



2026 ICF STAND UP PADDLING WORLD CHAMPIONSHIPS

SABAUDIA (ITA), 14-18 OCTOBER 2026



WELCOME IN SABAUDIA

Dear all,

I am delighted to share with you the first Bulletin for the upcoming **2026 ICF STAND UP PADDLING (SUP) WORLD CHAMPIONSHIPS!**

This prestigious global event will bring together the world's best SUP athletes for a week of high-level competition in one of Italy's most iconic coastal and natural environments. Sabaudia, a city located in the Lazio region, within the Circeo National Park and renowned for its pristine waters and unique landscape, offers ideal conditions for both sprint and long-distance SUP racing.

Over the five days of competition, world titles will be awarded in Sprint, Technical, and Long Distance, the three disciplines that define the program of the Stand Up Paddle World Championships. Sprint races will highlight speed and power over short courses, while technical races will require board handling skills, directional changes, and wave management. The long-distance event will represent the ultimate endurance challenge, with extended courses that test strategy, physical condition, and pacing ability.

The World Championships will be one of the key moments of the international SUP season, bringing hundreds of athletes from across the globe to Italy and confirming the growth and worldwide expansion of this discipline within the canoeing family.

We look forward to welcoming athletes, teams, officials, and supporters from around the world to Sabaudia for an unforgettable championship experience.

Sabaudia eagerly awaits you!

Antonio Rossi



HOST ORGANISING COMMITTEE

The Italian Canoe Kayak Federation (FICK) traces its origins back to 1935 with the foundation of the Gruppo Milanese della Canoa in Milan. Canoeing was formally recognised in 1936 within the Royal Italian Rowing Federation and later developed as the Gruppo Italiano Canoa. In 1973, the organisation evolved into the Italian Canoeing Commission, which officially became the Italian Canoe Kayak Federation in 1982. FICK was recognised by the Italian National Olympic Committee (CONI) in 1987 and, in 1992, promoted the foundation of the European Canoeing Association in Rome.

President: Antonio Rossi

Secretary General: Pamela Venditti

Contact

wcsup@federcanoia.it | accomodationwcsup@federcanoia.it



ITALY, LAND OF BEAUTY

Italy, a captivating country in Southern Europe, is renowned for its rich history, art, culture, and stunning landscapes. Shaped like a boot, it extends into the Mediterranean Sea. Rome, its capital city, boasts iconic landmarks like the Colosseum and the Vatican City. With a population of approximately 60 million people and an area of 301,340 square kilometers, Italy offers diverse geography, from the Alps in the north to beautiful coastlines. The official language is Italian, and the country operates under a parliamentary republic system. Italy's time zone is Central European Time (CET), which is UTC+1. The currency is the Euro (€). The country is a member of the European Union and NATO. Italy is celebrated for its cuisine, fashion, and contributions to art, literature, and science. Its vibrant cities, charming villages, and historical sites attract millions of tourists annually. Italy is a land of contrasts, blending ancient history with modern life.

