



INTERNATIONAL RACE OF PAS DE CALAIS



April 6-7, 2019

INTERNATIONAL PROGRAM & PRIZE MONEY 200M
PARACANOE TRAINING CAMP



BOULOGNE CANOE KAYAK

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We invite you to participate

to the **INTERNATIONAL RACE OF PAS DE CALAIS**
at **BOULOGNE SUR MER**

APRIL 2 – 7 2018

1. BOULOGNE CANOE KAYAK

- Created en 1966, at initiative of Jean-Paul Gars, great figure of Boulogne's sport
- Top 15 French Club
- 200 licensed
- 8 selected at the Olympic Games including 3 medal – Maxime Beaumont at Rio in 2016
- 40 selections on the European and World Championships

2. WELCOME TO BOULOGNE/MER

A stone's throw from the Channel Tunnel, two hours from Paris and at the heart of Côte d'Opale and the Boulonnais Natural park, a welcoming region of rolling hills. Boulogne sur mer has the power to astonish and seduce those who've never visited before.... Rich in his heritage with gives it the enviable title « Ville d'art et d'histoire », the Upper Town bears witness in stone with a 12th century belfry, superb 13th century ramparts, a Château Musée not to be missed, an imposing cathedral and a medieval crypt. City of the sea : Nausicaa Sea Center offers a fantastic trip to the depths of the oceans and reminds us that Boulogne also France's premier fishing port with fish cook appreciated by all gourmets.

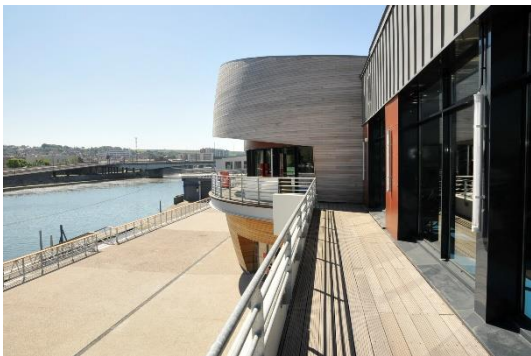


3. NAUTIC STADIUM



Located in the **heart** of the city, the **course** is ideally placed. 9 **lanes** over 1000m, an up track, automatic start **boxes** on 1000m, 500m and also 200m.

We have very good training conditions with a newly built structure. Two sheds, gym room, ergometers, a meeting room, two saunas, an infirmary, as access ramp through the shield directly down on the pontoons. Everything is accessible for paracanoe.



4. PROGRAM INTERNATIONAL RACE

	Wednesday	Thursday	Friday	Saturday	Sunday
Morning	Canoe training	Canoe & Paracanoe Training	Canoe & Paracanoe Training	Competition	Competition
Afternoon	Canoe training	Canoe & Paracanoe Training	Meeting college students Conference by Maxime Beaumont & Team leaders meeting	Competition	Competition

Team Leaders Meeting will take place at 6.00pm, following Maxime's conference.

5. TRAINING

In the continuity of 2018, the Regional Committee organizes **paracanoe training camp** from Thursday 03 April. Supervised by BCK Olympic athlete, **Mathieu Goubel**, the goal is to work on each athlete's technical points, training, competition and Olympic preparation.

Mathieu Goubel will also manage another **canoe training camp**, open from Wednesday, April 2nd under the project of development of the discipline by the French Federation of Canoeing.



6. COMPETITION

- **CATEGORIES :**

Juniors : Athletes born in 2000 – 2001 - 2002

Seniors : Athletes born in 2000 and before

- **PROGRAM :**

Men : 1000m K1- K2 - C1- C2

500 m K4 – C4

200 m K1- K2 - C1- C2

200 m Open K4 – C4

Women : 500 m K1- K2- K4- C1- C2- C4

200m K1- K2- C1- C2

200 m Open K4 – C4

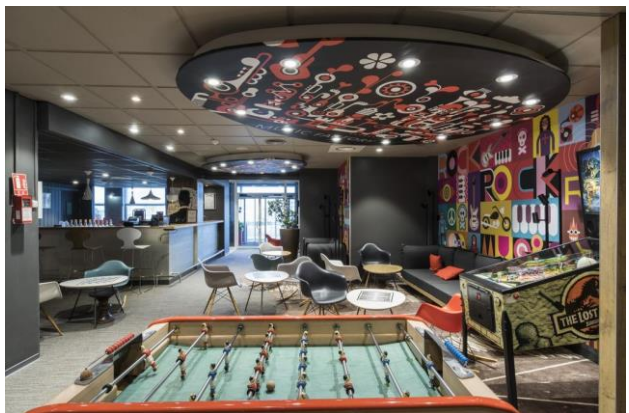
Para canoe : Men & Women : 200m V1 K1
500m tandem

7. ACCOMODATION :

	Day Pack
Price	From 45 to 60€ / day

- **PACK IBIS ***** included :

1. Competition
2. Night & breakfast in hotel IBIS Centre Les Ports. It's located on the other side of the competition area, so you can walk between both.
3. Meal on site : Starter, Hot Main dish, Dessert, Water



55 € / day / person in twin room
60 € / day / person in single room

- **PACK MONT DE COUPPES*** included :

1. Competition
2. Night & breakfast in Mont de Couppes. It's located in Le Portel, 4kms from the course. (Bus is necessary) + diner
3. Lunch on site : Starter, Hot Main dish, Dessert, Water



Rooms are composed of 1 to 5 beds.

45 € / day / person

DEADLINE

You can find the registration in the appendix. Thank you specify if you bring your own boat or if we lend you to organize your arrival. You can complete the attached files and send them to us. Registrations will be sent before **March 18th 2019.**

- Bus on request to go/return airport

Please let us know as soon as possible your requests



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