

Bulletin 3
19 June 2022





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1 Introduction

Welcome to the 2022 ICF Canoe Freestyle World Championships – in partnership with Direct Business Solutions! The Host Organising Committee and the ICF have been working hard to ensure everything is in place and a great event. Athletes have been at the heart of all our planning, so we hope you have an awesome experience.

2 Welcome to Nottingham

To help you make the most of your time in Nottingham and Nottinghamshire, along with our partners Visit Nottinghamshire, we're delighted to offer you some exclusive deals.

This <u>booklet</u>, which you will also receive a copy of in your event bag, contains offers on food & drink, and things to do. To redeem simply present the offer along with your accreditation.

An additional activity that has been offered is <u>Go Quest Adventures</u> which offers a fun, challenging and engaging way to explore the city centre. The code LAUNCH30 will get you a 30% discount during the event.

To find out more about what the local area has to offer, visit the <u>Visit Nottinghamshire</u> website or check out the <u>bucket list</u> of the top recommended things to do in the area – you can even do number 1 whilst you're attending the opening ceremony!

3 ICF WhatsApp Group

If you haven't already done so, please register for the event WhatsApp group to receive updates and official ICF and HOC information.

To register for the WhatsApp group please use the following link: https://chat.whatsapp.com/luWipg1zKnWJsrp3mtBsYN

During the event information will also be posted on the Sport Information Office notice board, and where required the announcers will share in venue also.

4 Official Training

Official Training commences on Wednesday 22 June at 07:55.

The Official Training schedule is available <u>here</u>.

5 Further Training Opportunities

For training outside of the official training period please see the Teams Area of the event website.





6 Buoyancy Aids

Please note buoyancy aids must be worn by anyone on or inside the course side walls. If you are on the path or grass you do not need one, but any closer they must be worn.

7 Start List & Bib Numbers

Start list and bib numbers by event are available here.

Start list and bib numbers by nation are available here.

8 Competition Schedule

The competition schedule will be issued by 5pm Wednesday 22 June. It will be published on the ICF website, event website and the ICF WhatsApp group.

9 Live Results

Throughout the competition live results will be available on the ICF website: https://www.canoeicf.com/canoe-freestyle-world-championships/nottingham-2022/results

10 Sport Information & Accreditation

The Sport Information and Accreditation Centre will be open from Monday 20 June afternoon for Team Leaders to collect their teams' accreditations, competition bibs, athlete packs and parking passes. Please note if you have not paid for your accreditation fees you will not receive your accreditations, bibs or athlete packs.

Sport Information & Accreditation Opening Times

- Monday 20 June 14:00-17:00
- Tuesday 21 June 10:00-17:00
- Wednesday 22 June 07:45-17:30
- Thursday 23 June 07:45-17:30
- Friday 24 June 07:45-17:30
- Saturday 25 June 07:45-17:30
- Sunday 26 June 07:45-17:30
- Monday 27 June 07:30-18:00
- Tuesday 28 June 07:30-21:00
- Wednesday 29 June 07:30-21:00
- Thursday 30 June 07:30-21:00
- Friday 1 July 07:30-19:00
- Saturday 2 July 08:30-21:00





11 Team Leaders Meeting

The Team Leaders meeting will take place on Saturday 25 June at 19:00. The location will be weather dependent – either on the grandstand seats by the Regatta Lake finish tower or in the Parkland Room in the Main Centre building (both are very close to each other).

12 Opening Ceremony

The Opening Ceremony will take place on Sunday 26 June at Nottingham Castle.

Teams are asked to:

- Arrive in National Federation tracksuits and accreditation between 18:30–18:45, ready to parade at 18:45 with the ceremony starting promptly at 19:00
- Assemble at the Robin Hood Statue, Castle Rd, Nottingham Castle NG1 6AA
- Nominate a Female and Male Flag bearer per team
- Have the complete team join in the parade, please stay behind your flag throughout the ceremony
- Collect wristbands from Sports Information for any who wish to attend.

There is no free parking at the ceremony however the 11C bus departs from Adbolton Lane (by the venue and campsite) every 30 minutes until 17:35 on a Sunday. Get off the bus at Nottingham Railway Station where a 10 minute walk will get you to the castle. Returning busses will run every 40 minutes from the station until 22:50 and will terminate 5 minutes' walk from the venue.

If you are driving to the castle then parking is available:

- Nottingham Castle Car Park Albion St ,off Canal Street, NG1 7FF Max Height: 2m 28cm 41 Spaces https://www.nottinghamcity.gov.uk/other-car-parks
- James St NCP 5 St James Street, Nottingham, NG1 6EY

Spaces: 475 Wide bays: 20

Max Height: 1.98m Disabled Bays: 4

Pre-booking advised - https://www.ncp.co.uk/find-a-car-park/car-parks/nottingham-st-

james-street/

Street Parking - Castle Rd, Nottingham NG1 6AA
 12 Spaces plus street parking outside the Blue Coat 6th form Academy
 No Height restriction. Pay and Display Machine





13 International Freestyle Climate Assembly

Thursday 23 June 18:00-20:00 - Athlete Lounge

The International Freestyle Climate Assembly is happening during the Worlds training period on the 23rd June, 6-8pm in the event marquee.

Many people are thinking about the environment and future of our planet, and sometimes it can be hard to know what to do and what power we have to change things. With the support of the Worlds Events Team, James Bebbington, Sam Ward and Etienne Stott are organising an assembly where the freestyle community can come together to consider the question: "How can we as individuals and as a community contribute to the safeguarding of our planet and our sport for ourselves and future generations?"

