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TEAMLEADERS GUIDEBOOK

2021 ICF Canoe Marathon World Championships Seniors, U23 and Juniors

30th September – 03rd October, 2021
Bascov, Romania





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JURY

President of the Jury	Thomas Konietzko	ICF
Member	Ioan Birladeanu	ROU
Member	Ruud Heijsselaar	ICF/CAM

ORGANIZING COMMITTEE

Competition Coordinator	Birladeanu Ioan / Frusinoiu Andrei
Contact ICF/CAM	Gabriela Cristina Racaru
Installations coordinator	Dutulescu Gheorghe
Operations Coordinator	Popescu Elena
Media Center	Dumitrescu Marius
Race Course	Sarbu Marian
Village and Boat Storage	Badescu Ionel
Portage	Olteiu Gabriel
Start and Finish Area:	Stoian Aelxandru
Catamarans (Press/Rescue)	Ciurescu Marian
Catering	Truta Constantin
Team Services	Frusinoiu Andrei
The Float Installations	Tirica marian
Accreditation	Radu Dalis
Protocol and Victory Ceremony	Popescu Diana
Commentators -	Neculaescu Ciprian and Spataru Diana
Internal Transport -	Constantin Ionel

According to COVID PROTOCOL a negative PCR test not older than 72 prior to the arrival will be required from all participants and teamstaff.

IF LATE ARRIVALS (later than opening hours) PLEASE GO DIRECTLY TO HOTEL.



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Officials

Chief Official*	Ruud Heijseelaar	ICF/ECA
Deputy Chief Official	Brian Chapman	GBR
Safety Officer*	Brian Chapman	GBR
Chief Course Umpire*	Tim Cornish	ICF
Deputy Chief Course Umpire	Stien Verlinden	BEL
Starter	Marek Mazur	CZE
Aligner	Rata Ionel	ROU
Chief Portage	Birger Vik	NOR
Deputy Chief Portage	Anne Muller	GER
Course Umpires	Anne Muller	GER
	Colette Irogyen	FRA
	Nevenka Leskosek	SLO
	Delia Merayo Lopez	ESP
	Peter Janza	HUN
	Oscar Soares	POR
	Colin Simpkins	RSA
	Michal Kugler	AUT
	Maftai Adrian	ROU
	Luca Ion	ROU
	Condrat Petre	ROU
	Milos Fanel	ROU
	Munteanu Mihai	ROU
	Diaconu Florin	ROU
	Curuzan Vasile	ROU
	Stoian Alexandru	ROU
	Olteiu Gabriel	ROU
	Hapau Florentina	ROU
Penalty box	Stane Klemenc	SLO
	Lau Larsen	DEN
Finish Line Judge	Edwige Bakkaus	FRA
	Camarasanu Catalin	ROU
Chief Raft Marshal/Boat control	Begoña Rodriguez	ICF
Deputy Chief Raft Marshal	Elly Onnekes	NED
	Cutilla Mihaela	ROU
	Camarasanu Catalin	ROU
Chief Protocol		ICF
Sport Presentation	Ivan Lawler	GBR
	Stefan Gustafsson	SWE
Announcer English & French		ROU

* Competition committee

PROVISIONAL TIMESCHEDULE WCH 2021							
DAY	TIME	ACTIVITY	laps	small lap	finishtime	finishtime	LAPTIME APPR.
September 29th	11:00	Teamleadersmeeting			First boat	Last boat	
	15:30	Opening Ceremony					
September 30th	8:45	K1 Women Juniors	5	+ 1 small	10:20:03	10:21:20	0:18:06
	8:50	C1 women juniors	3	+ 1 small	09:57:10	9:57:21	0:20:40
	10:45	K1 women seniors heat 1	3	small			
	11:15	K1 women seniors heat 2	3	small			
	11:45	K1 men seniors heat 1	3	small			
	12:15	K1 men seniors heat 2	3	small			
	14:35	C1 Men Juniors	5	+ 1 small	15:42:10	15:42:21	0:20:40
	14:40	Award Ceremony K1WJ					
	14:45	Award Ceremony C1WJ					
	16:00	C1 women seniors final	3	small	16:17:50	16:24:46	0:05:29
	16:30	C1 men seniors final	3	small	16:45:43	16:48:10	0:04:50
	17:00	K1 women seniors final	3	small	17:15:20	17:16:43	0:04:43
	17:30	K1 men seniors final	3	small	17:43:43	17:45:23	0:04:13
	18:00	Award Ceremony C1MJ					
	18:05	Award Ceremony C1W, C1M, K1W and K1M					

