

# ICF DEVELOPMENT PROGRAMME



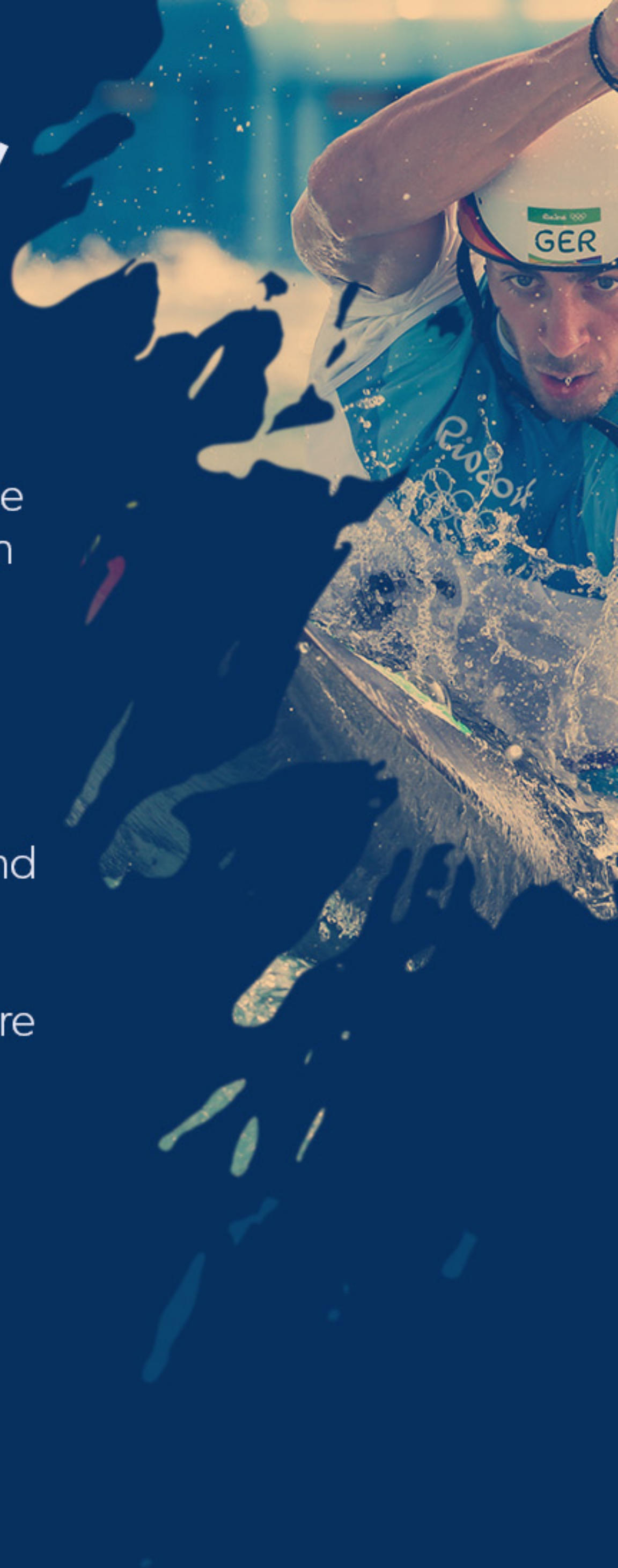
# INTRODUCTION / PRESENTATION

An important part of the International Canoe Federation's global vision is the development programme, with a plan to introduce canoeing to new communities and assist in the sport's growth in developing federations.

The ICF's programme is has access to world-class, experienced coaches, and also benefits from the generous support of several federation's equipment and sponsors; furthermore provide a educational to the coaches and support the best athletes of the development nations.

Several programme's activities were impacted by the Covid-19 pandemic during the 2020 and 2021.

New strategies needed to be implemented like a Coaching Webinars Series and the online Coaches courses level 1, 2 and 3 (University of Semmelweis).





# WORKING TEAM

PROGRAMME RESPONSIBLE

**CECILIA FARIAS**

FINANCES RESPONSIBLE

**LUCIANO BUONFIGLIO**  
**SIMON TOULSON**

CALM WATERS

**THOMAS KONIETZKO**

Canoe Sprint - Dragon Boat - Paracanoe  
Stand Up Paddling - Canoe Marathon  
Canoe Ocean Racing

WILD WATERS

**TONY ESTANGUET**

Canoe Slalom - Canoe Free Style  
Canoe Wildwater - Canoe Polo

TECHNICAL MANAGER

**MARTIN MARINOV**  
**HOICHAN KWON**  
**MICHEL ALACON**

DEVELOPMENT MANAGER

**SEBASTIÁN**  
**CUATTRIN**

TECHNICAL MANAGER

**CYRIL NIVEL**





# BENEFITS

The tangible benefits of the development programme can be measured by the increase of the number of new nations participating in World Championships where on the programme is involved in, the improvement of the results of athletes taking part in the programme and finally the target of winning places in the Olympic Games. It can also be measured by the number of people involved in the educational and training programmes offered.





# ACHIEVEMENTS

- Obtain quotas to Olympic and Paralympic Games in Africa, America, Asia and Oceania
- To be in the semi-final or better in Tokyo 2020 Olympic and Paralympic disciplines;
- To be in semi-final on the Youth Olympic Games in Dakar 2022;
- To be a medallists on the Continental Championships;
- Achived - Tip athletes are qualified for the games in Africa (TUN, ANG), America (URU, CUB), and some other have a chance to qualifay in the continental qualifications. (SEN, UZB, IRAN, MOR, COK, TONGA, NGR, VEN, MEX, BIZ, SAM and MDO)
- Achived - (MOR) Soudi Mathis - Semifinal CSL K1M, (MEX) Reinoso Sofia - Semifinal CSL K1W, (CUB) 9th on Final B CSP - C1M 1000m - Pelier Cordova Jose Ramon
- Youth Olympic Games in Dakar 2022; Was postponed  
ACHIVED - SEN, UZB, IRAN, MOR, COK, TONGA, NGR, VEN)
- Medal in the Slalom World Cups and Sprint World Championship Junior



# EQUIPMENT DONATION PLAN

The Development Plan had been reorganized counting with a detailed data base as it follows:

Date requested, Continent, Continental Confederation, National Federation, Discipline, Product, Providers, Used Boats 2° Hand / NFs, Paddles offer by ICF – Domestic Boat Production Project, Extra Material Received, ICF Project, Material Price, Shipping cost (€), MOU, Who pay the Transport Cost, Shipping Date, Delivery Date, Photos, Report, Responsible Person, Contact e-mail.






# EQUIPMENT DONATION PLAN

Date Requested	Continent	Continent Confed.	Country Code	National Federation	NF	Discipline	Product	Boats Plastex	Boats Nelo	Boats Vajda	Boats Elio	Boats Hody	Boats Yupin	Boats Preston	Boats Rotomod	Paddles Braca	Paddles Jantex	Ergometers Dansprint	Ergometers Lana Sports	Balls Yupin	Boat Yupin	Boat Equip. Yupin	Goals Yupin	Shot Clock Yupin
13/5/2021	Europe	ECA	ARM	Armenian National Rowing and Canoe Federation	ANRCF	Sprint	Parakayak - Used																	
13/5/2021	Europe	ECA	ARM	Armenian National Rowing and Canoe Federation	ANRCF	Sprint	Parakayak - New																	
13/5/2021	Europe	ECA	SRB	Canoe Federation of Serbia	CFS	Sprint	Canoe Paddle									1								
31/5/2021	América	COPAC	DMA	Dominica Canoeing and Kayaking Association	DCKA	Sprint	Boat (Kayak)		2															
31/5/2021	América	COPAC	DMA	Dominica Canoeing and Kayaking Association	DCKA	Sprint	Kayak Paddle																	
31/5/2021	América	COPAC	DMA	Dominica Canoeing and Kayaking Association	DCKA	Sprint	Kayak Paddle																	
25/9/2021	Kenya	CAC	KEN	Kenya Rowing and Canoe Federation	KRCF	Slalom	Kayak																	
25/9/2021	Kenya	CAC	KEN	Kenya Rowing and Canoe Federation	KRCF	Slalom	Canoe																	

