



Bulletin 1
December 2020



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1 WELCOME



I am sure I speak on behalf of the entire canoe freestyle community when I say how fantastic it will be to finally get back to top level international competition in 2021, and how exciting it will be to head to Nottingham in the United Kingdom.

2020 provided many challenges for our paddling community, with events postponed or cancelled, international travel curtailed and training

programmes severely restricted.

But we will emerge stronger and more united than ever, and events such as the 2021 ICF canoe freestyle world championships will act as a beacon for the sport's athletes, support staff, officials and fans.

In 2019 we headed to Sort, Spain, to watch the very best canoe freestyle paddlers in the world perform on the sport's biggest stage. Our hosts promised us an event to remember, and they really delivered.

Already we have been impressed by the professionalism and the vision of our 2021 hosts, Nottingham. We know how passionate Great Britain is about paddling in all its forms, and we are sure our friends at British Canoeing will put on a wonderful World Championships.

It takes a special kind of group to come together in times of adversity and to work towards an end goal such as a Canoe Freestyle World Championships. For this, the entire ICF community, and especially our freestyle athletes, will be forever grateful for the efforts of the Nottingham 2021 hosts.

On behalf of the ICF, I congratulate everyone involved in organising our 2021 Canoe Freestyle World Championships and wish everyone the best of luck during this exciting event. We can't wait to see you all face-to-face!

Jose Perurena
International Canoe Federation President





It is my pleasure to welcome all athletes, competitors, supporters and friends to this exciting and much anticipated ICF Canoe Freestyle World Championships at the historic site in Nottinghamshire. The white water channel will celebrate its 35th anniversary with the hosting of the event. Its design, gravity fed from the river Trent, and with deep channels, a four metre drop and some 1500 metres in length means it is a flexible yet challenging course. It will provide the perfect platform for Freestylers across all categories to give of their best.

The World Championships is an important and significant event in our calendar and a key contributor to British Canoeing's ambition to be a welcoming host for international competition. This would hold true in any year but it has specific significance in 2021 as the world begins to rebuild after the devastation of 2020 and the covid-19 pandemic. We were devastated to lose a whole competitive season in 2020 including the Freestyle World Cup.

We shall do all we can to ensure that it is a memorable occasion: memorable for the quality of performance, atmosphere, sense of celebration and the technical delivery of the event. We shall be forever mindful of the covid-19 challenge and will ensure that it is a safe and secure setting. Whilst keeping everyone safe we shall genuinely celebrate the joy of being together as an international community passionate about paddling, competing and supporting each other.

Should covid-19 allow, it is our earnest wish to create a festival atmosphere to honour the international athletes that come to compete. We are fortunate to have such a facility at the home of British Canoeing. We are delighted that Holme Pierrepont Leisure Trust are such generous partners for this event building on our very supportive daily working relationship with them.

I would also like to extend my sincere thanks to those committed volunteers, committee members, British Canoeing staff and our partners and sponsors for their support to put on the event. I would also like to thank Nottinghamshire County Council and Rushcliffe Borough Council for their assistance in doing all they can to ensure that our international visitors have a wonderful experience.

We hope that everyone will take home happy memories of their time here. It is our honour and privilege to have over 150 of the world's best freestyle paddlers here on our course competing for the ultimate of international honours – The World Championships.

Very best wishes to you all Professor John Coyne CBE Chair, British Canoeing





Did you know the inaugural Freestyle World Championships were held right here in the UK in 1991? Three decades have passed since then, and we're thrilled to say they're coming home!

That event was, without a doubt, one of the most difficult to organise as it took place a mile out in the Atlantic Ocean on a tidal rapid known to sailors — who often sank if they took this route — as The Bitches. With six- to seven-metre

tides, a notoriously dangerous part of the ocean and this being the very first competition, the odds seemed stacked against us. It worked, though.

So here we are, almost thirty years on, back in the UK — this time at a purpose-built site right in the heart of England. The Holme Pierrepont Country Park; home of the National Water Sports Centre, is the headquarters of British Canoeing, and it's just ten minutes from the centre of Nottingham — a historic city with a modern vibe.