PROVISIONAL TIMESCHEDULE WCH 2021							
DAY	TIME	ACTIVITY	laps	small lap	finishtime	finishtime	LAPTIME APPR.
October 1	8:45	K2 Women Juniors	5	+ 1 small	10:09:57	10:22:43	0:16:11
	8:55	C1 Men u23	6	+ 1 small	10:46:11	10:53:29	0:17:47
	14:00	K1 Women u23	6	+ 1 small	15:51:19	16:08:44	0:17:49
	14:05	C2 Men Juniors	5	+ 1 small	15:35:31	15:40:55	0:17:14
	14:10	Award Ceremony K2WJ					
	14:10	Award Ceremony C1MU23					
	16:00	K1 Men u23	7	+ 1 small	17:57:44	18:05:42	0:16:14
	16:05	Award Ceremony K1WU23					
	16:10	Award Ceremony C2MJ					
	18:05	Award Ceremony K1M23					
October 2	8:15	K1 Men Juniors	6	+ 1 small	10:02:33	10:15:32	0:17:12
	8:20	C1 Women	4	+ 1 small	09:44:51	9:53:30	0:19:58
	10:30	C1 Men	7	+ 1 small	12:36:26	12:53:53	0:17:26
	10:35	Award Ceremony K1MJ					
	10:40	Award Ceremony C1W					
	13:15	K1 Women	7	+ 1 small	15:18:27	15:31:39	0:17:02
	13:20	Award Ceremony C1M					
	15:45	K1 Men	8	+ 1 small	17:59:59	18:06:03	0:16:22
	15:50	Award Ceremony K1W					
	18:10	Award Ceremony K1M					
October 3	8:45	K2 men juniors	6	+ 1 small	10:20:39	10:34:22	0:15:18
	8:50	C2 Men	7	+ 1 small	10:48:20	11:07:18	0:16:19
	12:00	K2 Women	7	+ 1 small	14:00:35	14:06:00	0:16:38
	12:05	Award Ceremony K2MJ					
	12:10	Award Ceremony C2M					
	14:00	K2 Men	8	+ 1 small	16:01:26	16:17:07	0:14:43
	14:05	Award Ceremony K2W					
	16:20	Award Ceremony K2M					
	16:30	Closing Ceremony					

* Based on results ECH 2021 MOSCOW



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Ceremonies

Opening ceremony 29th September

15:15	Gathering
15:30	Starts of the team's parade
15:35	Nations parade –
15:40	Speeches
15:45	Raise of flag
16:00	Closing
16:30	Departure team leaders' dinner
19:00	Transport to the hotels

Team Leaders Dinner

Wednesday 29th September

Location – information will be available in the Accreditation Center.

Each team will receive two free invitations to Team Leaders dinner.

Transport will be provided to and from the official hotels, but attendees must be ready to leave the hotel on time.

Medal Ceremony

The schedule for the medal ceremony will be announced after team leaders meeting

The presentation will be done in front of the Grand Stand, near the portage. **All competitors who receive medals have to be present 15 minutes before the scheduled time.**

The procedure will be as follows:

All competitors who are to receive medals should assemble at the medal presentation room (at the tower, locker room).

The order of the awards will be as follows: [INFORMATION TO FOLLOW?]

