

Start	Finish	Thursday 03 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	17:00:00	CSL - Training sessions	12	00:45:00	09:00:00	
17:00:00	17:05:00	Water off			00:05:00	
Start	Finish	Friday 04 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	17:00:00	CSL - Training sessions	12	00:45:00	09:00:00	
17:00:00	17:05:00	Water off			00:05:00	
Start	Finish	Saturday 05 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	12:30:00	Kayak Cross - Training sessions	6	00:45:00	04:30:00	
12:30:00	12:35:00	Water off			00:05:00	
TEAM LEADERS MEETING						
18:00:00	19:00:00	CSL - Team Leaders Meeting			01:00:00	
Start	Finish	Sunday 06 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	17:00:00	CSL - Training sessions	12	00:45:00	09:00:00	
17:00:00	17:05:00	Water off			00:05:00	
OPENING CEREMONY						
18:30:00	19:30:00	Opening ceremony			01:00:00	
Start	Finish	Monday 07 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	14:00:00	CSL - Training sessions (TBC)	12	00:30:00	06:00:00	
CANOE and KAYAK COURSE CONSTRUCTION						
14:00:00	15:00:00	Course construction - Semi & Finals			01:00:00	
15:00:00	15:30:00	Course Tuning with demonstration runners - Semi & Finals			00:30:00	
15:30:00	16:00:00	Course construction - Heats			00:30:00	
16:00:00	16:45:00	Course Tuning with demonstration runners - Heats			00:45:00	
16:45:00	16:53:00	Course review with technical manager (Heats & Semi/Finals)			00:08:00	
16:53:00	17:00:00	Course approval (Heats & Semi/Finals)			00:07:00	
		Interval			00:10:00	
17:10:00	17:18:00	Heats - Full length demo run & rehearsal	8	00:01:00	00:08:00	
		Interval			00:10:00	
17:28:00	17:36:00	Teams - Full length demo run & rehearsal	4	00:02:00	00:08:00	
		Interval			00:24:00	
18:00:00	18:05:00	Water OFF			00:05:00	
TVS MEETING						
14:15:00	14:30:00	TVS briefing - NF Tent Area			00:15:00	
ITO MEETING						
15:00:00	16:00:00	First ITO Meeting			01:00:00	

Start	Finish	Tuesday 08 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
		Interval			00:30:00	
HEATS - KAYAK - U23						
08:30:00	08:34:00	Forerunners	4	00:01:00	00:04:00	
		Interval			00:06:00	
08:40:00	09:33:00	WK1 U23	53	00:01:00	00:53:00	
		Interval			00:05:00	
09:38:00	11:12:00	MK1 U23	94	00:01:00	01:34:00	
		Interval			00:13:00	
HEATS - KAYAK - JUNIOR						
11:25:00	12:29:00	WK1 Junior - 1st Run	63	00:01:00	01:03:00	
		Interval			00:05:00	
12:34:00	13:54:00	MK1 Junior - 1st Run	80	00:01:00	01:20:00	
		Interval			01:11:00	
TEAM EVENTS - KAYAK						
15:05:00	15:09:00	Forerunners	2	00:02:00	00:04:00	
		Interval			00:06:00	
15:15:00	15:43:00	WK1 U23 Teams	14	00:02:00	00:28:00	
		Interval			00:05:00	
15:48:00	16:42:00	MK1 U23 Teams	27	00:02:00	00:54:00	
		Interval			00:05:00	
16:47:00	17:17:00	WK1 JUN Teams	15	00:02:00	00:30:00	
		Interval			00:05:00	
17:22:00	18:04:00	MK1 JUN Teams	21	00:02:00	00:42:00	
		Interval			00:11:00	
18:15:00	18:20:00	Water OFF			00:05:00	
TEAM EVENTS KAYAK - MEDALS CEREMONIES						
18:15:00	18:21:00	WK1 U23 Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
18:22:00	18:28:00	MK1 U23 Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
18:29:00	18:35:00	WK1 JUN Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
18:36:00	18:42:00	MK1 JUN Teams - Medals ceremony			00:06:00	

Start	Finish	Wednesday 09 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
		Interval			00:30:00	
HEATS - CANOE - U23						
08:30:00	08:34:00	Forerunners	4	00:01:00	00:04:00	
		Interval			00:06:00	
08:40:00	09:26:00	WC1 U23 - 1st Run	46	00:01:00	00:46:00	
		Interval			00:05:00	
09:31:00	10:31:00	MC1 U23 - 1st Run	60	00:01:00	01:00:00	
		Interval			00:19:00	
HEATS - CANOE - JUNIOR						
10:50:00	11:40:00	WC1 Junior - 1st Run	50	00:01:00	00:50:00	
		Interval			00:05:00	
11:46:00	12:46:00	MC1 Junior - 1st Run	59	00:01:00	00:59:00	
		Interval			00:44:00	
TEAM EVENTS - CANOE						
13:30:00	13:34:00	Forerunners	2	00:02:00	00:04:00	
		Interval			00:06:00	
13:40:00	14:04:00	WC1 U23 Teams	12	00:02:00	00:24:00	
		Interval			00:05:00	
14:09:00	14:43:00	MC1 U23 Teams	17	00:02:00	00:34:00	
		Interval			00:05:00	
14:48:00	15:10:00	WC1 Junior Teams	11	00:02:00	00:22:00	
		Interval			00:05:00	
15:15:00	15:43:00	MC1 Junior Teams	14	00:02:00	00:28:00	
		Interval			00:17:00	
16:00:00	16:05:00	Water OFF			00:05:00	
TEAM EVENTS - MEDALS CEREMONIES						
15:55:00	16:01:00	WC1 U23 Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:02:00	16:08:00	MC1 U23 Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:09:00	16:15:00	WC1 Junior Teams - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:16:00	16:22:00	MC1 Junior Teams - Medals ceremony			00:06:00	