This competition should have been easier to organise, yet it has arguably been more challenging because as we all know, 2020 brought a global pandemic unlike anything we could have imagined. People all around the world were forced to pause, segregate and, for far too many, mourn the loss of loved ones.

It's been difficult to plan with such a high level of uncertainty but our team, some of whom were there at the first Worlds, have risen to the challenge. The Worlds we are presenting in this bulletin is not the one we imagined back in 2016 when we first bid. But you can rest assured that it has lost nothing of the spirit of freestyle. You'll be competing on the world stage, and the atmosphere will be amazing, we promise.

We are open for business!

Andrew F Jackson Event Director



2 GENERAL INFORMATION

2.1 Event title

2021 ICF Canoe Freestyle World Championships, Nottingham

2.2 Event dates

Official Training period Wednesday 7 to Sunday 11 July 2021 Competition Monday 12 to Saturday 17 July 2021

2.3 Venue name/address

National Water Sports Centre Holme Pierrepont Country Park Adbolton Lane Holme Pierrepont Nottingham NG12 2LU https://www.nwscnotts.com/

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2.4 Key Contacts

Event Director Andrew Jackson jacko@kayakojacko.com

Head of Events Gemma Wiggs events@britishcanoeing.org.uk

Technical Manager Josh Wedgwood joshwedgwood@live.co.uk

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Marketing & Media Rob Knott mediaenquiries@britishcanoeing.org.uk
Sponsorship Gareth May gareth.may@britishcanoeing.org.uk

Venue, Water & Campsite Enquiries info.nswc@serco.com

British Canoeing +44 (0) 300 0119 500

National Water Sports Centre, Adbolton Lane, Holme Pierrepont,

Nottingham, NG2 2LU

Event website https://britishcanoeingevents.org.uk/

ICF webpage https://www.canoeicf.com/canoe-freestyle-world-

championships/nottingham-2021



3 COVID-19

In the light of covid-19, British Canoeing are working hard with the ICF and event partners to create a safe environment for athletes, team staff, officials and volunteers. We are working through several scenarios to ensure we can be as flexible as possible to react to where covid-19 might be come July 2021.

The ICF will issue a covid-19 protocol document one month in advance of the event which will detail the mitigations in place in line with the covid situation in the UK and abroad at that time.

The HOC and ICF will review the covid-19 situation in the UK and worldwide on 12 April (3 months in advance of the event) and provide an update to National Federations and athletes including whether the event can take place or not.

For up to date UK Government guidance on entering the UK please visit: https://www.gov.uk/uk-border-control

At the time of publication of this bulletin (December 2020), UK Border Control currently require visitors to complete a passenger locator form before you arrive in the UK. You may also need to self-isolate for up to 14 days when you arrive, depending on where you've travelled from. With rapid testing and vaccines due to be rolled out in the coming months it is hoped that requirements to quarantine will be reduced/removed, we will monitor the requirements and communicate changes closer to the event.

4 LOCATION

Situated just 10 minutes from Nottingham City Centre, Holme Pierrepont Country Park is home to the National Water Sports Centre and British Canoeing housing the headquarters of the organisation, the Olympic Sprint and Paralympic Paracanoe performance programmes. Holme Pierrepont is also home to the British Freestyle Championships, National Sprint Regattas and the British Polo Championships.

3.1 Location of airports, rail network and roads to the venue/city

Nottingham is considered to be the best city outside London for public transport links and is one of the greenest cities in the UK. Based in the heart of the country, Nottingham occupies a fantastic central location with excellent transport links via road, rail and air.



By Air

	Distance	Time	Destinations
East Midlands Airport	27 km	25 mins	Regular flights to and from Europe
Birmingham Airport	80 km	60 mins	Europe, the Middle East, the Indian subcontinent, North America and the Caribbean
Manchester Airport	130 km	150 mins	Europe, the Middle East, the Indian subcontinent and North America
London Luton Airport	160 km	110 mins	Primarily Europe but also some Middle East, the Indian subcontinent and North America destinations
London Heathrow	200 km	150 mins	Global

By Rail

Nottingham Train Station – 10 minute drive to the venue.

Direct train service from London St Pancras (easy access from London Airports) which is also home to the Eurostar.