The medal winners will be led to the podium

Behind them will be three volunteers with the medals on cushions then the team leader of the winning national country and the head of delegation.

The event will be announced, and the athletes and officials will march on to the prize giving area.

The medals will be presented by authorities accompanied by the head of the delegation of the gold medal winners.

PLEASE ENSURE THAT ALL PADDLERS RECEIVING MEDALS HAVE FULL NATIONAL TRACK SUITS, NO HATS AND NO SUNGLASSES.

All medals will be engraved with the Event logo and the name and country of each athlete at the venue, after each race and before the ceremony.

The medal presentation ceremony will take place in a restricted area. Only the medal-winning athletes and the presenting official will have access to the area. Access to the medal ceremony area will be by a one-way system to limit interaction with other participants or personnel. Masks will be worn by all participants at any time. 1m will be maintained between all participants

Medals will be disinfected prior to the ceremony then placed on a tray. The athlete will take the medal from the tray and place it around his or her own neck. The medal presenter will use hand sanitizer before the start of the award ceremony. There will be no handshakes or embraces.

Closing

Ceremony

Sunday, October 3rd

At the venue, right after the last podium ceremonies of the event.

VENUEPLAN



PORTAGE IS ON A CONCRETE FLOOR.

DISEMBARKMENT BOTH SIDES OF THE PONTOON

EMBARKMENT BOTH SIDES OF THE PONTOON

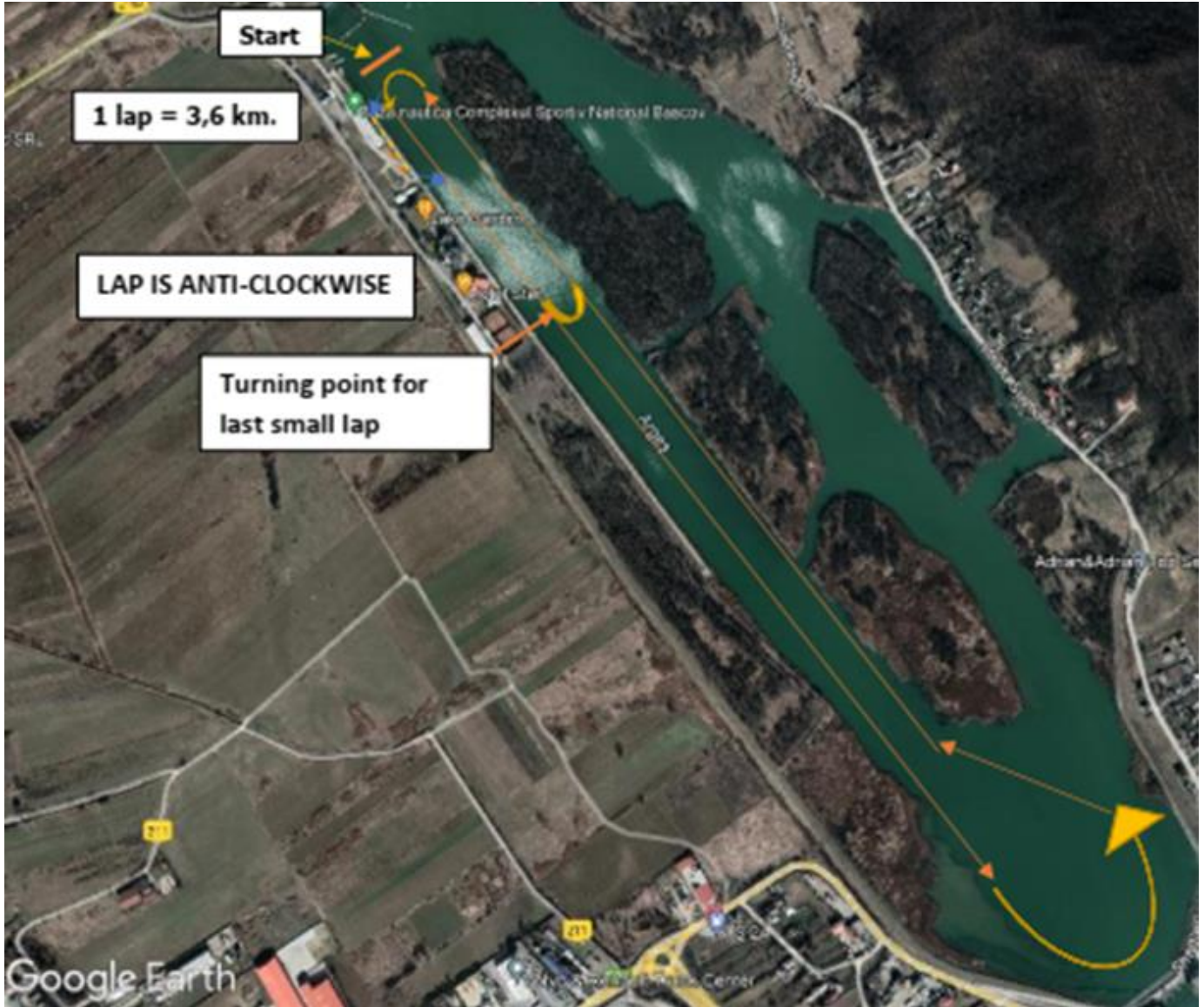
COURSE SHORT DISTANCE



