

SUMMARY OF THE COVID PROTOCOL FOR ATHLETES & NF TEAMS

V1.1-11/08/2021

1. To enter Portugal and the Competition/Championships and your accommodation, one negative PCR test not older than 72 hours.
2. Please bring the test result with you in a printed version.
3. Mandatory Signed National Federations written declaration must be sent to the HOC before arriving to Portugal.
4. Fill the Portuguese National Authorities online form at <https://portugalcleanandsafe.pt/en/passenger-locator-card>
5. According to the Portuguese legislation in force, it is obligatory to wear a mask both indoors and outdoors.
6. Being vaccinated will not remove any countermeasures provided in the COVID protocol.
7. Wearing a mask is also mandatory when traveling on the transfer bus.
8. Arriving in Portugal, you must first come to the COVID center.
9. Getting accredited for the competition and checking in at your accommodation is only possible after you also have a presenting the negative PCR test).
10. The testing Center is located at the venue and available in limited schedule from August 30th to September 6th.
11. Only the team leader may enter the accreditation center.
12. Accreditation cards will be provided only with COVID validation sticker and after PCR presentation.
13. Team members can have the accreditation card validated if they:
 - Submitted a negative PCR test (printed version)
14. In the case of a positive test result, the person will be quarantined as described in the COVID protocol
15. One rapid antigen test must be done by everyone before September 4th.
16. Antigen test will be paid by the ICF.
17. Antigen test must be done from 30/08 to 3/09 in the test center in the published schedule.
18. You can see the validity of your accreditation card in the sticker on your card.
19. You can enter the accredited area only with a valid accreditation and after the body temperature check.
20. Wearing a mask: mandatory at the shuttle buses, public areas, hotels and at the Regatta Course dry land except when eat, drink or exercise (dry land warm-up, warm-down and recovery from a race).
21. The face masks MUST be worn over the mouth and nose.
22. The Team Leaders meeting will be held online.
23. Be sure to use hand sanitizing stations placed throughout the course and keep a safe distance from others.
24. If you have to weigh your boat after the race, you do not have to wear a mask within the weighing area, but you can request a face mask from the HOC at that location.
25. Physical contact: hugs and/or handshakes are prohibited during and after the medal ceremonies. You can pick up the medal from a tray.
26. In the dining area, the staff prepares your food to take away, which you can eat in the tent keeping a proper distance or take it with you. Use outdoor hand sanitizers before meals.
27. Showers at the venue will not be available, for safety reasons you should shower in the hotel.
28. Your team leader may pay the voucher for pre-departure PCR test at the accreditation center. Online pre-booking of the test is mandatory. The cost of the departure PCR test is 85€ and is the cost of NF.
29. Please move only between the course and the hotel, avoid sightseeing and public spaces.
30. If you experience COVID-19 symptoms (high temperature, fever, sore throat, cough, breathing difficulty, taste and smell disorders, severe headache), report it to COVID-19 center.
31. Compliance with the rules described in the COVID protocol is mandatory for all participants.
32. In the event of non-compliance with the rules, the HOC may decide to invalidate the accreditation card, which means disqualification from the competition.

This summary is not fully comprehensive and the detailed COVID protocol will be provided by the HOC