<https://www.italia.it/en>



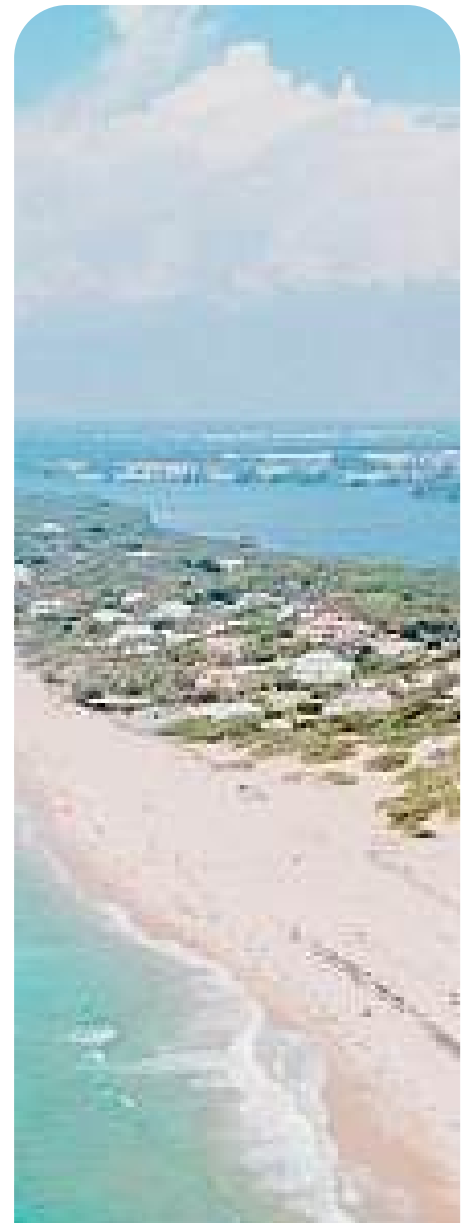
CITY OF SABAUDIA

Set between the Tyrrhenian Sea and the natural landscapes of the Circeo National Park, Sabaudia is one of Italy's most distinctive coastal towns. Founded in 1934, it is known for its rationalist architecture, long sandy beaches, and unspoilt natural environment.

Located about 90 km south of Rome, Sabaudia offers ideal conditions for Stand Up Paddle competitions, both technical and long distance, combining calm waters with a striking natural setting.

At its heart lies the Lago di Paola, a protected coastal lagoon with sheltered waters that has hosted international canoeing events and training camps for decades, making it an iconic venue within the paddling community. Thanks to its proximity to Rome and major international airports, Sabaudia is easily accessible for athletes, teams, and delegations from all over the world.

With its unique balance of nature, sport, and history, it provides an outstanding setting for the World Championships.



 ASSOCIAZIONE PRO LOCO SABAUDIA

SABAUDIA CENTRO



VENUE

Luoghi d'interesse

- 1 PALAZZO DEL COMUNE E TORRE CIVICA**
Piazza del Comune
tel. 0773.515791 - 0773.514258
- 2 CENTRO DI DOCUMENTAZIONE ANGILO MAZZONI E BIBLIOTECA COMUNALE**
ex Palazzo delle Poste e Telegrafi
Corso Vittorio Emanuele III
tel. 0773.514263
- 3 CHIESA SS. ANNUNZIATA E CAPPELLA REALE**
Piazza Regina Margherita
tel. 0773.515032
- 4 SANTUARIO SANTA MARIA DELLA SORRESCA**
Strada di S. Maria
Sorge sul lago di Paola sui resti di una villa romana del I sec. d.C.
- 5 EX-OSPEDALE**
Ex-ospedale e Opera Nazionale Maternità ed Infanzia
Via Conte Verde, ora sede ASL
- 6 CASERMA PIAVE**
Centro Sportivo Remiero della Marina Militare
Via Principe di Piemonte, 19
- 7 CENTRO VISITATORI PARCO NAZIONALE DEL CIRCEO**
via Carlo Alberto 188

HOW TO REACH SABAUDIA

BY AIRPLANE

The closest airport to Sabaudia is **Rome Ciampino Airport** (CIA), located 66.1 km away. Other nearby airports include **Rome Fiumicino** (FCO) at 84.7 km and Naples (NAP) at 115.4 km.

BY CAR

From Rome: take the SS 148 Pontina towards Latina, then continue on the SS 148 Mediana towards Terracina/Naples. Turn at the junction for Sabaudia onto the SP Migliara 53, which crosses the Park Forest and leads directly to the town of Sabaudia.

From Naples: take the SS 7 Appia to Formia/Gaeta, then follow the Via Flacca to Terracina. From there, take the SS 148 Mediana (Terracina–Latina section of the SS 148 Pontina) and turn at the junction for Sabaudia onto the SP Migliara 53, which crosses the Park Forest and leads directly to the town of Sabaudia.

From the north or south Italy: take the A2 motorway towards Naples or Rome and exit at Frosinone. Then follow the SS 156 Monti Lepini towards Latina until the junction for Priverno. From there, take the SP Marittima and follow the signs for Sabaudia. After crossing the SS 7 Appia, continue to the SP Migliara 53, which—after the intersection with the SS 148 Mediana (Latina–Terracina section of the SS 148 Pontina)—crosses the Park Forest and leads directly to the town of Sabaudia.

