



1 / 2 April 2023
Comacchio (FE)



SPRING SUP RACE 2023

ICF SUP WORLD RANKING EVENT

www.springsuprace.com

www.deltasup.com



CIRCUITO
NAZIONALE
ITALIANO
SUP RACE

SUP
WORLD RANKING



Regulations

1. LOCATION	4
2. Participation/Categories	5
3. Registration	7
6. Entry fee	8
6.1 Rental equipment	8
6.2 Refund entry fee	8
8. Prizes and rankings	9
8.1 Money Prize:	9
8.2 SUP Technical Race	10
8.3 SUP Long Distance,	11
8.4 SUP Inflatable,	12
9. Races	13
9.1 Start numbers	13
9.2 Timing	13
9.3 Material	13
9.4 Start signal	13
9.5 Drafting	13
9.6 Board and boat contact	13
9.7 Stand-UP	13
9.8 Leash/Vest/Safety Material	14
9.9 Emergencies	14
9.10 Finish	14
9.11 Disqualifications	14
9.12 Competition judges	14
9.13 Protest	14
10. Doping	14
11. Media rights	15
12. Conditions of participation	15
12.1 Liability	15
12.2 Security and privacy	15
12.3 Covid-19	15

KEY POINTS

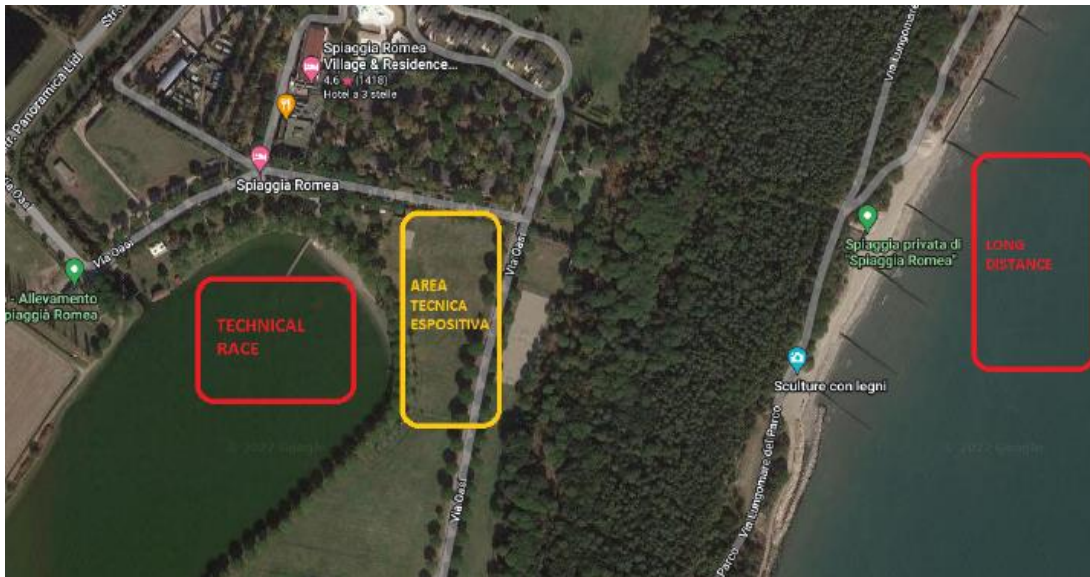
Event organizer	Delta SUP asd Ferrara/ Comacchio e-mail: springsuprace@gmail.com / deltastanduppaddle@gmail.com Internet: www.springsuprace.com Phone:+393472255720
Location	Spiaggia Romea Club & Village – via Oasi 2 – Comacchio 44122 (Ferrara) GPS: 44.7818168335859, 12.24989764504216
Date	Saturday, April 1, 2023 / Sunday, April 2, 2023
Head of the organizing committee:	Simone Tugnoli Peron
Safety Manager:	Raffaele Gennari
Race director:	Simone Tugnoli Peron
Secretary manager	Nadia Finessi
Timing	By a licensed private company
Race regulation	ICF Competition Rules 2023: https://www.canoeicf.com/sites/default/files/2023_icf_competition_rules_sup_final.pdf FICK Italian SUP Rules
Track:	15 km (Long distance SUP), 1 km (technical race), 4 km Inflatable race, 4 km Fun race (Not competitive), 2km Kids race
PRIZE MONEY	1000€ for technical race (prize money split 50/50 between men and women) 1000€ for long distance (prize money split 50/50 between men and women)

1. LOCATION

The location is the “Lago delle Nazioni”, a private lake with no navigation secondary, with an access to the sea located at 200m.

