## Update on important points for the 2021 ICF Canoe Sprint Olympic Qualifier and World Cup 2 – Barnaul (RUS)



### 1. Flights to Barnaul

Because of unknown situation with Covid 19 restrictions and possible reduction of flights from Budapest and/or to Moscow, the HOC had a long discussion with relative authorities in Russia and received suggestion and permission to offer charter flight/s from Budapest to Barnaul.

For the new situation all participants who will use the charter flights will be required paying a part of the tickets. There will be fixed prices for the participant. The difference will be covered by the host organising committee.

Three (3) different options will be offered:

- Budapest Barnaul €300
- Budapest Barnaul; Barnaul Moscow €400
- Budapest Barnaul; Barnaul Budapest €450

The flights from Budapest to Barnaul will be after the World Cup 1 in Szeged:

- 16.05.2021 Budapest Barnaul Departs 21.00pm Arrives around 9.00am 17.05.2021 (164 passengers)
- 17.05.2021 Budapest Barnaul Departs 9.00am Arrives around 21.00pm 17.05.2021 (164 passengers)
- 17.05.2021 Budapest Barnaul Departs 21.00pm Arrives around 9.00am 18.05.2021 (164 passengers)

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The return flights from Barnaul to Moscow or Budapest will depart on Monday 24 May 2021:

- 24.05.2021 Barnaul Moscow Departs 6.00am Arrives 6.30am
- 24.05.2021 Barnaul Moscow Departs 8.00am Arrives 8.30am
- 24.05.2021 Barnaul Budapest Departs 17.00 Arrives around 17.30 on 24.05.2021

\*all times are provisional. The final times may vary by  $\pm$  1-2h.

### The booking will be on principle "First booked, first served".

To book your seats, please send us a list to the following e-mail <u>office@barnaul2021.com</u>. Booking terms:

- Booking until 18<sup>th</sup> March 2021 at <a href="https://canoeinfo.com/en/c/barnaul-2021">https://canoeinfo.com/en/c/barnaul-2021</a>
- Late booking will be possible if there are available seats and will cost 800€ return Charter flight cancellation terms:
- Until 18<sup>th</sup> March free cancellation.
- After 18<sup>th</sup> March no refund.
- If the competition is cancelled due to Covid 19 before:
  - 19<sup>th</sup> April 2021, the money will be returned.
  - o 16<sup>th</sup> May 2021, 50% will be returned.

### 2. Visa application

Because of the current restrictions on entries to the Russian federation, the visa invitation process is longer and much more complicated. For that reason, all participants are required to apply for an invitation letter much earlier than normal – before 18<sup>th</sup> March 2021 at <u>Bw310165@yandex.ru</u>.

We know that not many NFs by 18<sup>th</sup> March will have finalised their selections. For that competition, so we suggest a long list of possible participants and staff to be sent before the due date.

The HOC does not guarantee an invitation letter and/or visa to be issued on time for requests after the due date.

For invitation letters and/or visa issues, please contact us via following email address:



Bw310165@yandex.ru

### 3. Training camps prior the competition

We have received already few requests for a training camp at the venue prior the competition. It is possible to accommodate such request from some teams. To get the related information and/or book your training camp, please contact us on <u>office@barnaul2021.com</u>.

The capacity of the venue is limited, so **the booking will be on principle "First booked**, **first served**".

### 4. Progression for all 6 Olympic qualification (OQ) events

(MK1 200m, MK1 1000m, WK1 200m, WK1 500m, MC1 1000m, WC1 200m)

The Olympic qualification races start Thursday 20 May 2021.

- Only 1 boat per National Federation (NF) can start for the Olympic qualification;
- All Heats and Semifinals will be run on Thursday 20 May 2021;
- On Friday, will be the run for all six (6) Olympic qualification races;
- As per the Olympic Qualification system, the Olympic quotas will be distributed.