PUBLIC TRANSPORT

Train via the Rome–Naples line (via Formia), using trains that stop at the Priverno–Fossanova railway station, where a bus will take you to Sabaudia.






















HOW IS WEATHER

October in Sabaudia marks the beginning of the Mediterranean autumn, with mild temperatures, increasing rainfall, and generally stable conditions ideal for outdoor sporting events.

October in Sabaudia offers mild and pleasant weather conditions, ideal for outdoor sporting events and SUP competitions. Daytime temperatures usually range between 21–22°C, while mornings and evenings remain cooler at around 15–16°C.

The area generally experiences stable Mediterranean autumn conditions, with light coastal breezes, warm sea temperatures of approximately 22°C, and around 11 hours of daylight, ensuring excellent natural conditions for competition activities.

|  PARAMETER |  AVERAGE VALUE |  NOTES |
|---|---|--|
|  AVERAGE HIGH TEMPERATURE | 21–22°C | MILD AND PLEASANT DURING THE DAY  |
|  AVERAGE LOW TEMPERATURE | 15–16°C | COOLER EVENINGS AND EARLY MORNINGS  |
|  MONTHLY RAINFALL | 64–137 MM | TYPICAL MEDITERRANEAN AUTUMN SHOWERS  |
|  RAINY DAYS | 11–12 DAYS | SHORT, INTERMITTENT RAINFALL EVENTS  |
|  RELATIVE HUMIDITY | ~71% | HIGHER IN THE MORNING AND EVENING  |
|  AVERAGE WIND SPEED | ~16 KM/H | LIGHT TO MODERATE COASTAL BREEZES  |
|  SEA TEMPERATURE | ~22°C | WARMER THAN MOST EUROPEAN COASTS IN OCTOBER  |
|  DAYLIGHT HOURS | ~11 HOURS | GOOD NATURAL LIGHT FOR COMPETITION SCHEDULES  |

<https://temporeale.regione.lazio.it/aegis/elements/elements>

LIST OF EVENTS

The 2026 ICF SUP World Championships will feature multiple race categories across different age groups and board types.

Junior, Open, and Masters athletes will compete in Sprint, Technical, and Long Distance events using SUP hard boards up to 14'. Additional categories include Inflatable races, Foil Sprint races, Kid's races (U12–U15), and a Fun Race open to SUPs, canoes, and kayaks.

|  AGE GROUP |  EVENT |  BOARD |
|--|--|---|
|  JUNIOR / OPEN | <ul style="list-style-type: none"> • SPRINT • TECHNICAL • LONG DISTANCE • TEAM EVENT TECHNICAL • TEAM EVENT LONG DISTANCE |  SUP HARD BOARD UP TO 14' LONG |
|  MASTERS 40+ / 50+ | <ul style="list-style-type: none"> • SPRINT • TECHNICAL • LONG DISTANCE |  SUP HARD BOARD UP TO 14' LONG |
|  OPEN | <ul style="list-style-type: none"> • INFLATABLE |  SUP INFLATABLE BOARD UP TO 14' |
|  KID'S RACE (U12–U15) | <ul style="list-style-type: none"> • SPRINT • LONG DISTANCE |  SUP HARD BOARD UP TO 14' LONG |
|  FOIL SPRINT RACE | <ul style="list-style-type: none"> • SPRINT |  HARD BOARD WITH HYDROFOIL |
|  FUN RACE | <ul style="list-style-type: none"> • RECREATIONAL EVENT |  INFLATABLE, HARD BOARD, CANOE, KAYAK |



LIST OF EVENTS

The 2026 ICF SUP World Championships will feature Sprint, Technical, Long Distance, Inflatable, Kid, and Fun Race events across multiple competition categories. Athletes will compete on different board types, including hard boards, inflatable SUPs, and hydrofoil boards, with dedicated races for youth and recreational participants.

