



## RACE DATA

### Race 53

Dist. [m]	CHN		ESP		FRA		GEO		BRA		RUS		AZE		UKR	
	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate	Speed [m/s]	Paddle Rate
190	4.2	85	4.1	90	4.1	84	4.0	88	4.0	98	4.0	84	4.2	87	3.9	87
180	5.0	86	5.1	91	5.0	87	4.9	87	4.9	103	4.9	86	5.0	87	5.0	87
170	5.4	85	5.3	92	5.4	90	5.3	89	5.1	103	5.4	86	5.6	87	5.5	87
160	5.4	85	5.5	92	5.5	93	5.5	91	5.4	105	5.4	86	5.5	88	5.5	86
150	5.6	84	5.5	91	5.5	94	5.6	93	5.5	106	5.6	86	5.6	88	5.7	86
140	5.5	83	5.6	88	5.5	94	5.6	92	5.5	107	5.6	86	5.7	88	5.6	84
130	5.5	83	5.5	87	5.4	91	5.6	91	5.4	107	5.5	86	5.7	88	5.6	84
120	5.4	82	5.5	86	5.4	87	5.6	90	5.4	107	5.6	86	5.7	87	5.6	83
110	5.4	81	5.5	85	5.3	84	5.5	89	5.4	104	5.5	86	5.6	86	5.5	82
100	5.3	80	5.4	85	5.3	82	5.5	88	5.4	102	5.5	86	5.6	85	5.5	81
90	5.3	80	5.4	84	5.2	81	5.5	87	5.4	102	5.4	86	5.5	84	5.4	80
80	5.2	79	5.4	84	5.2	80	5.4	87	5.4	102	5.3	86	5.5	83	5.4	79
70	5.2	79	5.3	84	5.1	80	5.4	86	5.3	102	5.3	85	5.4	82	5.3	79
60	5.1	78	5.3	84	5.0	79	5.3	86	5.3	101	5.2	84	5.3	81	5.3	78
50	5.1	77	5.2	84	5.0	79	5.3	84	5.2	101	5.2	84	5.2	81	5.2	78
40	5.0	76	5.1	84	5.0	79	5.2	83	5.2	101	5.1	83	5.2	81	5.2	77
30	5.0	75	5.1	84	5.0	78	5.1	81	5.2	100	5.0	82	5.1	81	5.1	77
20	4.9	75	5.0	84	4.9	77	5.0	81	5.1	98	4.9	81	5.0	81	5.0	76
10	4.9	74	5.0	84	4.9	77	4.9	79	5.1	96	4.8	80	4.9	81	4.9	74
0	4.9	73	4.9	82	4.9	77	4.9	79	5.1	96	4.8	78	4.8	79	4.9	73