

## **ICF Canoe Sprint International Technical Officials Seminar**

British Canoeing are delighted to host the upcoming ICF Canoe Sprint International Technical Officials Seminar. We are pleased to welcome the ICF and delegates from the member federations to Nottingham to support the development and growth of Sprint canoeing.

### **Course Details**

When: Thursday 28 to Sunday 31 March 2019

Where: National Water Sports Centre, Adbolton Lane, Holme Pierrepont, Nottingham, NG12 2LU, United Kingdom

The course will be held in conjunction with a National Sprint Regatta. The course will focus on theory on the Thursday/Friday with practical application on the Saturday and Sunday.

### **The National Water Sports Centre**



Situated just 10 minutes from Nottingham City Centre, Holme Pierrepont Country Park is home to the National Water Sports Centre and British Canoeing housing the headquarters of the organisation, the Olympic Sprint and Paralympic Paracanoe performance programmes. Holme Pierrepont is also home to the British Freestyle Championships, National Sprint Regattas and the British Polo Championships.

The National Water Sports Centre has free wifi for use. Water, tea, coffee and refreshments will be provided throughout the course.





## Participation Fee

5 nights (Wednesday to Sunday) £350 or 4 nights (Thursday to Sunday) £300. The cost includes:

- Single accommodation
- All meals
- Participation on the course
- Transfer to/from East Midlands Airport or Nottingham Station

## Transfers

British Canoeing are able to offer free transfers for delegates from East Midlands Airport or Nottingham train station.

If arriving at another UK airport delegates can use public transport to travel to Nottingham, or we can arrange a car transfer but would have to charge for this.

Transfer costs are as follows (please note should multiple delegates arrive at the same destination in close proximity in time then the cost can be shared, it is per vehicle, not per person).

- Birmingham Airport £65
- London Luton Airport £120
- London Heathrow Airport £135

## How to get here

Nottingham is considered to be the best city outside London for public transport links and is one of the greenest cities in the UK. Based in the heart of the country, Nottingham occupies a fantastic central location with excellent transport links via road, rail and air.

- Nottingham Train station – 10 minute drive to the National Water Sports Centre
- East Midlands Airport – 30 minute drive to the National Water Sports Centre
- Direct train service to London's Eurostar station and the rest of the UK
- At the heart of the UK road network, just off the M1

### Birmingham International Airport

- Birmingham Airport is
- The National Express bus and MegaBus run regular services between Birmingham Airport and Nottingham station and take just over an hour  
<https://www.checkmybus.co.uk/birmingham-airport/nottingham>
- Trains run from Birmingham New Street (one stop from Birmingham International) directly to Nottingham station and take 1 hour 40 minutes  
<http://www.nationalrail.co.uk/>

### London Luton Airport

- London Luton Airport has regular trains to Nottingham taking 1.5 hours  
<https://www.london-luton.co.uk/to-and-from-lla>

### London Heathrow Airport

- London Heathrow Airport trains run into Paddington Station (central London), transfer by tube to London St Pancras and then a train up to Nottingham (total travel time over 2 hours).
- Alternatively National Express and Megabus run services directly from Heathrow Airport to Nottingham (taking 3.5 hours) <https://www.heathrow.com/transport-and-directions>

### Accommodation

The participation fee includes single room and breakfast at the National Water Sports Centre. Rooms are basic but pleasant.



All rooms have:

- En-suite bathrooms with shower
- Flat screen TV with Freeview channels
- Fresh set of towels
- Tea and coffee making facilities

Check in is from 4pm and check out at 10am though British Canoeing will enquire about early check in or late check out should arrival/departure times require.

Guests can also use the onsite gym for free.

### Meals

All meals will be provided throughout the course. If you have any dietary requirements please let us know.

### Visa Requirements

A UK 'Standard Visitor' Visa will be required for delegates from countries which UK Border Agency has categorised as 'Visa Nationals'.

Individuals can check if they require a UK visa by visiting: <https://www.gov.uk/check-uk-visa>



Participants will not need a visa if their passport or travel document is from either:

- a) A country in the European Economic Area or Switzerland.
- b) A country outside the EEA and not on the list of 'Visa Nationals' and you are coming to the UK as a visitor for six months or less.

Please note that visa applications should be made as soon as possible as they can take up to two months to process. A decision will be made within three weeks of application. Individuals can apply for their visa on the following link: <https://visas-immigration.service.gov.uk/product/uk-visit-visa>

British Canoeing will issue an official invitation for delegates to support their visa application. Please complete the visa section in the below form and Gemma Wiggs will issue an invitation letter accordingly.

### **Contact**

If you have any questions please contact Gemma Wiggs, Events & International Affairs Manager: [gemma.wiggs@britishcanoeing.org.uk](mailto:gemma.wiggs@britishcanoeing.org.uk) or call +44 (0) 115 896 8844 or +44 (0) 7738 185 885



### Accommodation Booking and Travel Details Form

#### Personal Details

National Federation	
Name	
Gender	
Email Address	
Phone Number	

#### Flight Details

Arrival date		
Flight Details	Flight number	
	Flight origin	
	Flight destination	
	Flight Arrival Time	

#### Departure Details

Departure date		
Flight Details	Flight number	
	Flight origin	
	Flight destination	
	Flight Arrival Time	

#### Transfer requirements

Will the delegate require a transfer on arrival?	
Will the delegate require a transfer on departure?	

#### Access Requirements

Please detail any access requirements e.g. wheelchair user	
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#### Dietary Requirements

Please detail any dietary requirements including allergies	
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**Visa Requirements**

Does the delegate require a visa?	Yes / No	
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If you require a visa please complete the following information

Given Name (as per passport)	
First Name (as per passport)	
Date of birth	
Passport number	
Passport expiry date	
Nationality	