The event programme is designed to combine elite competition, youth participation, and inclusive paddling activities in a dynamic international SUP festival atmosphere.

| | | | |
|---|--|--|---|
|  | SPRINT RACE | A STRAIGHT 100 M COURSE PARALLEL TO THE BEACH, WITH BOTH START AND FINISH ON THE WATER. |  |
|  | TECHNICAL RACE | APPROXIMATELY 1,000 M COURSE, INCLUDING AT LEAST TWO RIGHT AND TWO LEFT TURNS, WITH START AND FINISH ON THE WATER. |  |
|  | LONG DISTANCE RACE | APPROXIMATELY 12 KM COURSE CONSISTING OF 3–4 LAPS, WITH START AND FINISH ON THE WATER. |  |
|  | INFLATABLE RACE | THE OPEN INFLATABLE CATEGORY IS OPEN TO PARTICIPANTS OF ALL AGE GROUPS WHO ARE 15 YEARS OF AGE OR OLDER. THE RACE WILL RUN ON THE LONG-DISTANCE COURSE. |  |
|  | KID RACE | TWO RACES WILL BE ORGANISED FOR KIDS: A LONG DISTANCE RACE (APPROXIMATELY 3 KM) AND A SPRINT RACE (STRAIGHT 100 M COURSE). PARTICIPANTS IN THE KID RACE ARE NOT ALLOWED TO COMPETE IN THE OPEN AGE GROUP. |  |
|  | FUN SPRINT RACE | A STRAIGHT 100 M COURSE PARALLEL TO THE BEACH, WITH BOTH START AND FINISH ON THE WATER. ENTRY LIMITS: MAX 16 PARTICIPANTS • MINIMUM 16 PARTICIPANTS. REGISTRATIONS ACCEPTED ON A FIRST COME, FIRST SERVED BASIS. |  |
|  | FUN RACE | A RECREATIONAL, NON-COMPETITIVE EVENT, WITH NO RANKINGS: OPEN TO ALL PADDLERS ON ALL SUPS, CANOES AND KAYAKS. COURSE LENGTH: APPROXIMATELY 1.5 KM. THE FUN RACE WILL COME TO THE EVENT MAINLY ON BOTH SATURDAY AND SUNDAY, AND 9:30. |  |
|  | THE RACECOURSE MAPS WILL BE OFFICIALLY RELEASED IN THE NEXT BULLETIN. | | |

TEAM EVENTS & SPORTING NATIONALITY

Team Events – Entry Procedure

Athletes wishing to participate in the National Team Events for Long Distance and Technical races must contact their National Canoe Federation (NF). Entries for team events must be submitted through the ICF Sports Data Platform (SDP) by the respective National Federation:

<https://icf.mev.atos.net/icf/icf.jsp>

For assistance or NF contact information: sdp@canoeicf.sport

Teams may consist of up to four (4) athletes per event. For team rankings, the best three (3) individual results will be counted.

ACCREDITATION | SUP ENTRIES

Registration and entries must be submitted via **individual entry system from memosoft** (system will be open June 1st 2026):

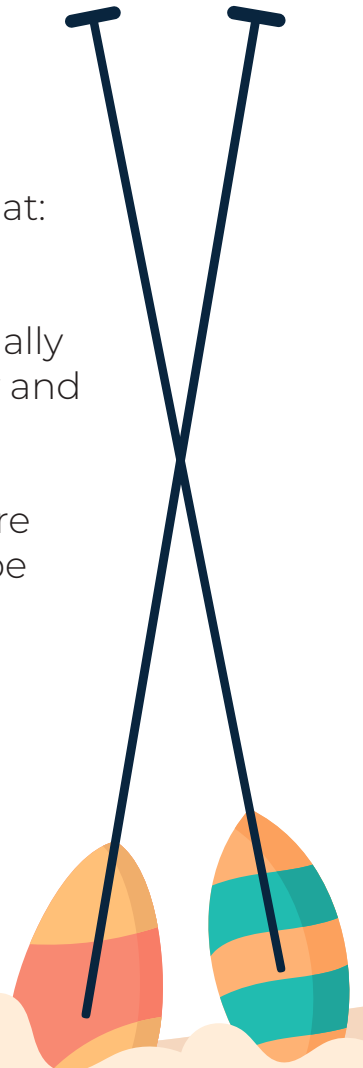
<https://ies.memosoft.app/>

For assistance with the system, contact Memosoft directly at: marcos@memosoft.pt

Athletes are required to complete their registration personally and remain fully responsible for the accuracy of their entry and for their participation in the championships.

