

## DR JANE GIBSON

### PROPOSED CANDIDATE FOR MEMBERSHIP OF THE ICF MEDICAL & ANTI-DOPING COMMITTEE



#### **Personal Details:**

DoB: 21/09/1958

National Federation: British Canoeing - GBR

Occupation: Consultant Physician and Rheumatologist

Other relevant information: Dedicated paddler and coach

#### **Aims & Objectives**

With a new Chair and the impact of the recent pandemic, the Committee will need to meet (virtually) to discuss priorities and challenges for the future. There are opportunities to take the lead on advice for paddlers regarding preventative medicine, mental health and also advice for organisers of competitions. Supporting WADA will continue to be a large part of the committee's work. I have recently taken over as lead in this area from Don McKenzie and have been working closely with Michel Alarcon in WADA regarding TUE's and appropriate advice to paddlers.

I feel that there are opportunities for the committee to make our work more relevant to paddlers so that we can be seen as a resource for unbiased information in this era of wide access to opinions and articles that are not always peer-reviewed or based on sound science.

#### **Sport Information**

##### ICF Positions & Roles

ICF Medical & Anti-Doping Committee Member 2016-2021

International Slalom Judge

##### Canoeing Background

I started canoeing 1976 and raced in Sprint, marathon, wildwater and slalom until settling on slalom as discipline of choice. I represented Scotland from 1980 – present and GBR from 1982 – 1988. I have coached since retiring from competitive paddling and was an assistant coach at the Barcelona Olympic Games in 1992. I was also Team Doctor for GBR between 1991 and 1995 and was Team Doctor at the Barcelona Games. Our two children have also gone into slalom and represented GBR at International Level. I continue to paddle most days as well as running and coaching at a local canoe club and a Scottish Slalom Development Squad. I have therefore been involved closely with all aspects of canoeing since the age of 18 years.

#### **Career Background**

I am a Consultant Physician and Rheumatologist, having entered the specialist register for Rheumatology in 1997. I retired from my substantive post in 2018 but since then have continued to be involved doing locum work as a consultant and am currently back working for the NHS as an acute physician in emergency medicine during the COVID19 pandemic.

Between 1991 and 1994 I was Registrar at the British Olympic Medical Centre during which time I worked within high level Sports Medicine. I have been official and unofficial medic at numerous slalom events including the recent London World Cup and World Championships.