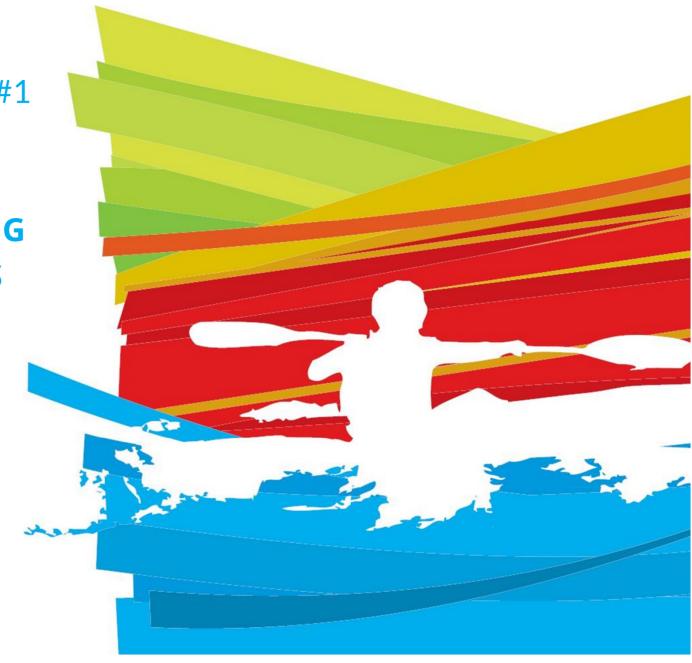
INFORMATION BULLETIN #1

2022
ICF CANOE OCEAN RACING
WORLD CHAMPIONSHIPS



// DATES:

Access period – From 3rd of October 2022 Event – window from 7 to 9th of October 2022

// EVENT TITLE:

ICF CANOE Ocean Racing World Championships 2022

// THE COUNTRY:

Portugal

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// WELCOME TO PORTUGAL

President of the Portuguese Canoe Federation

Welcome to Portugal, welcome to the 5th ICF Canoe Ocean Racing World Championships and 2nd organized in Portugal.

It is our pleasure to gather with NELO and to the already classic NELO SUMMER CHALLENGE and raise its level to a world championships host next October 2022.

Our goal is to provide all participants a fair and unforgettable race, in a perfect downwind event, organized with sustainability and quality to the ocean racing discipline, with a record of countries and participants from all 5 continents.

We hope your country and athletes can once again join us in Portugal, for some more ocean racing in the Atlantic.

Nelo Manager

Welcome!

It is a great honor for us to receive you in this event, as we are doing every effort to give you full conditions to participate in this huge event. With this document we want to give you all useful Information for your stay in Portugal and participation in this event.

Have a safe trip to Portugal and we see you soon...

President of the Portuguese Canoe Federation VITOR FÉLIX





NELO Manager Manuel Alberto Ramos





// PORTUGAL

LOCATION

Portugal is located on the west side of the Iberian Peninsula, ideally positioned between Spain and the Atlantic ocean. Portugal's excellent geographical position makes it a stopover point for many foreign airlines at airports all over the country. Portugal has 5 international airports: Lisbon, Oporto, Faro, Funchal (Madeira) and Ponta Delgada (Azores).

With beautiful beaches, vineyards, sophisticated cities, country in and palaces, Portugal invokes a romantic notion of breathtaking scenery, rich history and cobblestone roads. With such along seacoast, Portugal has a long term tradition with the water and with water sports, such as Canoeing.

LANGUAGE

One of the Latin languages, Portuguese is the third most spoken European language in the world and the native tongue of about 200 million people. The Portuguese-speaking countries are scattered all over the world. Portuguese is spoken in Europe (Portugal), in Africa (Angola, Cape Verde, Guinea-Bissau, Mozambique and São Tomé e Príncipe), in South America (Brazil) and in Asia, (East) Timor, the youngest nation in the world). In Portugal, a considerable number of citizens can communicate in English, French and Spanish.

CLIMATE

Portugal has a sunny climate. There are only slight fluctuations in temperature between summer and winter; the overall mean ranges from 25°C in summer to about 14°C in winter. The rainy season begins in November and usually lasts through January. Portugal has 220 days of sun and 3000 hours of sunshine every year!





Portugal I. D.

OFFICIAL NAME Portuguese Republic

GPS: 39 30 N, 8 00 W

FOUNDING OF THE PORTUGUESE 1143

FOUNDING OF THE REPUBLIC 1910

POLITICAL SYSTEM Democracy

NATIONAL SYMBOLS National Flag and National Hymn

LANGUAGE Portuguese

TERRITORIAL ORGANIZATION

Two Autonomous regions (Azores and Madeira). 18 districts CAPITAL Lisbon

AREA 92.142 km 2

POPULATION 10,642,836 (July 2007 est.)

