

Marathon TIP at the 2019 World Championships in Shaoxing, China

The TIP program at the World Marathon Championships in Shaoxing took place between 8th and 20th October 2019.

The approved applications are summarised in the table below:

NAME	NATION	AGE GROUP	CLASS	GENDER
Hilppa LUOMA	Finland	U18	K1	Women
Jaakko HIPPELAINEN	Finland	U18	K1	Men
Keng Hong LAM	Macua	U23	K1	Men
Sean Wei Jie TEO	Singapore	U23	K1	Men
Angelica See	Singapore	Senior	K1	Women
Chan Wern Min Rachel	Singapore	U23	K1	Women
Georgia NG	Singapore	U18	K1	Women
Cornelia HEPP	Austria	U18	K1	Women
Adrianna ANTOS	Poland	U23	C1	Women
Angel KONINOV	Bulgaria	U23	C1	Men
Jonas Saelens - Accompanying Coach	Finland			
Peter Pollak - Accompanying Coach	Austria			

The coach for the program was recruited in South Africa and was the past international marathon paddler Brandon van der Walt.

The period before the world championships was used for coaching the TIP participants in technique boat preparation, portaging and theoretical aspects of high performance preparation.

All the paddlers on the camp had completed the ALPHA training prior to attending the camp.

The paddlers from Austria, Poland and Bulgaria arrived too late and did not take part on the camp.

The coaches program and reports in the requested format including the results achieved is attached with this report.

Pictures from the TIP members in training are shown below:





A summary of the costs is provided below.

Item	Quantity/Duration	Cost Euro ICF	Cost Euro HOC
Airport Transfers	10 athletes & Coach (round-trip)		650
Accreditation Fee	10 Athletes and coach For 7 days at 20 Euro per day		1400
Coach Travel	Flight to Shanghai For Coach	885	
Coaching Fee	14 days at 40 Euro per day	560	
Coach Food and Accomodation	14 Days at 30 Euro	420	
Boat Hire	10 boats at 0 Euro per boat		0
Athlete Accommodation	10 athletes for varying No nights nights at 25 Euro per day		2575
Athlete Meals	10 athletes for varying No days at 28 Euro per day	2884	
Other Incedental Costs	Transfers for 10 athletes & Coach venue-hotel for 7 days at 80 Euro per day		560
	1 interpreter for 7 days at 40 Euro per day		280
	1 Security Guard for boats for 7 days at 40 Euro per day (24 hours) as Didang Park is a public park and the safety of the boats cannot be guaranteed.		280
	1 motorboat (including petrol) for coaching for 7 days at 50 Euro per day		350
	Transport the boats to the venue		260
Contingency	Equipment and Miscellaneous items	251	
Total		5000	5185

Overall the TIP camp was successful and befitted 7 less experienced marathon paddlers as well helping to increasing participation in the World Championships by 6 Nations.

Thank you to the ICF Development program for supporting the TIP camp.

Tim Cornish

Tim Cornish - ICF Marathon Committee