

Quentin Urban

Candidate for the ICF Athletes' Committee

As a triple World and European Champion with over 20 years representing the French national kayak team, I deeply understand the athlete's journey—the victories, the sacrifices, and the challenges. I am committed to ensuring athletes' voices are heard, their rights protected, and their experience improved through collaboration. I believe in fair governance, sustainability in sport, and strong athlete representation.

Experience

Athletic Achievements

- 2021-2019-2006 : Triple World Champion Marathon Kayak
- 2023-2006 : Multiple European Champion
- 2004–2024 : Member of the French National Team
- 2004–2024 : Competitor at multiple World Championships, European Games, and World Cups
- Bronze medal from the Carnegie Hero Fund for an act of courage
- Étoile du Sport 2010

Professional & Volunteer Experience

- 2025 : Management of French marathon team (support at international competitions, athlete monitoring, and training program development)
- 2011-2024 : Sports Consultant, Eurosport & France TV (Olympics, World Champs, European Games)
- 2023–present : Operations Manager, Ouest Acro : 50+ staff, €4M annual revenue
 - 2019–2022 : General Manager, Bureau Babylone / Urban Cross : eco-conscious textile brands
 - 2017-2018 : Web Editor, FHM Solutions (EN/FR articles on sports & current affairs)

Education

- SportCom Diploma – CFJ / INSEP (Paris, 2013)
- Scientific Baccalaureate – (2008)
- Champion de ma Vie – Athlete Transition & Public Speaking Program (2023)



Paris - France

Professional Skills

- COMMUNICATION
- TEAMWORK
- LEADERSHIP
- ORGANIZATION
- STRATEGY
- MOTIVATION
- RESILIENCE
- PUBLIC-SPEAKING

Languages

- ENGLISH - C1
- SPANISH - B1

Interests

- SPORTS
- PHOTOGRAPHY
- TRAVEL
- GASTRONOMY