Due to its conformation, the lake is the best place to be the stage for the show. Here spectators, photographers, cameramen and sponsors will be able to sit comfortably by the lake or on the pier to watch the races.

A Sport Village area will also be set up.



The Spiaggia Romea village offers athletes, their families and friends various types of accommodation at special prices.

For info and reservations: booking@spiaggiaromea.it

ADDRESS:

Spiaggia Romea Club & Village –

via Oasi 2 – Comacchio 44122 (Ferrara)

RESERVED PRICES:

Description	Price per person
Double b&b	45 €
Triple b&b	39 €
Quadruple b&b	30 €
Double single use b&b	60 €
Children up to 5 years	free
late check out	55€ a room
Pets	15 €
extra meal	20€ adult 15€ children 3-11years

How to get:

by plane

The nearest airports are G.Marconi of Bologna (about 110 km.) - M.Polo of Venice (about 100km.)

By car

from the North-East: along the S.S.309 (Romea) from Venice in the direction of Ravenna, up to the height of Passo Pomposa (about 90 km.), detour to the left for Lido di Volano, after about 10 km. on the Acciaioli panoramic road.

from the South-East: along the S.S.309 (Romea) from Ravenna in the direction of Venice, up to the Lido delle Nazioni detour (about 30 km.), Acciaioli panoramic road towards Lido di Volano, after about 8 km. from all other directions: A13 Bologna-Padova motorway, Ferrara Sud exit, Ferrara-Portogaribaldi motorway junction to the end, on the S.S.309 Romea, northbound towards Venice as far as the detour to Lido delle Nazioni, Acciaioli panoramic road towards Lido di Volano , after about 8 km you arrive at the Village

Transfert

It is possible to book the Transfert service organized by Delta SUP.

The cost of the service is €100 each way for up to 8 people with equipment. To book: springsuprace@gmail.com

The service is intended from the airports closest to the competition area.

2. Participation/Categories

The competitions are open to all athletes aged 6 and over.

The Spring Sup Race will be an ICF SUP WORLD RANKING event.

The races will produce points for this ranking ICF are:

- Long Distance (categories: senior or OPEN)
- Technical race (categories: senior or OPEN)

Then there will be the kids race (technical and long distance), the open inflatable competitions (male and female) and the FUN Race (non-competitive).

Note: only the Open (senior) category will be ICF World Ranking.

For Italians it will be essential to provide the FICK competitive card number valid for the year 2023 and a valid sports medical license.

If you do not have or need to renew, contact the organizing committee.

For foreigners it will be sufficient to have a copy of a valid SUP or Kayak sports license from their federation or for non-members, a medical certificate of no contraindication to the practice of stand up paddle.

Send an email through your federation to springsuprace@gmail.com with your sports license.

For NON-Competitive competitions (FUN RACE) the basic sports insurance provided by the CO is sufficient.

THE RACE:

Distance	Race	category
15 km:	Long distance	Junior, senior, 40+ (ICF RANKING)
10km:	Long distance	50+
1000m:	Technical Race	Junior, senior, Master (ICF RANKING)
4 km	Long distance	Kids C
1.5km	long distace	Kids A, Kids B
600m	Technical	Kids A,B,C
4 km	FUN Race	

THE CATEGORY:

Category	Italian cat.	Gender	Age	Boards
Kids A	Allievo A	m/w	<10	up to max. 10'6" allowed
Kids B	Allievo B	m/w	10-12	up to max. 12'6" allowed
Kids C	Cadetto A e B	m/w	13-14	up to max. 12'6" allowed
Junior	Ragazzo e Junior	m/w	15-18	up to max. 14'0" allowed
Open	Senior, Master A	m/w	19-39	up to max. 14'0" allowed
40+	Master B Master C	m/w	40-49	up to max. 14'0" allowed
50+	Master D - H	m/w	50+	up to max. 14'0" allowed
Paracanoe	Paracanoa		6- 50+	up to max. 14'0" allowed
FUN	Amatoriale	m/w	6- 50+	up to max. 14'0" allowed

3. Registration

We recommend participants to register online early. The online registration is open until March 29, 2023 at 24h00.