ACTIVE POPULATION 5,523,000 (2004 est.)

CURRENCY Euro, divided into 100 centimes

GROSS DOMESTIC PRODUCT 155.131 millions Eur (2006) GDP

PER CAPITA 14.654 Eur (2006)

GDP - composition by sector:

agriculture: 7.9% industry: 25.9%

// VIANA DO CASTELO

Viana do Castelo is a municipality and seat of the district of Viana do Castelo in the Norte Region of Portugal. The population in 2011 was 88,725, in an area of 319.02 km².

The urbanized area of the municipality, comprising the city, has a population of approximately 36,148 inhabitants, although the extended densely populated region reaches surrounding municipalities like Caminha and Ponte de Lima with a population above 150,000 inhabitants.

It is located on the Portuguese Way path, an alternative path of the Camino de Santiago, and at the mouth of the Lima river.







Geographic Location | | Lat 41°41′18.9″N | Lon 8°49′53.7″W Located at 60 Kms from the Porto airport

ABOUT THE CITIES:

// ESPOSENDE

Esposende is a city and a municipality in Braga District in Portugal.

The population in 2011 was 34,254,in an area of 95.41 km².

The city itself (the parish Esposende, Marinhas e Gandra) had a population of 9,197 in 2001.

[3] It gained city status on 2 July 1993.

The present Mayor is Benjamin Pereira, elected by the Social Democratic Party.

The municipal holiday is August 19. It is located on the Portuguese Way of the Camino de Santiago.







Geographic Location | | Lat 41° 32′ 0″ N | Lon 8° 47′ 0″W Located at 40 Kms from the Porto airport

// AIRPORTS

GETTING HERE by AIR. Portugal has two major Internationals Airports:

OPORTO the official AIRPORT. The Francisco Sá Carneiro Airport is in the heart of the industrial north of the country, 11km from the city of Oporto, making it a privileged access point to this valuable commercial area. Connection to city center and interface with Railway Stations by METRO, AEROBUS.

GPS: N 41o 14'19", W 8o 40'14", N 41 14.328 W 8 40.234

LISBON AIRPORT, providing service to the capital of Portugal, is the busiest and most important airport in the country. The principal point of entry for travelers arriving in Portugal. Connection to city center and interface with Railway Stations by AEROSHUTTLE and BUS.

GPS: N 38o 46'12", W 9o 07'41". N 38 46.200 W 9 07.688









// TRANSPORT

ABOUT AIRPORT TRANSPORT: The Official Airport to the Canoe Ocean Racing World championships is the Oporto Airport. The distance from the airport to the start venue is 75Km; to the finish venue is 42km.

OPORTO AIRPORT: located in the heart of the industrial north of the country, 11km from the city of Oporto. GPS: N 41o 14'19", W 8o 40'14", N 41 14.328 W 8 40.234

AIRPORT TRANSFERS: We will provide free of charge Airport shuttle to the hotel and to the airport, for those athletes who book accommodation package with Us.

LOCAL TRANSPORT: From the official hotel to the host venue the transport is not necessary. There will be free of charge transportation from the hotel to the starting venue, for the official training days and for the competition day.

TRANSPORTATION FOR LEISURE: The City Hall of Ofir - Esposende will have a bus available for the participants.

// RACE COURSE

DOWNWIND OCEAN RACE

Welcome to the 2022 edition of the Nelo Summer Challenge and the ICF Canoe Ocean Racing World Championships!

The event will take place in Ofir, Esposende, Portugal, between 3 and 9 of October 2022.

The Race

It will be an open downwind race of 19.5Km, connecting Viana do Castelo to Ofir's beach in Esposende.

Date and Location

The first 4 days will be official training days and the 3 last days will be the waiting period(7 to 9) and the race will take place in the day with the best conditions.

The course will be 19.5km of downwind, with no upwind section, start and finish in the surf. The start will be a massive lineup, with a rolling Water Start.

Safety

It's mandatory the use of a Personal Floating Device and GPS Tracker! GPS will be provided by the Organization.

There is a mandatory use of a leash if the wind is predicted to blow more than 15 knots.