By Road

At the heart of the UK road network Nottingham is 20 minutes off the M1 motorway. As you approach Nottingham, follow the brown tourist signs for the National Water Sports Centre which will direct you to the site.

By Bus

Nottingham bus routes 11 and 11C have a stop a 10 minute walk from the White Water Course.

Travel by bus to Nottingham from East Midlands Airport, Birmingham, Manchester and London as well as many other cities is also available.

3.2 Weather in July

Mean Temperature 17°C (average ranges 12°C to 22°C) Average 165.1 hours sunshine Average rainfall 65.0mm



3.3 Currency

The currency used in the UK is the Pound Stirling which has the international abbreviation GBP £. Major credit and debit cards are accepted widely.

3.4 Local Attractions

<u>Holme Pierreport Country</u> itself has a whole host of activities on site including a lagoon wipeout, climbing wall, sky trail, mini golf, segways, tubing and the large rural site to explor.

Nottingham is a city in central England's Midlands region. It's known for its role in the Robin Hood legend and for the hilltop Nottingham Castle Museum and Art Gallery, rebuilt many times since the medieval era. In the Lace Market area, once the centre of the world's lace industry, the Galleries of Justice Museum has crime-related exhibits. Wollaton Hall is an ornate Elizabethan mansion with gardens and a deer park.

There are also a wide array of social activities within the City Centre (distances from HPP):

- Nottingham Castle 6km (3.7 miles)
- Museum of Nottingham Life at Brewhouse Yard 6.4km (4 miles)
- Nottingham Caves 5.3km (3.3 miles)
- Lace Market 5.1km (3.2 miles)
- Galleries of Justice 3.8km (3.8 miles)
- National Ice Centre 5km (3 miles)

On the outskirts of the city are the following:

- Wollaton Park 13.5 (8.4 miles)
- University of Nottingham Lakeside Arts Centre 15km (9.3 miles)
- For local Mountain Bike Trails visit <u>Trail Forks website</u> or <u>Komoot website</u>
- For indoor and outdoor climbing suggestions in and around Nottingham visit <u>Decathlon</u>
 Suggested Locations

Further afield

- Sherwood Forest (the home of Robin Hood) 42km (26 miles)
- Rufford Abbey 39km (24 miles)
- Alton Towers Theme park 75km (47 miles)
- The <u>Peak District</u> is famous for walking/hiking 64km (40 miles)

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4 VENUE

4.1 Description of competition venue and sport infrastructure

Set in 270 acres (1.1 km2) of parkland, <u>Holme Pierrepont Country Park</u> not only offers a host of water activities, but also a range of land based activities. The centre is made up of three distinct pieces of water:

- A 2,000 metre regatta lake
- A 700 m purpose-built white water canoe slalom course
- A canoe polo and open water swimming lagoon

Holme Pierrepont Country Park is owned by Nottinghamshire County Council and managed by Holme Pierrepont Leisure Trust who work with local partners to offer an extensive sports development programme. The site offers many activities including foot golf, sky trail, climbing wall, lagoon wipeout, archery combat and mini golf.

4.2 Venue map





4.3 Presentation of the technical aspects of the course

Built in 1986, the course is made primarily from concrete. It is approximately 1500 metres long, drops just over 4 metres in height to produce Grade 3 white water rapids. River flow is dependent on rainfall but due to the large catchment of the Trent, flows between 16 and 25 cubic metres per second are normal. Control of flow to ensure a consistent feature is achieved using a mechanical inlet gate.

The course had a refit in 2009 with design by athletes and rafters to ensure the course can stage major sporting competitions whilst providing the maximum thrills for day to day white water rafters and paddlers. Along with essential maintenance, some of the original concrete obstacles were removed and Omniflots (large plastic movable blocks) were added.

4.4 Feature

Over its 35 year history the white water course has undergone much development. Despite a number of world class features already existing, one of the objectives of hosting the 2021 World Championships was to create a new a hole feature for freestyle. Work has now been completed and the feature is in place allowing athletes opportunity to train ahead of the Championships in July.

The Twin Waves provides a stable hole feature with good eddy service from river right. Approximately 6 metres wide and created by a drop of approximately 30 centimetres the feature has a good pile and retains well.