FOR SHORT DISTANCE AFTER EACH LAP PORTAGE (TOTAL 2)

EACH LAP APPR. 1,2 KM TOTAL DISTANCE 3,4 KM

COURSE STANDARD DISTANCE



In standard distance first lap no portage, first portage after 7,2 km

NUMBER OF LAPS	Junior	U23	Senior
Women Canoe	3 (11,8 km)		4 (15, 4 km)
Women kayak	5 (19km)	6 (22,6 km)	7 (26, 2 km)
Men Canoe	5 (19km)	6 (22,6 km)	7 (26, 2km)
Men kayak	6 (22,6 km)	7 (26,2 km)	8 (29,8 km)



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Participating nations

1	ARGENTINA	29	SOUTH AFRICA
2	AUSTRIA	30	SPAIN
3	BELARUS	31	SWEDEN
4	BELGIUM	32	UKRAINE
5	BRAZIL	33	UNITED STATES OF AMERICA
6	BULGARIA	34	URUGUAY
7	CANADA		
8	CHILE		
9	CZECH REPUBLIC		
10	DENMARK		
11	FRANCE		
12	GERMANY		
13	GREAT BRITAIN		
14	HUNGARY		
15	INDIA		
16	IRELAND		
17	ITALY		
18	JAPAN		
19	MOLDOVA		
20	NETHERLANDS		
21	NEW ZEALAND		
22	NORWAY		
23	POLAND		
24	PORTUGAL		
25	ROMANIA		
26	RUSSIA		
27	SERBIA		
28	SLOVAKIA		



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Team leaders meeting

Meeting will be on Wednesday September 29th 11:00 in Conference Hall Hotel Star

Agenda

1. Welcome by, President Romanian Canoe Federation and vice President ICF
2. Introduction of main officials for the World Championships Ruud Heijselaar
3. Roll Call of the nation's Begoña Rodriguez
4. Information of location of specific events, World Championships Organizer
5. Covid-19 protocol Organizer
5. Course details Tim Cornish
6. Confirmation of entries Begoña Rodriguez/Brian Chapman
7. Other matters Ruud Heijselaar/HOC

Only the Team Manager of each Nation will be eligible to attend the team leaders meeting.