On-site registration is NOT possible.

Group registration, at least 5 people, with a single payment will save €5 per participant.

Registration must be done through the link on the page:
<https://www.springsuprace.com/signing-up>

4. Communication:

Official communications will be given through the mailing list and the whatsapp group in the days before the event. During the race days through the whatsapp group and the speaker.

To subscribe to the mailing list:

https://docs.google.com/forms/d/e/1FAIpQLSf1xBC-m47w4XS8sCs_BbOzc4SAhc1wbSaDksRVwQpBgHN_Q/viewform

To subscribe to the whatsapp group:

<https://chat.whatsapp.com/LWogHjTw4TG3htPgws6ixG>

5. TIMELINES:

1 April 2023

8:00 - 12:00: registration office opening

10:00 INFLATABLE RACE 4km

12:00 TECHNICAL RACE qualification

17:00 TECHNICAL RACE Finals

2 April 2023

8:00 - 10:00 registration office opening

10:00 LONG DISTANCE KIDS A,B

10:30 LONG DISTANCE UNDER18, OPEN, MASTER

10.35 FUN RACE

15:00 PRIZEGIVING

6. Entry fee

Category	Saturday	
	Online registration until 19/03/23	Last minute registration until 29/03/23
SUP Technical Race (ICF Ranking)	35	50
SUP Technical Race, junior	20	40
SUP Technical Race, kids A	free	15
SUP Technical Race, kids B	free	15
SUP Technical Race, kids C	free	15
FUN Race kids	Free	free
FUN race adult	15€	15€
Inflatable race	30	50
Paracanoë technical race	15	15
Category	Sunday	
	Online registration until 19/03/23	Last minute registration until 29/03/23
SUP Long distance (ICF Ranking)	40€	60€
SUP Long distance Junior	35€	40€
SUP Long distance kids A	15€	20€
SUP Long distance, kids B	15€	20€
SUP Long distance, kids C	15€	20€
FUN RACE, kids	15€	20€
FUN RACE adult	15€	20€
Paracanoë long distance	20€	20€
ALL REGISTRATION Technical + inflatable + Long distance	65€ (Open & Over) 50€ (Junior) 35€ (Paracanoë) 15€ (Kids)	120€ for all
Personal bib number (is the same as in 2022)	10€	10€

6.1 Rental equipment

If you need a rental board, you can contact the official ICF rental supplier:

<https://sports-camps.net/en/>

The rental of children's equipment (KIDS A, KIDS B, KIDS C) if necessary is free in the Technical race and offered by Delta SUP!

6.2 Refund entry fee

A medical certificate must be submitted for a refund of the entry fee.

If a race has to be canceled for an important reason (withdrawal of a permit by the municipality, cancellation of the race due to force majeure, etc.), there will be no refund of the entry fees. The competition will be resubmitted on a date to be determined.

Cancellation due to Covid-19: see point 9.3.

7. ACCREDITATION:

The accreditation desk will be open at the following times:

Friday: 16.00 - 19.00

Saturday: 8.00 - 12.00

Sunday: 8.30 - 10.00

At the accreditation office it will be possible to collect the race pack, the bib number and the ticket for the meal on Saturday and/or Sunday.

8. Prizes and rankings

Ranking scores will follow the ICF rules (2023) for long distance and technical race competitions.

Scores will follow FICK rules regarding federal scores in Italy.

The scores will also be included in the World SUP Ranking and the "Circuito Italiano SUP Race".

All participants will receive a finisher prize dependent on their finish position.