Registration on the platform is reserved for athletes who are competing. Registrations for accompanying persons can be submitted through the same system alongside individual entries.

DEADLINE FOR ENTRIES IS 04/10/2026



ENTRY FEES | REGISTRATION TABLE

ATHLETES (SPRINT / TECHNICAL / LONG DISTANCE)

| REGISTRATION PERIOD | 1 EVENT | 2 EVENTS | 3 EVENTS |
|-----------------------------|---------|----------|----------------|
| Until 30 June | EUR 100 | EUR 120 | EUR 150 |
| From 1 July to 28 September | EUR 130 | EUR 160 | EUR 180 |
| From 28 September | EUR 200 | EUR 200 | EUR 200 |

INFLATABLE CATEGORY

| REGISTRATION PERIOD | FEE |
|--|-----------------------------|
| Until 30 June | EUR 50 |
| From 1 July onwards | EUR 60 |
| Athletes already registered for at least one official race | FREE (until 30 June) |

KIDS CATEGORIES

| CATEGORY | 1 EVENT | 2 EVENTS |
|----------|---------|---------------|
| Under 12 | EUR 10 | EUR 20 |
| Under 15 | EUR 10 | EUR 20 |

ACCOMPANYING / NON-COMPETING PERSONS

| REGISTRATION PERIOD | FEE |
|---------------------------------|---------------|
| Until 30 June | EUR 40 |
| From 1 July onwards & Race Week | EUR 50 |

FOIL SPRINT

| REGISTRATION PERIOD | FEE |
|---------------------------------|---------------|
| Until 30 June | EUR 20 |
| From 1 July onwards & Race Week | EUR 30 |

FUN RACE

| REGISTRATION PERIOD | FEE |
|---------------------------------|---------------|
| Until 30 June | EUR 20 |
| From 1 July onwards & Race Week | EUR 30 |

SERVICES INCLUDED

Participation fees include a wide range of athlete and event services designed to ensure the best possible competition experience throughout the championships

Depending on the selected category, participants will have access to accredited areas, board storage, race services, athlete facilities, and event infrastructure, with dedicated solutions for both competitors and accompanying persons.

| SERVICE CATEGORY | OFFICIAL EVENTS (TECHNICAL · SPRINT · LONG DISTANCE) | INFLATABLE EVENT (Sat. only) | FOIL SPRINT (Friday only) | FUN RACE (Saturday and Sunday only) | ACCOMPANYING PERSON |
|---|--|------------------------------------|------------------------------|---|------------------------|
|  Accredited area access | ✓ | ✓ (Sat. only) | ✓ (Friday only) | ✓ (Saturday and Sunday only) | ✓ |
|  Guarded board storage | ✓ | ✓ | ✓ | ✓ | ✗ |
|  Medals | ✓ | ✓ | ✓ | ✓ | ✗ |
|  Parking (1 vehicle) | ✓ | ✓ | ✓ | ✓ | ✗ |
|  Bib & race kit | ✓ | ✓ | ✓ | ✓ | ✗ |
|  Timing & official results | ✓ | ✗ | ✓ | ✗ | ✗ |
|  Event services* | ✓ | ✓ | ✓ | ✓ | ✓ |
|  Expo Village | ✓ | ✓ | ✓ | ✓ | ✓ |
|  SUP Athletes Lounge | ✓ | ✓ | ✓ | ✓ | ✗ |

✓ Included ✗ Not included



EVENT SERVICES INCLUDE:

Drinking water · Medical care · Internet access · Venue security · Event insurance · Organizational services · Live streaming · Official announcements

BIB SINGLET

At the accreditation desk, each competitor will receive their own individual BIB singlet, which will be used for identification during the event(s). It is the responsibility of each competitor to always wear the BIB during competition. Please note that no deposit is required for the BIB, and the BIB does not need to be returned after the races.

However, if the BIB is lost, the competitor will be required to pay a replacement fee of €50.