FINAL STARTLIST WILL BE PUBLISHED AFTER TEAM LEADERS MEETING AND AT THE ICF WEBSITE



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COVID – 19 PROTOCOL

- **PCR test to access Romania** – All national team members, officials, ICF officials will be required to provide a negative PCR test not older than 72 prior to the arrival to the venue/accreditation center.
- **Intermediate(s) antigen test** - One antigen tests will be conducted at the venue for all persons already accredited after 5 days since PCR-tested.
- These tests will be paid directly by each National Federation or entity in charge of the concerned accredited person.
- **The cost is 15 € per test.**
- **Departure PCR test** - Departure PCR test is not mandatory and can be organized upon request. This test will be paid directly by each National Federation/ person or entity in charge of the concerned accredited person at the Accreditation Office before undergoing the test. **The cost is 75 € per test.**

Other measures:

- **Social distancing measures** should be kept all the time. The recommended minimum distance between people is 1,5 -2m for indoor area with face mask.
- **Face mask.** Must be worn by all accredited persons at all times when indoor except when eating or drinking water.
- **Hygiene.** Wash your hands regularly and properly. Use provided disinfection (hand sanitiser) regularly and properly.
- **Vaccination** will not remove any countermeasures provided in this protocol by ICF

- **Portage helpers.** Only accredited helpers are allowed to give drinks during the portage.

- **Public/ supporters will not have access in the athletes' area.**

- **PCR test/ antigen test/ proof of vaccination is required for Access to the tribune.**

FAILURE TO COMPLY WITH THE PROTOCOL

1. National teams, including all ITO's, staff and athletes will be expected to comply with this protocol.
2. If an individual, or an entire team, does not respect it, the ICF and the HOC will deny access to the venue to the concerned person/team after 1st verbal warning, then a final warning sent to the team leader.
3. ICF and the HOC may impose a financial penalty of 100 Euro as well, to be paid by an individual, or an entire team.



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SPECIAL RULE PORTAGE

Boat and equipment control before the race

- First boat control is a self-check.
- Raft-Marshalling shall be carried out with appropriate social distancing. Personnel in raft-marshalling shall wear face-masks.

PORTAGE

- The portage helpers' lane will be adapted so that team helpers are able to pass each other with a social distance of at least 1 metre.
- The feeding lane shall be between 4 and 5 metres wide and about 40 metre long.
- The team helpers must respect the social distance between each other during feeding.
- The non-feeding lane shall be appr. 4 metres wide.
- The penalty box should be 3 metres wide and 10 metres long. Paddlers stay at the left side of the boat (depends how the portage is created). The ITO is staying at least 2 metres from the athlete.

Pontoons for embarkation and disembarkation

- Pontoons will be disinfected at regular intervals (at least twice a day).
- Only athletes will be allowed on the pontoons.
- Spacing (Social Distancing) must be respected while waiting for embarkation and disembarkation.

Boat control after the race

- There will be a boat control for the first 4 boats after each race.
- Boats will arrive at designated areas, one after the other.
- The athlete will take the boat to boat-control with social distancing to and no physical contact with the athletes and their paddles.
- Athletes will be given masks if they wish.
- The athletes and the ITOs must wear masks and check the boats and equipment without physical contact where possible or by using gloves.



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ȘI SPORTULUI



Accreditation

IF LATE ARRIVALS (later than opening hours) PLEASE GO DIRECTLY TO HOTEL.

Team Leaders should then come to accreditation center the next morning.

Accreditation for the World Championships will be included within the package for each team for all their team members and officials (AT ARRIVAL), if there are any discrepancies or items missing would you please refer to the accreditation desk which will be situated at the Regatta Course.

The desk will be open for long periods in both the morning and afternoon from September 27th precise times may be obtained from the notice, which will be displayed at the desk.

Whilst it is the organizer's objective to keep restrictions down to a minimum it is inevitable that there must be some areas which will require restricted access.

The Boat shed areas will be open to those with a valid accreditation card.

Team notices, changes to the program and any information that is necessary to give to team managers will be available from team pigeon holes, which will be situated in the Information Point.

Dissemination of information

Notices, signposting the various areas will be prominently displayed

START PROCEDURE

All classes start positions have been completed by random draw and you will find the draw positions on the website upon arrival at the Info office. Also, at the notice boards at several places.