8.1 Money Prize:

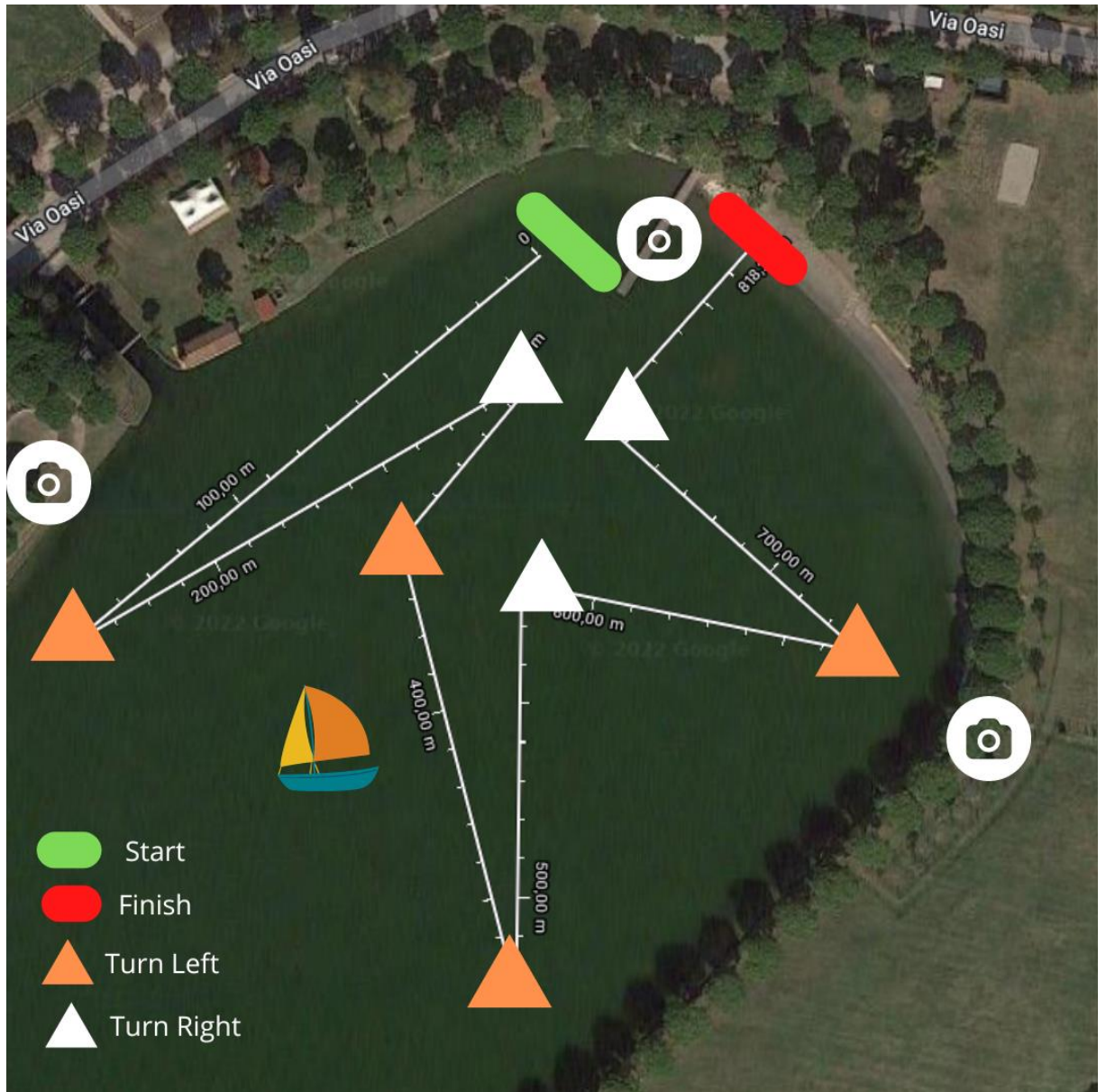
1000€ Technical race (**prize money split 50/50 between men and women**)

1000€ Long Distance (**prize money split 50/50 between men and women**)

600€ voucher Sponsor for Long Distance (**split 50/50 between men and women**)

Material Prize for Inflatable race

8.2 SUP Technical Race



(1 round for all adults. The kids categories will have a 600m course)

Podium:

1.-3. Open (prize money 1000€ split 50/50 between men and women)