For a review of the feature please visit the event website: https://britishcanoeingevents.org.uk/rory-oreilly-reviews-freestyle-world-championship-feature/

The Squirt feature is in the Looping Pool area of the white water course. Seams accessible from large eddies make for opportunity in both downtime and surface base rides.



5 EVENT & COMPETITION PROGRAMME

The following events are part of the ICF World Championships programme.

Surface Boats

- MK1 Men's Kayak Surface
- MK1J Men's Kayak Surface Junior
- WK1 Women's Kayak Surface
- WK1J Women's Kayak Surface Junior
- XC1 Canoe Decked Surface
- XOC1 Open Canoe Surface

Squirt Boats

- MK1SQ Men's Kayak Squirt
- WK1SQ Women's Kayak Squirt

In addition we are pleased to announce that the first World Masters Championships will be held in conjunction with the event. For more information on the Masters event please visit the event website: https://britishcanoeingevents.org.uk/masters-freestyle-world-championship-event/

Given the impact of covid-19, planning is currently focused on delivering a safe environment for the World Championships and Masters World Championships. Should covid-19 ease in the months leading into the event, we hope to be able to expand the event and provide a range of other events as part of a wider festival including flatwater freestyle, boater X, women's C1 etc. We will share more information on this in the lead up to the event.

6 TRAINING

6.1 Official Training

Official training will take place from Wednesday 7 July to Sunday 11 July 2021.

There will be 1 training slot per day per nation. Exact timings will be determined after the numeric close of entries. Additional open training opportunities will also be scheduled if possible.

There will be no additional cost for paddling on the white water course during Official Training or Competition times.





Should any athletes/teams wish to use Holme Pierrepont as a training base in the days, weeks or months prior to the World Championships, they are free to do so during standard opening hours (note that on rare occasions the course may be closed due to exclusive bookings).

Through the support of the venue operators, we are pleased to be able to offer all Freestyle World Championships athletes discounted water access and camping packages. To take advantage of the discount you must book in advance, please contact NWSCWhiteWater@serco.com.

Holme Pierrepont Country Park, home of The National Water Sports Centre, Nottinghamshire, UK

Competition Athletes Packages

(Packages are only available to squad athletes of the representative country, proof maybe requested)

Camping and White Water Course Access:

- £25.00 per night per person.
- White Water Course access for each day each side of the campsite booking
- Based on a standard campsite pitch, upgrades to electrical pitches, hard standing pitches or camping arches (non-furnished and furnished available upon request).
- All bookings to be made to info.nwsc@serco.com.

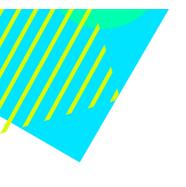
White Water Only Access:

- 20% discount on launch fee.
- All bookings to be made to info.nwsc@serco.com.

White Water Memberships:

 Please email NWSCWhiteWater@serco.com to set up an annual or direct debit membership for the White-Water course.









For full price list (excluding pre-booked discounts) please visit https://www.nwscnotts.com/nwsc/price-list.

For information on when the course is closed for events visit the National Water Sports Centre what's on page on their website: www.nwscnotts.com/nwsc/events.

The Centre have a facebook page where communication is posted regarding possible closures due high river levels. Just search @NationalWatersportsCentre on facebook to find the page.

We ask all athletes to adhere to the sites' covid-19 restrictions and the UK guidelines on social distancing and correct measures to protect yourself and others. All areas of the site have been made covid-19 safe to open and have systems in place which all users of each part of the site must follow.

We also ask, that all athletes, ensure that if travelling internationally they follow the current government guidance (in the country of travel) and the UK guidelines around a quarantine period if entering the UK from a listed country. Please note, the Home Pierrepont Country Park, is not a suitable location for a quarantine period prior to starting training. Should you require any further information, please contact Jack Garner (Contract Manager) on jack.garner@serco.com prior to planning your trip.

At the time of publication of the Bulletin (December 2020), the UK is operating a three tier system. Should Nottinghamshire be in tier 3 then travel to the venue to train is not possible.