Classes

For the World Championships MSS-1 Men Surfski single WSS-1 Women Surfski single U23MSS-1 Under 23 Men Surfski single U23WSS-1 Under 23 Women Surfski single JMSS-1 Junior Men Surfski single

JWSS-1 Junior Women Surfski single

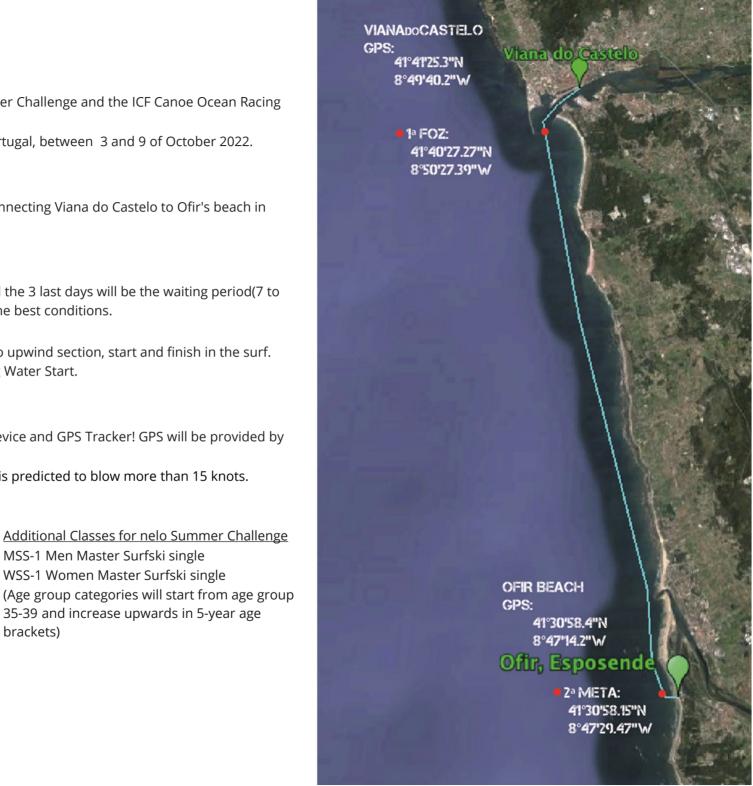
(Age group categories will start from age group 35-39 and increase upwards in 5-year age brackets)

MSS-1 Men Master Surfski single

WSS-1 Women Master Surfski single

Experimental classes

Paracanoe KL2 & KL3



// RACE COURSE

The main infrastructures will be at Vila do Conde beach and Offir (Esposende) beach(finish area) and in Lima river in Viana do Castelo (starting area).

Reception Area

Geographic Location | | Accreditation

Security bars

Lat 41°41′18.9″N | Lon 8°49′53.7″W

Police

Located at 60 Kms from the Porto airport

Medical Centre

Prize Giving Ceremony

Outdoors

Nelo's truck

Boats structures

Tents

Chairs

Athletes Private Area

Audience Structures

Food and Beverages area

Restrooms and Toilets for audience

Media & Press Area WC

showers and laundry facilities

Parking

Lima River, Viana do Castelo

Ofir Beach, Esposende Geographic Location | | Lat 41° 32′ 0″ N | Lon 8° 47′ 0″W Located at 40 Kms from the Porto airport





// ACCOMMODATION

The official Hotel for the event is Axis Ofir Beach Resort Hotel, a 4 star hotel situated in Ofir Beach, next to the river Cávado, one of the most beautiful tourist regions of Portugal.

Axis Ofir Beach Resort Hotel It's a family friendly Hotel, ideally located directly on a long sandy beach, with a protected landscape surrounding the mouth of the river Cávado. The Hotel rooms are equipped with a complete bathroom, air conditioning, satellite TV, direct dial phone, minibar and balcony.

Nights	up to 5	6 to 10	over 10
Single Room	€70	€66	€62
Double Room	€95	€91	€77

Prices per night per person







The hotel offers 208 air conditioned rooms, including 12 suites, eight meeting rooms with natural light for your conference and seminar needs, a restaurant, bar, private parking, swimming pool, tennis court and a terrace area.

Meal Plan:

In the following package, the meal plan is half board, including breakfast and dinner Lunch can be served at the hotel with an extra fee to be paid directly at the reception.

The booking of the accommodation will be done in the same form as the registration for the event.

Children

- First child up to 12 years old that stays in their parents bedroom on an extra bed only pays an extra of EUR 10 per meal;
- Second child on bed & breakfast: EUR 20.

The Organizing cannot be held responsible for the quality and price of individually reserved accommodation.