Scoreboard Yupin	Referee's clothing Yupin	Boat Manufact. Materials Nelo	Used Boats 2 <sup>nd</sup> Hand / NFs	Extra paddles	Extra Material	Project	Material Price	Shipping cost (€)	MOU - Status and comments	Who pay the Transport Cost	Shipping Date	Delivery Date	Photos	Report	Name	e-mail
					Nelo Used Boat	Surplus material	€ 1,500.00	€ -	Signed	National Federation	24/6/2021	26/5/2021	Yes	Yes - Official Letter	Vahan Adamyan - <u>delivered</u> during the ECA Jr and U23 Sprint Championships in Poznan	<a href="mailto:kanoe.rowing@gmail.com">kanoe.rowing@gmail.com</a>
					Nelo Extra Boat - IPC project donation	IPC - AGITOS	€ 2,200.00	€ -	Signed	National Federation	24/6/2021	26/5/2021	Yes	Yes - Official Letter	Vahan Adamyan - <u>delivered</u> during the ECA Jr and U23 Sprint Championships in Poznan	<a href="mailto:kanoe.rowing@gmail.com">kanoe.rowing@gmail.com</a>
					Donation		€ 350.00	€ -	N/A	National Federation	13/5/2021	13/5/2021	Yes		Tijana Arsic	<a href="mailto:info@kajakserbija.rs">info@kajakserbija.rs</a>
					Donation		€ 4,400.00		Pending	National Federation					Barry Casimir	<a href="mailto:barry.casimir@open.uwi.edu">barry.casimir@open.uwi.edu</a>
					Donation		€ 350.00		Pending	National Federation					Barry Casimir	<a href="mailto:barry.casimir@open.uwi.edu">barry.casimir@open.uwi.edu</a>
					Donation		€ 350.00		Pending	National Federation					Barry Casimir	<a href="mailto:barry.casimir@open.uwi.edu">barry.casimir@open.uwi.edu</a>
			1		Nelo Used Boat	Surplus material	€ 1,200.00	€ 80.00	Pending	International Canoe Federation	27/9/2021	29/9/2021			Titus Mukundi	<a href="mailto:titusmukundi@yahoo.co.uk">titusmukundi@yahoo.co.uk</a>
			1		Nelo Used Boat	Surplus material	€ 1,200.00	€ 80.00	Pending	International Canoe Federation	27/9/2021	29/9/2021			Titus Mukundi	<a href="mailto:titusmukundi@yahoo.co.uk">titusmukundi@yahoo.co.uk</a>



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## Development Programme

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An important part of the International Canoe Federation's global vision is its development programme, with a blueprint to introduce canoeing to new communities and assist in the sport's growth in developing countries.

The ICF's programme has access to world-class, experienced coaches, and also benefits from the generous support of several of the federation's equipment sponsors. Although officially the TIP camps kicked off after the Rio Olympics, the ICF had been working for many years previously, utilising some of the most respected experts in the sport, to develop canoeing around the globe.

Successful development camps have been conducted in Africa, Asia, South America and Europe.


The ICF works with the continental associations to run the programs, tapping into their valuable local talent and expertise to ensure the best possible results for all who take part.

One of the keys to the success of the ICF program is the emphasis on getting participants to give back to the project. Previous graduates have gone on to run their own coaching courses, assist in boat and course development and have helped in administration.


The ICF development program covers several canoeing disciplines, including slalom, sprint, wildwater, marathon and paracanoe. Participants from the program competed at the Rio 2016 Olympics, and more are expected to appear in Tokyo in 2020.

See the menu above for more information.

[Policies and procedures](#)




## Latest News



**Kenya receives boat donation**



**Busy Muturi takes next step toward Olympic dream**



**Nicholas no longer wants to be Trinidad's Robinson Crusoe**

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**Canoe Slalom**

1 October 2021

Kenya receives boat donation

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**Canoe Slalom**

23 September 2021

Busy Muturi takes next step toward Olympic

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**Canoe Sprint**

15 September 2021

Nicholas no longer wants to be Trinidad's

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**Canoe Sprint**

9 April 2020

ICF updates event status due to coronavirus

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**Canoe Sprint**

7 April 2020

ICF and Prowave sign partnership agreement

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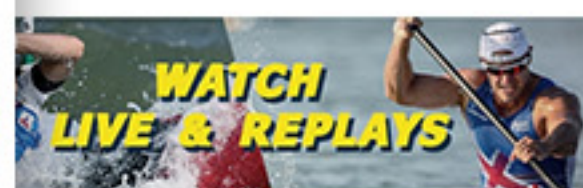
**Canoe Sprint**

18 March 2020

ICF update on coronavirus COVID-19 and

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Canoe Slalom  
Extreme Canoe Slalom  
Canoe Wildwater  
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Dragon Boat  
Canoe Freestyle  
Canoe Ocean Racing  
Stand Up Paddling

### National Federations

Rules & statutes  
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### About ICF

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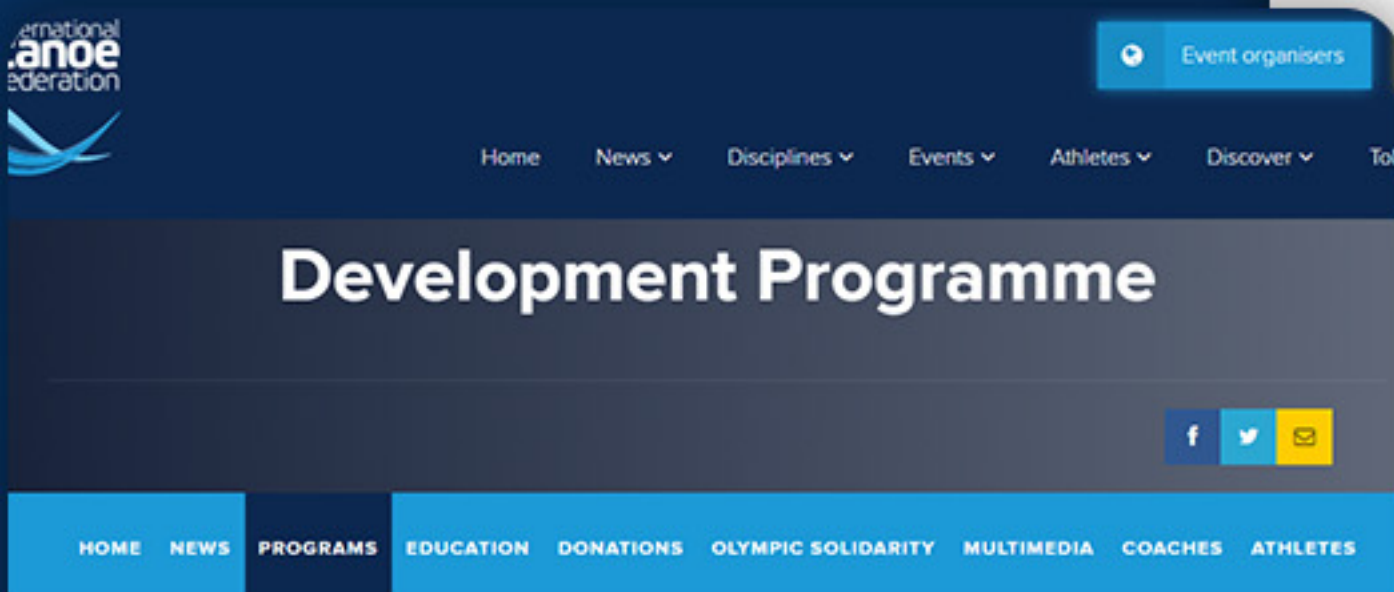
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## Current programs

### Canoe Marathon

The programme will be held in connection with the Marathon World Championships in Bascov-Budeasa, Romania from 30 September to 3 October, 2021 and will include a training camp for approximately 7 days before the competition between 23 and 29 September.