The draw positions are numbered from the left facing in the direction of the course.

Boats will line up in a numerical order.

Launching on to the water will only be from the indicated rafts and this will be a controlled area, the officials will check each person's boat on to the water. The boat must be in an undamaged state. Paddlers will only be allowed onto the water with their correct boat and must also be correctly attired in their National dress.

Warm up area for all races in that session is near the portage entrance area and behind the automatic start system.

ALL BOATS RACING HAVE TO BE ON THE WATER WELL BEFORE THEIR START TIME THE STARTER WILL NOT WAIT FOR LATE PADDLERS.

The starter will call the paddlers to the start line.

Please ensure that paddlers approach their starting point as quickly as possible in order that the starts may commence on time.

The starter commands will be clearly heard by all the competitors through loud speakers placed at several points along the starting pontoon.

All his commands will be in English and the start command will be READY - GO

Finish

The timing and race results will be dealt with at the finish tower and access to this area will only be available to the Competition Committee and main event officials.

Video finish equipment is installed and will be used where applicable.

The finish line is only between two red buoys.



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ȘI SPORTULUI



After the finish, all competitors have to disembark at the same place where they enter before their race (see map) and the first 4 have to be weighed.

COURSE DETAILS

THERE WILL BE A BIG MAP AT THE NOTICE BOARDS AT THE INFORMATION OFFICE AND SEVERAL OTHER PLACES.

Map of the course will also be found at the website and in the handbook

Disembarkation and embarkation is on pontoons, at the competitors area, appr. 1000 metre from start line

The running distance of the portage is on concrete, and is about 100 metres, feeding area appr. 35 metres

It is very important that there will be A PORTAGE AFTER THE FIRST LAP IN SHORT DISTANCE (*first portage is after appr. 1 km*)

NO PORTAGE AFTER THE FIRST LAP IN STANDARD DISTANCE (*first portage is after appr. 7,2 km*)

FINISH AREA

Paddlers should clear the finish area as soon as possible and must not, under any circumstances, cross the finish line twice. There will be a boat control for the first 4 boats of each race. For others the disembarkation must be at the same point you entered the water using the lane between the pink buoys and the bank. A marshal will indicate when it is safe to pass across the course in front of the timing place as to not interfere with boats who are still on the course.

Portage – Special access

*Only a maximum of **ONE** helper per team, as previously indicated will be allowed to feed paddlers and these must be in possession of an accreditation card. Helpers only allowed to support in races where their paddlers compete.*

Nation vests will be given to each helper.

If two boats in the race only 1 helper is allowed to give support

None of the helpers are allowed to enter the non-feeding area. There will be a corridor for helpers who have to go to the helper's area, no other crosses at other place is allowed.

With competitors running at high speed, with canoes on their shoulders, with restricted vision it is important for safety that the marshal's instructions are obeyed.

Due to the high number of paddlers, the marshals who are in control of the portage area, will be strict and will only allow you into the feeding area if you are supporting your paddler.

Marshals will be instructed to ask other team officials to stay behind the barriers.

Helpers should not stop suddenly after helping their paddler as there may well be another boat coming behind them and the paddler of this second boat may not see you. Go to the end of the feeding lane and return to the beginning by the third lane provided.

MEDICAL ATTENTION

There will be an ambulance stationed at the racing area and because of the radio link with all sections of the course medical assistance can be readily summoned at short notice.

Also, a medical centre will be placed next to team's area



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MEAL TIMES

Lunch will be possible at the venue, for all teams that booked accommodation with the organizing committee.

Teams that did not book accommodation with the OC can book lunch in advance, for all week of competition, by 12 euros each.

Lunch is set to be served from 12:30 to 14:00

Meals and refreshments for the spectators will be provided by at least one kiosk and existing restaurants in the venue area.

TRANSPORT SCHEDULE Teams will be picked up (if ordered in advance) at the airport and taken to respective hotels subject to flight details already reported to the OC. Transport from/to hotel and course is only provided to the official hotels (see bulletin) and booked through the organisation.