1.-3. 40+ m/w

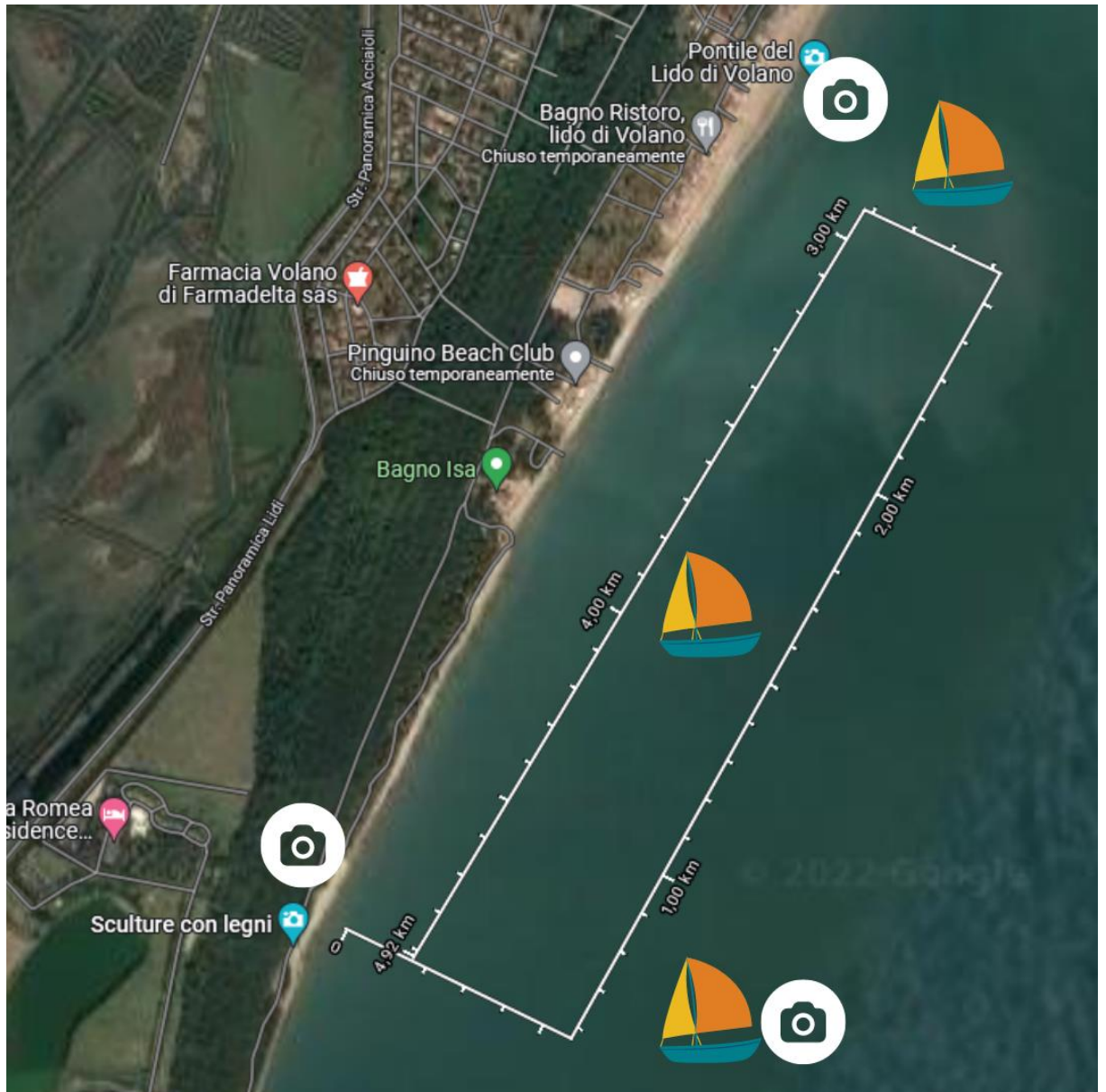
1.-3. 50+ m/w

1.-3. Junior A m/w

1.-3. Junior B m/w

1.-3. Kids m/w

8.3 SUP Long Distance,



(1 round for KIDS C, FUN Race; 2 rounds for Over50; 3 rounds for Junior, Open, Over 40; 1500m for kids A, Kids B)

Podium:

1.-3. Open (prize money 1000€ split 50/50 between men and women)

1.-3. 40+ m/w

1.-3. 50+ m/w

1.-3. Junior A m/w

1.-3. Junior B m/w

1.-3. Kids m/w

8.4 SUP Inflatable,



(1 round for Inflatable race, Fun Race)

Podium:

1.-3. Open m/w (Material Prizes)

9. Races

9.1 Start numbers

The clearly visible wearing of the start number/lycra is mandatory. If a hydration pack, life jacket, etc. is worn, the start number/lycra must be worn over all equipment.

