

Marian Dragoș Sârbu

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Professional Summary

Experienced therapist and advisor with a comprehensive background in sports therapy, psychology, and competitive canoeing. Dedicated to improving athlete performance through innovative therapy techniques and extensive knowledge in sports management. Passionate about advancing the sport of canoeing globally through leadership roles and strategic initiatives.

Professional Career

Yumeiho Belgium

- **Founder and Therapist**
June 2020 – Present
Established a wellness center specializing in Yumeiho therapy, providing therapeutic services to enhance physical well-being.

Yumeiho Center, Bucharest, Romania

- **Founder, Co-owner, and Therapist**
January 2014 – September 2020
Led a team of therapists to deliver Yumeiho therapy and other wellness services.

National Olympic Romanian Canoe Team

- **Yumeiho Therapist, Kinetotherapist, and Psychologist**
November 2013 – August 2020
Provided physical therapy and psychological support to enhance athlete performance.
- **Methodist**
October 2011 – November 2013
Developed training methodologies and supported athletes in achieving their goals.

National Police Ploiesti, Romania

- **Policeman**
August 2003 – March 2012
Served in various roles, contributing to public safety and security.
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Languages

- **Romanian:** Native
 - **English:** Very good (Read, Write, Speak)
 - **French:** Moderate (Read, Write, Speak)
 - **Spanish:** Moderate (Read, Write, Speak)
 - **Dutch:** A1 Level (Read, Write, Speak)
(In development since moving to Belgium in March 2020)
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Education

- **Ph.D. Student**, Romanian National University for Sport and Physical Education
“Improving Sport Performance with Manual Therapy”
October 2019 – Present, Bucharest, Romania
 - **Bachelor in Kinetotherapy**, Romanian-American University
October 2017 – July 2020, Bucharest, Romania
 - **Bachelor and Master Degree in Sociology and Psychology**, University of Sociology and Psychology
October 2003 – June 2010, Bucharest, Romania
 - **5 DAN in Yumeiho Therapy**, International Institute of Practical Preventive Medicine
April 2019, Tokyo, Japan
 - **Technician Masseur**, School of Massage
November 2015 – January 2016, Bucharest, Romania
 - **Coach for High Performance**, National School for Coaches
October 2012 – June 2014, Bucharest, Romania
 - **National School of Police for Under-officers**
September 2001 – August 2003, Câmpina, Romania
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Career in Canoe Sport

- **ICF Ocean Racing Committee Member**
2021 – Present
- **Advisor for Technical Committee for Sprint and Marathon**, KBKV (Koninklijk Belgisch Kano Verbond) *2021 – 2024*
- **President of the Technical Committee of Marathon**, Romanian Canoe Federation *2017 – 2021*
- **National Technical Official**, Sprint, Marathon, Ocean Racing, Stand-Up Paddling
Romania and Belgium
- **Psychologist, Sociologist, and Coach**
- **Kinesiologie Graduate and Yumeiho Teacher**, 5 DAN
- **Active Competition Athlete**
Ocean Racing, Sprint, Marathon, Downriver Racing
Member of KCCM (Belgium)
- **Organizer**, Belgian Coast Race
- **International Technical Official**, Ocean Racing, Sprint, Marathon, and Stand-Up Paddling
 - **European Games, Sprint**: 2 Editions (2019, 2023)
 - **European Senior Championships, Sprint**: 7 Editions (2013-2018, 2021)
 - **Junior World Championships, Sprint**: 6 Editions (2016-2019, 2021, 2022)
 - **World Marathon Championships**: 5 Editions (2017, 2019, 2021-2023)
 - **World Ocean Racing Championships**: 3 Editions (2021, 2022, 2023)
 - **World SUP Championships**: 1 Edition (2023)
 - **European Juniors and U23 Championships, Sprint**: 10 Editions (2013-2019, 2021, 2022, 2024)
 - **European Marathon Championships**: 6 Editions (2018, 2021-2024)
 - **Sprint World Cup**: 3 Editions (2020-2022)
 - **Super Cup**: 1 Edition (2022)
 - **Marathon World Cups**: 4 Editions (2017, 2019, 2021-2023)
 - **European Ocean Racing Championships**: 2 Editions (2022, 2024)
 - **Ocean Racing World Cup**: 1 Edition (2020)

Contact Information

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