Applicants for the camp must commit to attending the full period of the camp and cannot use the benefits provided to just race at the World Championships at a reduced cost.

The project provides priority for the men and women kayakers and canoe paddlers from countries, which are new to canoe marathon or have not taken part in an ICF Canoe Marathon World Championships before.

The age limit of the athletes is 15 to 23 years. (Birth years 1998-2006)

Application must be sent with information on the proposed athletes to Tim Cornish: [cornishtj@gmail.com](mailto:cornishtj@gmail.com) before 20 August 2021.

[Read more about the programme](#)

[Download the application form \(xls\)](#)

### Canoe Sprint

- 2021 ICF JUNIOR & U23 CANOE SPRINT WORLD CHAMPIONSHIPS in Montemor-o-Velho, Portugal.
- o Deadline to send the application: 29/06/2021

- 2021 ICF CANOE SPRINT WORLD CHAMPIONSHIPS in Copenhagen, Denmark.
- o Deadline to send the application: 09/07/2021

Due to a limited number of places for these training camps, the application allows for two athletes per country, preferably one male and one female athlete. This number could increase after the release of the final list of registrations.

Please, send to [sebastian.cuattrin@canoeicf.com](mailto:sebastian.cuattrin@canoeicf.com) the athlete's application with their age, gender, category, competition and place that you want to request a spot in the TIP program.

To ensure the athletes' participation, they need to be registered in the competition by your NF in the ICF SDP system.

The TIP camp will be in accordance with the local health and sanitary rules and respecting the ICF COVID protocol.

### Paracanoe

ICF-PARACANOE will be hosting a Talent Identification Programme (TIP) Camp in Copenhagen for the upcoming World Championships (10<sup>th</sup> to 19<sup>th</sup> September).

All national federations (NFs) who are developing women paracanoe athletes are encouraged to apply. Preference will be given to NFs who have had low female participation in paracanoe events to date.

Funding from the ICF is limited. All on-site competition costs will be covered by ICF. Travel costs and visa approvals will be the responsibility of each NF.

We encourage NFs to contact their National Paralympic Committee for assistance to help this Paris 2024 development activity. It is important to note that the first Qualifier for the Paris 2024 Paralympic Games will be only 21 months after the Copenhagen World Championships.

Female coaches from applying nations are also encouraged to participate under the same conditions.

Please send a letter of interest to Jean-Christophe Gonneaud [jc.gonneaud@canoeicf.com](mailto:jc.gonneaud@canoeicf.com) by 16 July 2021

Notices of ICF support will be sent to successful applicants by 20 July 2021.

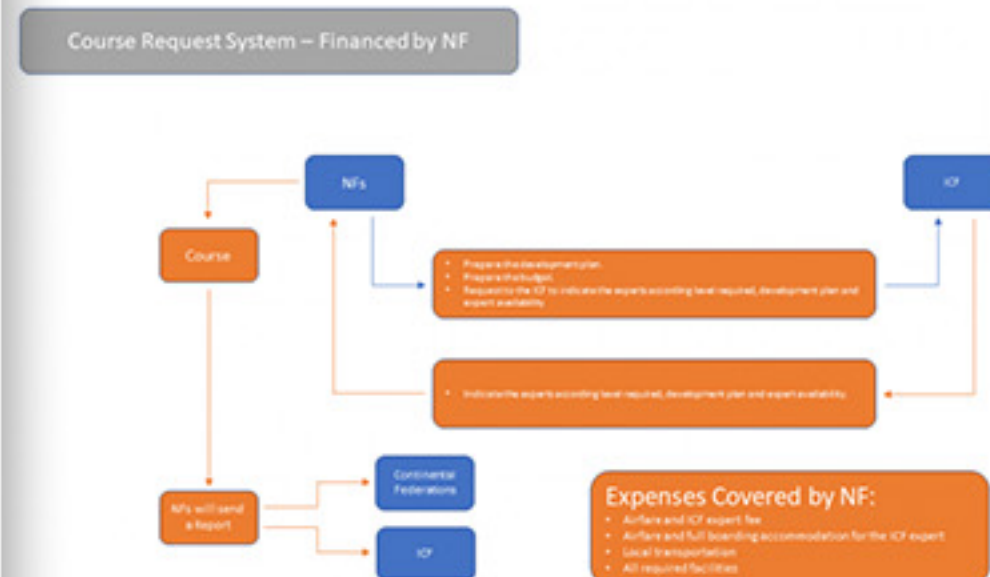
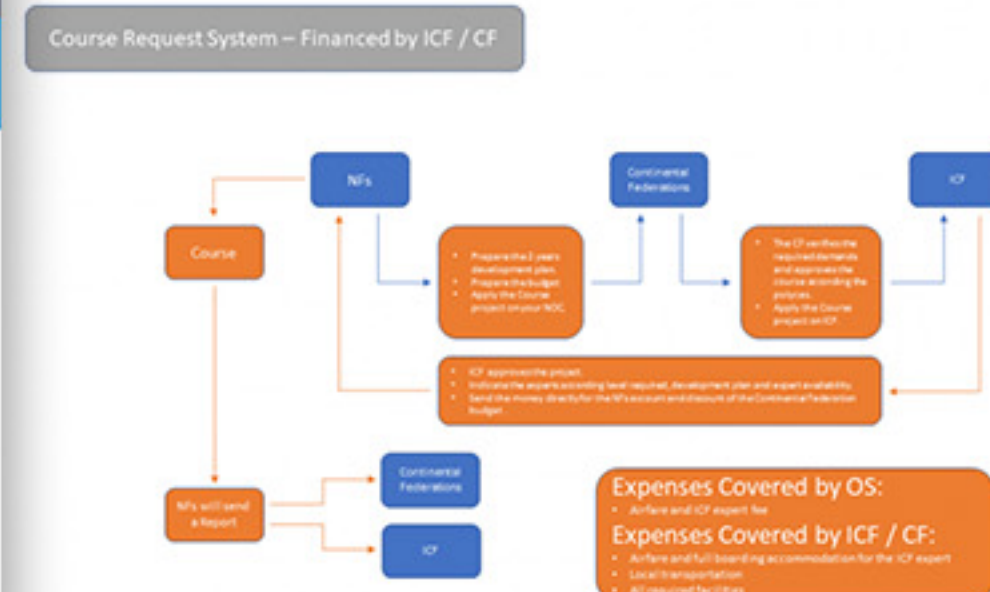
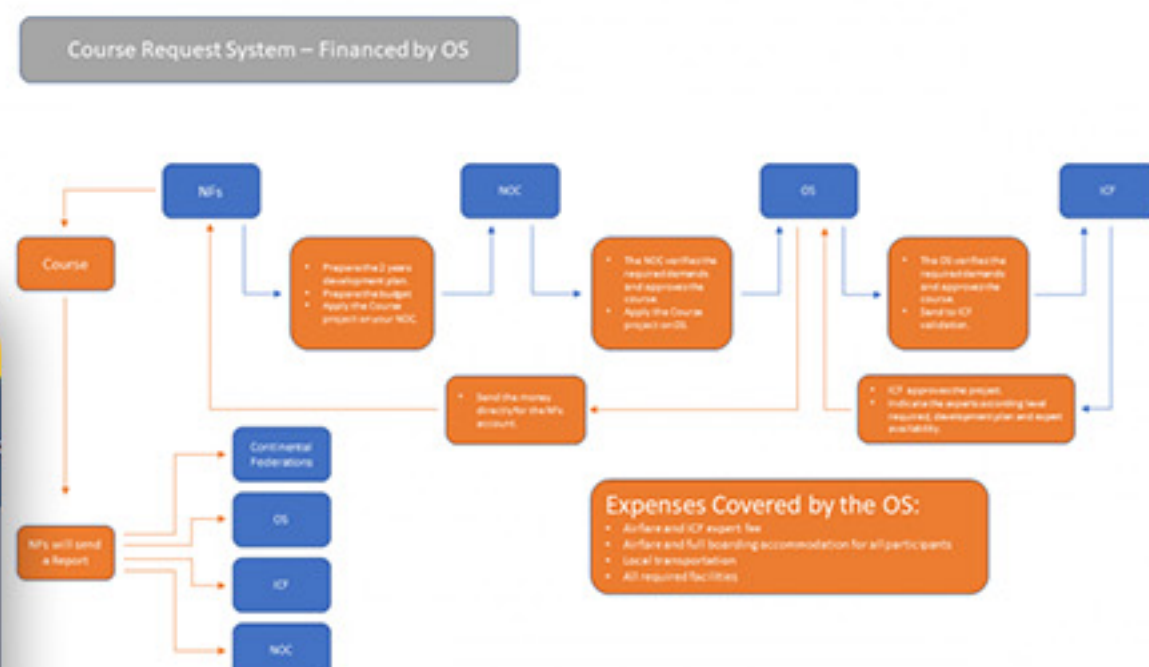
Letters of interest should include the following:

- NF name
- NF contact
- NF Paracanoe contact (if different)
- Athlete Name
- Athlete Age
- Athlete passport #
- Athlete impairment (brief description – pictures encouraged)
  - Anticipated athlete category, ie. KL1, KL2, KL3/VL1, VL2, VL3

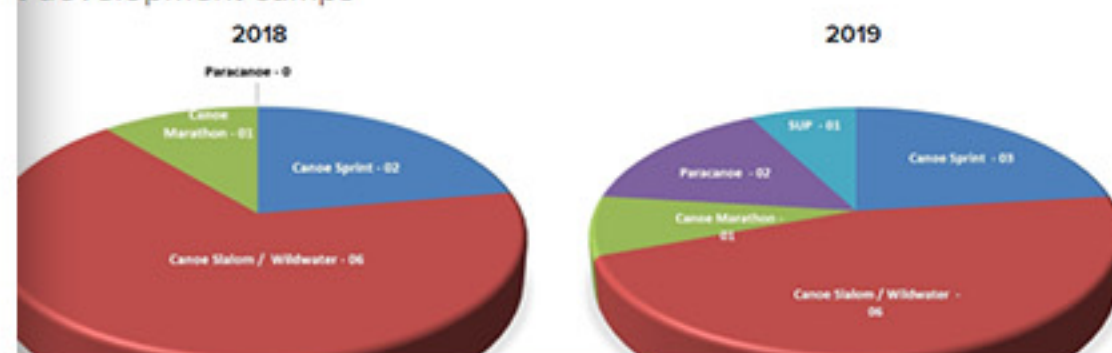
- Athlete training activity
  - How long has she been training in paracanoe
  - Kayak or Va'a or both

## Coaches courses

2021 level 3 canoe sprint coaches course. Online: October to December - information Application form

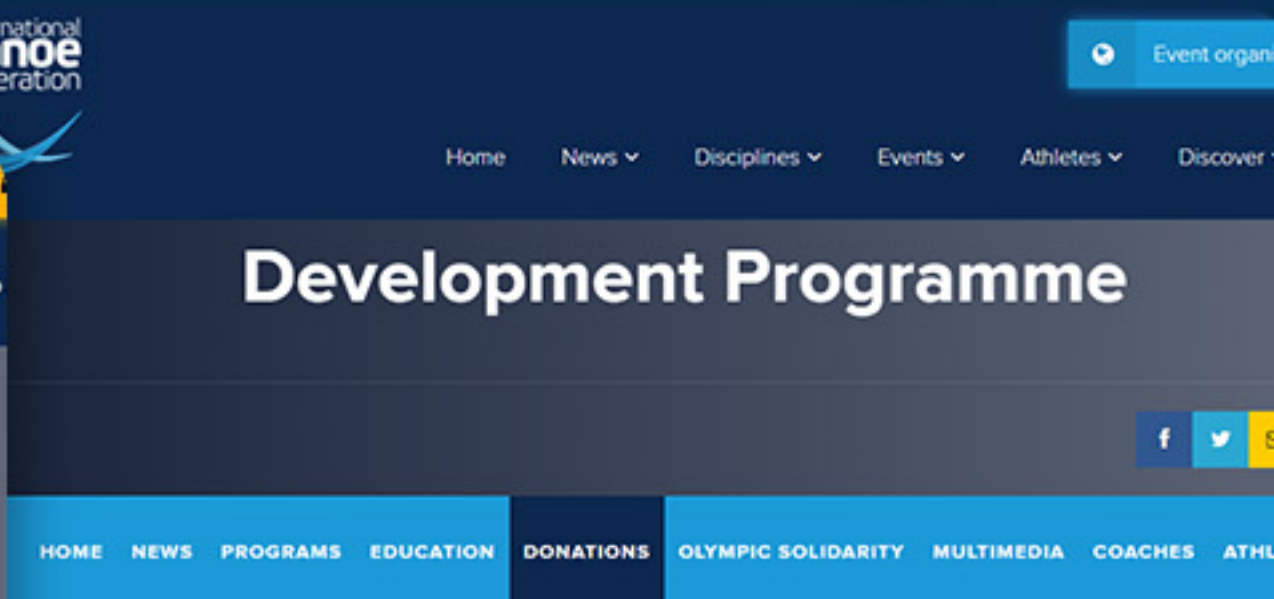
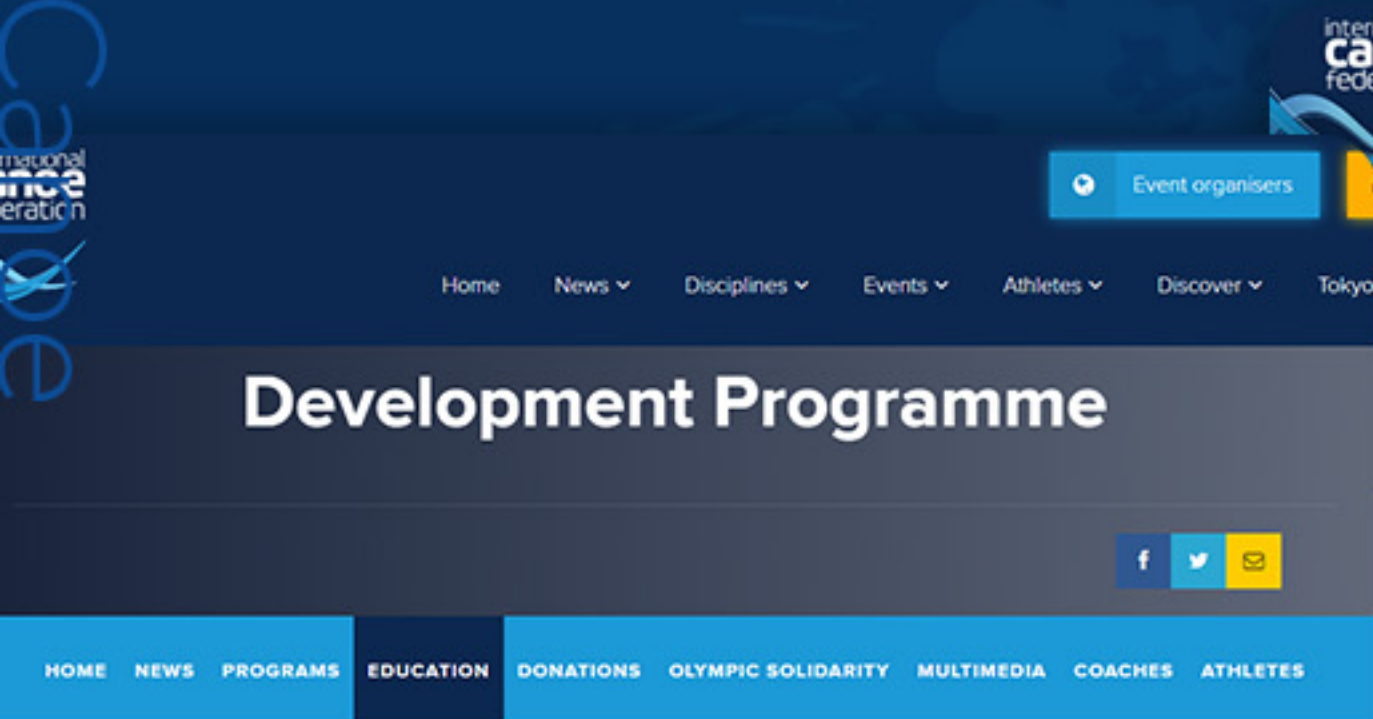


