval
Sunday, April 7 th	10:00 h 15:00 h	Semi-final: C2MX, K1W, K1M, C1W, C1M Final of all categories
Thursday, April 11 th	15 – 20h	Free Training in groups Parc Olímpic del Segre – LA SEU
Friday, April 12 th	15 - 20 h 20:15 h	Free Training in groups Parc Olímpic del Segre – LA SEU Team Leaders meeting
Saturday, April 13 th	9:00 h 10:00 h 14:30 h 17:30 h	ICF World Ranking competition : Demonstration Heats course and approval Heats: 1 st run MXC2, WK1, MK1, WC1 and MC1 Heats: 2 nd run (<i>if you need it</i>) all categories Finals course demo and approval
Sunday, April 14 th	9:00 h 12:30 h 15:30 h	Semi-final: MXC2, WK1, MK1, WC1 and MC1 Final of all categories Medal giving ceremony

Rules Pyrenees Cup 2019: Entries, participation fees, etc

Categories	MXC2, WK1, MK1, WC1 and MC1
Nominal Entries	For 2019 ICF RANKING COMPETITION (level 3), entries are open without limitation of the number of boats per event and per federation. National Federations must do all of the entries through the ICF online entries system (SDP) http://www.canoeicf.com
Deadlines: Pau March 27th at 24 h La Seu April 3rd at 24h	Maximum number of participants in total: 300 paddlers All paddlers must have an updated national federation license when they confirm their entry, and must designate a Team Manager FRENCH athletes must do their entry through hn@ffck.org SPANISH athletes must do their entry through www.bit.ly/pyrineusRFEP
Participation Fee & payment	Pau & La Seu = 60 € per paddler and category Only in Pau or only in La Seu = 30 € per paddler and category The payment must be done, by cash, in the venue office: <ul style="list-style-type: none"> - Pau the 5th of April from 14h to 18h - La Seu the 12th of April from 15h to 19h
General Classification	All paddlers who participated in all competitions
Competition format	ICF rules: Heats, one Semifinal run and one Final run. All paddlers of ICF World Ranking will pass according to ICF progression. Pyrenees Cup paddlers who are outside the limits in each category will be excluded.
Judges	In Pau: French Judges In La Seu d'Urgell: Spanish Judges
Jury	Luís Martinez, Francesc Ganyet and Chief Judge of the competition
Course design	1 French + 1 Spanish in every competition
Classification	You must participate in the two competitions for final standings 0 point to the winner of each competition 2 points to second in each competition 3 points to the third of each competition, and so on... Final standings: Sum of points earned in all competitions In case of tie, this will be resolved by the sum of the final results of the two competitions
Prizes	<ul style="list-style-type: none"> - Gift for the top three in each category - Trophy for the best competitor in each category - In addition, there will be a gift to all participants PLUS - 4 hours of free training for all competitors: 2h in La Seu d'Urgell plus 2h in Pau per group
Other information	Boat storage will be placed in venues Free wireless internet access will be available Free access pass and car parking near venues will be guaranteed



ORGANIZING COMMITTEE:

Marianne AGULHON

Chief Official of Pyrenees Cup

Luís MARTINEZ

President of the club PPCKI (Pau Pyrenees Canoe Kayak International)

Francis COHORT

Treasurer of PPCKI

Marc VICENTE CASES

President of the Club Cadí Canoe Kayak

Francesc GANYET SOLÉ

Manager of Parc Olímpic del Segre

Enric BALASTEGUI ARTIGUES

Chief Judge in La Seu d'Urgell

Maryse VISEUR

Chief Judge in Pau

Meritxell RODRIGUEZ CADENA

Secretary General of Pyrenees Cup



Parc Olímpic del Segre

The Parc Olímpic del Segre is constructed in a branch of the river Segre, which was re-channelled after the damage caused by the exceptional flood of 1982. The slalom course's specific features are as follows:

- Length : 220 m
- Drop : 6,4 m
- Flow : 12 m³/s
- Course features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity: 5.000 people

The Competition Course is accompanied by a beginners course which is 130 m long with a drop of 1,5 m. The designed flow ranges from 3 to 10 m³/s.

The design of the artificial canals includes a system of complementary canals and mechanical conveyor belts which enable canoeists to return to their starting point without having to leave their boats. The dynamic conception of the whole facilities leads to intensive use all year round and separation of canoeists according to their levels of skill and ability.

The drop in the Slalom course is created naturally via channels that branch from the river Segre, with a very gentle slope. The feeder canal, 165 m in length, and mainly the flat water canal, 650 m in length and 20 m in width, are set aside for training in flat water canoeing and the necessary practice that sport lovers require in waters with a steady current.