World cup races:

- The World Cup will start Friday 21 May 2021.
- Each NF can enter up to two (2) boats per event.
- Entered athletes can be same or different than the athletes racing at the OQ races.
- Athletes who do not make the finals for the Olympic qualification events, can start at the same events at the World Cup races.
- Athletes from the six (6) Olympic Qualification finals will merge the draws for the same events from stage Semifanals (All finalists from the OQ races are entitled to join the respective events at the World cup directly from the Semifinals).
- In case some NFs decide to enter three (3) different athletes one (1) at the OQ races and other two (2) athletes at the World Cup, they may have three (3) athletes qualified to the SFs and even to the Finals.

For more information in regards of the progression system, please contact Martin Marinov: <u>martin.marinov@canoeicf.com</u>



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### 5. Training camps prior Tokyo Olympics

We have also received requests for prior Tokyo Olympics training camp. If you are interested, please send your request to <a href="mailto:office@barnaul2021.com">office@barnaul2021.com</a> .

The benefits to train at Barnaul prior the Tokyo Olympics are:

- Only 2h time difference from Tokyo;
- Continental climate with a daily temperature between 25-35°C;
- European style meals;
- European culture;
- New boats for training;
- Excellent on water conditions for training without other activities around the training boats;
- Excellent out of water training activities running tracks, swimming pools, well equipped GYM including paddle (canoe and kayak) ergometers;
- Short distance between the hotels and the course, but also possible to accommodate at our training centre at the course;
- Non polluted air and water.
- 6. Accommodation please book your team accommodation at <a href="https://canoeinfo.com/en/c/barnaul-2021">https://canoeinfo.com/en/c/barnaul-2021</a> You have to create an account.



### 7. Covid 19 requirements and measurements.

The HOC developed a procedure for Covid 19. It will be taken all required measurements for the access period from ICF and from the Russian Health Authority.

There will be established "Competition Bubble" – at 3 hotels will stay only the ICF World Cup participants (athletes, team staff, ITOs, ICF staff and members). Details you can find below and also at the ICF recommendations.

The World Cup stage is the most important competition for our country and the maximum possible anti-epidemic measures will be taken to prevent the spread of the COVID-19 virus infection among the participants and guests of the competition.

It is planned to stay in the hotels "Barnaul", "Siberia" and "Altai", where only the participants of the competition will stay.

For this purpose, sanitary and hygienic measures will be strengthened in the locations of the teams and the following protection measures will be organized:

- in the event of an identified case of illness or injury to participants of the competition, the nearest hospitals will accept such patients as an emergency;

- daily thermometry of athletes, coaches, specialists and guests who arrived at the competition;

 sanitary cleaning of premises (rooms in hotels. athletes locker rooms, restrooms, office space, vehicles) with the use of a disinfectant with antiviral activity as the place of residence of the participants and the vehicles, and in the competition venue;

- increased the frequency of wet cleaning of premises with the use of disinfectants;

- increased the working time of germicidal lamps in rooms, in changing rooms;

- in the sanitary rooms, in addition to detergents, detergents with a disinfecting effect are displayed (liquid disinfectant soap, skin antiseptic);

 visual infographics on measures to prevent the spread of the COVID-19 virus infection will be placed in the premises of the teams of the participating countries and on the Information stands, as well as posters with the rules for wearing medical masks and the rules for washing hands;

- when delivered by road to the competition venue, a low density of athletes will be provided (loading passengers through one person).);

- during the competition, participants only use individual water bottles and individual towels.

Yours sincerely,

Y.V. Shamkov

Deputy Chairman of Organizing Committee, Chairman of Altai Canoe Federation



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### ICF RECOMMENDATIONS FOR HOCS COVID-19

#### INTRODUCTION

This document is produced based on <u>WHO Interim guidance</u> for sport federations and event organisers when planning mass gatherings in the context of COVID-19.

The purpose of this document is to outline key planning considerations for the organisers in the context of the novel coronavirus (COVID-19) outbreak.

We would like also to refer HOCs to the <u>WHO Key Planning Recommendation</u> for Mass Gatherings in the context of COVID-19.