## T development camps





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## Education

### Difference between canoe and kayak

Learn the difference between a canoe and a kayak, and learn more about the different ICF disciplines

### ICF Performance Education - free webinars

There are eight topics from series one which can all be watched on demand here.

A new series will be launched in 2021, check back here for details

### Coaching manuals

Canoe sprint coaching manual Nyomda

Canoe sprint coaching manual 2-3

## Equipment donations

What type of equipment is available for donation?

Who can apply for equipment and what is the process?

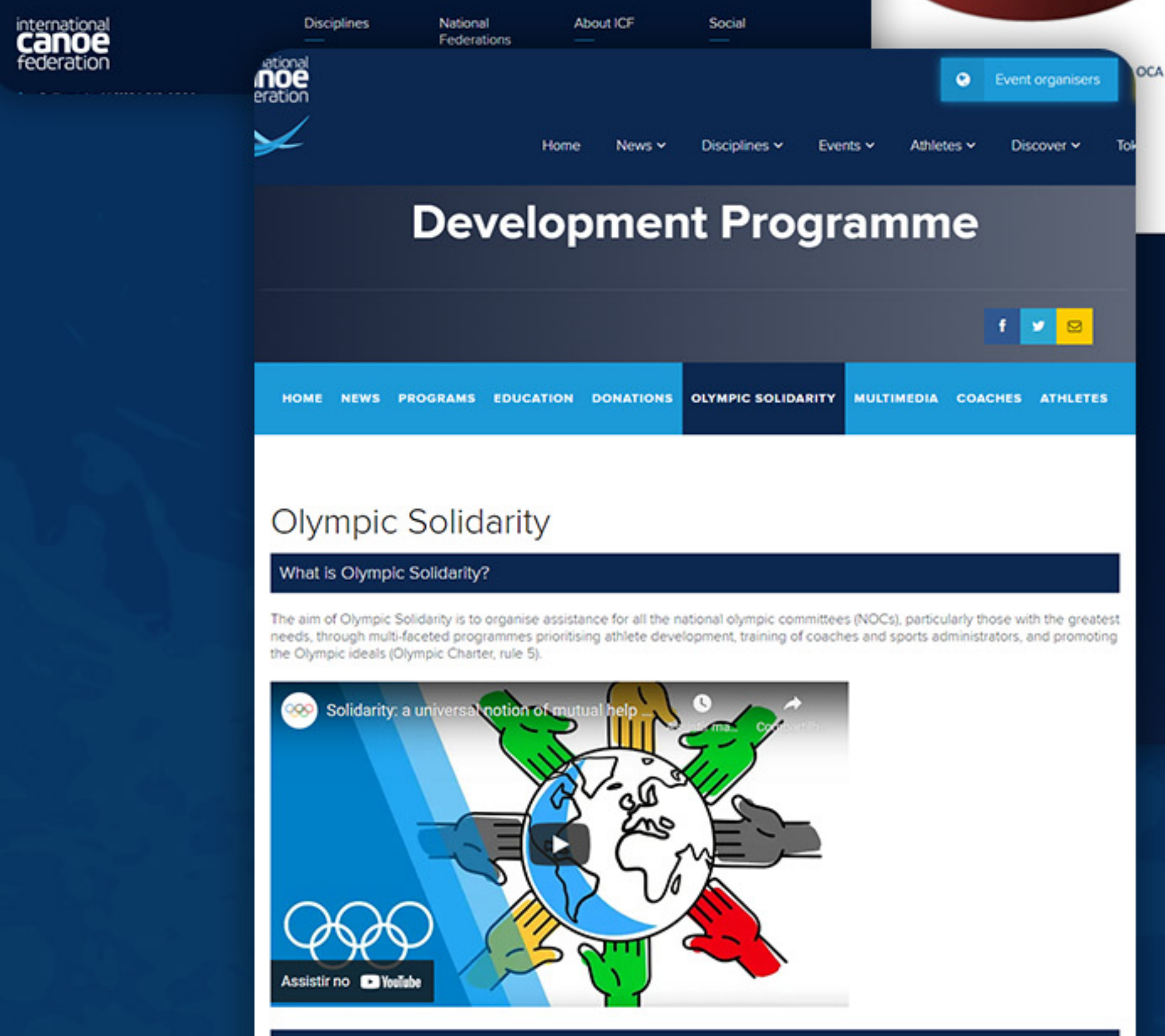
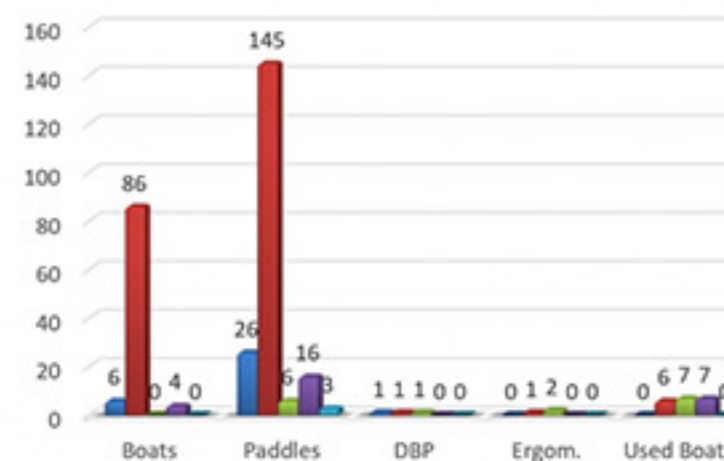
Who has received equipment donations in the past?

