

# **REPORT** On the ICF/HUN Canoe Federation TIP in 2018

On the base of the HUN Canoe Federation financial support for the ICF Development Programme we organized a training camp in Hungary and the participation in 3 Events for the athletes, coaches from federations. (List enclosed)

### The Training Camp

It was organized in Budapest at the premises of the György Kolonits Training Center from 29<sup>th</sup> April to 17 May. The main targets of the training were technique and physical abilities development and conducting various tests.

## The 7<sup>th</sup> Women Canoe Cup

Total 53 athletes; 21 athletes supported by the TIP and 32 others on their own expenses represented 26 NFs took part in the competition. Some NF who usually participated in the Women Canoe Cup didn't take part in the event in order to save the expense. They participated in the World Cup 1 and 2 only.

### The World Cup 1 and 2

Not all athletes in the TIP took part in both events, those excused because had to participate local races in their country.

The supporting coaches didn't want to pick the athletes performance to those Cups, it was more important the larger volume of training for their further improvement.

However the athletes show improvement from the 1<sup>st</sup> to the 2<sup>nd</sup> World Cup! Some achieved Final A, B or C.

### **Coaching**

4 coaches and one manager worked with the TIP besides me from the ICF side. Among the coaches there are Olympic and World Champion Imre Pulai and the 9 times World Champion Paksy Timea. They made the training programme for their group and leaded/controlled the training sections.

### <u>Boats</u>

NELO and PLASTEX provided 36 boats for the TIP in Budapest – Szeged and Duisburg.

### **Evaluation**

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In order to follow the athletes' progress and performance various tests, observation and were organized and recorded. The summary of all dates are under works.

**Tests**: time trials on various distances, cooper test by running, physical tests in gym and LA test on kayak ergo machine

Racing results: the position and the times were recorded

**Questioners:** one is made for the coaches to evaluate their athletes, one for the athletes for their opinion on the programme, coaching, catering etc.

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The participants: 16 NFs, 31 athletes and 3 coaches (plus the 5 HUN coaches) DPR Korea and IRQ didn't take part in the programme for visa issue.

No.		NF	Continent	ATHLETES		Conden	
	NOC			Surname	Given name	Gender	Age
1	HKG	Hong Kong	Asia	Law	Ming Yu	female	22
2	HKG	Hong Kong	Asia	Chui	Yuen Shan	female	23
3	TUN	Tunisia	Africa	Trabelsi	Nedra	female	20
4	TUN	Tunisia	Africa	Khatteli	Ghalen	male	18
5	TUN	Tunisia	Africa	Kendaoui	Seif	male	20
6	COL	Colombia	America	Daza Ochoa	Ana leydy	female	24
7	COL	Colombia	America	Vega Rodrigez	Nataly Daniela	female	19
8	THA	Thailand	Asia	Thiangkathok	Orasa	female	20
9	THA	Thailand	Asia	Boonma	Kanyatad	female	23
10	SRB	Serbia	Europe	Mijuskovic	Nikolina	female	19
11	SRB	Serbia	Europe	Milanovic	Zorana	female	18
12	GEO	Georgia	Europe	Kerdikashvili	Mariam	female	20
13	GEO	Georgia	Europe	Gabedava	Gia	male	17
14	TJK	Tajikistan	Asia	Daminov	Shahriyor	male	20
15	TJK	Tajikistan	Asia	Akhmedov	Davronkhaja	male	17
16	TJK	Tajikistan	Asia	Coach			
17	GUA	Guetemala	America	Lopez Montesdeoca	Clara de los Angel	female	23
18	GRE	Greek	Europe	Dimopolos	Stefanos	male	19
19	EST	Estonia	Europe	Karlson	Joosep	male	23
20	MAC	Macao	Asia	Sin Yi	Luisa Cheong	female	21
21	MAC	Macao	Asia	Choi leng	Tang	female	19
22	EGY	Egypt	Africa	Gamal	Sohalia	female	16
23	EGY	Egypt	Africa	Marwa farouk	Ibrahim Ahmed	female	22
24	EGY	Egypt	Africa	Coach		coach	
25	UKR	Ukrain	Europe	Komlieva	Tetiana	female	18
26	UKR	Ukrain	Europe	Volovchyk	Aleksandra	female	22
27	VIE	Vietnam	Asia	Truong	Thi Phuong	female	19
28	VIE	Vietnam	Asia	Nguyen	Thi Ngan	female	24
29	MOZ	Mozambique	Africa	Manhique	Joaquim	male	19
30	MOZ	Mozambique	Africa	Lobo	Joaquim	male	23
31	NIG	Nigeria	Africa	Bewei	Favour Digbeiyen	female	21
32	NIG	Nigeria	Africa	Amusar	Blessing Toboh	female	16
33	NIG	Nigeria	Africa	Coach		female	
34	EGY	Egypt	Africa	Karim	Emad	male	19

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