These recommendations have been developed to provide additional support to HOCs in assessing the specific additional risks, identifying mitigation activities and making an informed evidence-based decision on continuing to host any Canoeing event. Additional guidance is provided in the specific WHO COVID-19 mass gatherings sports addendum risk assessment tool and mitigation checklist.

HOCs are asked to fill this question-based document to identify the requirements and action plan.

### **Recommendations to the HOC**

These measures may help obtain exceptions from authorities to allow athletes to train and participate in competitions. Elite sport is a very controlled environment and organisers should be able to achieve this in a comprehensive way.

Consider the opportunity of using sports ambassadors to promote messaging. It is everyone's responsibility to keep themselves and others healthy and contribute to a successful event.

Check your local government recommendations and follow them carefully.

### A: Pre-event and during event (including venue)

HOC is kindly asked to explain the measures they are planning to take on each of the following recommendation.

	RECOMMENDATION
1	Ensure availability to handwashing, alcohol- based hand gel and hygiene facilities at multiple locations in the event facility and accommodation. minimum requirements: at the entry/exits points for athletes area and management area, at the entry of each pontoon, to each ITO station.
2	Ensure good hygiene signage across all venues, changing rooms, training facilities, etc.
3	Provide first aid and medical services, including designated medical providers who are able to triage and refer suspected cases for COVID-19 testing.

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	RECOMMENDATION			
4	Team medical staff or HOC staff at venue should check competitors' temperatures each day, any temperatures above 38°C should be reported to the event medical lead/chief medical officer. Follow advice on the management of ill travellers at points of entry (international airports, seaports, and ground crossings) in the context of COVID-19. (In some countries, this this approach is not authorised and should be checked with the local health authorities first).			
5	Ensure capacity to isolate suspected cases: <ul> <li>team/officials and event staff</li> <li>volunteers, support workers.</li> </ul>			
6	<ul> <li>Develop and make available risk communication on:</li> <li>clinical features of COVID-19 and preventive measures, especially respiratory etiquette and hand-hygiene practices</li> <li>the criteria for asking individuals with symptoms to leave the venue or retreat to a designated area</li> <li>information on physical distancing</li> <li>information on the use of face coverings and medical masks</li> <li>the meaning and practical implications of quarantine, self-isolation and self-monitoring in the context of the event, e.g. not attending.</li> </ul>			
7	Ensure availability of rubber gloves to team staff and volunteers handling laundry, towels, etc. (if applicable)			
8	Recommend to use single use only towels (paper towels).			
9	Provide each participant with a clean water bottle.			
10	Make tissues and containers to dispose of used tissues with lids available on all buses and in all facility changing rooms.			
11	Determine where an individual diagnosed with COVID-19 will be cared for and isolated			
12	Determine where a contact of a confirmed cases will be quarantined			
13	Determine how athletes and team staff will be notified of a case and COVID-19 situation where they are training.			
14	Define a place where a large number of people can be quarantined in case of a large number of athletes or event staff being exposed			
15	Predetermine emergency contacts with local health authorities.			
16	Medical masks should be ready for use by organizers' medical staff and sick individuals			
17	Provide disinfectant wipes and advise venue cleaning staff to disinfect door handles, toilet handles, bathroom faucet handles, etc. in all areas several times per day.			
18	Consideration of provision of individual prevention packages for athletes containing: <ul> <li>small personal packages of disposable tissues and plastic bags for tissue disposal</li> <li>small laminated prevention card with key reporting information</li> <li>medical mask to wear if they are ill (any symptoms, including fever, cough, shortness of breath)</li> <li>small packages of an alcohol-based hand wipes</li> <li>small package of disposable plastic drinking cups</li> <li>thermometer</li> <li>hand sanitizer.</li> </ul>			

# <u>B: Recommendation to the event participants (athletes, volunteers, officials, food handler, etc.)</u>

This information should be sent to each team before and communicated to the teams and athletes during the event:

### 1. Pre-event:

Anyone participating in the event (athlete, volunteer, official, food handler etc.) should proactively and regularly check their health status (including taking their temperature, and monitoring for any symptoms).