2019

### Amount in Euros



### Sport Equipment Donated



#### Disciplines

Canoe Sprint  
Paracanoe  
Canoe Slalom  
Extreme Canoe Slalom  
Canoe Wildwater  
Canoe Marathon  
Canoe Polo  
Dragon Boat  
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## Development Programme

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## Coaches

### ICF CERTIFIED CANOE-KAYAK COACHES

The certifications given to those coaches who attended an ICF organized or approved course and passed the examinations:

- Level 1: COACH
- Level 2: EXPERT COACH
- Level 3: PRESENTER

• Download the list of ICF certified coaches. Updated 9 September 2021

### Coaching courses

#### Reports

Date	Location	Course type
May - Jul 2021	Budapest (online)	Level 3 canoe sprint coach course
April 2021	South Africa (online)	Online Assistant Canoe Sprint Coach Course
January 2021	South Africa (online)	Online Assistant Canoe Sprint Coach Course
December 2020	Iran (online, with attendees from other countries in Asia)	Series of coaching webinars for canoe slalom, canoe sprint and paracanoe
Nov-Dec 2020	Uganda (online)	Level 1 online assistant canoe sprint coach course
November 2020	South Africa (online)	Online Assistant Canoe Sprint Coach Course
Oct-Dec 2020	Budapest (online)	Level 3 canoe sprint coach course
October 2020	South Africa (online)	Online Assistant Canoe Sprint Coach Course
Aug - Sept 2020	South Africa (online)	Online Assistant Canoe Sprint Coach Course
December 2019	Senegal	Olympic Solidarity training camp and coach course
December 2019	Egypt	ICF coach course
November 2019	Albania	Olympic Solidarity canoe sprint level 1 coach course
November 2019	South Africa	ICF level 1 assistant canoe sprint coach course
October 2019	Myanmar	ICF coach course
July 2019	South Africa	ICF level 1 assistant canoe sprint coach course

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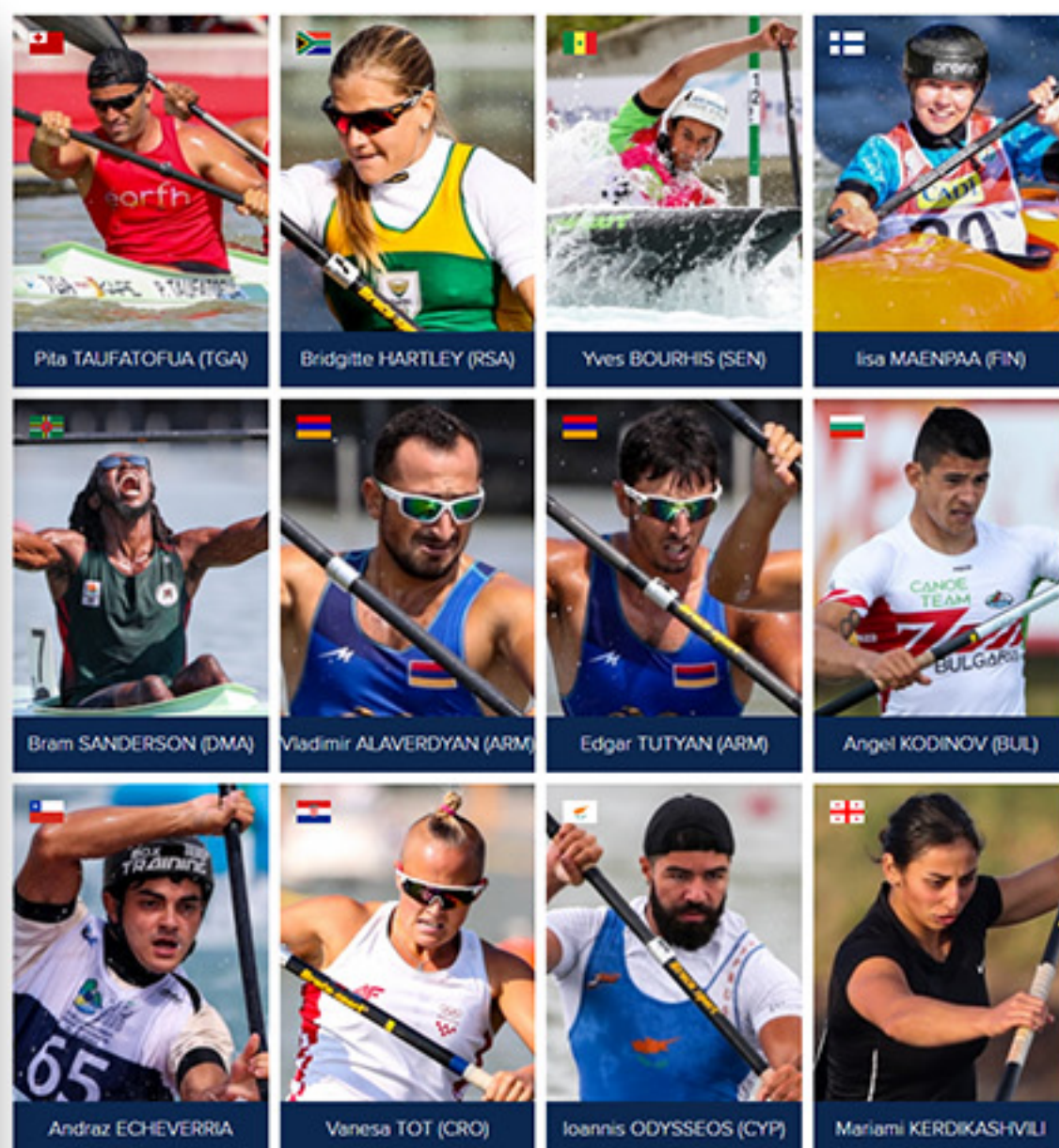
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Events > Development Programme > Athletes

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## Athletes



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# COACHES DATA BASE

The research started in November 2019 through all the reports of the courses for coaches delivered by the ICF. It was a thorough job of searching and collecting data. Today we have registered 867 coaches.

This tool aims to:

Assist National Federations, clubs and even athletes with enquiries about coach certification for eventual hiring or to understand how many coaches received education provided by the ICF in each discipline and place.

Assist the ICF, IOC, NOCs and the National Federations to make decisions about the best strategy and need for training courses at the different levels. Offer new opportunities and propose educational development plans according to the data found for each location consulted.

Link:

<https://www.canoeicf.com/development/coaches>



# COACHES DATA BASE

cf\_coach\_list .xlsx ☆ 📁

Arquivo Editar Ver Inserir Formatar Dados Ferramentas Ajuda A última edição foi feita há 3 minutos

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Updated 13/08/2021

Coach Information								
Name	Continent	Residency	Gender	Languages	Discipline	Course Level	Conclusion	
WILNOSKY CORDOVA	AMERICA	VENEZUELA	M		CSL	COACH		
WILSON CARRILLO	AMERICA	VENEZUELA	M		CSL	COACH		
WIN AUNG	ASIA	MYANMAR		BURMESE	CSP - Rowing	COACH		
WIN HTAIN	ASIA	MYANMAR		BURMESE	CSP - Dragon Boat	COACH		
WOLFGANG MEJÍAS	AMERICA	VENEZUELA	M		CSL	COACH		
WOLGAN MEJÍAS	AMERICA	VENEZUELA	M		CSL	COACH		
WONG GARY CHAN	ASIA	HONG KONG CHINA			CSP	EXPERT COACH		
WONGAMA MAKHASI	AFRICA	SOUTH AFRICA		ENGLISH	CSP	COACH		
WUN HOI KWOK	ASIA	MACAU CHINA		CHINESE and ENGLISH	CSP	COACH		
XIAO JUN HE	ASIA	CHINA			CSP	EXPERT COACH		
XIOMARA ROMAN	AMERICA	VENEZUELA			CSL	COACH		
XIUHUA YANG	ASIA	CHINA	M	ENGLISH and CHINESE	CSP	PRESENTER		
YA WAI TUN	ASIA	MYANMAR		BURMESE	CSP - Rowing	COACH		
YAHYA ABOELSOU	AFRICA	EGYPT			CSP	EXPERT COACH		
YAN ZHANG	ASIA	CHINA			CSP	EXPERT COACH		
YASSINE BELHAJ MOHAMED	AFRICA	TUNISIA			CSP	EXPERT COACH		
YASUHIRO DOI	ASIA	JAPAN			CSP	EXPERT COACH		
YAYOI NISHIDA	ASIA	JAPAN			CSP	EXPERT COACH		
YE MAUNG MAUNG	ASIA	MYANMAR		BURMESE	CSP - Pencak silat	COACH		
YE NAUNG TUN	ASIA	MYANMAR		BURMESE	CSP - Volleyball	COACH		
YIK SAN TSOI	ASIA	HONG KONG CHINA			CSP	EXPERT COACH		
YING YEUNG SIN	ASIA	HONG KONG	M	CHINESE and ENGLISH	CSP	EXPERT COACH	18/12/20	
YING YEUNG SIN	ASIA	HONG KONG, CHINA	M	CHINESE and ENGLISH	CSP	PRESENTER	12/18/20	
YOHANA RODRIGUEZ	AMERICA	VENEZUELA			CSL	COACH		
YOSRI BELKHIR	AFRICA	TUNISIA			CSP	EXPERT COACH		
YUKI HAMAGUCHI	ASIA	JAPAN			CSP	EXPERT COACH		



