

Begoña Rodríguez Costales

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PERSONAL INFORMATION:

Date of birth: August 26, 1970

Marital status: Married

Children: 3 (23, 21 and 17 years old)

EDUCATION:

Certificate in Higher Education (HNC) in Business Administration and Management

Certificate in Public Relations and Hostess

Language skills:

Spanish (First Language)

English (High level)

French and German (Basic knowledge)

PERSONAL EXPERIENCE:

Starting in kayaking in 1980 in the *Club de Piragüismo Nestlé* of Villaviciosa (now disappeared)

Member of the Board of Directors of the *Club Piraguas Villaviciosa El Gaitero*

Member of the Board of Directors of the Asturian Canoeing Federation (local Federation).

Member of the Assembly of the Asturian Canoeing Federation for the establishment of athletes.

Member of the Board of Directors of the Royal Spanish Canoe Federation.

Chairwomen of the Marathon Committee of the Royal Spanish Canoe Federation

Member of the Women and Canoe Committee of the Royal Spanish Canoe Federation

Member of the International Relations Committee of the Royal Spanish Canoe Federation.

Chairwomen of the National Technical Officials Committee of the Royal Spanish Canoe Federation.

Calm Water National Official

Marathon and Ocean Racing International Official

Marathon Official in ICF and ECA competitions

Member of the ICF Marathon Committee

Teacher of International Officials

Olympic Committee Badge

International Representations:

Member of the Spanish delegation in the Congresses of the International Canoe Federation (ICF) Baku, Azerbaijan 2016 and Budapest, Hungary 2018 and of the

European Canoeing Federation (ECA) in Bucharest Romania 2017 and Belgrade, Serbia 2018

Participation in the ICF Women's Commission in Manchester 2017 and in Tokyo 2018, where we present the progress on the increase in female participation promoted by the RFEP.

Member of the Organizing Committee of the International Congress of Canoe Coaches of Catoira, where also participated as speaker in the 2016 presenting the advances of female canoeing of the RFEP and in 2018 divulging the ICF Marathon Regulations.

Second woman and first Asturias women Chief Official of the International Descent of the Sella in its 82 Edition.

OTHER ACTIVITIES:

Charity volunteer since 2012, especially involved in activities for young and ancient and greeting people in need.

Organizer and volunteer in athletics and soccer sports activities, local, national and international levels.

Member of the Board of Directors of Club Deportivo Lealtad, local soccer team.

WORKING EXPERIENCE:

1988-1990 Sales assistant and Concession Manager for the Burton Group in Reading, Berkshire, England at the stores: Top Man, Top Shop, Studio and Principles for Men
The last 20 years Furniture Restorer as a freelance.

PERSONAL SKILLS:

Flexibility and adaptation to circumstances, resolution, communication and social skills, positive and creative thinking, supportive, hard worker.