6.3 Water Safety

Athletes must follow the venue protocols when training. Water safety is the responsibility of individuals with the use of a buddy system by water users supporting each other.

During competition 2 qualified Water Stadia Rescue personnel will be water side throughout the competition - one at the feature and one downstream of the feature.

6.4 On-site Gym

On site at Holme Pierrepoint Country Park a gym is also available (overlooking the regatta lake). This includes a 60 station fitness gym, dedicated weights and strength space, personal training and workout classes. Combined one month gym and water membership is available and therefore is available for only a small price increase www.nwscnotts.com/nwsc/gym-and-fitness.





7 ACCOMMODATION & CAR HIRE

We will issue full details of transport and catering options for the World Championships in the next bulletin.

7.1 Accommodation & Camping at the National Water Sports Centre

The National Water Sports Centre has a variety of accommodation offerings on the site including hotel-style rooms in the Lakeside Building, a self-contained cottage ideal for groups or camping pitches, arches and bell tents on the campsite. https://www.nwscnotts.com/nwsc/short-breaks-index

The National Water Sports Centre hosts an 18 acre campsite just a 10 minute walk from the white water course. The campsite has the following options:

- Grass pitches
- 40 hard standing pitches
- 136 electrical hook ups
- Camping arches insulated & electricity
- Bell tents

The last year has seen significant investment in the site including:

- Brand new shower block
- Refurbished toilet area and additional disabled toilet facilities
- A brand new playground
- Our new Campfire Café and a refurbished campsite shop

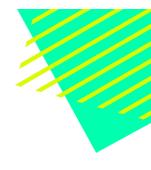
See Training section for camping and white water access discounted package.

7.2 Hotel Accommodation around the area

Visit Nottinghamshire have secured preferential rates at a number of hotels in and around the city. Prices range from £64 per room per night for 3* accommodation, £65 per room per night crash pad at a 4* hotel, through to £109 per room per night and £139 per room per night at other 4* hotels.

A webpage will be launched in 2021 to provide individual hotel details and prices. In the meantime for more information on accommodation available and prices please contact Rachel Stewart: rachel.stewart@visit-nottinghamshire.co.uk





7.3 Self Drive Cars

British Canoeing are pleased to be able to share a 10% discount for teams wishing to hire self-drive cars with Enterprise. To take advantage of the deal please book through the following link: http://enterpriseaffinity.sjv.io/c/1306891/524565/8699

8 ENTRY

8.1 Entry process & deadlines

Entries and accreditation requests must be made by the National Federation using the ICF's online entries system (SDP): https://icf.msl.es/icf/icf.jsp

For detailed instructions on how to submit entries, please read the SDP user guide. Any questions or issues relating to entries or accreditation should be sent tosdp@canoeicf.com prior to the respective deadline.

SDP user guide http://www.canoeicf.com/sites/default/files/nf_userguide_v2.2.pdf

Numerical Entries

- Numerical entries close: **13 June 2021**
- You must submit through SDP the number of athletes you will enter into each event.
- Please also give indicative numbers for the overall number of athletes and team personnel who will attend the event with your delegation.

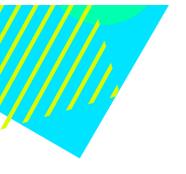
Nominal Entries

- Nominal entries close: 3 July 2021
- Each athlete competing must be entered by name.
- Team personnel must also be submitted for accreditation at this time. These entries will be used to produce the accreditation cards for all teams.

Entries or accreditation requests sent directly to the committee or the event organiser will NOT be accepted.

8.2 Participation Fee

A Participation Fee of GBP £170 will be charged for each accredited athlete and team official, to cover the duration of the Official Training and Competition phases of the 2021 ICF Canoe Freestyle World Championships.







The participation fee will include the following services:

- Entry to the 2021 ICF Canoe Freestyle World Championships competition
- Course fees for the Official Training & Competition Period (7-11 July 2021)
- Access to Athlete/Team accredited areas
- Public wifi access on venue
- Free parking on site
- Emergency first aid during Official Training and Competition times
- Water safety during Competition
- Drinking water during official training and competition periods
- Refreshments/snacks during competition
- Athlete welcome pack
- Should covid-19 ease and wider events can be delivered accreditation fee will include entry into wider events

The expectation is that we will add to our participation fee offering but at time of publication are not in a position to release details.

