

## NEWSLETTER CANOE MARATHON RACING

*For  
National Team Leaders,  
ICF Canoe Marathon Event organisers,  
National Federations,  
International Technical Officials, and  
All other persons interested in Canoe Marathon*

### **NEWSLETTER 2020-3** **December 2020**

#### **CONTENT**

- The 2021 events
- Reminder: Nomination of ITOs for 2021
- ALPHA certificate 2021
- Examinations for ITO candidates
- Promotion video's
- Updated long-term calendar World Cup/World Championships

*ICF website for Canoe Marathon where you can find more information:  
<https://www.canoeicf.com/discipline/canoe-marathon>*

***What a Year!!! What a year !!! Corona has not yet disappeared from our lives. We have a lot to catch up. A great marathon program for 2021 with something for everyone. We look forward to it with all confidence.***

### **2021 EVENTS**

#### **"early World Cup lite"**



Our preference is to organize an early World Cup – lite (2 days) in June.

Our paddlers deserve a race after 19 months without any short and standard distance

We hope to let you know the place in January.



**ICF Canoe Marathon World Championships  
– Pitesti, Romania**

**27 – 28 September 2021 Masters World  
Championships**

**30/09 – 3<sup>rd</sup> of October 2021**

**World Championships seniors/under  
23/juniors**

**Qualification (seniors) races for World  
Games Birmingham (Alabama) 2022**

Bulletin seniors/under 23/juniors:

[https://www.canoeicf.com/sites/default/files/2021/icf\\_canoe\\_marathon\\_world\\_championships\\_bulletin\\_1.pdf](https://www.canoeicf.com/sites/default/files/2021/icf_canoe_marathon_world_championships_bulletin_1.pdf)

In the bulletin, you will find information about the event including contact information.



**ICF Canoe Marathon World Cup –  
Shaoxing, China**

**28 – 30 October 2021**

**--- Prizemoney**

**--- Talent Identification Plan for Asian  
paddlers**

**Bulletin next newsletter**

**Website:** <http://en.shaoxingshuima.com/>



**TEST EVENT WORLD CUP VENUE 2022  
(Changzhou)**

**In week 1 – 7 November**

**More information next newsletter**

## 2021 ICF competitions and COVID19 pandemic

<b>1st step</b>	3 months prior to an ICF competition	Review feasibility ICF / HOC Confirmation or Cancellation
<b>2nd step</b>	2 months prior to an ICF competition	Review feasibility ICF / HOC Confirmation or Cancellation
<b>3rd step</b>	<b>Weekly review</b> <i>ICF / Host Organisation COVID19 protocol to be finalised for 1<sup>st</sup> publication at least 1 month prior the competition</i>	

### **ANTI-DOPING EDUCATION**

For the ICF World Championships, ICF World Cups and ICF ranking races, every athlete, coach and support personnel must pass the anti-doping online course. The course can be accessed here:

<https://www.canoeicf.com/anti-doping-education>

Athlete must complete the ALPHA course: The **Athlete Learning Program about Health and Anti-Doping (ALPHA)** gives athletes information about the dangers of doping, the importance of anti-doping controls and promotes positive attitudes to avoiding doping.

It consists of eight sessions and takes two hours to complete. Athletes are encouraged to take the course in several stages. Progress is then saved from one visit to another. A pre- and post-course anti-doping knowledge test and attitude survey is included to evaluate the effectiveness of the program. A score of 80% or higher is required for ALPHA certification, though athletes with insufficient scores are able to repeat the program until they achieve the minimum 80% score. Those who have completed the programme in previous years do not need to redo it.

*Coach and support personnel must complete the CoachTrue course: CoachTrue provides anti-doping education for coaches of elite and recreational-level athletes. It has different modules covering all anti-doping processes as well as tutorials, scenario-based activities and quizzes.*

Please enter the correct identity information while creating an account, as the completion of the course will be recorded.

For more information contact: [michel.alarcon@canoeicf.com](mailto:michel.alarcon@canoeicf.com)

## **REMINDER: NOMINATION OF ITO's FOR 2021**

National Federations has received an email from the ICF and/or ECA. They are invited to nominate candidates for ITOs (ICF) World Cup Shaoxing and World Championships Pitesti. Accommodation during the events for the selected ITOs will be paid by the event organizers.