Shuttle system between the official hotels and the venue will be assured inside the participation fee, from Monday September 27th. Schedule will be published at the info point and at OC hotels.

ACCOUNT PAYMENTS

Please note that all payment for accommodation and accreditation must be paid before the team`s arrival date. Late payments can also be made in cash or visa at the accreditation center.

BOAT STORAGE

Boats storage will be available at the Event venue on racking and there will be 24-hour surveillance to ensure security.

PRESS FACILITIES

The press area allocated close to the finish area (private room) will provide communication facilities. Press should be accredited and will not have access to the athletes` area.

TRAINING FACILITIES

The Event venue will be available for all competitors for training in the days (see above schedule) before the event and there will be free access to the course. **NO TRAINING ON THE REGATTA COURSE DURING MASTER RACES AND WORLD CHAMPIONSHIPS RACES**

There is an area/parallel lane near the competitor`s area that can be used for training when competitions are in progress. **Access to and from this area is only permitted from raft marshal area and access to the training area is at the right side from the raft marshal pontoon**

SAFETY

There will be three motorboats with safety umpires covering all the parts of the course and these will be in radio link with the organisers in case of any problems.

Doping control

This will be in accordance with ICF regulations, and any clarification of the procedure will be given at the team leaders meeting.

A random selection of at least one paddler from each of the first four places will be required to attend doping control and will be accompanied by a team official and an event organising official.

Competitors must bring their passport with them. Please therefore ensure that all paddlers have their passports at the finish area to ensure that there is no delay.

The control will take place in an area set aside for this by accredited officials in the centre.

Notice will be given to the team manager if a competitor is required to attend doping control



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ADEL Certification

International Canoe Federation congress has endorsed a proposal to extend compulsory anti-doping education courses to all senior, U23 and junior international athletes and team staff across all canoeing disciplines.

It is important federations and teams understand that these education courses are compulsory for all international athletes and need to be completed **before they compete in an international competition.**

This course gives athletes information about the dangers of doping and the importance of anti-doping controls and promotes positive attitudes to avoiding doping.

For the ones who did the course earlier, it will be not necessary to do again the education.

All paddlers who compete in this World Championships need an ALPHA certification.

LOCAL INFORMATION

Details of local information and entertainment will be available from the information desk in the main administrative area. See also the notice boards at the regatta course.

All changes on Thursday, Friday, Saturday and Sunday races will produce at the notice board. See also website or at Facebook

LATEST INFORMATION

You can find the latest news (also start lists) on website

STREAMING and TV Broadcast

The complete event will be broadcast, and streaming will be available at the ICF YouTube site and Facebook channel.

RULES 2019

The team leader will:

9.2.1.b Be the main contact with the Chief Official and the HOC throughout the competition, but he/she cannot disturb their work;

9.2.1.c Arrange to submit the protest or appeal as stipulated if necessary.

12.8 Paddling on the course

12.8.1 - Athlete must not wash riding an athlete in another class.

12.8.2 - Wash riding on an athlete in another class is a violation of the racing rules and will be subject to a penalty. If an athlete is observed to be wash riding the athlete will receive a first warning and a time penalty of 30 seconds. If the athlete receives a second warning or has gained major advantage, then he/she will be disqualified (DSQ) from the race.

12.8.3 - Athletes who have been lapped will end their race at the most suitable time and location and as soon as possible after the race leader has passed the last portage. The normal location for ending a lapped paddlers race will be at the portage. They will be recorded in the place they are at that point in the race.

10.12.1 DISQUALIFICATIONS AND PENALTIES

Any athlete who attempts to compete in a race by any other than honourable means or who breaks the racing rules, or who disregards the honourable nature of the racing rules will be penalised or disqualified for the duration of the race concerned.