Start	Finish	Thursday 10 July 2025	Number of Slots	Interval	Duration	
07:20:00	08:30:00	Water on / water level stabilized			01:10:00	
		Interval			00:30:00	
SEMI FINAL & FINAL - KAYAK - U23						
09:00:00	09:03:00	Forerunners	2	00:01:30	00:03:00	
		Interval			00:07:00	
09:10:00	09:55:00	WK1 U23 - Semi-final	30	00:01:30	00:45:00	
		Interval			00:05:00	
10:00:00	10:45:00	MK1 U23 - Semi-final	30	00:01:30	00:45:00	
		Interval			00:25:00	
11:10:00	11:34:00	WK1 U23 Final	12	00:02:00	00:24:00	
		Interval			00:05:00	
11:39:00	12:03:00	MK1 U23 Final	12	00:02:00	00:24:00	
		Interval			01:27:00	
SEMI FINAL & FINAL - KAYAK - JUNIOR						
13:30:00	13:33:00	Forerunners	2	00:01:30	00:03:00	
		Interval			00:07:00	
13:40:00	14:25:00	WK1 Jun - Semi-final	30	00:01:30	00:45:00	
		Interval			00:05:00	
14:30:00	15:15:00	MK1 Jun - Semi-final	30	00:01:30	00:45:00	
		Interval			00:25:00	
15:40:00	16:04:00	WK1 Jun Final	12	00:02:00	00:24:00	
		Interval			00:05:00	
16:09:00	16:33:00	MK1 Jun Final	12	00:02:00	00:24:00	
		Interval			00:27:00	
17:00:00	17:00:00	Water OFF			00:00:00	
MEDALS CEREMONIES - KAYAK EVENTS						
16:45:00	16:50:00	WK1 U23 - Medals ceremony			00:05:00	
		Interval			00:01:00	
16:51:00	16:56:00	MK1 U23 - Medals ceremony			00:05:00	
		Interval			00:01:00	
16:57:00	17:02:00	WK1 Junior - Medals ceremony			00:05:00	
		Interval			00:01:00	
17:03:00	17:08:00	MK1 Junior - Medals ceremony			00:05:00	

Start	Finish	Friday 11 July 2025	Number of Slots	Interval	Duration	
07:20:00	08:30:00	Water on / water level stabilized			01:10:00	
		Interval			00:30:00	
SEMI FINAL & FINAL - CANOE - U23						
09:00:00	09:03:00	Forerunners	2	00:01:30	00:03:00	
		Interval			00:07:00	
09:10:00	09:55:00	WC1 U23 - Semi-final	30	00:01:30	00:45:00	
		Interval			00:05:00	
10:00:00	10:45:00	MC1 U23 - Semi-final	30	00:01:30	00:45:00	
		Interval			00:25:00	
11:10:00	11:34:00	WC1 U23 Final	12	00:02:00	00:24:00	
		Interval			00:05:00	
11:39:00	12:03:00	MC1 U23 Final	12	00:02:00	00:24:00	
		Interval			01:27:00	
SEMI FINAL & FINAL - CANOE - JUNIOR						
13:30:00	13:33:00	Forerunners	2	00:01:30	00:03:00	
		Interval			00:07:00	
13:40:00	14:25:00	WC1 Jun - Semi-final	30	00:01:30	00:45:00	
		Interval			00:05:00	
14:30:00	15:15:00	MC1 Jun - Semi-final	30	00:01:30	00:45:00	
		Interval			00:25:00	
15:40:00	16:04:00	WC1 Jun Final	12	00:02:00	00:24:00	
		Interval			00:05:00	
16:09:00	16:33:00	MC1 Jun Final	12	00:02:00	00:24:00	
		Interval			00:27:00	
17:00:00	17:05:00	Water OFF			00:05:00	
MEDALS CEREMONIES - KAYAK EVENTS						
17:45:00	17:50:00	WC1 U23 - Medals ceremony			00:05:00	
		Interval			00:01:00	
17:51:00	17:56:00	MC1 U23 - Medals ceremony			00:05:00	
		Interval			00:01:00	
17:57:00	18:02:00	WC1 Junior - Medals ceremony			00:05:00	
		Interval			00:01:00	
18:03:00	18:08:00	MC1 Junior - Medals ceremony			00:05:00	
KAYAK CROSS COURSE CONSTRUCTION						
16:40:00	18:10:00	KAYAK CROSS - Course construction & setting			01:30:00	