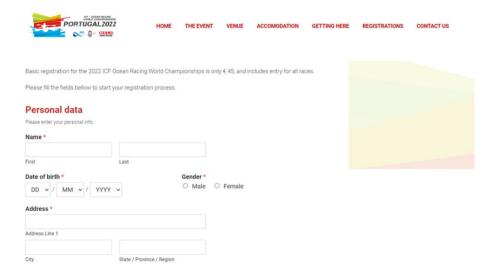
Other services provided: Boat rental // 250 € each boat

// ENTRIES AND REGISTRATIONS

How to register?

All registrations should be made online at www.oceanracingportugal2022.com

Registration fee for the ICF Canoe Ocean Racing World Championships - Portugal 2022 is $45 \in$ and includes the participating fee for all races.



Validation can take a couple of days as we must check all the details and confirm payment.

During registration, if you have your ICF ID and fill it in will allow us to easily validate your registration in ICF SDP.

Confirmation of entries by National Federations

All entries must also be done in ICF SDP online entry system to confirm the participation of all athletes for each NF.

This is to be applied to all Open, Under 23 and Junior Classes.

For Masters to be eligible to be part of the open Category, they must also have their entries into SDP, made by each NF.

// PARTICIPATION FEE

Entries ends on the 26th of September.

Hotel registration ends on September 15th.After this date we will not guarantee availability.

The participation fee includes:

- Accreditation Card;
- Dinner at the venue(only in the competition day);
- Race bag (water, race t-shirt, race dossier, cap, race and sponsors stickers, city maps and info's and BIB vest);
- Insurance
- Security service at the venue;
- Parking of one trailer and one accredited vehicle.

We will also provide free training facilities (the week before the race) and information's. We will also provide medical assistance in case it's necessary. o

// PROVISIONAL PROGRAM

03-06	October	Tuesday to Thursday	
		Training Days	
07	October	Friday	: :
		Downwind Race Viana do Castelo to Ofir Beach or Training Day	actice session
			2
08	October	Saturday	baiwawab adt a
		Downwind Race Viana do Castelo to Ofir Beach or Training Day	rticipate in the
	5 pm	Briefing - Axis Ofir Beach Resort Hotel	nartir
			1
09	October	Sunday	
	11 am / 1 pm	Lunch - Axis Ofir Hotel	
	12 am	Buses - Ofir Beach/AxisHotel to Viana do Castelo (Lima River)	
	-	Buses departs from Viana do Castelo to Axis Ofir Hotel	
	-	Awards Ceremony - Axis Ofir Hotel	
	19 pm	Dinner - Axis Ofir Hotel	

boat before 6.00 pm to the trailer. The practice will only happen if there will

oe suitable weather conditions

// Boat rental



The organization prepared a boat rental service.

You can find more information at

http://www.oceanracingportugal2022.com/

// CAR rental



The organization has a official car rental company partner.

You can find more information at http://www.oceanracingportugal2022.com/

// Immigration and custom procedure



All participants are kindly requested to contact the Portuguese Embassy or consulate regarding to visa Requirements.

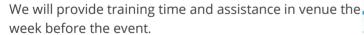
When required the organizing committee will help the participant in matter of issuing the visas. Please send your requests to marcos@canoeportugal.com

// Press



The organization will provide a press center for local and international media with all necessary conditions.

// Training facilities





// Language

The official language of the competition will be English. All the information documents, forms, local identity signs & comments will be able in English and mother language of Host committee, Portuguese.

In order to assure the equal access to information to all the delegation, we will provide a Volunteers with interpreter services for French & English and Russian.

// Security System



There will be local policy at both venues to assure that everyone is safe and to guarantee that only authorized persons go into the athlete's area. All the athletes will have a card and must be showed at the venue entrance to prove that they are in the race.

The security plan will be practice by the local security authorities: Portuguese Guard, police, civil protection, fire brigade, Red Cross Portugal.

// Anti-doping control



Doping control will be provided according to the ICF standards, in partnership with the Nationals entities.

It will be in a specific room, at the official hotel.

Every athlete, coach and support personnel must pass the relevant anti-doping online course on the Anti-Doping Education Learning platform (ADEL) corresponding to their role."

More information at https://www.canoeicf.com/anti-doping-education

// Medical Support



The entire medical centre will be located in a specific room, on the START and FINISH VENUES local infrastructures.

At the venue there will be ambulances and paramedics will follow the race on the water as well. There will be two ambulances available at all times during racing (one during official training).

// CONTACTS

More information about the venue and this race at www.oceanracingportugal2022.com

Email: summerchallenge@nelo.eu

WhatsApp:



Official ICF website for the event

https://www.canoeicf.com/canoe-ocean-racing-world-championships/viana-do-castelo-2022



PORTUGAL 2022

ICF CANOE OCEAN RACING WORLD CHAMPIONSHIPS

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