

Start	Finish	Training Day 1 - Monday 24 June	Number of Slots	Interval	Elapsed Time
11:00:00	19:00:00	Official training	8	01:00:00	08:00:00
19:00:00	20:00:00	Free training	1	01:00:00	01:00:00
Start	Finish	Training Day 2 - Tuesday 25 June	Number of slots	Interval	Elapsed Time
08:00:00	09:00:00	Free training	1	01:00:00	01:00:00
09:00:00	17:00:00	Official training	8	01:00:00	08:00:00
17:00:00	18:00:00	Free training	1	01:00:00	01:00:00
		interval			00:15:00
18:15:00	18:20:15	WK1 CSLX - Time trials - Extreme Canoe Slalom	7	00:00:45	00:05:15
		interval			00:04:45
18:25:00	18:38:30	MK1 CSLX - Time trials - Extreme Canoe Slalom	18	00:00:45	00:13:30
19:00:00	20:00:00	Team Leader meeting	1	01:00:00	01:00:00
Start	Finish	Training Day 3 - Wednesday 26 June	Number of slots	Interval	Elapsed Time
08:00:00	09:00:00	Free training	1	01:00:00	01:00:00
09:00:00	17:00:00	Official training	8	01:00:00	08:00:00
17:30:00	21:00:00	Parallel slalom - City Centre	1	03:00:00	03:00:00
Start	Finish	DAY 1 - Thursday 27 June	Number of Slots / Boats	Interval	Elapsed Time
08:00:00	08:45:00	CSLX training	1	00:45:00	00:45:00
08:45:00	14:45:00	Official training	8	00:45:00	06:00:00
13:00:00	14:00:00	ITO meeting	1	01:00:00	01:00:00
		Interval			00:15:00
15:00:00	17:00:00	Heats - Course construction	1	02:00:00	02:00:00
16:30:00	17:15:00	Heats Course Tuning with demonstration runners	1	00:45:00	00:45:00
17:15:00	17:35:00	Heats - Demo Run by sections	1	00:20:00	00:20:00
17:35:00	17:45:00	Heats - Course approval	1	00:10:00	00:10:00
		Interval			00:15:00
18:00:00	18:16:00	Heats - full length demo run & rehearsal	8	00:02:00	00:16:00
		Interval			01:14:00
19:30:00	19:30:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	DAY 2 - Friday 28 June	Number of Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water on / water level stabilized	1	00:15:00	00:15:00
08:45:00	08:49:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
GROUP 1					
09:00:00	09:48:00	MC1 - Heats - 1st run	48	00:01:00	00:48:00
		Interval			00:04:00
09:52:00	10:36:00	WK1 - Heats - 1st run	44	00:01:00	00:44:00
		Interval			00:10:00
10:46:00	11:14:00	MC1 - Heats - 2nd run	28	00:01:00	00:28:00
		Interval			00:04:00
11:18:00	11:42:00	WK1 - Heats - 2nd run	24	00:01:00	00:24:00
		Interval			01:48:00
GROUP 2					
13:30:00	13:34:00	Forerunners	4	00:01:00	00:04:00
		Interval			00:11:00
13:45:00	14:20:00	WC1 - Heats - 1st run	35	00:01:00	00:35:00
		Interval			00:04:00
14:24:00	15:25:00	MK1 - Heats - 1st run	61	00:01:00	01:01:00
		Interval			00:10:00
15:35:00	15:50:00	WC1 - Heats - 2nd run	15	00:01:00	00:15:00
		Interval			00:04:00
15:54:00	16:25:00	MK1 - Heats - 2nd run	31	00:01:00	00:31:00
		Interval			00:11:00
16:36:00	18:06:00	1/2 finals and finals - Course construction	1	01:30:00	01:30:00
17:40:00	18:25:00	1/2 final and final Course Tuning with demonstration runners	1	00:45:00	00:45:00
18:25:00	18:45:00	1/2 finals and finals - Demo Run by sections	1	00:20:00	00:20:00
18:45:00	18:55:00	1/2 finals and finals - Course approval	1	00:10:00	00:10:00
		Interval			00:15:00
19:10:00	19:26:00	1/2 finals and finals - Full length Demo Run	8	00:02:00	00:16:00
		Interval			01:04:00
20:30:00	20:30:00	Water OFF	1	00:00:00	00:00:00