8.3 Bank details

The participation fees must be paid by bank transfer before the arrival at the competition, no other payment method is available.

Bank Barclays Bank Ltd, 2 High Street, Nottingham, NG1 2EN

Account Name British Canoeing

Sort Code 20 63 33
Account Number 93316157
SWIFT/BIC BARCGB22

IBAN GB87 BARC 2063 3393 3161 57

When making payments please quote "FR WC" followed by your country code.

Payments must be made in GBP £. Bank and currency charges must be paid by NFs in addition to the accreditation fee.

If you require an invoice please contact <u>belindah.otieno@britishcanoeing.org.uk</u>.





9 VISA REQUIREMENTS

A UK 'Standard Visitor' Visa will be required for athletes, officials and support personnel from countries which UK Border Agency has categorised as 'Visa Nationals'.

Individuals can check if they require a UK visa by visiting: https://www.gov.uk/check-uk-visa

You can apply for a visa up to 3 months before your date of travel to the UK and should get a decision on your visa within 15 working days. To find out how long getting a visa might take in the country you are applying from visit www.gov.uk/visa-processing-times. (Please note if a nation does not apply for their visas in due time, it cannot be guaranteed that their application will be processed in time and that additional charges may be applied by the UK Government for an express service).

You must apply online for a visit visa at www.gov.uk/apply-uk-visa. After you have applied online, you will need to make an appointment to attend one of our visa application centres. Find your nearest centre at www.gov.uk/find-a-visa-application-centre

British Canoeing will issue an official invitation to athletes, officials and support personnel from National Federations where the participants are listed as 'Visa Nationals'. Please contact Macauley Allen macauley.allen@britishcanoeing.org.uk to obtain a visa invitation.

The UK are set to leave the European Union on 1 January 2021. At the time of publication of the team bulletin, the deal is still being negotiated. Official guidance from the UK Government is available here. As it currently stands, EEA visitors will from 1 January 2021 be treated the same as visitors from non-EEA countries. EEA visitors will have access to visa free movement for short trips for up to 90 days in the UK and as such, EEA athletes, team and technical officials will not require visas to compete in events. Visiting EEA nationals will not be able to use their EEA or Swiss national ID card to enter the UK from 1 October 2021.

While certain aspects of healthcare provision are still subject to the outcome of the current UK/EU negotiations, gov.uk is currently advising EEA nationals visiting the UK 'to take out appropriate travel insurance with health cover before travelling to the UK.' Although some National Health Service services are free to everyone, these exceptions aside EEA nationals are likely to be charged for National Health Service healthcare if they do not have the right insurance. Information can be found at: https://www.gov.uk/transition.

Full details of the implications of Brexit will be communicated in a future bulletin.





10 MEDICAL SERVICES & WATER QUALITY

On-site medical support, in accordance with ICF standards will be on site throughout the official training and competition periods and we will liaise with all the relevant local authorities towards any emergency requirements.

Queen's Medical Centre Nottingham is 7.7 km (4.8 miles) providing 24 hour a day accident and emergency services.

NHS Urgent Care Centre, Seaton House, City Link, Nottingham NG2 4LA is located 4.3km (2.7 miles) from HPP, and open daily 7am-9pm providing minor injury emergency care.

The water facilities at the National Water Sports Centre are supplied from a variety of sources including surface streams and the River Trent. The vast majority of people using the watersports facilities have no ill effects at all however to reduce the risk of illness it is suggested that paddlers avoid swallowing the water, cover minor scratches with a plaster and wash or shower as soon as possible and before eating/drinking. If you fall ill with symptoms after water sports, particularly from 3-19 days following, then see a doctor immediately. Further information can be found here: https://www.nwscnotts.com/nwsc/water-quality

11 DOPING CONTROL

Doping control will be performed in accordance to the ICF Anti-doping requirements and WADA standards.

12 MEDIA

Should you have any media enquiries please contact mediaenquiries@britishcanoeing.org.uk.







13 EVENT PARTNERS









14 LOCAL PARTNERS











15 EVENT SPONSORS