GENERAL CONDITIONS OF PARTICIPATION

The event is organised in accordance with the **ICF Stand Up Paddling Competition Rules** and all applicable ICF regulations.

Participation is open to athletes who comply with the event regulations and the relevant ICF rules.

In accordance with **ICF Rule 1.4.1**, athletes may compete from the year of their **15th birthday**. Athletes under the age of 18 must provide **written parental or legal guardian consent**.




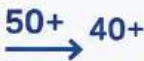


Each athlete enters the competition under their own responsibility and is responsible for the accuracy of their registration.

By registering to the race, the participants give a declaration on their health condition as detailed in the General Terms and Conditions. The HOC cannot be held responsible for any damage to health and its consequences which occur due to the competitor's health condition.

By registering and participating in the competition, athletes confirm that they **are able to swim at least 200 metres** without assistance and that they are **comfortable paddling in open water conditions**.



ENTRY CONDITIONS

| ENTRY CONDITION | DETAILS |
|--|---|
|  SINGLE AGE GROUP RULE | An athlete may compete in only one (1) age group per discipline (Sprint, Technical, and Long Distance). |
|  OPEN CATEGORY CHOICE | Athletes eligible for Junior (U18), 40+, or 50+ categories may choose to compete in the Open category instead. |
|  OPEN CATEGORY RESTRICTION | Athletes competing in any Open category event, except the Open Inflatable event, may not compete in Junior (U18), 40+, or 50+ categories. |
|  50+ ATHLETES | Athletes eligible for the 50+ category may also compete in the 40+ category in all disciplines, except the Open Inflatable event. |
|  OPEN INFLATABLE ELIGIBILITY | The Open Inflatable category is open to all athletes who have reached the age of 15, regardless of their standard age group eligibility. |
|  KIDS RACE RESTRICTION | Participants in the Kids Race are not allowed to compete in any Open age group events. |

MEDICAL APTITUDE & INSURANCE

Each athlete is solely responsible for their health and fitness to compete. By registering, athletes confirm their medical fitness as declared in the ICF Entry Waiver.

The Host Organising Committee (HOC) accepts no liability for any injury, illness, or health-related consequences during the competition.

The Host Organising Committee (HOC) accepts no liability for any injury, illness, or health-related consequences during the competition. All participants are strongly advised to obtain adequate personal medical insurance.

For full and binding regulations, refer to the [ICF Website](#)



TERMS OF PAYMENT

Due to Italian administrative and financial regulations, the participation fee, as well as any additional services, **can only be paid by bank transfer to the official bank account of the Italian Canoe Federation, using the bank details provided by the Organising Committee.**

Athletes are responsible for ensuring that the bank transfer is completed correctly and within the deadlines indicated. All applicable fees and services selected during registration remain subject to confirmation upon receipt of the corresponding bank transfer.

Once the payment has been completed and confirmed, no refund claims may be submitted to the Host Organising Committee (HOC).



Please note that a single payment may be made to cover the entry fees of multiple athletes. An invoice will be issued for all entry fee payments, including those made by clubs or National Federations.

Payments shall be made following the procedures indicated on the IES (memosoft) entry system using the bank details below:

Account Holder: **Federazione Italiana Canoa Kayak**

Bank: **BNL BNP Paribas**

IBAN: **IT51 I 01005 03309 00000000339**

SWIFT / BIC: **BNLIITRR**



















OFFICIAL HOTELS & ACCOMMODATION

Accommodation for teams, athletes, accredited attendees, and event staff is coordinated through the **Official Travel & Accommodation Partner**, appointed by the Host Organising Committee (HOC).

All official accommodation options are in Sabaudia or nearby areas, within a maximum distance of 3 km from the competition venue, ensuring easy access and efficient logistics. A range of hotels and lodging solutions will be available, with various room types (single, double, twin, triple, family), subject to availability.

