

Official Training

All official training is to be provided to each competing NF free of charge.

The Training Schedule for the Competition should at least:

- Provide training days preceding the first day of competition.
- Be based on the official Entry List as generated through the ICF SDP entry system.
- Allocation should be based on the number of Nations entered and the number of boats per Nation.
- Be designed in consultation with the Venue to ensure Venue availability.
- Allocate equal time slots normally between 7am to 8pm.
- Time slot for each NF to rotate on each day of training, usually by one or two slots forward.
- Kayak Cross training slots should be incorporated into the training schedule if it's in the Competition program
- Numbers of boats per training block to be based on overall entries and other relevant factors (eg. Course width, probability of excessive congestion) but ideally should be approximately 25 – 30 boats per training block.
- Provide if possible additional “free” (open to all Federations) training slots to facilitate additional individual Athlete training eg. for Athletes doubling in events
- Consider the appropriate training slot allocations for Nations with larger teams and distribute as evenly as possible.
- Accommodate, as much as possible, the reasonable special requests of each NF.
- Water on days of training must be at competition level.
- All Athletes are to wear bib numbers for identification.

Publishing

For level 1 and 2 competitions, the Official Training Schedule is designed and published by the ICF on the competition webpage 8-10 days prior to the commencement of competition, after nominal entries close.

Input and reasonable special requests from any NF may be made to the ICF before the closing of the nominal entries.

For level 3 competitions, the Official Training Schedule is designed and published by the HOC after nominal entries close.

Flat Water Training Facilities

The HOC must provide, available to all Athletes, a gate system located in a suitable area of flat water.