

## PERSONAL DETAILS

NAME: Andrea Lee Wood

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DATE OF BIRTH: 12<sup>TH</sup> December 1978

## EDUCATION

**2015** AUSTRALIAN INSTITUTE OF SPORT  
Performance Coach Leadership Program  
(Coach level – Performance Coach)

**2013** UNIVERSITY OF QUEENSLAND  
Graduate Diploma in Sports Coaching

**2010** GRIFFITH UNIVERSITY  
Commenced Bachelor of Nutrition and Dietetics  
Currently completed 1<sup>st</sup> year

**2009** AUSTRALIAN CANOEING  
Level 1 Flatwater coaching course

**2008** AUSTRALIAN STRENGTH AND CONDITIONING ASSOCIATION  
Level 1 Strength and Conditioning course

**2003** DEAKIN UNIVERSITY  
Advanced Clinical Nursing Module with a Distinction

CARDIOTUTE  
Trauma and Emergency Short Course

**2000** ST VINCENT'S AND MERCY PRIVATE HOSPITAL  
Graduate Nurse Program  
Epidural Management Module  
Introduction to Operating Room Nursing Course  
Patient Controlled Analgesia Competency  
Basic Life Support Competency

**1999** LA TROBE UNIVERSITY  
Bachelor of Nursing

**1996** AUSTRALIAN GYMNASTICS FEDERATION  
Generic Level 1 Coaches Accreditation

## EMPLOYMENT HISTORY

<b>2019 – current</b>	Self employed coach of kayak, canoe and paracanoe athletes
<b>2019</b> Position:	<u>PADDLE AUSTRALIA</u> Contract for review and update of the Foundation (Level 1) flatwater coaching course (inclusive of kayak/canoe/Paracanoe)
<b>May 2013 – 2018</b> Position:	<u>PADDLE AUSTRALIA</u> (formerly Australian Canoeing) Canoe Sprint/Paracanoe Performance Coach
<b>May 2011- May 2013</b> Position:	<u>AUSTRALIAN CANOEING</u> ASC scholarship coach
<b>May 2008- 2010</b> Position:	<u>PINDARA PRIVATE HOSPITAL</u> Casual Level 1 Year 8 Registered Nurse
<b>Feb 2004 – Dec 2007</b> Position:	<u>PINDARA PRIVATE HOSPITAL</u> Level 2 Registered Nurse
<b>Sept 2002 – Feb 2004</b> Position:	<u>ALLAMANDA PRIVATE HOSPITAL</u> Level 2 Registered Nurse
<b>Sept 2001- Sept 2002</b> Position:	<u>ALLAMANDA PRIVATE HOSPITAL</u> Level 1 Registered Nurse
<b>Feb 2000 – Sept 2001</b> Position:	<u>ST VINCENT’S AND MERCY PRIVATE HOSPITAL</u> Registered Nurse
<b>1997 – Dec 1999</b> Position:	<u>WHITEHORSE GYMNASTICS CLUB</u> Gymnastics Coach
<b>1993 – Dec 1999</b> Position:	<u>BALWYN LEISURE CENTRE YMCA</u> Gymnastics Coach School Holiday Program Leader

## CANOEING ATHLETE

<b>1994-2010</b>	State level
<b>1996-2010</b>	National Level
<b>2000, 2002, 2005-2007, 2009</b>	International Level

## COACHING RESULTS

- 2021** Australian Canoe Sprint Championships  
1<sup>st</sup> MC1 1000m Ben Manning
- U23 World Championships 2021  
Ben Manning selected to the team but the team is not travelling due to COVID restrictions
- 2020** Australian Canoe Sprint Championships  
1<sup>st</sup> MC1 1000m Ben Manning
- 2020** Oceania Sprint Canoe Championships  
1<sup>st</sup> MC1 1000m Ben Manning
- 2019** Australian Canoe Sprint Championships  
2<sup>nd</sup> MC1 1000m Ben Manning
- 2018** Australian Canoe Sprint Championships  
1<sup>st</sup> MKL2 200m Curtis McGrath  
1<sup>st</sup> WKL3 200m Amanda Reynolds  
1<sup>st</sup> WVL2 200m Susan Seipel  
1<sup>st</sup> MVL2 200m Curtis McGrath  
3<sup>rd</sup> MC1 1000m Ben Manning