MINISTERUL
TINERETULUI
ȘI SPORTULUI



10.12.2 - Should an athlete have failed to follow the correct course of the race (for example missed a turning buoy) the athlete has broken the racing rules and will be subject to a penalty:

10.12.2.a If the Race Umpire believes the athlete has gained a small advantage on other athletes:
Time penalty of 15 seconds will be given;

10.12.2.b If the athlete has gained a major advantage a disqualification (DSQ) will be imposed;

10.12.2.c Should a buoy be missed as a result of a collision in group racing during a turn this will be investigated and the boat that caused the collision will be disqualified (DSQ), see article 10.12.3. The athlete who missed the buoy due to collision will not be penalized.

10.12.3 - Collision or damage:

10.12.3.a Any athlete who is considered by a Course Umpire or Race Official to have been responsible for a collision, or who damages the canoe or kayak or paddle of another athlete or unnecessarily deviates from the direct racing line or deliberately blocks the path of an athlete may be penalized or disqualified;

10.12.3.b A collision will be considered to be an event where an athlete's boat or paddle touches another athlete's boat or paddle in a way that disadvantages another athlete;

10.12.3.c If it is considered that other paddlers have only had some minor disadvantage compare to other athletes as a result of the incident the responsible athlete will get a time penalty of 30 seconds;

10.12.3.d If it is considered that the incident has given other paddlers a major unfair disadvantage the penalty will be disqualification (DSQ).

10.12.6 - Handling of penalties:

10.12.6.a Time penalties as decided by the Chief Course Umpire are not subject to appeal;

10.12.6.b Time penalties must be executed in a designated area at the portage and supervised by a Race Official or will be added to the athletes finishing time if a time penalty stop is not used in the competition;

10.12.6.c Disqualifications are decided by the Competition Committee and are subject to an appeal.

10.12.7 - All penalties or disqualifications must be confirmed by the Competition Committee in writing immediately, giving the reasons. The Team Leader of the athlete/team must acknowledge the receipt on the notice copy with the exact time, which marks the start of the protest time.

10.12.8 - If an athlete is observed by an International Official to throw a drink bag into the water, they will receive a 30 second penalty. The decision is to be confirmed by the Chief Course Umpire and cannot be the subject of an appeal

Implementation

Competitors must not dispose of their drink bags or small plastic energy syrup packets while on the water or on the portage pontoons and ramps. Drink bags and small plastic energy syrup packets must be discarded only on the portage anywhere between the pontoons/ramps.



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PENALTIES

- Penalties that are incurred during the race will be imposed at the portage in the penalty box or added to the competitors time if not possible to be taken during the competition.
- In short distance the penalty will be add at the racing time.
- **A yellow flag** will be displayed in the beginning of the portage area when a penalty has been imposed

There will be **a notice board** at the beginning of the portage indicating which boat number has been given a penalty and the length of the penalty. It is the paddlers responsibility to check the penalty board.

The penalised competitor will be required to stop in the penalty box for the designated period at that portage.

The penalty box will be at the end of the portage on the right-hand side. A timing clock is at the penalty box indicating the penalty time.

APPEAL

12.9.1 - Team Leaders or other NF representatives have the right to appeal to the Jury against a decision of the Competition Committee on behalf of their athletes.

12.9.2 - The appeal must be handed to the Chair of the Jury in writing with reasons, not later than 20 minutes after the Team Leader has been informed with a written communication of the decision against the athlete or team and has signed the receipt given.

12.9.3 - An appeal must be accompanied by a fee of 75 Euros (or an equal sum in the local currency). The fee will be refunded if the appeal is upheld.

12.9.4 - On receipt of the appeal, the Chair of the Jury must advise the relevant Team Leader and indicate arrangements for hearing the appeal.

12.9.5 - The appeal must be heard as soon as possible. Witnesses may be called.

12.9.6 - The decision of the Jury is final.

12.9.7 - Final results should be prepared, and medals and trophies presented after the Jury's decision is announced or the time limit for appeals to the Jury has expired (whichever is the latter).