Participants are strongly encouraged to book through the official accommodation mail accomodationwcsup@federcanoa.it to benefit from preferential rates, coordinated services, and event support. Requests are handled on a first-come, first-served basis.

| ACCOMMODATION TYPE | INDICATIVE PRICE | MAIN SERVICES |
|---|-------------------------------------|---|
|  Camping Bungalows & Apartments | EUR 45–70 / person / day |  Parking  Kitchen  Private bathroom  Equipment storage |
|  3-Star Hotels | EUR 65–95 / person / day |  Breakfast included  Private bathroom  WiFi  Daily housekeeping |
|  4-Star Hotels | EUR 80–130 / person / day |  Breakfast included  Private bathroom  WiFi  Housekeeping  Enhanced comfort |



LUNCH AT THE VENUE

During the race days, lunch will be available directly at the event venue. Meals will be provided in the form of **lunch boxes** which can be pre booked by SUP athletes and accredited non participating persons.

Booking procedures, costs, menu details, and collection times will be defined and communicated in the next official Event Bulletin.

Special menus will be available to accommodate different dietary requirements, including vegetarian, vegan, and other specific needs.

BOARD RENTAL SERVICE

The SUP board rental service for the event is managed exclusively by the ICF Official Sponsor, **Sport Camp**.

For all matters related to board availability, reservations, and rental conditions, athletes and teams are kindly requested to contact Sport Camp directly using the following email addresses:

unionpaddlers@gmail.com

Please note that the Host Organising Committee (HOC) is not involved in the management or coordination of board rental and will not handle requests, bookings, or related inquiries.



ANTI-DOPING

For the 2026 ICF STAND UP PADDLING (SUP) WORLD CHAMPIONSHIPS each athlete, coach and support personnel must pass the relevant anti-doping online course on the Anti-Doping Education Learning platform (ADEL) corresponding to their role. More information on the website: <https://www.canoeicf.com/anti-doping-education>

MEDICAL CARE

The following medical services are available for all official participants of the World Championship: doctor on duty, hospital, and clinic assistance. A medical centre will operate at the venue with ambulance and first aid. The costs above the regular first aid and ambulance services are to be covered by the athletes own medical insurance policy.

The Organising Committee is not responsible for covering your expenses in connection with hospital treatment, dental treatment or any other medical treatment.

VISA

Before travelling to Italy, please check whether you need a visa. Click on the link below: <http://vistoperitalia.esteri.it/home/en>

Teams requiring a visa to enter Italy must send all details, no later than September, 2026, to the email address: international@federcanoa.it

Please note that the HOC will not send you an invitation letter without knowing your team's arrival/departure dates, where you are staying, how many people there are in your team and who they are.









PRIZE MONEY | GENERAL INFORMATION

In accordance with the ICF Competition Rules, prize money will be awarded for the event. The total prize money, its distribution among categories, and the payment procedures will fully comply with current ICF regulations.

Detailed information regarding amounts, distribution criteria and payment methods will be communicated in the next Bulletin.

TIMETABLE | ESTIMATED

| DAY | DISCIPLINE | SCHEDULE & ACTIVITIES |
|--|---------------|--|
|  Wednesday | SPRINT | <ul style="list-style-type: none">• Sprint preliminary rounds, heats |
| | SPRINT | <ul style="list-style-type: none">• FOIL semifinals |
|  Thursday | TECHNICAL | <ul style="list-style-type: none">• Technical preliminary rounds, heats |
|  Friday | SPRINT | <ul style="list-style-type: none">• Sprint semifinals, finals, medal ceremonies• Kids race (sprint) |
|  Friday | SPRINT | <ul style="list-style-type: none">• FOIL finals, medal ceremonies |
|  Saturday | TECHNICAL | <ul style="list-style-type: none">• Technical semifinals, finals, medal ceremonies• Fun race |
|  Sunday | LONG DISTANCE | <ul style="list-style-type: none">• Long distance finals, medal ceremonies• Kids race (long distance)• Inflatable race, medal ceremonies |

 * Fun Race starts 5 minutes after the Kids race.



ICF PARTNER

The 2026 ICF SUP World Championships is made possible thanks to the support of our valued partners and sponsors. Full partner information will be published in subsequent bulletins.

GOLD PARTNERS



SILVER PARTNERS



DEVELOPMENT PARTNERS



SOCIAL AND ENVIRONMENTAL PARTNERS

