**ICF PARACANOE FUNCTIONAL CLASSIFICATION TEST CHART FOR**

**THE TRUNK**

**Athlete ID Number Federation**

|  |  |
| --- | --- |
| **Manual Muscle Tests** | |
| Test | Score (0 – 2) |
| Trunk Flexion |  |
| Trunk Rotation to Right |  |
| Trunk Rotation to Left |  |
| Trunk Side Flexion to Right |  |
| Trunk Side Flexion to Left |  |
| Trunk Lumbar Extension |  |
| Trunk and Hip Extension |  |

……./14

|  |  |
| --- | --- |
| **Functional Trunk Tests** | |
| Test | Score (0 – 2) |
| Static Upright sitting (arms crossed) |  |
| Upright sitting (shoulders flexed) |  |
| Upright sitting (shoulders extended) |  |
| Upright sitting (right shoulder abducted |  |
| Upright sitting (left shoulder abducted) |  |
|  | ……../10 |
| Dynamic Active trunk flexion |  |
| Active trunk extension |  |
| Active trunk rotation to right |  |
| Active trunk rotation to left |  |
| Active trunk side flexion to right |  |
| Active trunk side flexion to left |  |
|  | ………/12 |
| Perturbation Flex against Resistance |  |
| Response Extend against Resistance |  |
| Resistance to right rotation |  |
| Resistance to left rotation |  |
| Resistance to right side flexion |  |
| Resistance to left side flexion |  |
| Trunk push into flexion |  |
| Trunk push into extension |  |
| Trunk push into right rotation |  |
| Trunk push into left rotation |  |
| Trunk push into right side flexion |  |
| Trunk push into left side flexion |  |
|  | ………/24 |

**ICF PARACANOE FUNCTIONAL CLASSIFICATION TEST CHART FOR**

**THE TRUNK continued**

**Athlete ID Number Federation**

**Before starting the testing on the wobble cushion, ask the athlete to sit up straight and hold the position to make sure the athlete can sit still for 2 seconds. If they are unable to maintain good sitting posture on the cushion do not continue with the testing.**

|  |  |
| --- | --- |
| **Functional Trunk Tests** | |
| Test | Score (0 – 2) |
| Perturbation on Flex against Resistance |  |
| Wobble Cushion Extend against Resistance |  |
| Resistance to right rotation |  |
| Resistance to left rotation |  |
| Resistance to right side flexion |  |
| Resistance to left side flexion |  |
| Trunk push into flexion |  |
| Trunk push into extension |  |
| Trunk push into right rotation |  |
| Trunk push into left rotation |  |
| Trunk push into right side flexion |  |
| Trunk push into left side flexion |  |
|  | ……../24 |

|  |
| --- |
| Total score for trunk = /84 |

|  |  |  |  |
| --- | --- | --- | --- |
| Which cluster does this score fit into?  (tick one box) | Cluster 1  (0 - 16 points) | Cluster 2  (17 - 68 points) | Cluster 3  (69 - 84 points) |

NOTE : This cluster number needs to be added to the cluster numbers for the Lower limb Function and the On water Observation, to give the athletes overall score.

Medical Classifier Signature

Technical classifier Signature