The deadline for nominations for the **World Cup Shaoxing and World Championships Pitesti is on 31<sup>st</sup> December 2020** by the National Federation using the link sent to the them from the ICF HQ, and please send a copy to [ruud.heijselaar@canoeicf.com](mailto:ruud.heijselaar@canoeicf.com)]

The deadline for nominations for the **European Championships is 31<sup>th</sup> December 2020 and please send a copy** to [r.heijselaar@chello.nl](mailto:r.heijselaar@chello.nl)

**Note that these forms should be filled only by the person responsible from the National Federation.**

## **EXAMINATION FOR ITO CANDIDATES**

In 2021 examination for candidates to become International Technical Official in Canoe Marathon will be possible

- the Tuesday before the World Championships 29 September in Pitesti, Romania
- in the days before the World Cup in Shaoxing 28 – 30 October

Only National Federations are entitled to nominate candidates for examination at least 30 days before the examination, see Canoe Marathon Competition Rules art. 1.15 for further requirements.

The applications must be sent

to the ICF Office in Lausanne [hengameh.ahadpour@canoeicf.com](mailto:hengameh.ahadpour@canoeicf.com)

and to Ruud Heijselaar [ruud.heijselaar@canoeicf.com](mailto:ruud.heijselaar@canoeicf.com)

using the special form published on the ICF website <https://www.canoeicf.com/officials>

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## **PROMOTION VIDEO's**

### **WORLD GAMES 2022 BIRMINGHAM ALABAMA/USA**

Beginners guide marathon <https://fb.watch/1GjIFJ0S4C/>

### **PROMOTION VIDEO WORLD GAMES 2025 CHENGDU/CHN**

<https://www.facebook.com/iwga.theworldgames/videos/2790123397943003>

### **TEST EVENT OCTOBER 2020 WORLD GAMES MASTERS**

<https://youtu.be/NvIG5-aKfk4>

### **FROM THE PAST WORLD CHAMPIONSHIPS 1990 LAKE BAGSVAERD (COPENHAGEN)**

<https://www.youtube.com/watch?v=AUw8Wsvu3oU>

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## WORLD SERIES CALENDAR 2021

2021				
Drak challenge 	South Africa	RSA	30-31/01	Website: <a href="https://drak.co.za/">https://drak.co.za/</a>
Sports Camp & Kozetur marathon 	Antalya	TUR	19 – 22/03	Website: <a href="http://www.antalyacanoemarathon.com/">http://www.antalyacanoemarathon.com/</a>  Promotion video:  <a href="https://www.youtube.com/watch?v=u0qRkOEvxDU">https://www.youtube.com/watch?v=u0qRkOEvxDU</a>
Turin marathon 	Turin	ITA	27 – 28/03	Website: <a href="https://www.turinkayakcanoemarathon.it/en/">https://www.turinkayakcanoemarathon.it/en/</a>
Waterlandmarathon	Amsterdam	NED	17/04	Website: <a href="http://amsterdamcanoemarathon.com/updates/">http://amsterdamcanoemarathon.com/updates/</a>
Sella Descent 	Arriodas	ESP	07/08	Website: <a href="http://www.descensodelsella.com/">http://www.descensodelsella.com/</a>
Dalsland marathon	Bengtsfors	SWE	14/08	<a href="https://www.campdalsland.se/races/dalsland-kanotmaraton/?lang=en">https://www.campdalsland.se/races/dalsland-kanotmaraton/?lang=en</a>
Liffey Descent 	Dublin	IRL		<a href="https://liffeydescent.ie">https://liffeydescent.ie</a>
Final race WORLD CHAMPIONSHIPS	PITESTI	ROU	2/10	

## UPDATED LONG-TERM CALENDAR

### 2021

Oceania Canoe Marathon Championships	Tauranga	Exact date to TBC
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### 2022

World Cup 1		Open for application
World Cup 2 (dates to be confirmed)	Changzhou/CHN	
World Games – July 11 – 12	Birmingham, Alabama / USA	Confirmed
Masters European Cup – 18 - 19 July European Championships 21- 24 July	Silkeborg /DEN	Confirmed
World Championships Masters – 8 – 9 August  World Championships seniors/under 23/juniors 11 – 14 August	Ponte de Lima / POR	Confirmed
World Games masters	Kansai/JPN	October date TBC

### 2023

World Cup		
Masters European Cup European Championships (dates to be confirmed)	Slavonski Brod/ CRO	Confirmed
World Championships, 1-4 September	Vejen, Kolding /DEN	Confirmed

### 2024

World Cup		
Masters European Cup European Championships		Open for applications
World Championships	Metkovic/CRO	Confirmed

***Be careful and take good care of your loved ones.***

*The members of the ICF Canoe Marathon Committee hope to see you in the next year competition and we send you our;*

**VERY BEST WISHES FOR THE NEW YEAR**

*Ruud Heijselaar*

**Begoña  
Rodriguez  
Costales**

**Stefan  
Gustafsson**

**José  
Sousa**

**Tim  
Cornish**