Start	Finish	DAY 3 - Saturday 29 June	Number of Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water on / water level stabilized	1	00:15:00	00:15:00
08:45:00	08:53:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:07:00
Group 1 - Semi finals					
09:00:00	10:00:00	MC1 Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
10:05:00	11:05:00	WK1 Semi final	30	00:02:00	01:00:00
		Interval			00:55:00
Group 1 - Finals & Medals					
12:00:00	12:03:00	International TV feed ON	1	00:03:00	00:03:00
12:03:00	12:35:00	MC1 Final (2 minutes break after the 5th)	10	00:03:00	00:32:00
		Interval			00:05:00
12:40:00	13:12:00	WK1 Final (2 minutes break after the 5th)	10	00:03:00	00:32:00
13:12:00	13:15:00	International TV feed OFF	1	00:03:00	00:03:00
		Interval			00:03:00
13:18:00	13:24:00	MC1 - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
13:25:00	13:31:00	WK1 - Medals ceremony	1	00:06:00	00:06:00

Start	Finish	DAY 4 - Sunday 30 June	Number of Boats	Interval	Elapsed Time
07:00:00	07:15:00	Water on / water level stabilized	1	00:15:00	00:15:00
08:45:00	08:53:00	Forerunners	4	00:02:00	00:08:00
		Interval			00:07:00
Group 2 - Semi finals					
09:00:00	10:00:00	WC1 Semi final	30	00:02:00	01:00:00
		Interval			00:05:00
10:05:00	11:25:00	MK1 Semi final	40	00:02:00	01:20:00
		Interval			00:35:00
Group 2 - Finals & Medals					
12:00:00	12:03:00	International TV feed ON	1	00:03:00	00:03:00
12:03:00	12:35:00	WC1 Final (2 minutes break after the 5th)	10	00:03:00	00:32:00
		Interval			00:05:00
12:40:00	13:12:00	MK1 Final (2 minutes break after the 5th)	10	00:03:00	00:32:00
13:12:00	13:15:00	International TV feed OFF	1	00:03:00	00:03:00
		Interval			00:03:00
13:18:00	13:24:00	WC1 - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
13:25:00	13:31:00	MK1 - Medals ceremony	1	00:06:00	00:06:00
Extreme Slalom - course construction					
13:15:00	14:15:00	Extreme Slalom - Course construction	1	01:00:00	01:00:00
		Interval			00:25:00
14:40:00	14:43:00	Extreme Slalom - Forerunners	3	00:01:00	00:03:00
		Interval			00:17:00
Extreme Slalom - final phases					
15:00:00	15:03:00	International TV feed ON	1	00:03:00	00:03:00
15:03:00	15:21:00	MK1 CSLX - 1/4 Final	4	00:04:30	00:18:00
		Interval			00:00:00
15:21:00	15:30:00	WK1 CSLX - 1/2 Final	2	00:04:30	00:09:00
		Interval			00:00:00
15:30:00	15:39:00	MK1 CSLX - 1/2 Final	2	00:04:30	00:09:00
		Interval			00:02:00
15:41:00	15:45:30	WK1 CSLX - Final	1	00:04:30	00:04:30
		Interval			00:02:00
15:47:30	15:52:00	MK1 CSLX - Final	1	00:04:30	00:04:30
		Interval			00:03:30
15:55:30	16:00:00	International TV feed OFF	1	00:04:30	00:04:30
Extreme Slalom - medals ceremonies and closing ceremony					
		Interval			00:03:00
16:03	16:09	WK1 CSLX - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:10	16:16	MK1 CSLX - Medals ceremony	1	00:06:00	00:06:00
		Interval			00:01:00
16:17	16:23	Closing Ceremony	1	00:06:00	00:06:00