



# Rosie Edwards, GBR

**Candidate for ICF Athletes' Committee**

## About Me

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Having trained and raced with diverse teams around the world, Rosie has experienced firsthand how different perspectives can enrich our sport. Over the coming years, Rosie hopes to bring these voices to the forefront, especially those of young paddlers and women.

Her aim is to help foster a more inclusive environment within paddlesports - one that values diversity, promotes mental wellbeing, and ensures equal opportunities for all athletes.

Rosie also believes in giving back to the environments we rely on by supporting clean ocean and waterway initiatives in our training locations and all over the world.

## Athletic Achievements

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Rosie has been a dedicated paddler since her teenage years and has represented her country at both the World and European Ocean Racing Championships from 2021 to 2025.

Notable achievements include a Bronze medal at the 2024 Ocean Racing European U23 Championships and a 5th-place finish at the 2024 Ocean Racing U23 World Championships.

Her extensive experience training and competing internationally has given her a unique insight into the different cultural and athletic dynamics within the global paddlesports community.

*"A young, competitive,  
female approach"*

*Athlete Representative &  
Advocate for Inclusion  
and Sustainability in  
Paddlesports*

# **Rosie Edwards, GBR**

## **Candidate for ICF Athletes' Committee**

### **Education, Professional and Volunteer Experience**

As a young and thriving athlete, Rosie believes she brings a valuable perspective to any ambassador or leadership team - one that can inspire the next generation of female paddlers to believe in their potential and pursue their goals. She hopes to serve as a relatable and positive role model, showing young women that there is space for them in elite sport and that they, too, can achieve great things.

Rosie is deeply committed to using her voice and platform to advocate for greater equality coming from a sport that remains male-dominated, particularly in prize equity and recognition. She is passionate about building mental wellbeing support structures within clubs and teams, such as peer support networks, to ensure that athletes not only perform at their best but also feel safe and supported throughout their journey.

In addition, Rosie champions environmental responsibility, encouraging the paddling community to take action through clean ocean projects, especially in the areas where they train. She is also a strong advocate for female athlete development, working to secure the resources, visibility, and mentorship needed to help women compete and thrive at the highest levels.

### **Strategic Plans for Future Implementation**

My focus lies in creating long-term impact through initiatives that are athlete-driven and inclusive. Some of my key goals for the ICF Athletes' Committee include:

- Promoting gender equality in competitive paddlesports, particularly in prize structures and leadership opportunities.
- Establishing mental wellbeing peer support systems in clubs and teams.
- Developing environmental action projects in collaboration with local communities and training centres.
- Encouraging the growth of grassroots paddling by increasing opportunities and access for young and underrepresented athletes.
- Ensuring that female athletes receive the necessary support, both on and off the water, to stay in the sport and succeed at elite levels.

With energy, lived experience, and a strong sense of purpose, I am committed to making paddlesports a more inclusive, supportive, and sustainable environment, especially for the young athletes who are just beginning their journey.