Start	Finish	Saturday 12 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
KAYAK CROSS COURSE REHEARSAL						
08:00:00	08:15:00	Rehearsal			00:15:00	
OFFICIAL TRAINING						
08:15:00	11:15:00	Kayak Cross - Training sessions (TBC)	4	00:45:00	03:00:00	
		Interval			00:15:00	
KAYAK CROSS INDIVIDUALS						
11:30:00	11:33:20	Forerunners	4	00:00:50	00:03:20	
		Interval			00:06:00	
11:45:00	12:28:20	Women's Kayak Cross Individual - U23	52	00:00:50	00:43:20	
		Interval			00:03:00	
12:31:20	13:40:30	Men's Kayak Cross Individual - U23	83	00:00:50	01:09:10	
		Interval			00:03:00	
13:43:30	14:29:20	Women's Kayak Cross Individual - Junior	55	00:00:50	00:45:50	
		Interval			00:03:00	
14:32:20	15:36:30	Men's Kayak Cross Individual - Junior	77	00:00:50	01:04:10	
		Interval			00:23:30	
16:00:00	16:05:00	Water OFF			00:05:00	
KAYAK CROSS INDIVIDUALS - MEDALS CEREMONIES						
16:00:00	16:06:00	Women's Kayak Cross Individual - U23 - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:07:00	16:13:00	Men's Kayak Cross Individual - U23 - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:14:00	16:20:00	Women's Kayak Cross Individual - Junior - Medals ceremony			00:06:00	
		Interval			00:01:00	
16:21:00	16:27:00	Men's Kayak Cross Individual - Junior - Medals ceremony			00:06:00	

Start	Finish	Sunday 13 July 2025	Number of Slots	Interval	Duration	
06:50:00	08:00:00	Water on / water level stabilized			01:10:00	
OFFICIAL TRAINING						
08:00:00	10:00:00	KAYAK CROSS Official training (TBC)	2	01:00:00	02:00:00	
		Interval			00:50:00	
KAYAK CROSS JUNIOR - ELIMINATION						
10:50:00	10:53:00	Forerunners	1	00:03:00	00:03:00	
		Interval			00:07:00	
11:00:00	11:24:00	Women's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00	
11:24:00	11:48:00	Men's Kayak Cross - Junior - Heats	8	00:03:00	00:24:00	
		Interval			00:02:00	
11:50:00	12:02:00	Women's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00	
12:02:00	12:14:00	Men's Kayak Cross - Junior - 1/4 Final	4	00:03:00	00:12:00	
		Interval			00:05:00	
12:19:00	12:25:00	Women's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00	
12:25:00	12:31:00	Men's Kayak Cross - Junior - 1/2 Final	2	00:03:00	00:06:00	
		Interval			00:05:00	
12:36:00	12:39:00	Women's Kayak Cross - Junior - Final	1	00:03:00	00:03:00	
		Interval			00:03:00	
12:42:00	12:45:00	Men's Kayak Cross - Junior - Final	1	00:03:00	00:03:00	
					01:15:00	
KAYAK CROSS U23 - ELIMINATION						
13:50:00	13:53:00	Forerunners	1	00:03:00	00:03:00	
		Interval			00:07:00	
14:00:00	14:24:00	Women's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00	
14:24:00	14:48:00	Men's Kayak Cross - U23 - Heats	8	00:03:00	00:24:00	
		Interval			00:02:00	
14:50:00	15:02:00	Women's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00	
15:02:00	15:14:00	Men's Kayak Cross - U23 - 1/4 Final	4	00:03:00	00:12:00	
		Interval			00:05:00	
15:19:00	15:25:00	Women's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00	
15:25:00	15:31:00	Men's Kayak Cross - U23 - 1/2 Final	2	00:03:00	00:06:00	
		Interval			00:05:00	
15:36:00	15:39:00	Women's Kayak Cross - U23 - Final	1	00:03:00	00:03:00	
		Interval			00:03:00	
15:42:00	15:45:00	Men's Kayak Cross - U23 - Final	1	00:03:00	00:03:00	
		Interval			00:15:00	
16:00:00	16:00:00	Water OFF			00:00:00	
MEDALS CEREMONIES - KAYAK CROSS & CLOSING CEREMONY						
16:00:00	16:05:00	Women's Kayak Cross-Junior - medals presentation			00:05:00	
		Interval			00:01:00	
16:06:00	16:11:00	Men's Kayak Cross-Junior - medals presentation			00:05:00	
		Interval			00:01:00	
16:12:00	16:17:00	Women's Kayak Cross-U23 - medals presentation			00:05:00	
		Interval			00:01:00	
16:18:00	16:23:00	Men's Kayak Cross-U23 - medals presentation			00:05:00	
		Interval			00:01:00	
16:24:00	16:27:00	NATIONS CUP & CLOSING CEREMONY			00:03:00	