The assembly will be a place where we can collectively develop our thinking and ideas. It will be a supportive, positive and non-judgemental space where people are free to talk and where 'top down' influence is minimised.

Please do come along! Contact Etienne (esclimateaction@yahoo.com) or Pringle (james@slothfilm.com) if you have any questions.

14 Freestyle, Moving Forward

Join the ICF Freestyle Committee for "Freestyle, Moving Forward," an athlete forum that is open to all freestyle (surface and squirt) athletes and freestyle community members (coaches, judges, etc.).

When: Monday June 27 19:00-21:00

Where: Parklands Room, Main Centre Building

What's This About? The ICF Freestyle Committee wants to hear from you! This will be a positive and improvement-oriented forum, with some planned topics of discussion, including but not limited to: The five primary functions of the Freestyle Committee (Events, Communication, Development, Rules / Appendixes, Judges Training); Olympic Inclusion; Masters Freestyle; Squirt and OC1 Inclusion in the World Championships.

How Do I RSVP? Follow the RSVP link in the "2022-Nottingham-ICF-Info" WhatsApp Group. Athletes, team staff, and other freestyle community members can join the WhatsApp Group.





Tentative Schedule:

- 19:00 Introduction to the Forum
- ICF Freestyle Committee Introduction and Overview
- Small Group Discussions
 - Events (including Masters, Squirt & OC1 inclusion and Olympic inclusion)
 - Communication
 - Development
 - Rules / Appendixes
 - Judges Training
- Medium & Large Group Discussion
- Conclusion
- 21:00 Final Comments

If you have any questions, please contact Rowan Stuart (rowan.stuart@canoeicf.com) or Anne Sommerauer (info@anne-huebner.com).

15 Festival Events

Throughout the competition week, there are a number of festival events taking place. Some are open and some are solely for ICF athletes to compete in outside the main competition.

Open events can be entered online:

- 22nd & 24th June World Freestyle League (Open)
- Saturday 25th & Sunday 26th June Younguns Freestyle
- Thursday 30th June Downriver Freestyle (Open)
- Saturday 2nd July Rough Waters SUP (Open)

Events open to World Championship athletes only are free to enter. To enter please register at Sports Information. There is no deadline for entries but to guarantee a competition time that suits you we recommend you entering ahead of time.

- Tuesday 28th Wednesday 29th June Flatwater Freestyle (WC Athletes only)
- Friday 1st July World's Biggest Loop (WC Athletes only)
- Saturday 2nd July Downriver Freestyle (WC Athletes only)
- Saturday 2nd July Syncro Freestyle (WC Athletes only)

16 Anti-Doping Education

A reminder that all accredited athletes and team staff are required to complete the ADEL online anti-doping course: ICF (Adel) online anti-doping course.

If someone has done the course previously they do not have to re-do it. If you are unsure whether you have completed the course please contact your National Federation.





17 Covid-19 & Health Questionnaires

As a reminder the 2022 ICF Covid Protocols are as follows: https://www.canoeicf.com/sites/default/files/covid_protocol_icf_april_2022_v1.5.pdf

8.1 ICF Personal Health Check Information Form

All team personnel are required to complete a Personal Health Check Information Form (see page 17 of the above document, form also shared on the event whatsapp group).

8.2 Negative Rapid Antigen Tests

All accredited personnel are required to do a negative rapid antigen test immediately prior to arrival. All persons are required to indicate on the ICF Personal Health Check Information Form that they have produced a negative test.

If team personnel do not have tests with them, they are available in large supermarkets and pharmacies in the UK.

8.3 Reporting Symptoms or a Positive Test

Should anyone experience covid-19 symptoms and/or test positive please contact the event Covid Officer immediately – Gemma Wiggs events@britishcanoeing.org.uk or call/whatsapp +44 (0) 7702568673.

8.4 Pre-Travel Testing

If any nations are required to have a pre-travel test prior to returning home, the nearest test centre is: https://antigentestnottingham.co.uk/

18 Sustainability

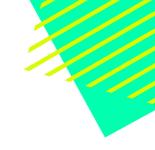
Please complete this simple **google form** to log all travel details for yourself / if you are a team leader complete it for all team members. The accreditation team will check to see if the form is completed, if you do not fill this out ahead of time you will be asked to complete it before finishing the accreditation. To save time, please complete this beforehand.

Why we are asking for this information

Events release high levels of carbon dioxide emissions into the atmosphere. This imbalance of greenhouse gases <u>contributes to the warming</u> of the planet, causes drastic changes to our weather patterns and changes the way many of us live.

As Environmental Action partners, ICF and <u>Starboard</u> work together to make the travel emissions of every ICF World Championship or World Cup climate neutral by planting 1 mangrove tree for every 1 tonne identified in calculations. This action grows bigger for each SUP World Championship event, where 10 mangroves will be planted for every 1 tonne emitted. Over the next 20-25 years,





mangroves will absorb the amount emitted from these events. Look at last year's carbon footprint report <u>here</u>. Thank you for helping us in our mission!

19 Safeguarding

The Safeguarding plan for the event is available <u>here</u>.

From Wednesday 22nd June, if you have any immediate safeguarding issues then please call the duty safeguarding phone - +44 (0) 7840 855 226.





