# EVOLUTION OF THE AMOUNT OF EQUIPMENT FOR DONATION





# EQUIPMENT DISTRIBUTED IN FOUR YEARS

## ECA

	AMOUNT	EUR
Boats	20	24.900
Paddles	22	4.521
DBP	0	0
Ergom.	0	0
Used Boat	1	1.500

## ACC

	AMOUNT	EUR
Boats	19	17.690
Paddles	92	11.225
DBP	1	14.000
Ergom.	2	3.450
Used Boat	0	0

## COPAC

	AMOUNT	EUR
Boats	21	31.300
Paddles	26	8.221
DBP	1	14.000
Ergom.	1	3.450
Used Boat	0	0

## CAC

	AMOUNT	EUR
Boats	124	32.780
Paddles	182	19.971
DBP	0	0
Ergom.	2	6.900
Used Boat	0	0

## OCA

	AMOUNT	EUR
Boats	0	0
Paddles	3	1.050
DBP	0	0
Ergom.	0	0
Used Boat	0	0



# TALENT IDENTIFICATION PROGRAMME

Monitoring and supervision of the TIP program in:

- Canoe Sprint
- Slalom in connection with Whitewater
- Canoe Marathon





# DEVELOPMENT PROGRAMME TRAINING CAMPS

During the Development training camps athletes will do:

- Physical tests
- Technical tests
- Performance tests

Results will be sent to the NF.

- Participants confidential feedback to evaluate the offered service.

Each athlete will respond a confidential feedback to assess the development coaches' performance and the services offered in the camp. Each participant will receive a link to respond the online form in the end of activities.





# DEVELOPMENT PROGRAMME CAMPS

During the Development training camps, there are activities dedicated to:

- Education focused on canoeing technique and training planning.
- Judges education. PENDING
- Anti-doping education.
- Obligation to the coaches and athletes do the anti-doping online education – Adel (<https://www.canoeicf.com/anti-doping-education>).
- Athletes safeguarding. PENDING
- Recovery and basic nutrition in sport.
- TIP Coaches Seminar - Only to invited TIP coaches.

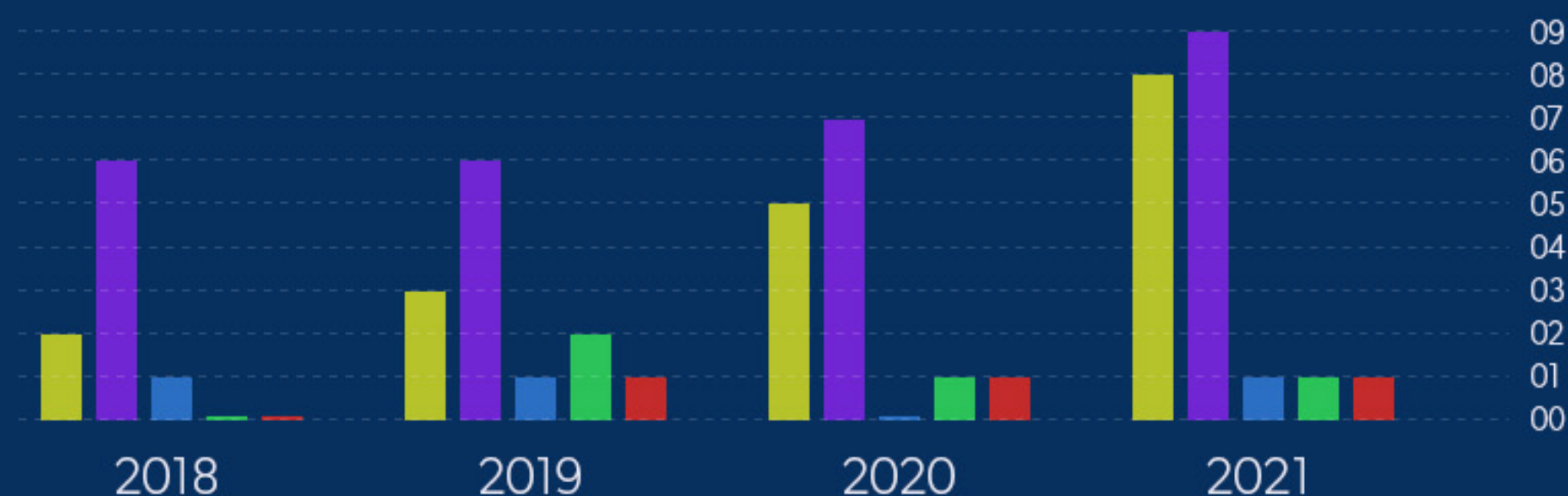




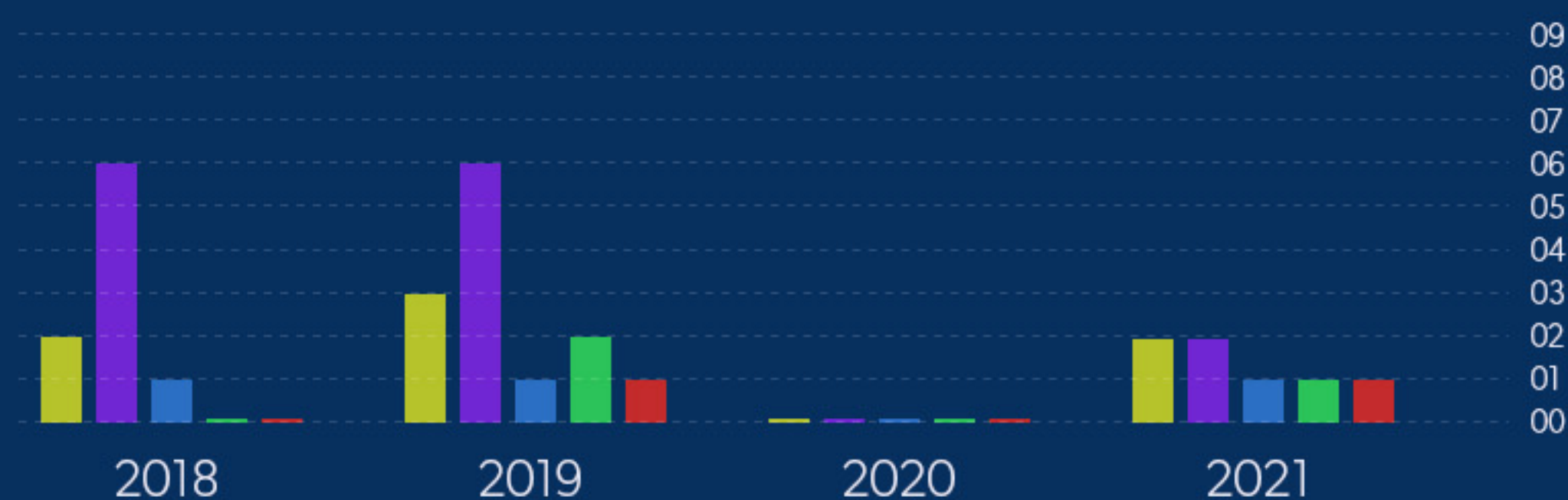
# TRAINING CAMPS IN 2018, 2019, 2020 AND 2021