Anyone who does not have the number must report it on the registration form.

9.2 Timing

The Timing will be followed by specialized personnel and for the Long-distance competition it will involve the use of a personal chip. In case of loss or damage, the competitor will be asked to refund the chip (€50).

9.3 Material

Only the boards/boats intended for the category may be used. Exceeding the maximum board length or the minimum weight of 10 kg will lead to disqualification.

No foreign aids may be used. This includes motors, wind devices (e.g. sails) and help from second persons (except team). No two-hulls are allowed (e.g. catamarans).

9.4 Start signal

Two minutes before the start, a triple horn sound.

One minute before the start, a double horn will sound.

Within the last sixty seconds the starting signal can be given at any time (single horn).

A repeated false start will result in disqualification.

9.5 Drafting

Drafting is allowed only within the category. Women and men are treated as a separate category. This prohibits drafting women behind men or vice versa as well as e.g. juniors behind adults, etc.

9.6 Board and boat contact

Board contact is allowed. Willful obstruction such as pushing or blocking will be penalized and may result in disqualification.

9.7 Stand-UP

Stand-up means paddling standing up. After a fall, a maximum of five paddle strokes may be made while sitting or kneeling. Prolonged paddling in a sitting or kneeling position may result in disqualification.

9.8 Leash/Vest/Safety Material

Category SUP: leash as well as life jacket/assist (restube allowed) must be worn only in the long distance.

9.9 Emergencies

If a participant needs help, the following order of help should be followed:

- own team
- other participants or teams in the field of participants
- Rescue motorboats of the organizer

All special incidents and accidents are to be reported to the checkpoints, the safety boats or the race management as soon as possible. They will coordinate a possible rescue operation together with the available rescue forces. The participants have to follow the instructions of the organizer and the rescue services.

9.10 Finish

The finish line is on land for all categories under the inflatable arch. The time will be measured by timing officials.

9.11 Disqualifications

Disqualified participants will be notified by the judge. Disqualifications or demotions will be announced in any case before the ranking announcement.

9.12 Competition judges

The judges will be appointed by the Italian Canoe Kayak Federation. A representative of the ICF will be present.

9.13 Protest

Protests can be initiated up to a maximum of 30 minutes before the ranking announcement by submitting 100€ to the competition judges. If the protest is successful, the amount of 100€ will be refunded.

10. Doping

Doping is contrary to the fundamental principles of sport and medical ethics and is therefore prohibited. Doping is the use of aids in the form of substances or methods that are potentially harmful to health and/or can enhance physical performance. However, doping is also the presence of a prohibited substance in the body of an athlete or the confirmation of its use.

Anyone who can be proven to have doped will be disqualified.

11. Media rights

The media and copyrights (pictures, video recordings) of the event are held by the organizer.

12. Conditions of participation

12.1 Liability

The organizer declines any liability. All participants contest the races on their own responsibility and must be privately insured against accidents. The organizer, the event organizers and the sponsors disclaim any liability for participants.

With the registration the participants accept the announcement and the exclusion of liability of the organizer for damages of all kinds. The participant cannot make any claims against the organizer as well as against the event sponsors and their representatives for damages and injuries of any kind that may occur to him/her as a result of his/her participation.

12.2 Security and privacy

Each person declares with the registration,

- that they have the necessary physical and psychological conditions for participation in this competition,
- that they conform to safety regulations,
- that they will help other participants in need,
- that the information given at the registration is correct,
- the agreement, that the organizer may use the data for event purposes; in particular the passing on to ICF and FICK (overall SUP ranking),
- the agreement to cede their right to the image - especially in the form of photos, films or any other means of communication - to the organizer without any consideration.
- that they have read and understood the regulations.

12.3 Covid-19

- ● The Italian national regulations will decide whether to make any changes to the event. The corresponding measures will be timely communicated on the website. If the organization decides not to hold the Spring SUP Race due to Covid-19, registered participants can choose to:
 - ● postpone participation to 2024
 - ● get your tuition fee refunded minus a €10 processing fee.