



**19-24 SEPTEMBER 2023**

**LEE VALLEY WHITE WATER CENTRE**

**FOR TICKETS VISIT**

[SlalomWorldChampionships.seetickets.com](https://SlalomWorldChampionships.seetickets.com)



## Official Training Period 1 Information Bulletin

### Dates

Monday 22 to Friday 26 May.

### Contacts

Event Director Gemma Wiggs [events@britishcanoeing.org.uk](mailto:events@britishcanoeing.org.uk) +44 7702 568673

Technical Manager Colin Woodgate [colinwoodgate@btinternet.com](mailto:colinwoodgate@btinternet.com) +44 7818 453494

Lee Valley White Water Centre [lvwhitewaterevents@gll.org](mailto:lvwhitewaterevents@gll.org) +44 300 003 0616

### Schedule

Each nation has been allocated seven training slots of one hour during the five days. This means that on some days there will be two sessions available, on other days only a single session is available.

For Kayak Cross there are two groups with each group having three sessions of forty five minutes over the final three days.

The Kayak Cross groups are larger, there are more athletes in each training group, so athletes will be started in groups whenever possible.

There will be a clock at the start of the course, and each group will have a different coloured bib. It is expected that nations will respect the allocated training slots.

### Training Times:

Session	22-May	23-May		24-May	25-May	26-May
Start	Monday	Tuesday	Start	Wednesday	Thursday	Friday
7:30	Water on and Gate Adjustment					
8:00	A	E	8:00	B	D	F
9:00	B	F	9:00	C	E	G
10:00	C	G	10:00	D	F	A
11:00	D	A	11:00	E	G	B
12:00	E	B	12:00	F	A	C
13:00	F	C	13:00	G	B	D
14:00	G	D	14:00	A	C	E
15:00	A	E	15:00	B	D	F
16:00	B	F	16:00	C	E	G
17:00	C	G	17:00	Kayak Cross Gate setting		
18:00	D	A	17:20	KC-B	KC-A	KC-A
			18:05	KC-A	KC-B	KC-B
19:00	Gate Setting / Water Off		18:50	Gate Setting / Water Off		

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### Training Groups

Slalom group	#
<b>A</b>	24
Australia	9
France	12
Switzerland	3
<b>B</b>	26
Austria	4
Canada	6
Great Britain	10
New Zealand	5
Netherlands	1
<b>C</b>	25
Slovenia	12
Ukraine	4
United States of America	9
<b>D</b>	23
Peoples Republic of China	1
Poland	11
Spain	11
<b>E</b>	25
Andorra	2
Belgium	4
Brazil	4
Croatia	4

Hungary	1
Ireland	6
Kosovo	1
Senegal	1
Kazakhstan	2
<b>F</b>	25
Algeria	1
Jamaica	1
Japan	11
Slovakia	12
<b>G</b>	25
Czech Republic	12
Germany	12
Morocco	1
<b>Kayak Cross group</b>	<b>#</b>
KC-A	51
Australia	8
Canada	6
France	8
Great Britain	8
New Zealand	4
Slovenia	8
Ukraine	2
United States of America	6
Netherlands	1

KC-B	#
Algeria	1
Andorra	2
Belgium	4
Brazil	4
Croatia	1
Czech Republic	8
Germany	8
Ireland	1
Jamaica	1
Peoples Republic of China	1
Poland	4
Slovakia	2
Spain	8

### Bib Collection

For each session Athletes are must sign in at the main centre reception and collect their training bib  
Bibs must be returned to reception after each session.

### Gate Setting

Different gate settings will be set daily. Gates must not be moved or adjusted during the day.

If coaches wish to affect the gate positions, or to request a particular sequence, please contact Colin Woodgate.

### Kayak Cross

Correct Kayak Cross kit must be worn as per ICF rules. Kayak Cross gates will be set out for Kayak Cross sessions including a roll barrier / zone. Again requests for particular gate locations should be sent / given to Colin Woodgate.

A permanent ramp is currently being built at Lee Valley. We hope this will be finished in time for the May training week. We have also ordered an ICF ramp mechanism but are unsure whether this will be ready in time for the May training week yet.

During the World Championships the time trial will use the position nearest to the car park, furthest from the pumps.

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### Bank Safety

Bank safety will be provided when the water is turned on for official sessions. Please follow the instructions of the water safety staff.

The standard Lee Valley safety procedures must be followed. In particular everyone over the rope line are required to wear a Life Jacket/Buoyancy Aid. These can be can hired from the venue at reception for £5 per person per day if required.

### Facilities

The venue is open for athletes/coaches to use the venue changing rooms, toilets and cafe.

The Café will be open 09:00 - 16:30 each day.

Drinking water is available from the drinking water tap in the courtyard.

### Venue Map



### Boat Storage

Immediately before and after sessions boats can be left on the grass area at the north of the lake. Boats must not be left here overnight, any boats left here at the end of the day will be moved.

The large, fenced, grass area past the electric car charging points will be open for teams to put up gazebos. No trailers or vehicles are permitted in this area. This area will be locked overnight if athletes wish to leave boats here overnight.

All belongings are left of owners risk during the day and overnight.

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### Parking

Everyone attending the training week will be allowed to park free of charge on venue, provided that they record their vehicle registration details on the screens at reception. There are two types of screen, one records details for a day, the other can be used to record registrations for 7 days. Please ensure that you use the correct screen, and re-enter details when /if needed.

Fines cannot be cancelled if you fail to register your vehicle correctly.

Parking on the grass at the side of the road is not permitted. Cars parked on the grass will be fined.

### Internet Access

Visitors can use the LVWWC Cloud public Wi-Fi.

### First Aid

First Aid will be provided by venue staff.

### Media Day

The British Canoeing media team will be gathering some content for the World Championships from international athletes on Tuesday 23<sup>rd</sup> May. We will not disrupt training but you may be approached for content after your session.

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