## PLANED CAMPS

● Canoe Sprint ● Canoe Slalom ● Canoe Marathon ● Paracanoe ● SUP



## REALIZED



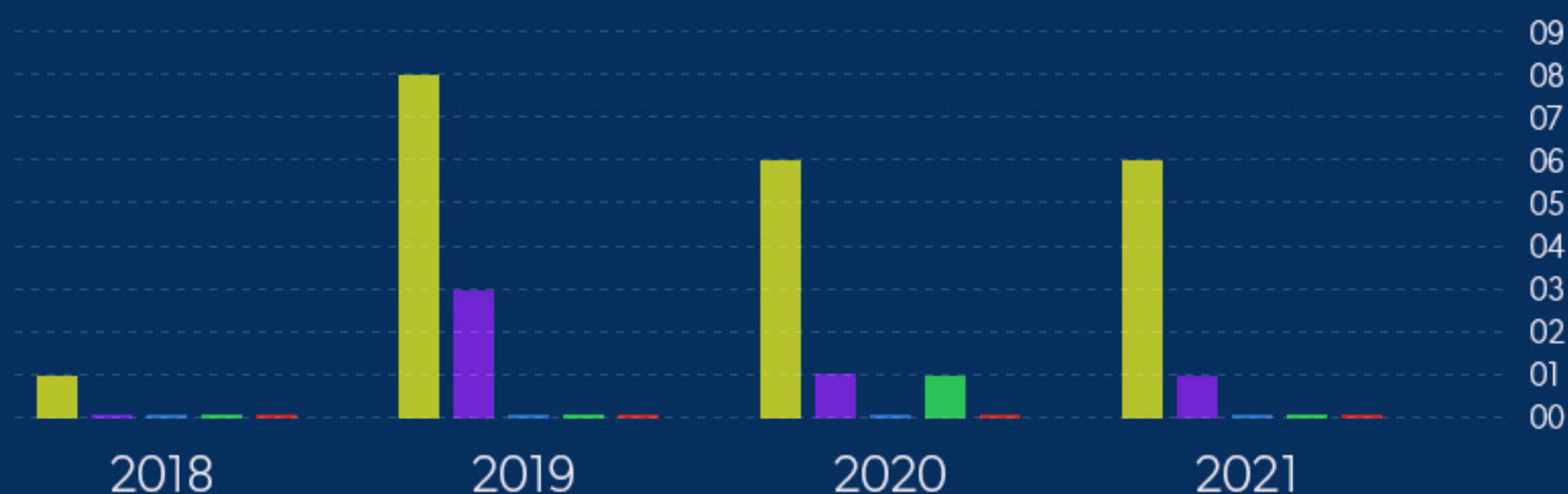


# COACHES' COURSES

Coaches Courses Structure  
Level 1 and Level 2  
Level 3 – Expert – online

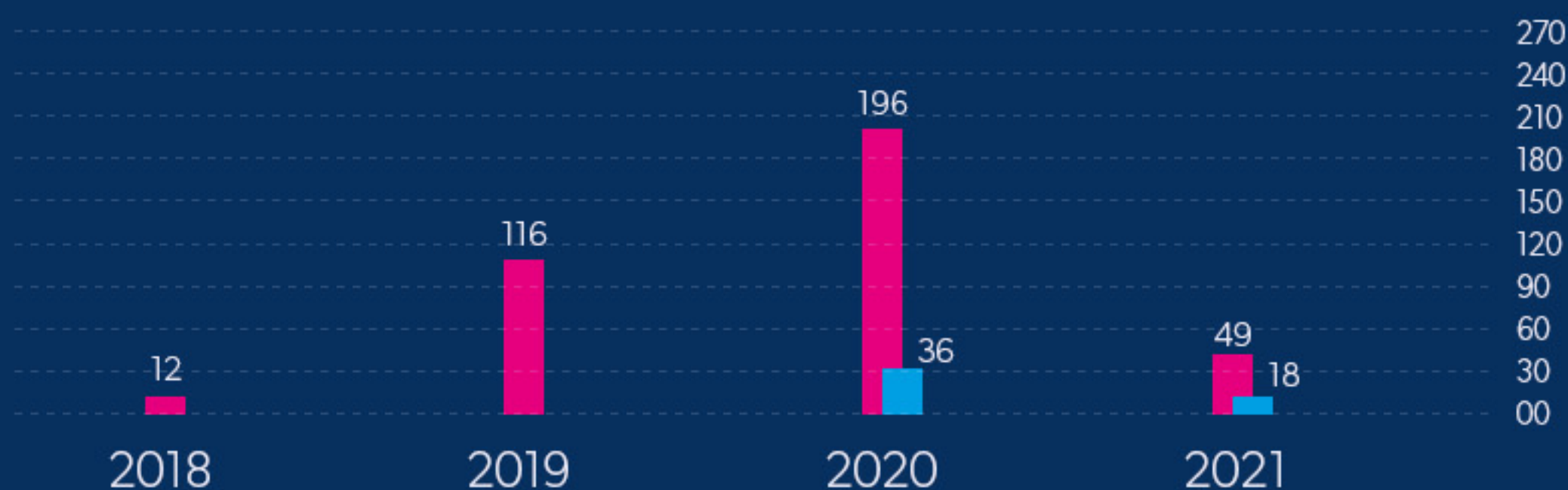
## COURSES

Canoe Sprint Canoe Slalom Canoe Marathon Paracanoe SUP



## PARTICIPANTS

Level 1 and 2 Level 3





# TIP COACHES SEMINAR

During the TIP Training Camp in Montemor were invited 12 coaches of the National Federation that have athletes selected to the TIP Camp to participate of the 1<sup>st</sup> TIP COACHES SEMINAR.

Targets:

Sharing of the TIP Expert Coach' knowledge

TIP Invited Coaches Knowledges update

Experiences sharing

During 8 days:

Theoretical part: 8 hours

Practical part: 48 hours

Schedule:

- 08:00 until 11:30 training
- 13:30 until 15:30 Seminar
- 16:30 until 18:30 training





# DOMESTIC BOAT PRODUCTION

Aim: produce 60 boats (30 kayaks and 30 canoes)

MOU updated Documents crated:

- ICF Technical Requirements
- Equipment List - Packing List
- Material List with prices
- HS Code List
- Multimodal Dangerous Goods Form
- MOU paddles donation to this project





# DOMESTIC BOAT PRODUCTION





# COACHES' WEBINAR

08 experts lecturing of the 08 different topics "ICF Performance Education: Free online series"

**13262**  
**Views**

<https://www.canoeicf.com/icf-performance-education-free-online-series>

- Difference between women's and men's training methods
- Athlete's career: From the first stroke to the ultimate paddler
- Considerations for the female athlete
- Energy expenditure and fatigue
- Choosing a paddle for young kayak athletes
- How to train your athletes to paddle faster
- Anti-doping Education - Keeping canoeing clean
- High altitude training



# SUP WEBINAR

05 experts lecturing of the 03 different topics

"ICF & Starboard Presents: whatSUP "learn how to SUP from the best"

<https://www.canoeicf.com/icf-starboard-presents-whatsup-learn-how-sup-best>

- With Fiona Wylde USA & Connor Baxter USA
- With Sonni Hönscheid GER & Michael Booth AUS
- With Larry Cain CAN

**3267**  
Views



international  
**canoe**  
federation  
#PlanetCanoe