National Paracanoe Head Coach – Did not travel with the team Internationally due to family commitments

World Paracanoe Championships  
1<sup>st</sup> MKL2 200m Curtis McGrath  
1<sup>st</sup> MVL3 200m Curtis McGrath  
2<sup>nd</sup> WKL3 200m Amanda Reynolds

- 2017** World Paracanoe Championships  
1<sup>st</sup> MKL2 200m Curtis McGrath  
1<sup>st</sup> WKL3 200m Amanda Reynolds  
1<sup>st</sup> WVL2 200m Susan Seipel  
1<sup>st</sup> MVL2 200m Curtis McGrath  
1<sup>st</sup> WVL1 200m Jocelyn Neumueller

World Marathon Championships  
5<sup>th</sup> Junior Women Erin Blanch

Olympic Hopes Regatta  
U16 athlete Carter Brodhurst-Hill

**2016**

Paralympic Games

1<sup>st</sup> MKL2 200m Curtis McGrath  
2<sup>nd</sup> WKL3 200m Amanda Reynolds  
3<sup>rd</sup> WKL2 200m Susan Seipel

World Championships

1<sup>st</sup> MKL2 200m Curtis McGrath  
1<sup>st</sup> MVL2 200m Curtis McGrath  
1<sup>st</sup> WVL2 200m Susan Seipel  
2<sup>nd</sup> WKL3 200m Amanda Reynolds  
3<sup>rd</sup> WKL2 200m Susan Seipel

Junior Canoe Sprint World Championships

2 athletes – Benjamin Manning (canoe)  
- Tom Green (kayak – did not travel)

Olympic Hopes Regatta

3 Athletes- Isabella Gill  
- Erin Blanch (did not travel)  
- Caitlin Callaghan

**2015**

World Paracanoe Championships

1<sup>st</sup> WKL3 200m Amanda Reynolds  
1<sup>st</sup> MVL2 200m Curtis McGrath  
1<sup>st</sup> WVL2 200m Susan Seipel  
2<sup>nd</sup> MKL2 200m Curtis McGrath  
3<sup>rd</sup> WKL2 200m Susan Seipel

Olympic Hopes Regatta

5 Athletes – Benjamin Manning (canoe)  
- Michael Bogatie  
- Erin Blanch  
- Isabella Gill  
- Tom Green

**2014**

World Paracanoe Championships

1<sup>st</sup> MV1 200m TA Curtis McGrath  
2<sup>nd</sup> WV1 200m A Kara Kennedy  
3<sup>rd</sup> WK1 200m LTA Amanda Reynolds

**2013**

World Paracanoe Championships

2<sup>nd</sup> WV1 200m A Kara Kennedy

**2012**

World Paracanoe Championships

3<sup>rd</sup> WV1 200m A Kara Kennedy

**2011**

World Paracanoe Championships

3 athletes in A final

**2010**

World Canoe Sprint and Paracanoe Championships

4<sup>th</sup> WK1 5000m Bernadette Wallace  
9<sup>th</sup> MK1 200m LTA K1 David Rolfe

## POSITIONS HELD

International Canoe Federation – Paracanoe Committee Member – current

Paddle Australia – Canoe Sprint Racing technical Committee Member - current

Oceania Canoe Association – Board position – 2014-2018

Varsity Lakes Paddlers Club – Vice President – current

Queensland Canoeing – Sprint Committee Member (2013 – 2016).

## REFEREES

Greg Kaeding

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Kerrie Barber: Personal reference – Former Nursing Colleague

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