How to get La Seu d'Urgell (Spain)



GPS:
Latitude 42,22N / Longitude 1,28E

La Seu d'Urgell is placed at 10 km of Andorra and 200 km of Barcelona

BARCELONA AIRPORT Novatel (Barcelona Airport - Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Airport – Andorra: 10.30h – 13h – 15h – 17h – 20h
Andorra – Airport: 5h – 8h – 10h – 12h30 – 17h

TOULOUSE AIRPORT Novatel (Toulouse Airport - Gare Matabiau – Andorra)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Gare Matabiau – Andorra: 10h
Airport – Andorra: 10h30 – 19 30h
Andorra – Airport: 5h – 10h 15h

GIRONA AIRPORT Novatel (Girona Airport – Andorra- Girona Airport)

It's necessary to book the ticket.

Tel. (+376) 803789

e.mail: novatel@andorrabybus.com

Timetables: Girona Bus Station – Andorra: 09h30 – 19h45
Andorra – Girona Airport: 5h00 – 14h00

BARCELONA (CITY) _Barcelona Bus Station (Estació del Nord) – La Seu d'Urgell

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables: Barcelona – La Seu d'Urgell (daily): 6h30 – 7h30- 15h - 17h -19h
La Seu d'Urgell – Barcelona: 06h30–8h45– 15h30 – 17h30 – 19h

LLEIDA Lleida (Bus Station) – La Seu d'Urgell

Alsina Graells

Tel. (+34) 902 422242

www.alsa.es

Timetables: Lleida – La Seu d'Urgell: 9h15 – 11h30 - 16h (daily) / 19h (from Monday to Friday)
La Seu d'Urgell – Lleida: 08h40 (from Monday to Friday) / 6h– 16h20 (daily)

Pau Pyrenees White Water Stadium



The Pau Pyrenees White Water Stadium is constructed in a branch of the river « gave de Pau » and lets its users choose between 3 different ways of functioning : gravitational, mixed (part of the water is recirculated) or only with pumps.

The slalom course specific features are as follows:

- Length : 280m
- Breadth : 15m
- Height drop : 2%, 4,8m from start to finish
- Flow : 7 to 14 m³
- Conveyors belt transports participants from finish to start point without leaving boats
- Courses features: concrete bottom, banks and obstacles of natural boulders
- Spectators capacity : 8 000 people
- Start pool : 5 000 m²
- Finishing Lake: 1800 m²

Athlete also have the possibility to gather the « gave de Pau » from our finishing lake via a 200m long course equipped with gates. This part of the stadium is also used as a warmer / beginners course.



How to get Pau (France)

Territory map



Pau Portes des Pyrenees is situated at 770 km from Paris, 200 km from Bordeaux and Toulouse and 100 km from French bask coast. 160 km from San Sebastien, 236 km from Saragosse and Bilbao

GPS: lat 43.300853 / long : -0.373235

HOW TO GET HERE:

By plane:

Pau Pyrenees airport proposes daily flights to Paris, Paris Beauvais, Lyon, Marseille, Rome, London and Bruxelles Charleroi. Also, in a perimetre of 200 km you have the choice between many airports:

N°	Name	Distance from competition site	Time needed
Airport n°1	Pau-Pyrénées	10 km	25 min
Airport n°2	Tarbes-Ossun	35 km	40 min
Airport n°3	Biarritz	110 km	1h10 min
Airport n°4	Bordeaux	200 km	2h
Airport n°5	Toulouse	200 km	2h

By train:

Four trains leave Pau daily to link Paris in only 5 hours. Direct trains go to Bordeaux, Toulouse, Biarritz, Nice, Vintimille, Genève and Spain.

	Name	Distance from competition site	Time needed
Station 1	Pau	Less than 1 km	5 min
Station 2	Toulouse	200 km	2h
Station 3	Bordeaux	200 km	2h

By car:

Since December, a new motorway, the A65, opened linking Pau to Bordeaux in just 1h30.

Contacts



. Pau Pyrénées Canoe Kayak International

Parc Aquasports Stade d'Eaux Vives - Marianne Agulhon

Tel. +33 6 83 36 23 58

Web: <http://www.copapirineus.org>

Email: contact@paucanoe.com

. Parc Olímpic del Segre

25700 La Seu d'Urgell (Lleida)

Tel. 34 973 36 00 92

Fax. 34 973 36 01 92

Web: <http://www.copapirineus.org>

Email: canoeslalomseu@parcolimpic.cat

USEFUL LINKS:

International Canoe Federation:	www.canoeicf.com
French Canoe federation:	www.ffck.org
Spanish Canoe Federation:	www.rfep.es
Catalan Canoe Federation:	www.fcpiraguisme.com
Seu d'Urgell Tourist information:	www.turismeseu.com
Seu d'Urgell Town hall:	www.laseu.cat
Parc Olímpic del Segre	www.parcolimpic.cat
Pau Tourist Information centre:	www.pau-pyrenees.com
Pau Town Hall:	www.pau.fr
Parc Aquasports Stade d'Eaux Vives	https://paupyrenees-stadeeauxvives.fr/

Thanks to Institutions and Sponsors