Anyone due to participate in the event who is feeling ill should not come to the venue and be advised on the designated contact online or by telephone

Team staff and volunteer leads should ensure that their teams and volunteers are briefed on the protocols for a suspect and confirmed patient, on infection prevention and control measures and on where to find more information.

### 2. During the event:

Participants should be aware of and cooperate with team medical staff or event organizing staff at venues in taking their own/or competitors' temperatures each day, any temperatures above 38°C to be reported to the event medical lead/chief medical officer. Follow the same approach as the management of ill travellers at points of entry (international airports, seaports, and ground, crossings) in the context of COVID-19.

Wash hands often with soap and water. Use an alcohol-based hand sanitizer if soap and water not available. Hand sanitizer stations should be available throughout the event venue, the accommodation, and on team buses.

Cover your mouth and nose with a tissue or your sleeve (not your hands) when coughing or sneezing. Practise respiratory etiquette (maintain distance: at least 1 m), cover coughs and sneezes with disposable tissues or flexed elbow, wash hands). If coughing persists, isolate and seek medical advice.

Avoid contact with sick people, including avoiding close contact with those suffering from acute respiratory infections.

Avoid contact with anyone if you are ill.

Gloves should be worn by team and event staff handling towels or laundry in the team environment. Towels should not be shared.

Athletes should not share clothing, bar soap or other personal items.

Recommended protocol for the use of water bottles:

- Good team hygiene includes ensuring all players, officials and staff have their own water bottles to prevent the transmission of viruses and bacteria.
- Bottles should be labelled and washed (with dishwasher soap) after each practice or game.

Advise athletes to avoid touching their own mouths or nose.

Avoid shaking hands or hugging.

Avoid steam rooms or saunas.

Be aware of regular cleaning of frequently touched items (door handles, elevators, gym equipment, etc.)

### 8. Boats models and sizes

Book the boats you need via https://canoeinfo.com/en/c/barnaul-2021

Prices for boat rental is 180€ per single boat and 280€ per double boat for the whole period of your stay.

Available models and sizes are below. Numbers are limited. The boats **will be booked on principle "First booked, first served".** 

Boats	Manufacturer	Model	Size
C1	Plastex	Rio 200m	М
	Plastex	Rio 200m	L
	Plastex	Rio 200m	XL
	Plastex	Rio 1000m	Μ
	Plastex	Rio 1000m	L
	Plastex	Rio 1000m	XL
	Plastex	Project Y	L
	Plastex	Project Y	XL
C1	Nelo	Cinco	L
	Nelo	Cinco	XL
	Nelo	Nelo 8	Μ
	Nelo	Nelo 8	L
	Nelo	Nelo 8	XL

K1	Plastex	Bullet 2020	XL
	Plastex	Bullet	М
	Plastex	Bullet	L
	Plastex	Bullet	XL
	Plastex	Fighter	M/L
K1	Nelo	Quatro	Μ
	Nelo	Quatro	ML
	Nelo	Cinco	L
	Nelo	Cinco	XXL
	Nelo	Nelo 7	S
	Nelo	Nelo 7	М
	Nelo	Nelo 7	ML
	Nelo	Nelo 7	L
	Nelo	Nelo 7	XXL
	Nelo	Nelo 7	XXXL

К2	Plastex	Eureka	М	
	Plastex	Eureka	XL	
	Plastex	Bullet	М	
	Plastex	Bullet	L	
	Plastex	Bullet	XL	
K2	Nelo	Nelo 7	S	
	Nelo	Nelo 7	Μ	
	Nelo	Nelo 7	ML	
	Nelo	Nelo 7	L	
	Nelo	Nelo 7	XXL	
	Nelo	Nelo 7	XXXL	
C2	Plastex	Maxima 04	Uni	
	Plastex	Maxima Rio	M/L	
	Plastex	Maxima 2020	L/XL	
	Plastex	Fighter	S/M	
C2	Nelo	Cinco	Μ	
	Nelo	Cinco	L	
	Nelo	Nelo 8	Μ	
	Nelo	Nelo 8	L	

